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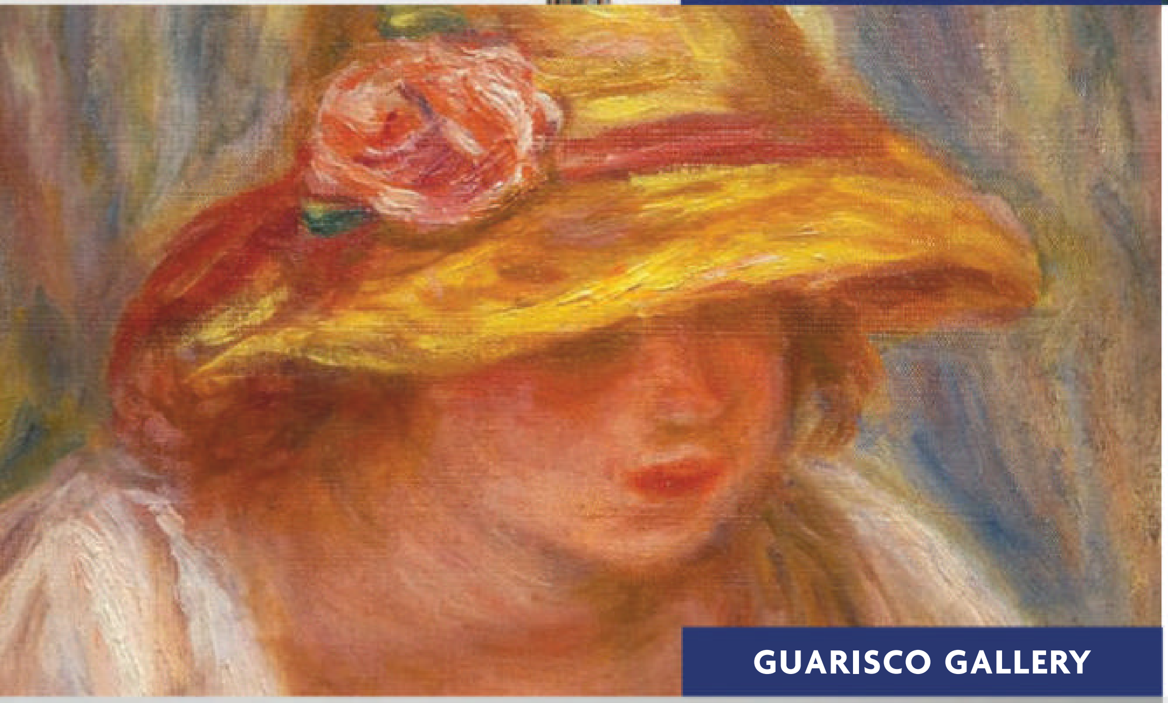

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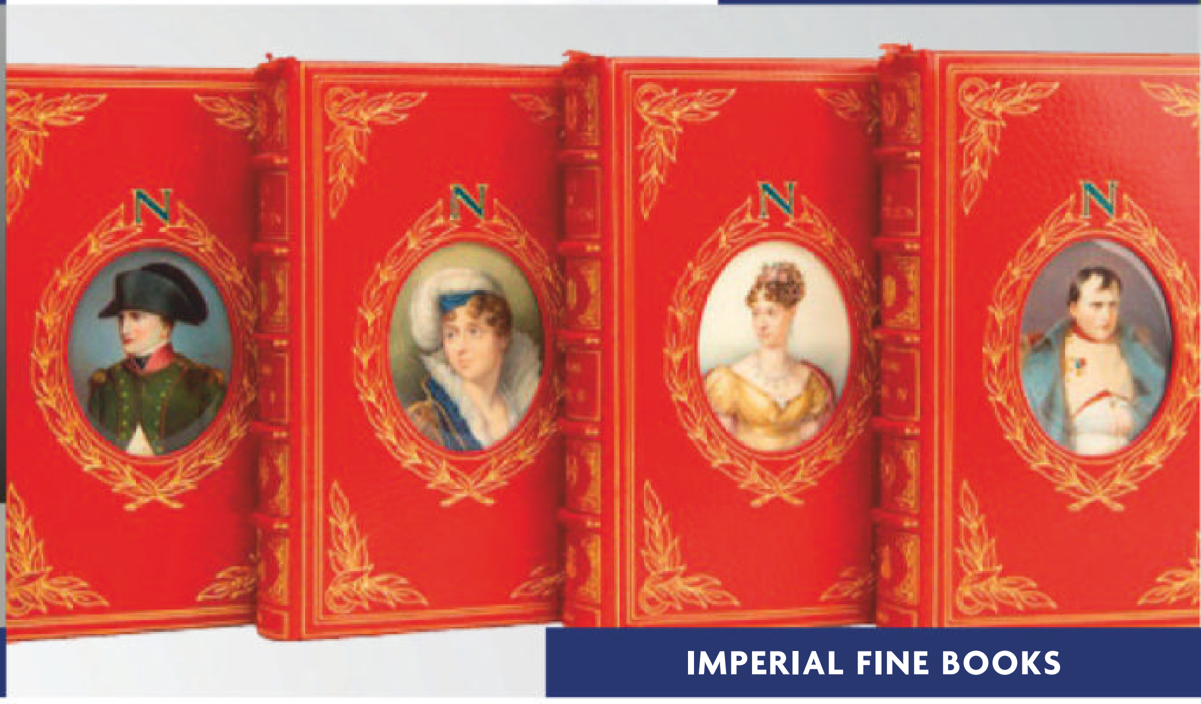

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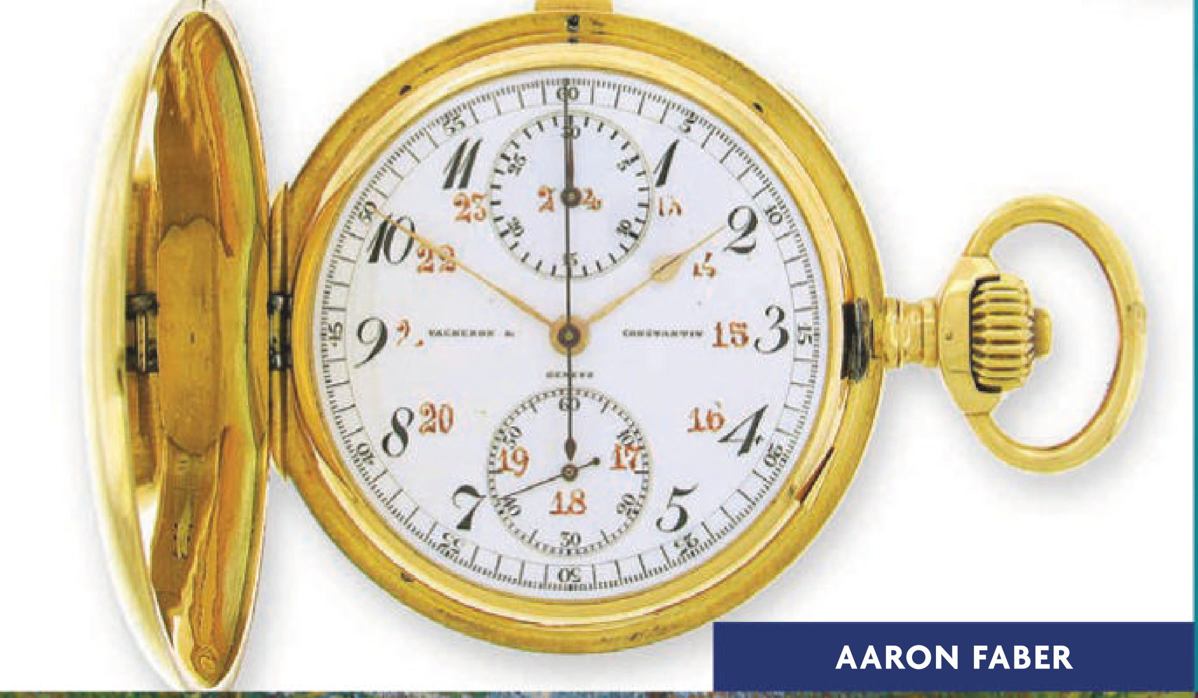
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Published by Palm Beach Media Group North, LLC, P.O. Box 3344,
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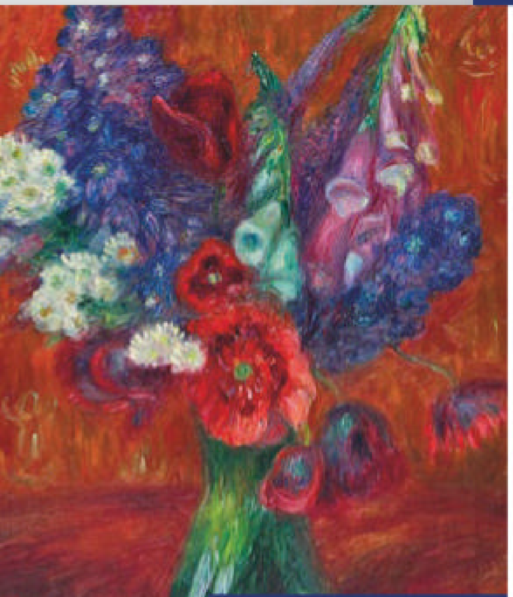
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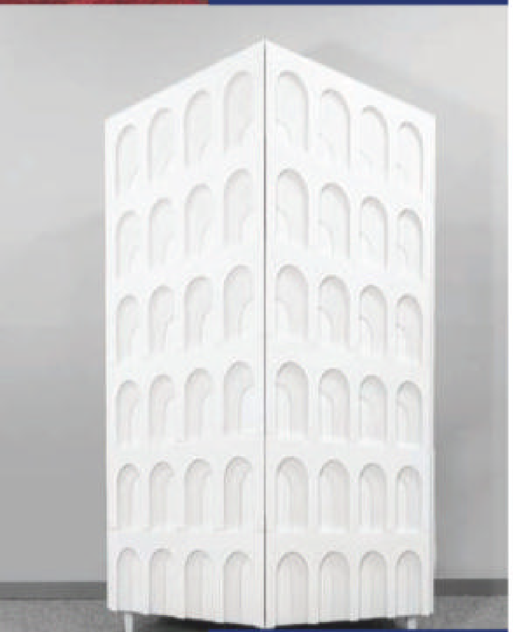
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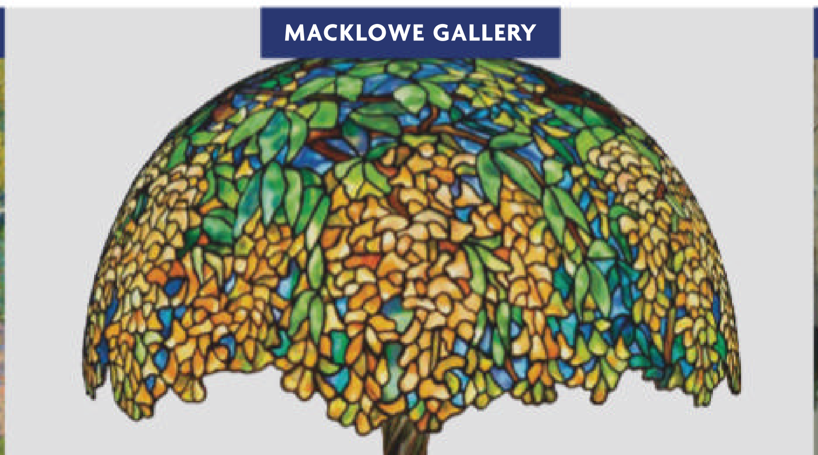

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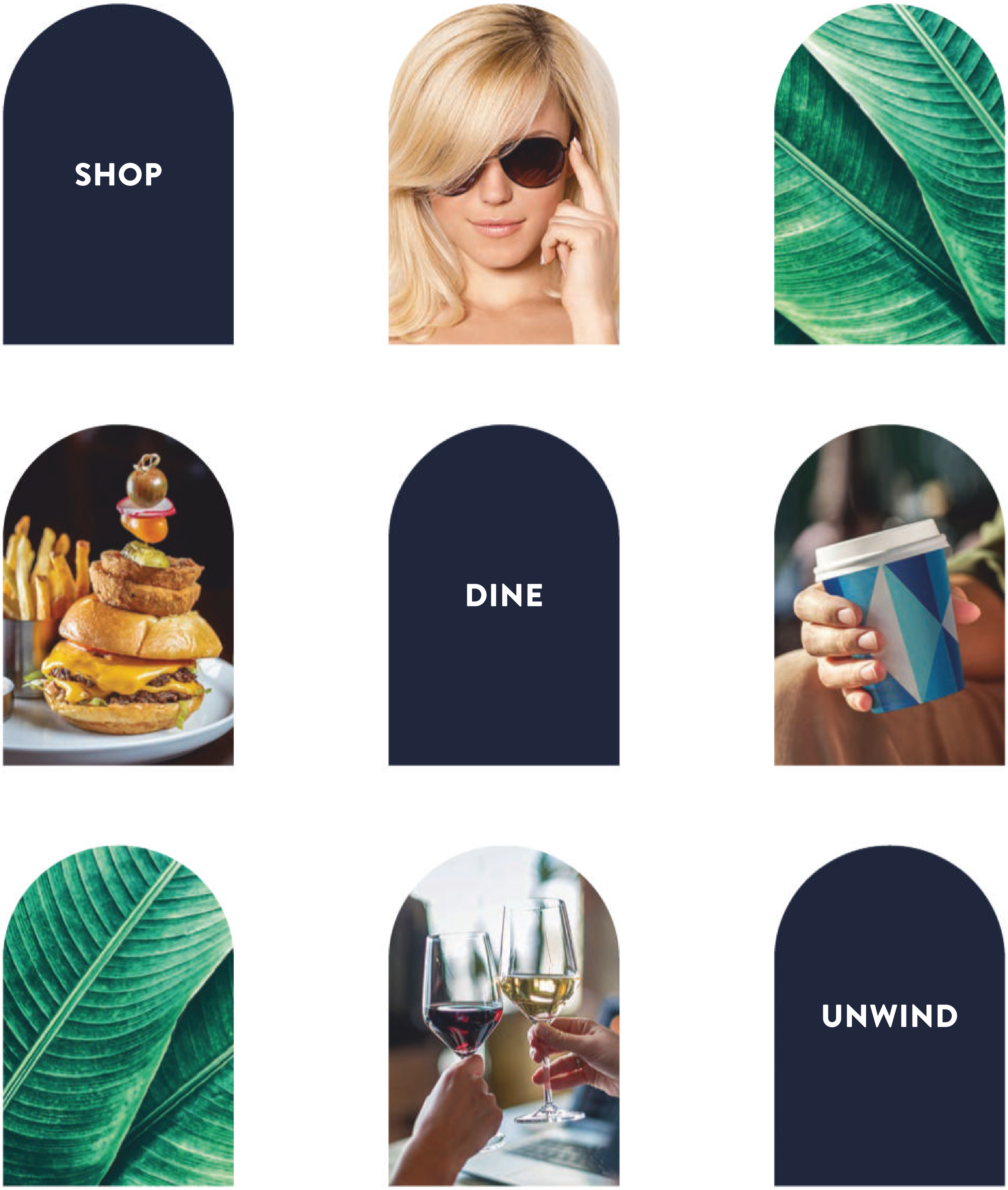

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FROM THE EDITOR

CAPEHART

LOOKING FORWARD

Every day for the past two years, I've been watching One West Palm being built at the north end of the downtown area, around the corner from *Palm Beach Illustrated*'s offices. This part of the city has historically had less robust building activity—but all that is changing. With major projects like this, plus the evolution of new "districts" at Clear Lake, Currie Park, and the North Railroad Avenue area (Nora), West Palm Beach is growing beyond the traditional hot spots of Clematis Street and Flagler Drive.

If you don't think our city is becoming a major metropolitan area, I invite you to look up at the assembly of cranes crowding the skyline, and then turn to page 104 for Skye Sherman's excellent report, "Tomorrow Land." It's staggering to consider how many projects are under construction or soon will be. The map on page 108 lists 27, and that's only part of the picture. In the coming years, expect an explosion of luxury residential towers, class-A office space, and exciting mixed-use corridors where quality of life reigns supreme. Thanks to this boom, tech-driven and financial corporations are making West Palm Beach their new home, and this will change the local landscape in a big way. Brace for it.

Here's more evidence that this is the place to be: The multibillion-dollar e-sports industry, once native to major cities like L.A. and Dallas, is growing by leaps and bounds in Palm Beach County. Though gaming culture has been percolating for years at South Florida universities like FIU and FAU, it really came to the forefront with the relocation of the Misfits Gaming Group from California to Boca Raton. Now e-sports—competitive gaming, essentially—are everywhere, from the YMCA to public schools, and more than a few locals are going pro. Check out "Ready Player One" on page 112 for the full story.

And if you're wondering what the future of cocktails looks like, we've got the answer. Jules Aron, our resident mixologist, has looked into her crystal ball and found exotic tipples like Kyr Caviar and an ice-mold *aperitivo*, plus some "wow" takes on the old classics. Turn to page 126 and get ready to "Drink the Future."

Cheers to all that lies ahead!

Daph

Daphne Nikolopoulos
daphne@palmbeachillustrated.com

EDITOR'S NOTEBOOK

RIOCAM

PINK POWER
The Colony celebrates a special milestone this year, and we're there for it. See our seventy-fifth anniversary tribute beginning on page 133.

TO A TEA
After reading Tammy Fender's "Good Nature" column, I'm ready for a cup of tulsi tea and all the anti-stress benefits it brings. Page 220.

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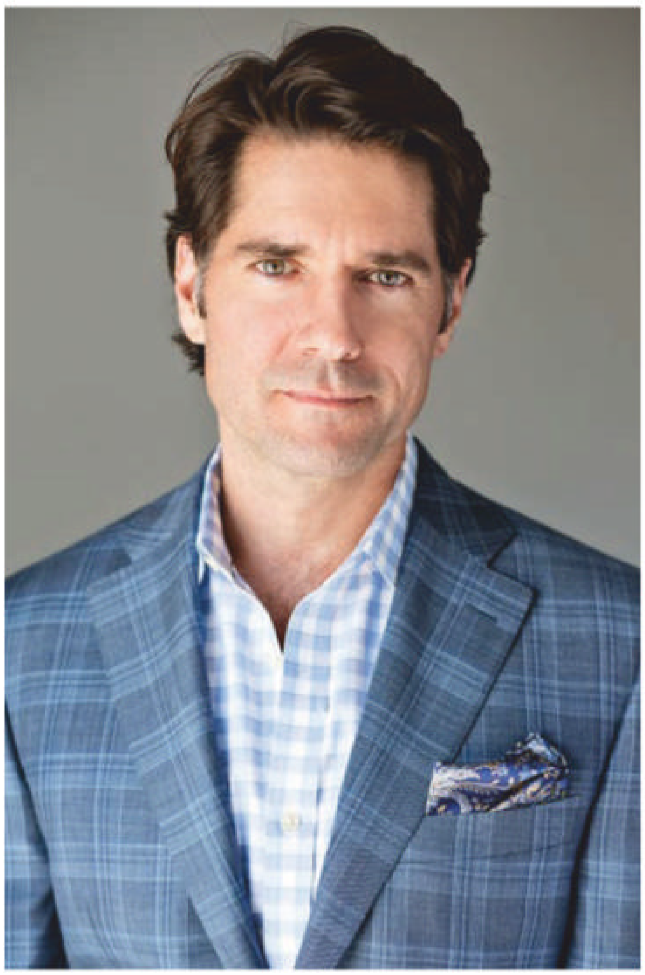

LILA PHOTO

The month of February is high season for galas, giving, and get-togethers. Events to benefit worthy causes are as much a part of the year-round Palm Beach environment as ocean breezes. Before my wife, Lauren, and I decamped from Miami for Palm Beach two years ago, galas were a challenge. Changing from business attire into tuxedos and gowns at the *Palm Beach Illustrated* offices was no small feat. I know, cry me a river!

Palm Beach Illustrated has long partnered with organizations large and small that provide important services for some of the county's most deserving residents. Evening events in February such as galas for American Heart, the Palm Beach Symphony, and Maltz Jupiter Theatre keep the nighttime glamorous and these organizations thriving.

February also signals the return of the annual Palm Beach Show. Now larger than ever, the event opens February 16 with a preview party and continues through February 21 at the Palm Beach County Convention Center. Event impresarios Scott Diament and Rob Samuels deliver an incredible array of art, sculpture, furniture, and jewelry from around the world.

The Polo Hall of Fame and Museum celebrates its new crop of inductees at its annual February gala. Polo stars, both two- and four-legged, are honored for service to the sport and level of play on the field. *Palm Beach Illustrated* congratulates friend of the magazine Jeff Hall, winner of an incredible 10 Silver Cup tournaments, for his well-deserved inclusion with the class of 2023.

Indoors or out, doing good for others while having fun is just one of the many delights that make Palm Beach such a unique destination.

Until the next issue,

Terry

Terry Duffy
tduffy@palmbeachmedia.com

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ON ICE

COURTESY NEHA DANI

Jewelry artist Neha Dani's creations will be on display at the Palm Beach Show February 16-21.

THE PALM BEACH SHOW RETURNS FEBRUARY 16-21, TOUTING EXHIBITS OF THE FINEST JEWELRY, ART, ANTIQUES, AND DESIGN BY ARTISTS AND CREATORS FROM ACROSS THE GLOBE. ONE SUCH EXHIBITOR IS JEWELRY ARTIST NEHA DANI, WHOSE SCULPTURAL HIGH JEWELRY HAS WON THE HEARTS OF COLLECTORS. AT THIS YEAR'S SHOW, DANI WILL DEBUT STUNNING NEW PIECES, INCLUDING A MOONSTONE AND DIAMOND PENDANT FROM HER GLACIERS SERIES. LEARN MORE ABOUT DANI'S PROCESS AND WORK AT *PALM BEACHILLUSTRATED.COM/NEHADANI.*

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LAURIE SILVERS AND MITCHELL RUBENSTEIN

MISH TWORKOWSKI, PAULINE PITT

ARCHIVAL EVENING

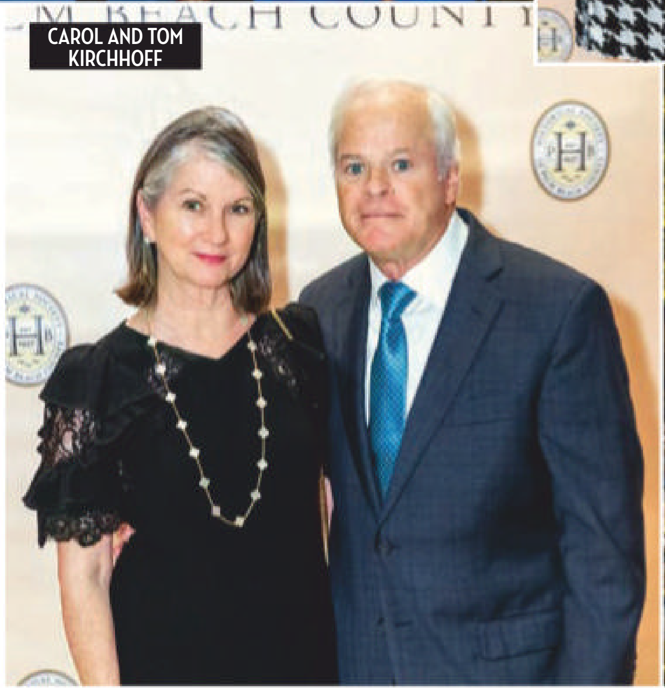
WHO: Historical Society of Palm Beach County **WHAT:** Twentieth Annual Archival Evening **WHERE:** Sailfish Club of Florida, Palm Beach **HIGHLIGHTS:** Guests paid tribute to Archival Evening honoree George T. Elmore for his impact on Palm Beach County as a businessman and philanthropist.

RICHARD JOHNSON JR., SCOTT JOHNSON

MARY AND MARK FREITAS

ELLEN LEVY, JEREMY JOHNSON

TIFFANY AND BILL MEYER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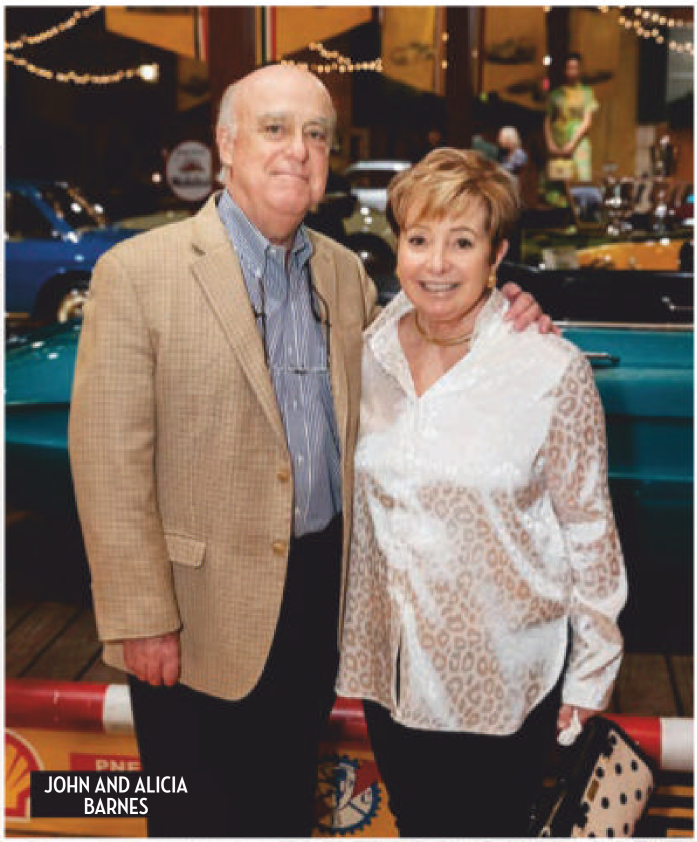
MARTIN AND AUDREY GRUSS, FRANCES AND JEFFREY FISHER


JOHN AND ALICIA BARNES

CHRISTINA AND BEN MACFARLAND

SCULPTURE IN MOTION

WHO: Ann Norton Sculpture Gardens **WHAT:** Sixth Annual Sculpture in Motion **WHERE:** Ann Norton Sculpture Gardens, West Palm Beach **HIGHLIGHTS:** Pre- and post-war automobiles rolled into the beloved annual exhibition celebrating art, nature, and history, where renowned automotive historians led tours of the impressive collection.

KATHLEEN AND LEW CRAMPTON, LAUREN BERKSON

SARAH AND TIM BENITZ, HELENE LORENTZEN

SAM LEHRMAN AND MAUREEN KELLY

LINQING YANG AND CAMERON LICKLE

MELANIE AND ROGER LAWSON

CHUCK AND MARY MITCHELL

FRANK GAROFOLO, IAN KELLEHER, DONALD OSBORNE

JIM AND SARA MCCANN

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Lynn Cancer Instiute

Pushing the Boundaries of Cancer Care

Patients of Lynn Cancer Institute will soon have access to a groundbreaking MRI-guided radiation treatment system that allows for more precise targeting of tumors with higher — and potentially more effective — radiation doses.

The ability to increase radiation may also result in shorter treatment protocols that are less disruptive to patients' quality of life.

Lynn Cancer Institute, established at Boca Raton Regional Hospital and part of Baptist Health Cancer Care, is in the process of installing the ViewRay MRIdian® MR-guided radiation therapy system at its Delray Beach location on Military Trail.

"This unit will enable us, as radiation oncologists, to treat cancer in a way that we never were able to do previously," says Youssef Zeidan, M.D., Ph.D., part of the team overseeing the acquisition. "At Lynn Cancer Institute, we are committed to bringing the latest and most effective cancer therapy to Palm Beach County."

The new system "marries" the technology used for radiation treatments with an MRI, allowing real-time monitoring as therapy is administered. Research has demonstrated it can be especially effective on pancreatic cancer, in some cases doubling life-expectancy. It also can be used on other inoperable or difficult-to-reach tumors in the liver, lungs and elsewhere, Dr. Zeidan says.

Combining radiation with real-time visualization allows oncologists to define very tight treatment margins, avoiding exposure to nearby organs. The system is so advanced it even adapts for movement when a patient breathes.

"If you are able to see the treated area before and during the radiation, you can treat it as a sculpture — you can carve out treatment in a very personalized way to match exactly what each patients needs, while also reducing toxicity," Dr. Zeidan explains.

Currently, the nearest institute this technology is available is at Baptist Health's Miami Cancer Institute, which has been an international leader in its adoption and development, Dr. Zeidan says. "We are excited to bring this technology closer to home for residents of Palm Beach County," he says, adding the new technology will allow more patients to enroll in clinical trials pushing the boundaries of cancer treatment.

"This addition is an important expansion of our radiation oncology offerings and another example of our commitment to excellence and innovation," agrees Michael Kasper, M.D., director of radiation oncology for the Institute.

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ELKE BAUMANN, GAY HART GAINES

EVEY FINE ART RECEPTION

WHO: Evey Fine Art **WHAT:** Mauro Bergonzoli Exhibition Opening Reception **WHERE:** Evey Fine Art, Palm Beach **HIGHLIGHTS:** Guests toured Bergonzoli's works, most recently on view at the Museum Schaezlerpalais in Augsburg, Germany, including the Italian artist's Venetian cityscapes and water lily series.

ANN COULTER, COUNTESS FRANZISKA FUGGER VON BABENHAUSEN, PAUL REARDON

BARON DIEGO VON BUCH, BARONESS KATRIN THEODOLI

ALEXANDRA KAUKA AND STERLING MORTON HAMILL, COUNTESS FRANZISKA FUGGER VON BABENHAUSEN

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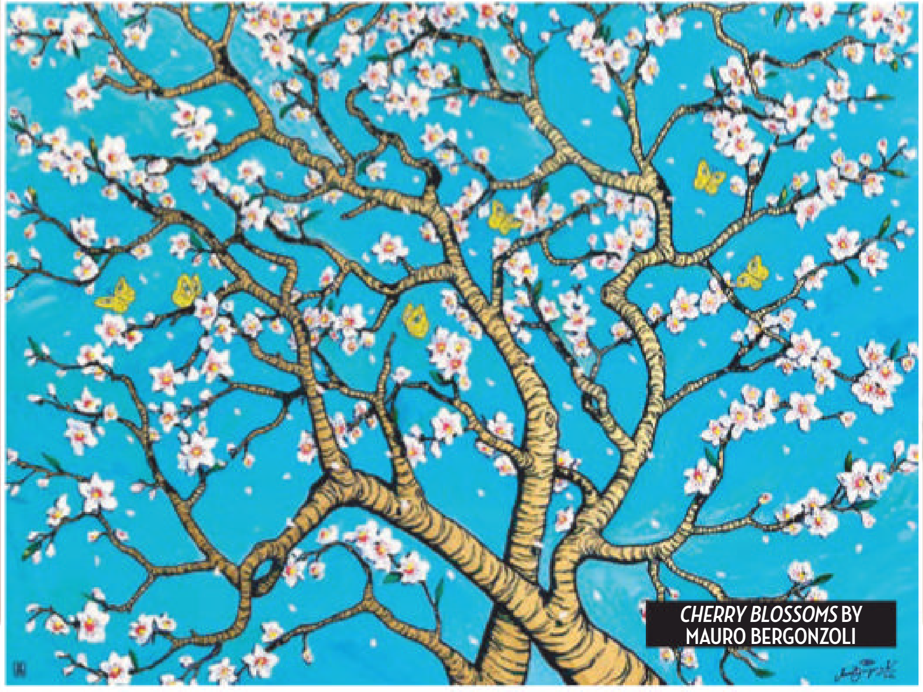

CHERRY BLOSSOMS BY MAURO BERGONZOLI

MAREK OBARA, GÁBOR TORDAI-LEJKÓ

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NICK HISSOM, KAMERON RAMIREZ

GABRIELLE CONIGLIO, GAIL CONIGLIO

PHOTOGRAPHIC ODE TO PALM BEACH

WHO: Nick Mele **WHAT:** "Please Sign in All Guests" Art Show **WHERE:** The Colony, Palm Beach **HIGHLIGHTS:** Art lovers and friends of the photographer toured Mele's series of large-scale prints, featuring Palm Beach's people and animals in iconic local settings.

MOLLY AND NICK MELE WITH ARCHER AND JOHNNY

KRYSTIAN VON SPEIDEL AND NATHAN FRANK

ELEANORA KENNEDY, ROBERT CARAVAGGI

ROB AND ASHLEY FRISBIE

HOLLIS BRADLEY PICA, JOSEPH HERNANDEZ

CARLING AND TOM PINCKNEY

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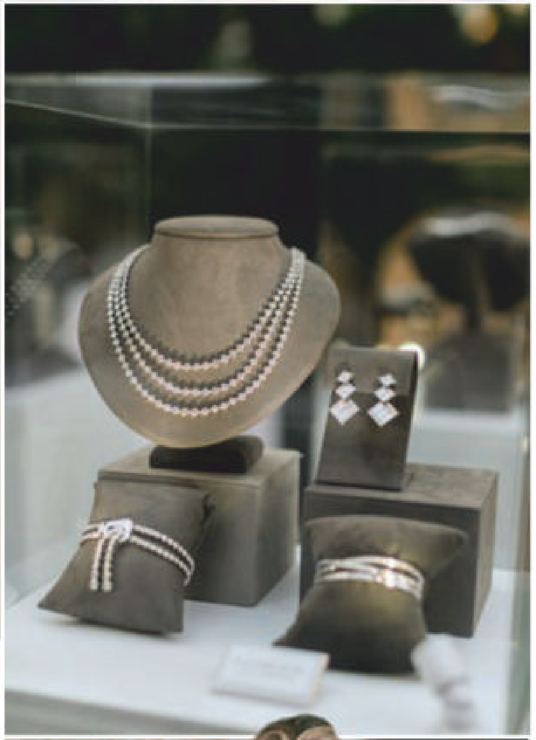

HAMILTON JEWELERS TURNS 110

WHO: Hamilton Jewelers and the Natural Diamond Council **WHAT:** Anniversary Cocktail Party **WHERE:** The Colony, Palm Beach **HIGHLIGHTS:** In addition to celebrating the brand's 110 years, Hamilton Jewelers unveiled its one-of-a-kind anniversary jewelry collection.

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NIKKI BREEDLOVE COONEY, KELLY MURRAY POHRER, BRIDGET BORMAN

SAMANTHA AND KENT ANDERSON

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VIRGINIA OATLEY, EDWARD AND SHERIE WRIGHT

MARTI LATOUR, MICHELE JACOBS

KATHRYN VECELLIO, MONIKA PRESTON

TAMRA FITZGERALD, AHMED ELHADDAD

RED AT RENATO'S

WHO: American Heart Association of Palm Beach County **WHAT:** Palm Beach Heart Ball Kickoff Reception **WHERE:** Renato's, Palm Beach **HIGHLIGHTS:** More than 70 supporters gathered to usher in the social season's longest-running gala with a red-hot reception, complete with hors d'oeuvres, music, and donations for the "A Ball for All" campaign.

JULIE RUDOLPH, MARGIE ALLINSON

FARLEY RENTSCHLER, MICHAEL GREGSON REINERT

LAURIE SILVERS, KEN AND SHERRY ENDELSON

KARRIN CAPRA, DANA FILETTI, KATE KHACHATURIAN, BROOKE KOSINSKI

SHELLY AND TOM HALL

JOSEPH MCNAMARA, ARLETTE GORDON, MAX MCNAMARA

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NEW&NOW

THE INSIDE TRACK TO EVERYTHING PALM BEACH

COURTESY OF THE DELRAY BEACH OPEN

OPEN UP

Game, set, match! One of the most exciting sporting events of the season returns February 10-19. A 10-day stop on the ATP Tour, the **Delray Beach Open** takes place at the Delray Beach Stadium & Tennis Center and puts the game's biggest names head-to-head—not to mention the sideline highlights such as themed parties, amateur tennis matches, live music and art performances, and top-shelf food and beverage offerings. Here, find our brief spectators' guide. *(yellowtennisball.com)*

» **Be on the lookout for top tennis talent:** Everyone who's anyone in tennis—from longtime legends to tomorrow's stars—will be in the crowd or on the courts. Headlining this year's lineup are Canadian favorite Denis Shapovalov, all-time ace leader John Isner, and world top 10 player Taylor Fritz, who was recently featured in the Netflix series *Break Point*.

» **Book the best seats:** The Delray Beach Open offers the only on-court seats in all of pro tennis, enabling you to feel the thrill of a 130-mph tennis ball being lobbed mere feet from your face.

» **Or win the best of the best:** If you want to really go big, shoot for spots in the BMW parked in a corner of the court. These "best-of-the-best seats" can only be won via various media partners; try tuning into ESPN West Palm Radio or winning in-stadium contests such as trivia and seat upgrade promos.

» **Prepare to party:** Tennis on the Ave. is about much more than just the game. Fill your calendar with parties from the Lilly Pulitzer Ladies' Day Luncheons to the inaugural Tacos, Tequila, and Tennis event presented by Dano's Tequila.

» **Love all:** Remember, love means nothing in tennis.

–Skye Sherman

TAYLOR FRITZ

ANDREW PATRON

FAMILY MATTERS

Work & Play

In theory, parents have come a long way in the work-life-balance conundrum. But in practice, it sometimes still feels like we have to choose. Boca Raton's first family-friendly co-working space puts the best of both worlds under one roof by combining child care and co-working sessions. **Child & Co.** opened in October and offers hourly private offices—complete with stylish wallpapers and backgrounds created with lengthy Zoom calls in mind—alongside spaces where children under 4 can learn and play nearby. Inspired by their own personal and professional needs, husband-and-wife team Adrienne and Joseph Paolini founded Child & Co. in order to give families an option beyond the traditional work and child care paradigm. Child & Co. offers drop-in child care (with staff trained in CPR, first aid, and AED use), a kitchenette for lunches and snacks, a meeting room for up to eight, a nursing area and bathrooms equipped with changing tables, an outdoor plaza space, and a mobile app that parents can use to book and interact with the community. *(childandcompany.com) —S.S.*

TOTE-ALLY CONVENIENT

TAYLOR RAE PHOTOGRAPHY

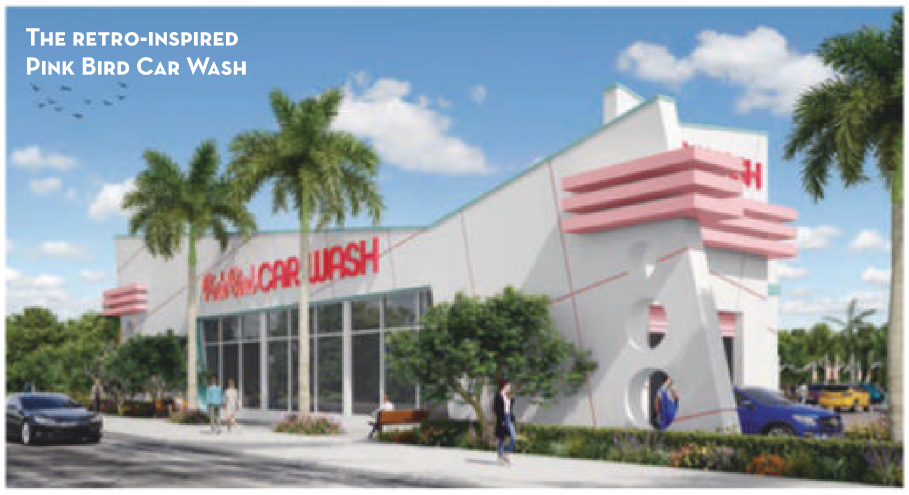
Sick of schlepping stuff to and from New York City? Southampton-based **Tote Taxi** will do it for you. Founded in 2016 by Danielle Candela, Tote Taxi offers pickup and delivery between New York City, the Hamptons, and now Palm Beach. The luxury courier can do door-to-door deliveries of anything from luggage to golf clubs, shopping bags, bikes (including Pelotons), home essentials, and other oversize items. Palm Beach service is available seasonally, now through April, with bimonthly trips between New York and Florida. *(totetaxi.com) –S.S.*

At the CAR WASH

Who says going to the car wash has to be a boring errand? Palm Beach resident Jack Cooney and Brent Andrews recently opened the first location of **Pink Bird Car Wash** on Belvedere Road and Australian Avenue, a retro-inspired express car wash complete with monthly memberships and Art Deco architecture. Founded by third-generation Floridians, it's part of a $100-million investment into South Florida, with seven locations in various stages of development (and plans to build at least 20). The second location, at Palm Beach Lakes Boulevard and Executive Center Drive, is under construction now. While the branding is an homage to Old Florida, the equipment and technology is decidedly new: Customers are treated to automated payment options and complimentary self-serve vacuum and finishing stations. *(pinkbirdcarwash.com) –S.S.*

Pink Bird
CAR WASH

CAPEHART PHOTOGRAPHY



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AROUND TOWN

How to Spend Galentine's Day

FORGET CHOCOLATE AND ROSES—PICK FROM THESE UNIQUE ACTIVITIES AND BOOK A DAY WITH YOUR BESTIES

BY SKYE SHERMAN

LOVE POTION

On February 13 at 5 p.m. and 7 p.m., take a ladies' cocktail class at **Galley**, located inside the Hilton West Palm Beach. For just $40 per person, you and your friends will learn the history behind (and variations of) three Valentine's Day–themed tipples, which you will stir up by hand. The class also includes a welcome glass of bubbly and a 20 percent discount on dining should you stay for dinner. *(galleywestpalmbeach.com)*

US TIME

Spending quality time with your ride-or-dies—what could be better? Answer: Spending it at the land of indulgence. At the **Eau Spa** in Manalapan, where chairs hang above shallow pools of water and cupcakes are unapologetically consumed, fun is a given and well-being is a bonus. You and your Galentines can start with the Red Flower Hammam, all cozy and warm in a clay cocoon wrap. Continue with facials—we recommend the texture-refining Luminocity of Ice, which involves facial reflexology—and finish with an aptly named Self-Centered Massage, which is all about, well, you. *(eaupalmbeach.com/eau-spa)*

COLLAGE CRAZY

Surfer and artist Mary Glazier, aka **Gurfer Lady**, will host a collage-crafting party at Alchemy Juice Co. & Market in West Palm Beach February 16 from 6 to 8 p.m. This "Salvage Some Self-Love Collage and Cocktails" night includes cocktails, supplies, and music by DJ Lovelee for $30 per person. Want to squeeze in pre-V-day hangs, too? Sign up for Glazier's Galentine's Gurf, an open surf event for ladies only, February 12 from 4 to 6 p.m. *(gurferlady.com)*

BRIAN LARRABEE

SOLOMON STRUL

SHOPPING SPREE

On February 14 from 12 to 2 p.m., shop with *Project Runway* alum Amanda Perna at her Delray Beach store, **A Little Wyld**, complete with sweet treats and a 10 percent discount. In addition to the regular inventory, attendees can peruse Perna's Spring/Summer 2023 collection and her collab with Olivia Hollaus, founder of Protect My Shoes, a collection of patented shoe stuffers and a signature shoe bag. "We want all the ladies to be able to have a fun time and treat themselves to something nice," Perna says. *(alittlewyld.com)*

STEPHANIE TARNO

GET (L)INKED

Make a semipermanent commitment with the ultimate friendship bracelet: permanent jewelry from **Alexandra Gioia**. "Getting linked is such a fun way to celebrate a special occasion or milestone with a loved one, and I'm thrilled to bring this trend to Tequesta," says Gioia. Choose from gold-filled, sterling silver, or 14-karat gold chains, which will then be fitted to your wrist and micro-welded closed with a tiny, painless spark. Anklets and necklaces are available too, and prices range from $65 to $325. Walk-ins are welcome Monday and Wednesday from 10 a.m. to 1 p.m., but appointments are encouraged. *(alexandragioia.com)*

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Q&A

Wellness Warrior

WHY MENTAL HEALTH ADVOCACY IS GOOD MEDICINE FOR ONE OF THE WORLD'S MOST FAMOUS GRANDDAUGHTERS

BY JUDY ALEXANDRA DIEDWARDO

Living in the shadow of Nobel Prize–winning author Ernest Hemingway—and her famous family's tragic history of alcoholism, mental illness, and suicide—Academy Award–nominated actor and author Mariel Hemingway is writing a brave new chapter in her family's legacy. To help raise awareness about mental illness and abuse, Hemingway will serve as keynote speaker for the **Alpert Jewish Family Service**'s annual No Excuse for Abuse event at the Kravis Center in West Palm Beach February 5. *PBI* recently caught up with her to discuss her advocacy. (*alpertjfs.org)*

PBI: What prompted your mental health advocacy?
Hemingway: I grew up watching a family that was completely amazing and creative but also incredibly destructive, self-medicating, and riddled with depression, alcoholism, and suicide. They were all addicts, and nobody talked about anything. I didn't want to end up like that.

Are shame and secrecy the biggest barriers to recovery?
The child in us is always trying to protect us. We don't want people to think there's something wrong with us, right? But freedom only comes from crashing through those barriers, which are just bullshit anyway. The irony is everybody's dealing with something very similar.

Was there pressure to keep the illusion of your famous grandfather's life alive?
Yes and no. It [alcoholism, depression, suicide, mental illness] was never spoken about. We're a good Waspy family where nobody talked about anything, which was a tragedy.

What was your moment of truth or springboard to awareness that helped you break the cycle?
I'm not an "aha" kind a girl. It's been a lifetime process of making crazy choices under the guise of trying to be healthy. But I was always searching outside myself for answers instead of tapping into inner wisdom and realizing that we are our best teachers. That's when everything shifted. That's why self-awareness is so important. Now I can say, I may have been depressed, or [I may] struggle with an eating disorder, but I have tools to shift the trajectory of what happens next.

Was your father's death in 2000 a catalyst to feeling free to tell your family story in the documentary *Running from Crazy*, followed by your memoir, *Out Came the Sun*?
My friend Lisa Erspamer [co-executive producer of *The Oprah Winfrey Show*] said I should tell my family's story. I remember saying to her, "Why? They're all crazy?" She said, "That's exactly why!" I was scared at first because when I do something, I go all the way—which meant telling the whole truth. And so, it wasn't about blame or pointing fingers; it was about revealing that relationships are complicated. Nobody's perfect and humans are messy. There's no shame in that. And it's not that my parents or grandparents were diabolical. They were actually quite extraordinary and doing their best. But, when you self-medicate, it's going to end messy. When you get honest and address it properly, forgiveness happens. It doesn't mean that you don't know what has happened to you. Instead, you see where they came from, what they lacked, and, most importantly, what you need to be healthy and happy.

Mariel Hemingway will serve as keynote speaker for the Alpert Jewish Family Service's No Excuse for Abuse event at the Kravis Center in West Palm Beach February 5.

It seems like you've broken that cycle for your daughters, Dree, 35, and Langley, 33. Do challenges still exist? Is recovery a lifelong process?
My daughters are confident straight shooters who help me to not apologize for who I am. They're far more courageous than I was at their age. They have their own issues and problems, of course. That's life. But they're well-equipped and very smart. They understand that, regardless of what's happened before them, the journey is theirs to unfold. That's the power of taking ownership of our lives.

What will be your message as keynote speaker for the JFS event?
I'll talk about taking responsibility for your mental health by finding solutions and practices that work. Hey, I suffer from depression and anxiety and have an eating disorder. So, I've spent a lifetime trying to create more mental wellness in those areas. I'm not saying that medication isn't necessary for some people, because it absolutely is. But, at the same time, we all need to be involved in the process. If you have a mental illness or addiction, you need to be part of the solution. In that way, your daily life choices, awareness, and self-knowledge are integral to the outcome.

Pamela Hughes

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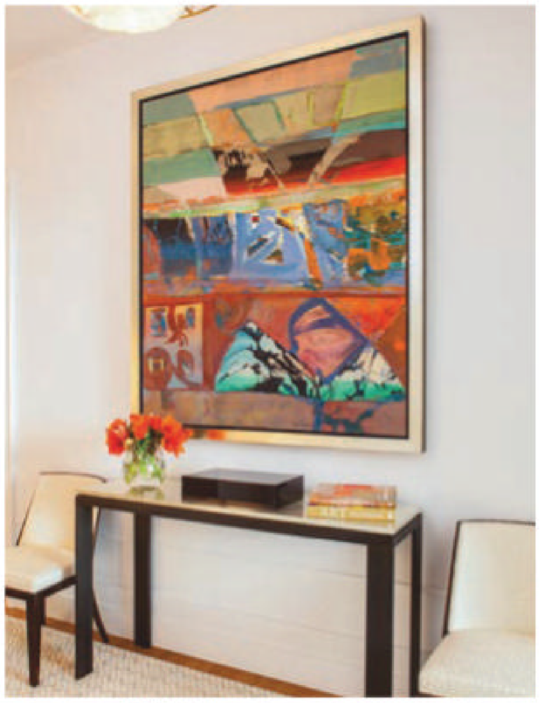

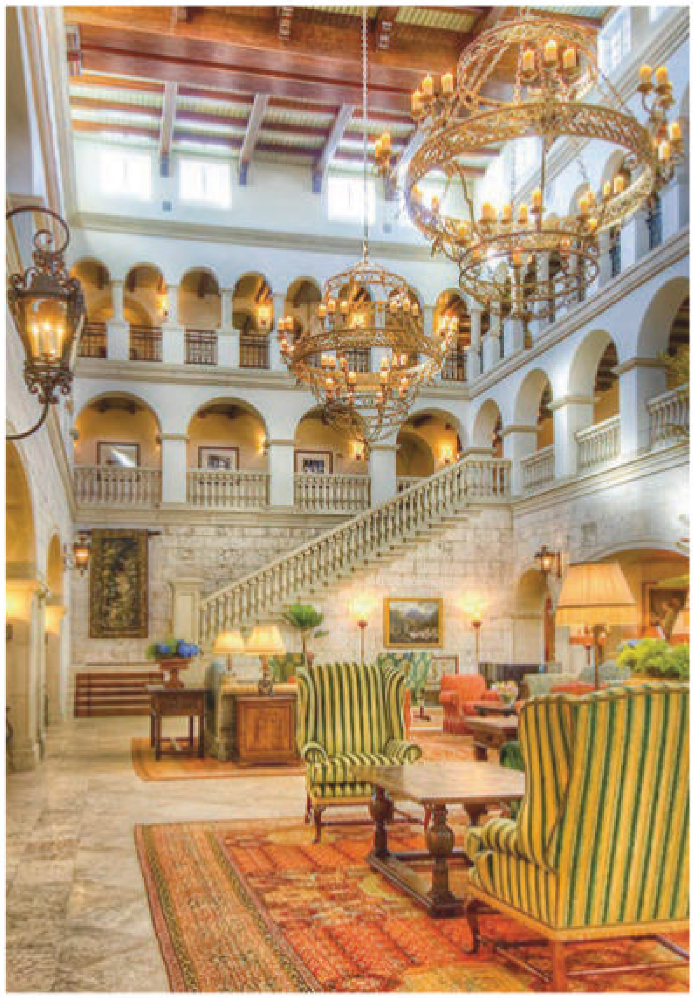

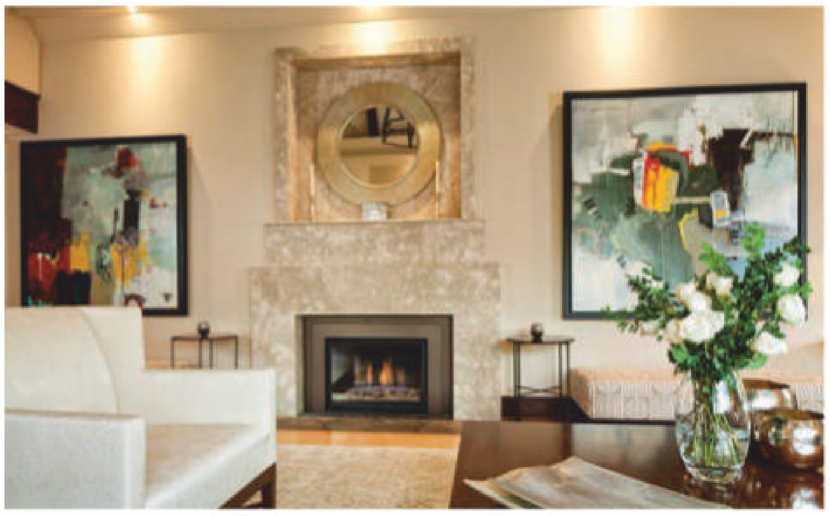

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HEROES

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ASHLEY BROWN'S PERSONAL ADOPTION STORY FUELS HER PASSION TO HELP LOCAL CHILDREN IN FOSTER CARE

BY SAM KERRIGAN

TRACEY BENSON PHOTOGRAPHY

SELFLESS LOVE FOUNDATION

Clockwise from left: Ed (far left) and Ashley Brown (far right) with former foster youths; Dr. Elizabeth Wynter, Selfless Love Foundation's executive director, with Ashley Brown; Brown's adoption day in 1987.

Ashley Brown knows firsthand the impact a family can have on a child's well-being. Adopted as a baby, she says she always knew she would pay back her blessing of being gifted a loving and supportive family. "I said to my mom, 'I hope you realize when you adopted me and my sister you didn't just change our lives,'" she recalls. "'As a result of my adoption, you've actually transformed thousands.'"

Brown and her husband, Ed, have been helping foster kids all over Florida find their forever families since 2015—the same year they decided to spend forever together too. "We were planning our wedding and I was like, 'There's nothing in this world we need. Why don't we set up a foundation in lieu of wedding gifts and give the gift to foster children?'" Brown says.

That's how their nonprofit, Selfless Love Foundation, came to life. To date, the foundation has helped connect more than 850 foster kids with families. "The same foundation that helped start our family is now the foundation that helps find forever families for foster children and is an extension of family for children who have aged out," Brown explains.

Beyond placing young children with families, Selfless Love provides support, housing, and resources for young people after they turn 18 and age out of the foster care system. And they're teaching those kids, like Kaitlynn Hanson, how to use their own experience to advocate for change. Hanson won the foundation's annual Dream Tank competition last year—an event that empowers former foster kids to share their dreams with a panel of experts who advise them on ways to turn those dreams into reality. "Providing structure and a safe place for these kids is going to change their worlds," Hanson says.

This year's Dream Tank finalists will travel to the state capital in February for the "Rally in Tally" during the state's legislative session to speak directly to state policymakers about transforming the child welfare system. Along with serving as a dress rehearsal for the annual Dream Tank competition taking place in West Palm Beach in April, Brown says the "Rally in Tally" is one of the most impactful ways to build leadership in these young adults.

"What we do with our youth is teach them how to articulate what happened to them in foster care, help them offer solutions to the problem, and then bring in child welfare leaders to have discussions about what we can do together to improve the system," Brown explains.

This year, for the first time, Selfless Love is spreading its programs outside of Florida: The foundation now has boots on the ground in Texas.

"I really do believe this is my life purpose and that's why God gave me a second chance at life," Brown says. "That's why I will continue to work 24 hours a day until we can impact as many lives as possible." *(selflesslovefoundation.org)* «

> "I SAID TO MY MOM, 'I HOPE YOU REALIZE WHEN YOU ADOPTED ME AND MY SISTER YOU DIDN'T JUST CHANGE OUR LIVES. AS A RESULT OF MY ADOPTION, YOU'VE ACTUALLY TRANSFORMED THOUSANDS.'"

SELFLESS LOVE FOUNDATION

WATCH SAM'S "HOMETOWN HEROES" SEGMENT MONDAY MORNINGS ON CBS12 NEWS

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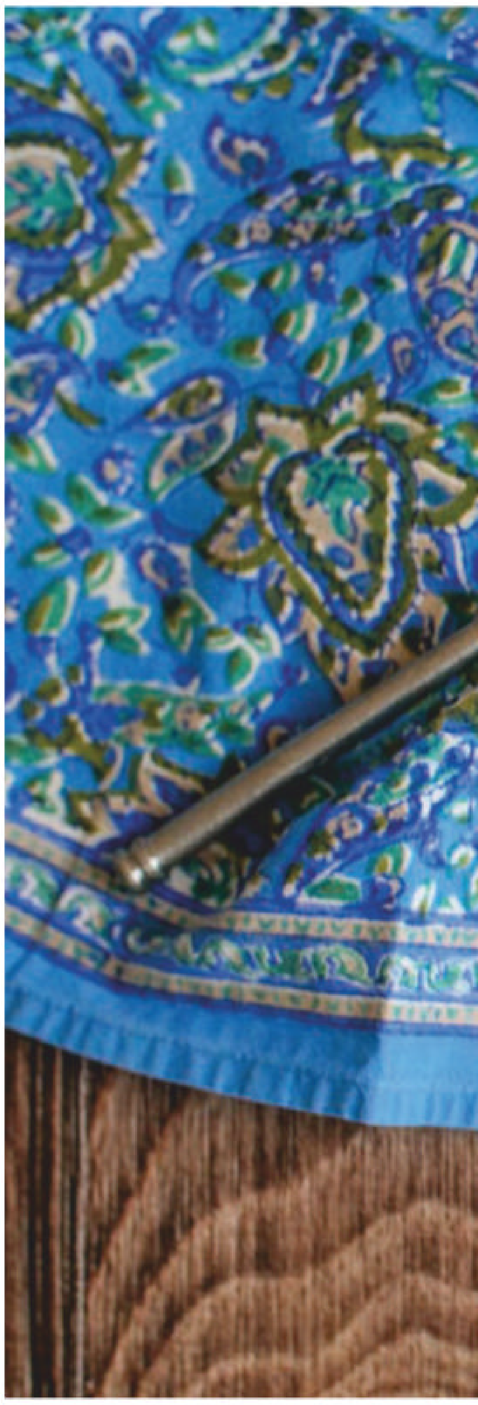
WHY "PLANT-BASED" FAUX MEAT IS WORSE THAN THE REAL THING

BY IVEY LEIDY
PHOTOGRAPHY BY KENT ANDERSON



We have all heard that eating too much meat is bad for us. In fact, the International Agency for Research on Cancer has found that regularly consuming processed meats can increase one's risk of developing certain cancers by 18 percent. This is compounded by deficits in healthy eating practices. According to a report issued by the National Cancer Institute on the Standard American Diet, three out of four Americans don't eat a single piece of fruit in a day and nine out of 10 don't reach the recommended daily intake of vegetables. Furthermore, 96 percent of Americans don't achieve the minimum weekly recommendation for greens and beans, and 99 percent do not reach the minimum for whole grains. The most shocking statistic about the average American's diet is that 70 percent of it is processed.

Processed food is classified as any food that has changed in any way from its natural state, which is far too vague of a definition. In reality, processed food is any product that's made a stop in a lab on its way to you. So, what started as a real whole food was then "enhanced" with chemical additives, sugar, artificial sweeteners and flavorings, chemical emulsifiers, stabilizers, and preservatives to become something that's more like a distant relative of what it once was.

The worst offenders are typically the ready-to-eat, packaged "faux foods" like imitation eggs and beef that are low in nutrients and high in chemicals, calories, sodium, and additives. Companies now slap labels such as vegan, plant-based, keto, gluten-free, or non-GMO on these packaged foods and trick the population into thinking they're healthy when they're quite the opposite. Remember what I always say when reading labels: If your brain doesn't recognize it, your body won't either.

One of the most popular fake meat burgers on the market includes such ingredients as magnesium carbonate, erythrosine (red No. 3), propylene glycol, and ferric orthophosphate. Magnesium carbonate helps food retain its color, but it is also used in flooring, fireproofing, and fire extinguishers. Erythrosine (red No. 3) is an artificial coloring that the FDA banned in cosmetics after it was shown to cause cancer, yet it is still allowed in foods. Propylene glycol is used as a moisturizer in foods and just so happens to be the main ingredient in antifreeze. Ferric orthophosphate is used to fortify foods and also as a pesticide to kill slugs and snails.

The best piece of advice when it comes to limiting processed foods is to ask yourself: Did it grow on a tree, bush, or in the ground? Did it roam freely in a pasture? Or, did it grow in a lab or factory? Read on for more tips and insight.

BURGER VERSUS BURGER

FAKE MEAT BURGER
Calories: 270
Fat: 20 g
Sodium: 380 mg
Carbohydrates: 5 g
Fiber: 3 g
Sugar: 0 g
Protein: 20 g

4-OZ. GRASS-FED BURGER
Calories: 280
Fat: 23 g
Sodium: 75 mg
Carbohydrates: 0 g
Fiber: 0 g
Sugar: 0 g
Protein: 19 g

LIVING WITH IVEY BLACK BEAN BURGER
Calories: 300
Fat: 4 g
Sodium: 80 mg
Carbohydrates: 30 g
Fiber: 12 g
Sugar: 4 g
Protein: 15 g

TOFU SCRAMBLE

PROPS COURTESY OF HIVE HOME, GIFT & GARDEN. CLOTHING COURTESY OF HIVE FOR HER.

INGREDIENTS *(serves 2)*

1 14-oz. block of firm tofu

2 tbsp. nutritional yeast

1/4 tsp. turmeric

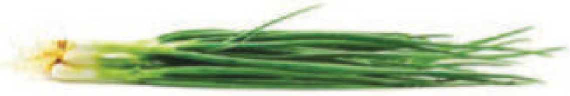
1/4 tsp. garlic powder

3 tbsp. unsweetened almond milk

2 tbsp. olive oil

Salt and pepper to taste

Chopped chives for garnish



» Dry the tofu thoroughly by placing it between two paper towels. In a small bowl, add nutritional yeast, turmeric, garlic powder, and almond milk and whisk to combine. Set aside.

» Add olive oil to a heated cast-iron skillet over medium-high heat. Add tofu block and cook for 2 minutes while breaking up tofu with a fork. Add in almond milk mixture and cook for an additional 2 minutes. Transfer to a plate, season with salt and pepper, and garnish with chopped chives.

BLACK BEAN BURGER

INGREDIENTS *(serves 4)*

1/2 red pepper

1/2 red onion

1 garlic clove

1 15-oz. can or jar of black beans

3/4 cup cooked quinoa (1/4 cup raw quinoa cooked per instructions on bag)

1 egg

1 tsp. ground cumin

1/2 tsp. salt

1/2 tsp. black pepper

2 tbsp. olive oil

» Dice red pepper, red onion, and garlic. Drain black beans. In a bowl, combine beans, cooked quinoa, egg, spices, and diced vegetables. Form the mixture into patties.

» Add olive oil to a large cast-iron skillet over medium heat. Cook patties for 5-6 minutes on each side (you may flip twice to ensure they are well browned but not burnt). Serve with your favorite bun or lettuce cup and traditional garnishes.

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AMERICA'S BEST PLASTIC SURGEONS LIPOSUCTION 2022 Newsweek statista

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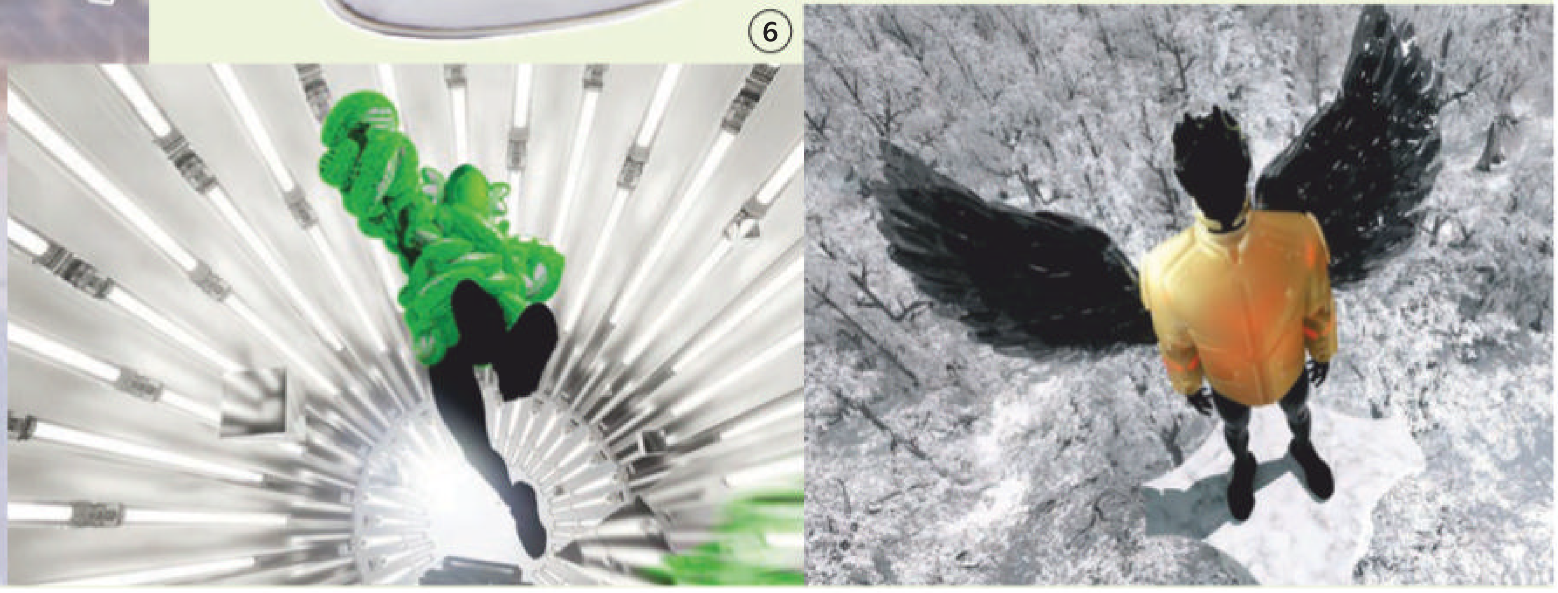
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META MAISON

AS FASHION BRANDS DIVE INTO THE DIGITAL WORLD, THE LINE BETWEEN FANTASY AND REALITY BLURS

BY KATHERINE LANDE

1. Good Game tote bag ($2,900), **Gucci,** *gucci.com*, Gucci's Good Game capsule collection honors the brand's connection with the world of gaming with a reimagined monogram that hearkens both to founder Guccio Gucci and the "good game" exchanges between e-sports competitors. | **2.** Multicolored cotton T-shirt with gooDGame print ($345), **Dolce & Gabbana,** *dolcegabbana.com*, also inspired by the "good game" salute, Dolce & Gabbana created a genderless collection that is available to purchase online and through the metaverse. | **3.** Virtual .Swoosh shoes (prices vary), **Nike,** the iconic footwear brand recently launched .Swoosh, a web platform where customers can buy, sell, and trade virtual Nike pieces. | **4.** Spring 2023 ready-to-wear collection (prices vary), **Loewe,** *loewe.com*, inspired by games such as *Minecraft*, Loewe designer Jonathan Anderson crafted real-life pixelated outfits that would feel at home in the metaverse. | **5.** Blade 2049 heels ($1,450), **Casadei,** *casadei.com*, Casadei celebrated the tenth anniversary of its Blade heels with an NFT collection that allowed buyers to connect the physical shoes with metaverse wearables. | **6.** Wallrunner and C2172 metaverse jackets (prices vary), **Adidas,** *adidas.com/metaverse*, the Adidas Virtual Gear collection is the brand's first-ever foray into completely NFT garments for fashionable avatars.

THE LOOK

KIDS AT PLAY

INDULGE YOUR INNER CHILD WITH NOSTALGIC AND FUN-FILLED ACCESSORIES

BY KATHERINE LANDE

GUCCI SS23
Twinning details make a visual impact on the runway.

FIRST LOVE
Feather-trimmed satin sandals ($1,080), **Mach & Mach,** Intermix, Palm Beach, *intermixonline.com*

FALLEN ANGEL
Heavenly crystal sandals ($1,155), **Sophia Webster,** *sophiawebster.com*

HOME SWEET HOME
Asnières family house trunk for small treasures (price upon request), **Louis Vuitton,** multiple locations, *us.louisvuitton.com*

ALFRESCO FEAST
Alice's Picnic one-of-a-kind charm necklace (price upon request), **Brent Neale,** *brentneale.com*

LUCKY CHARMS
Silver and enamel bead bracelet ($2,115), **Lauren Rubinski,** *netaporter.com*

STYLE NOTES

MORE IS MORE:
ELEVATE THE LOOK WITH HEAVY EMBELLISHMENTS.
RAINBOW BRIGHT:
LEAN INTO KITSCHY AND COLORFUL ACCENTS.
SUBTLE SOLO ACT:
OPT FOR ONE WHIMSICAL STATEMENT PIECE.

CUDDLE BUDDY
Teddy bear minaudiere with green crystals, Double G pattern, and metal chain shoulder strap ($49,000), **Gucci,** multiple locations, *gucci.com*

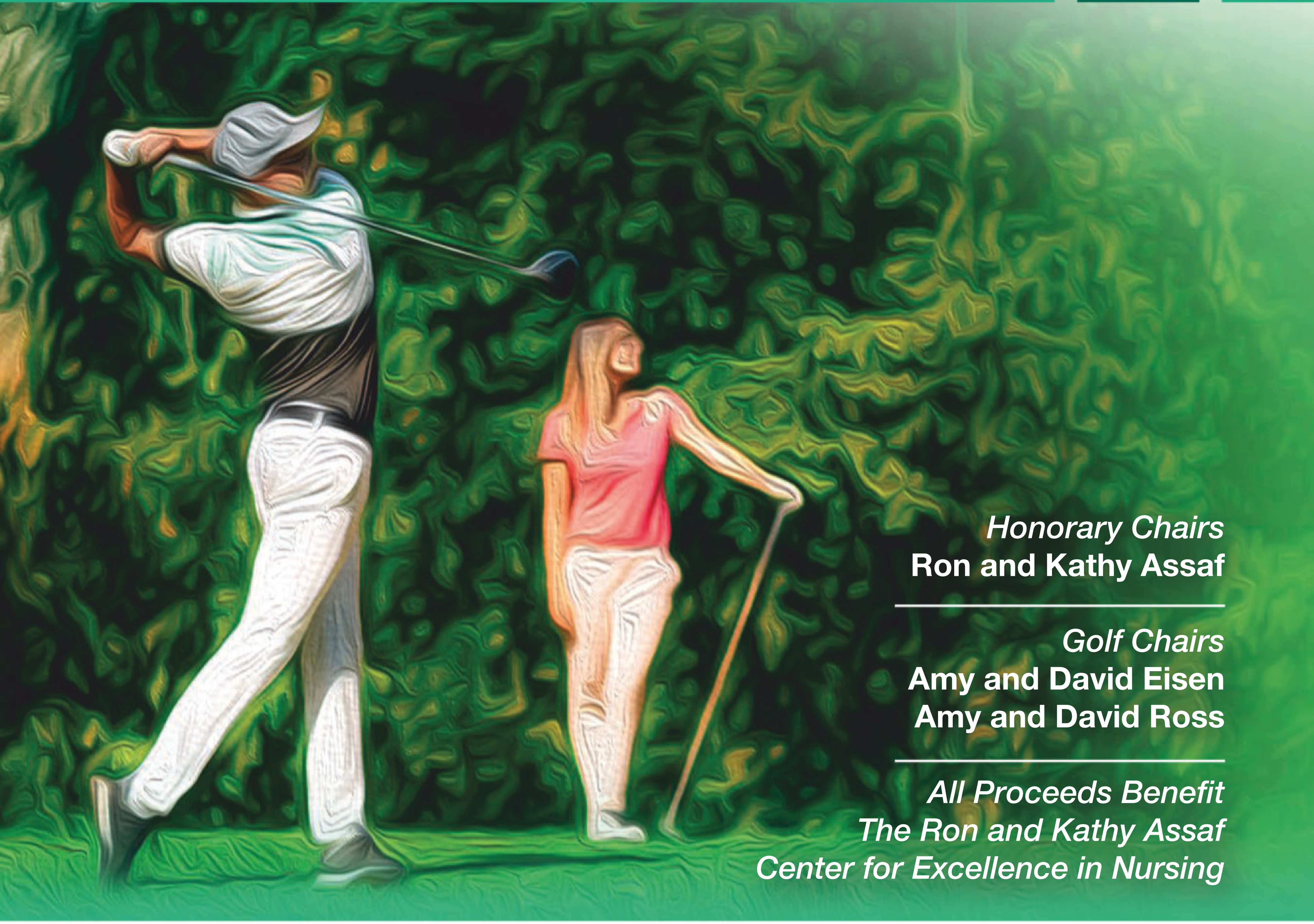
BEST FRIENDS FOREVER
Nostalgia Bear earring set ($88), **Crystal Haze,** *matchesfashion.com*

LITTLE LAMB
Special-edition wool-blend top-handle handbag ($1,130), **Moschino,** *moschino.com*

Swing Into Spring **04.24.23!**

Boca Raton Regional Hospital Foundation 24th Annual Golf Tournament

Boca Raton Regional Hospital Foundation is thrilled to be hosting our 24th Annual Golf Tournament this spring – Monday, April 24, 2023! Join us on the links of Boca West Country Club. Golf for a great cause, receive a premium amenity package, enjoy brunch, on-course lunch, 19th hole cocktails and awards dinner, silent auction and other fabulous prizes.



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THE EDIT

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THE EDITORS SHARE THEIR FAVORITE SPLURGES, INDULGENCES, AND GUILTY PLEASURES

PHOTO COURTESY OF LUNYA

SWEET DREAMS

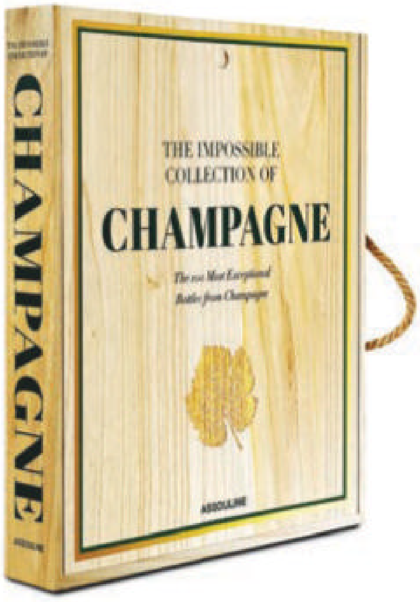
Washable silk high-rise pant set in black ($278), **Lunya,** *lunya.co*

If rest, relaxation, and a good night's sleep are a holy trinity in your life (like they are in mine), dreamy lounge and sleepwear are essential. The washable yet luxurious silk sets by Lunya are surprisingly low-maintenance, thanks to a special wash treatment that leaves the silk supple and sumptuous, perfect for bringing out your inner sloth. *—Abigail Duffy, web editor*

HAUTE TOTE

Large Dior book tote in white multicolor Rêve d'Infini embroidery by artist Pietro Ruffo ($3,500), **Dior,** *dior.com*

Don't let the simplicity of this bag's silhouette fool you; each tote takes more than 37 hours of work and 1.5 million stitches. Versatile enough to carry as a handheld tote or sling over your shoulder, it's the ultimate everyday indulgence, sure to make even my most mundane carry-all tasks look and feel luxe. *—Kristen Desmond LeFevre, contributing editor*



SPARKLE PLENTY

The Impossible Collection of Champagne ($995), **Assouline,** *assouline.com*

Over the years, my greatest extravagance has been expanding my library. At the top of my wish list: Assouline's curated compendium of "the 100 most exceptional bottles from Champagne." What better way to enjoy an evening of flipping and sipping? *—Allison Wolfe Reckson, managing editor*

IN HOUSE CREATIVE

SUGAR RUSH

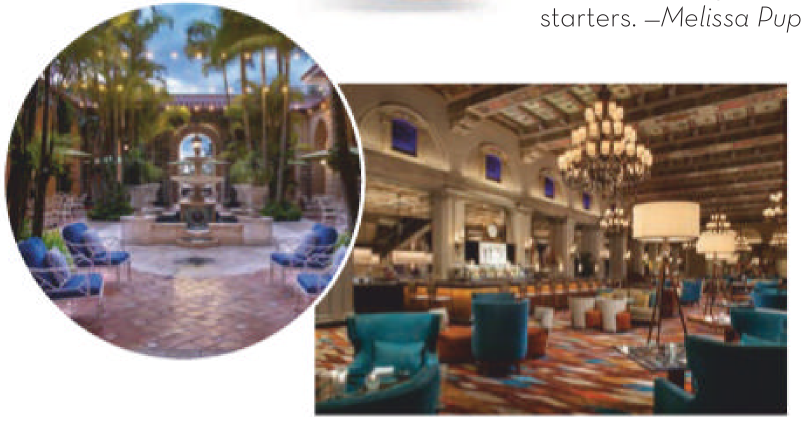
Jumbo chocolate chip cookies ($49 for six, $85 for a dozen), **Buccan Sandwich Shop,** *buccancookies.com*

When I'm craving a cheat meal, I head to the Buccan Sandwich Shop on Palm Beach and order a turkey club, ginger lemonade, and jumbo chocolate chip cookie. Buccan recently unveiled direct-to-your-door cookie delivery, so you can enjoy these sinful sweets anywhere in South Florida and beyond. *—Mary Murray, executive editor*

NEVER TOO TALL

Skyhigh 145 platform slides ($550), **Stuart Weitzman,** *stuartweitzman.com*

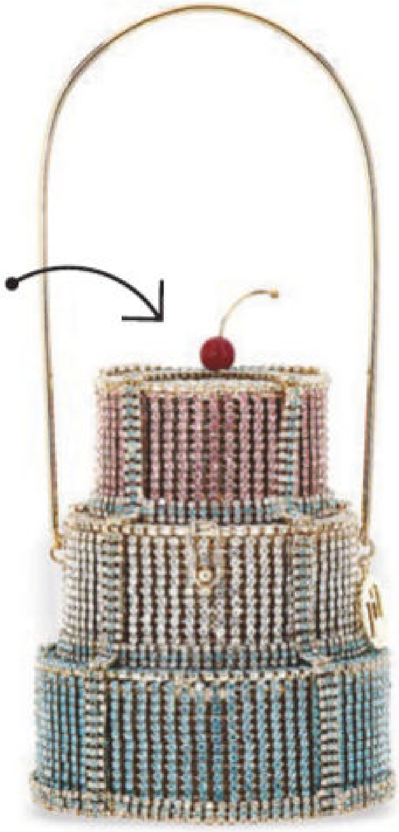
One thing that always brings me joy? Buying new shoes. This season I have my eye on this killer pair by Stuart Weitzman. The emerald color and platform style are guaranteed to be great conversation starters. *—Melissa Puppo, contributing editor*



FLASH ESCAPE

Dinner and an overnight stay (prices vary), **The Breakers,** Palm Beach, *thebreakers.com*

When life precludes a longer getaway, I orchestrate a "flash escape" to The Breakers—on a weeknight. I check in after work, treat myself to a mani or pedi at the spa, move on to HMF for a Champagne cocktail and small plates, and stay overnight in an oceanfront room. It's less than 24 hours, but it's absolutely restorative. *—Daphne Nikolopoulos, editor in chief*



LET THEM EAT CAKE

Anniversary cake crystal tote ($2,850), **Rosantica,** *rosantica.com*

Who says a girl can't have her cake and eat it too? Overindulge in style with this multitiered, crystal-embellished confection. Handcrafted in Milan in celebration of the brand's tenth anniversary, this sweet treat tote will look as chic perched on a cocktail table as it will on your arm. *—Katherine Lande, fashion editor*

The lawyers who found hidden money in a "system exquisitely engineered to repel scrutiny."

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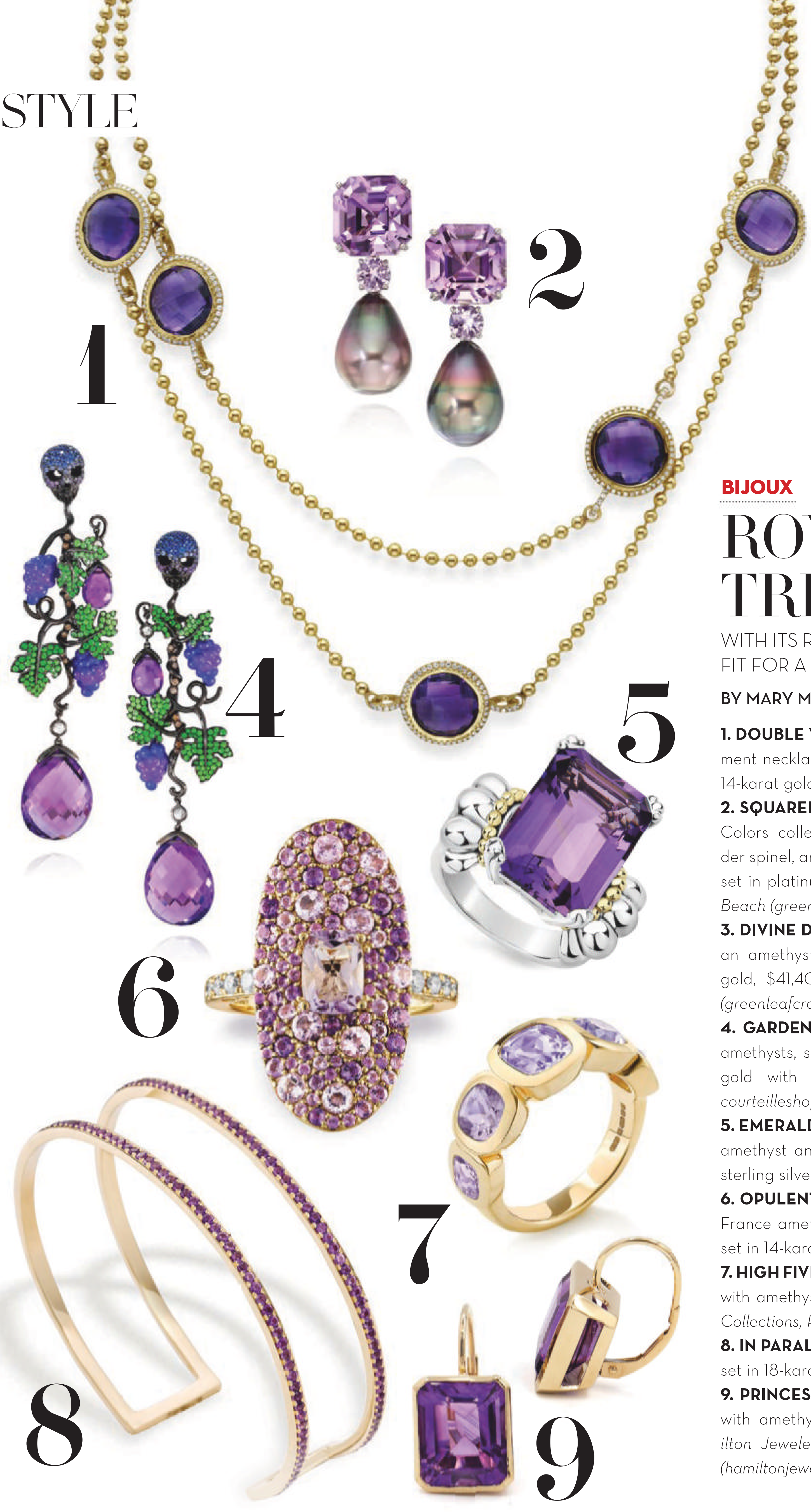

BIJOUX

ROYAL TREATMENT

WITH ITS RICH PURPLE HUE, AMETHYST IS FIT FOR A QUEEN

BY MARY MURRAY

1. DOUBLE VISION Lionheart Donya ball-link statement necklace with amethysts and diamonds set in 14-karat gold, $5,480. *(lionheartjewelry.com)*

2. SQUARED AWAY Assael drop earrings from The Colors collection with Brazilian amethysts, lavender spinel, and natural-color Tahitian cultured pearls set in platinum, $11,000. *Greenleaf & Crosby, Palm Beach (greenleafcrosby.com)*

3. DIVINE DÉCOLLETAGE Picchiotti necklace with an amethyst and diamonds set in 18-karat white gold, $41,400. *Greenleaf & Crosby, Palm Beach (greenleafcrosby.com)*

4. GARDEN PARTY Lydia Courteille earrings with amethysts, sapphires, and diamonds set in 18-karat gold with rhodium, price upon request. *(lydiacourteilleshop.com)*

5. EMERALD CITY Lagos Glacier large ring with an amethyst and 18-karat gold Caviar beading set in sterling silver, $1,000. *(lagos.com)*

6. OPULENT OVAL Eden Presley ring with Rose de France amethysts, purple sapphires, and diamonds set in 14-karat gold, $2,750. *(edenpresley.com)*

7. HIGH FIVE Robinson Pelham Marnie five-stone ring with amethysts set in 14-karat gold, $2,950. *Marissa Collections, Palm Beach (marissacollections.com)*

8. IN PARALLEL Misahara Zaliv cuff with amethysts set in 18-karat gold, $3,200. *(misahara.com)*

9. PRINCESS DIARIES Hamilton Jewelers earrings with amethysts set in 14-karat gold, $1,295. *Hamilton Jewelers, Palm Beach, Palm Beach Gardens (hamiltonjewelers.com)*

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> – Kelly & Pascal Liguori, Bethesda Hospital Grateful Patients and Volunteers

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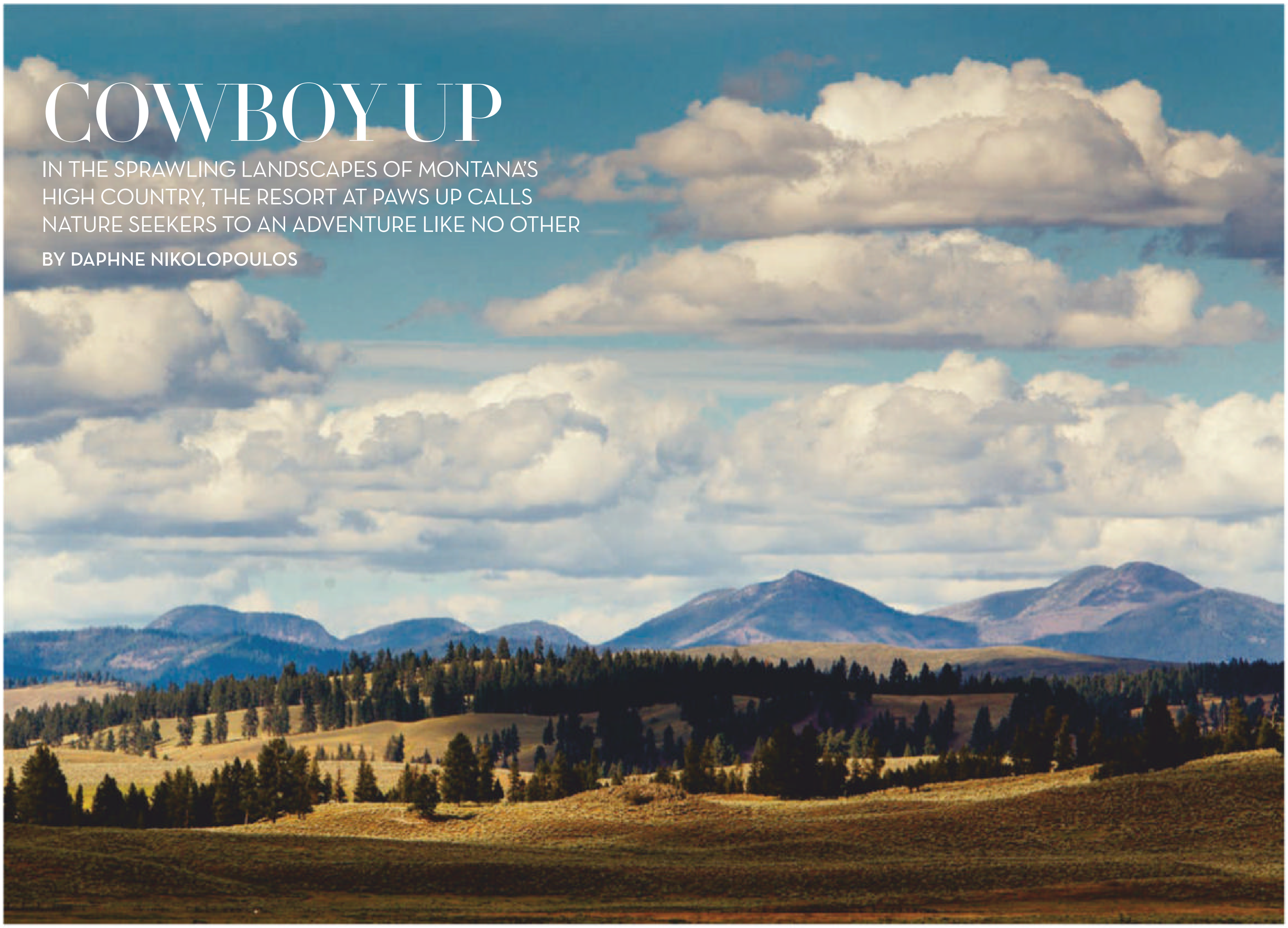

COWBOY UP

IN THE SPRAWLING LANDSCAPES OF MONTANA'S HIGH COUNTRY, THE RESORT AT PAWS UP CALLS NATURE SEEKERS TO AN ADVENTURE LIKE NO OTHER

BY DAPHNE NIKOLOPOULOS

STUART THURLKILL

You only have 18 summers with your kids. Make them count.

That's a bit of cowboy wisdom bandied by the folks at The Resort at Paws Up, and it's meant to remind parents—and anyone, really—that time is precious and the best way to spend it is together, preferably in wild places that awaken the spirit and get the adrenaline pumping.

Paws Up is that kind of place. A mountain resort sprawled across 37,000 acres (for comparison purposes, Manhattan is 10,890 acres) near Greenough, Montana, Paws Up tantalizes visitors with nature's majesty and the promise of adventure. The setting is an exquisite wilderness with mountains stretching to the horizon, rivers running through ponderosa forests, and wide-open meadows where you see more elks

100 MILES OF TRAILS
+ 10 MILES OF Blackfoot River
0 PAVED ROADS

STUART THURLKILL

Clockwise from top left: Archery is big with the littles; hot-air balloons rise above the Blackfoot River Valley; all roads lead to the Cook Shack; slow ride through a country road; a Wilderness Estate.

than humans. Being surrounded by the stillness and silence of the land has the net effect of slowing you down so that you notice things like a patch of bluebells in a field of oxeye daisies, or the halo of afternoon light around a horse's mane.

This is balm for work-weary adults, but for children, it's pure magic. When kids get out into the wild, away from screens and regimented schedules, a transformation happens. It's fun to watch them sing along with the cowboys by the campfire, become experts in s'more construction, or learn to thread a fly onto a fishing rod. Why watch *Yellowstone* when it's outside your door? And who needs a video game when you can race an ATV through a muddy road?

Few places facilitate familial bonding like Paws Up. It starts with the accommodations, which are as luxurious as they are cozy and offer families plenty of roaming space inside and out. The 28 ranch homes nestled within the pines come in one- to four-bedroom configurations and have all the amenities: large stone fireplaces, Western-chic decor, private decks out back, use of a Lexus SUV, and—the most important of all—mountain views for days. For the more rugged, there is "glamping" (fun fact: Paws Up actually coined this term) in tented camps by the river or deep in the woods. These aren't ordinary tents. Appointed with luxe beds and en-suite bathrooms (with

100 horses, 10 rescued mustangs

STUART THURLKILL

DAN GOLDBERG PHOTOGRAPHY

heated floors!), and tended by a camping butler, they give a whole new meaning to "roughing it."

Activity-wise, there is everything under the (big) sky. The horseback-riding facilities may be the best in Montana, and that's saying a lot. Paws Up has the state's largest equestrian center with 52 horse stalls, 100 miles of trails, and a 29,000-square-foot riding arena. Rides range from short trail walks along a creek to a six-hour Frontiersman Ride that crosses the Blackfoot River and climbs 1,000 feet to breathtaking lookouts. Since Paws Up is located within a cattle ranch, there are opportunities for cattle drives and unique pastimes like cow croquet, which was invented here.

A favorite for all ages is ATV touring. These all-terrain four-wheelers will take you just about anywhere, including a ghost town dating to the late 1800s. Garnet was a mining town in the Gold Rush days, and you can see evidence of its heyday before it was abandoned. The general store still contains relics of the era, and the saloon is so well preserved you might be tempted to order a drink—in a dirty

Clockwise from top left: Horses graze in open meadows; Big Timber three-bedroom home; tomahawk chops at the Chuck Wagon; huckleberry pancakes are the must-have breakfast at Paws Up; go kart racing; a cozy Big Timber home.

Average speed of an ATV: 50 MPH

STUART THURLKILL

glass, of course. Whether on- or off-road, every ATV adventure comes with an adrenaline rush, which inevitably leads to great stories by the fire.

And then there's the food. Be prepared to taste real Big Sky Country cuisine, prepared with foraged ingredients like huckleberries and locally sourced meats and freshwater fish. Not to be missed: the Chuck Wagon, an authentic dude ranch cookout. Feast on tomahawk chops, ribs, and Dutch-oven cobblers while you work on your lasso and hatchet-throwing skills, or chill out on a wagon ride with a driver who deals out local lore and hums cowboy tunes. Days end fireside under a spectacular show of stars, often with a song or an impromptu banjo concert, and always with a full heart. *(pawsup.com)* «

In Montana's Big Sky Country, ATVs are the vehicle of choice. The Paws Up fleet includes both ATVs and Polaris General vehicles for backcountry cruising.

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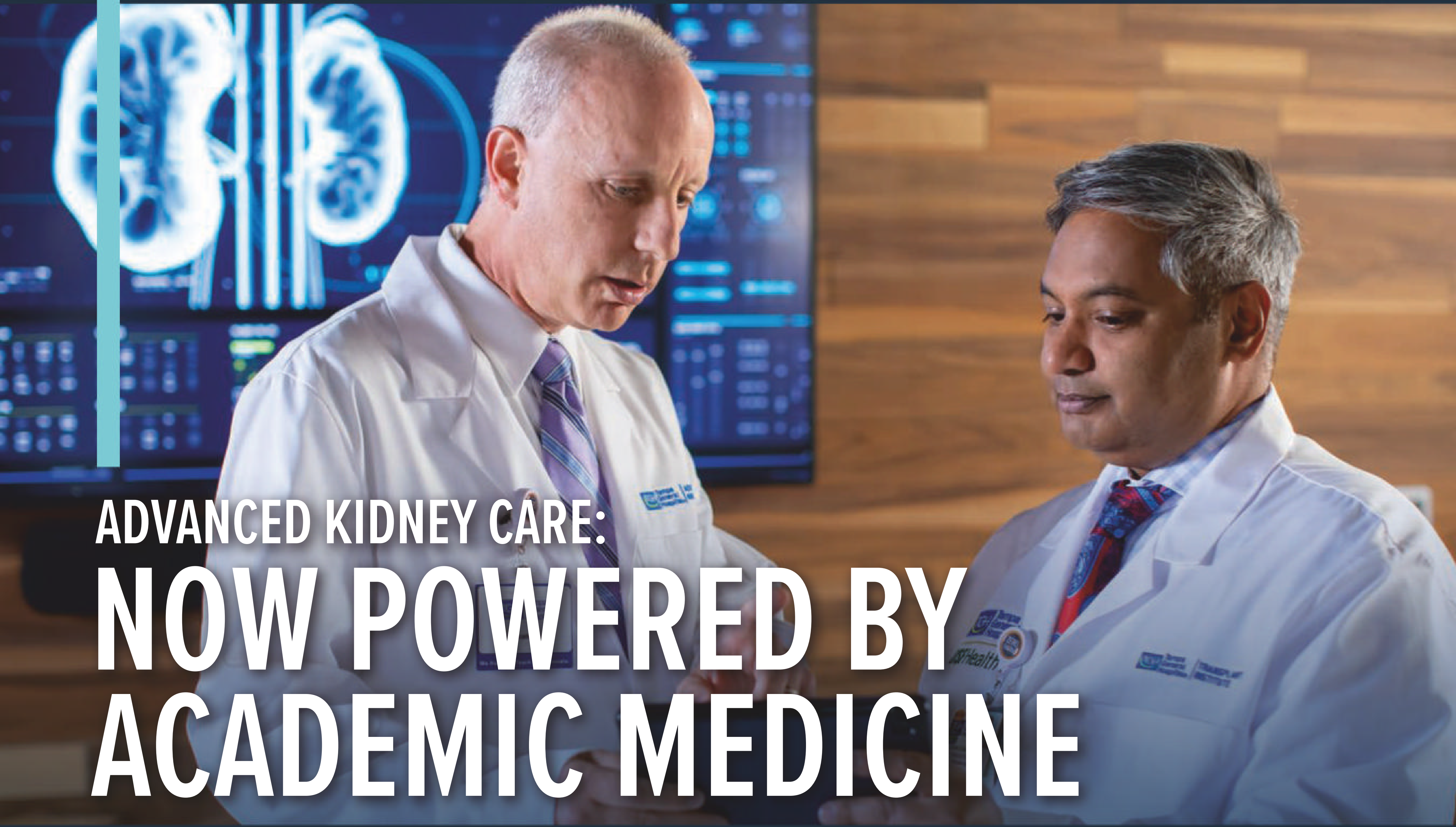

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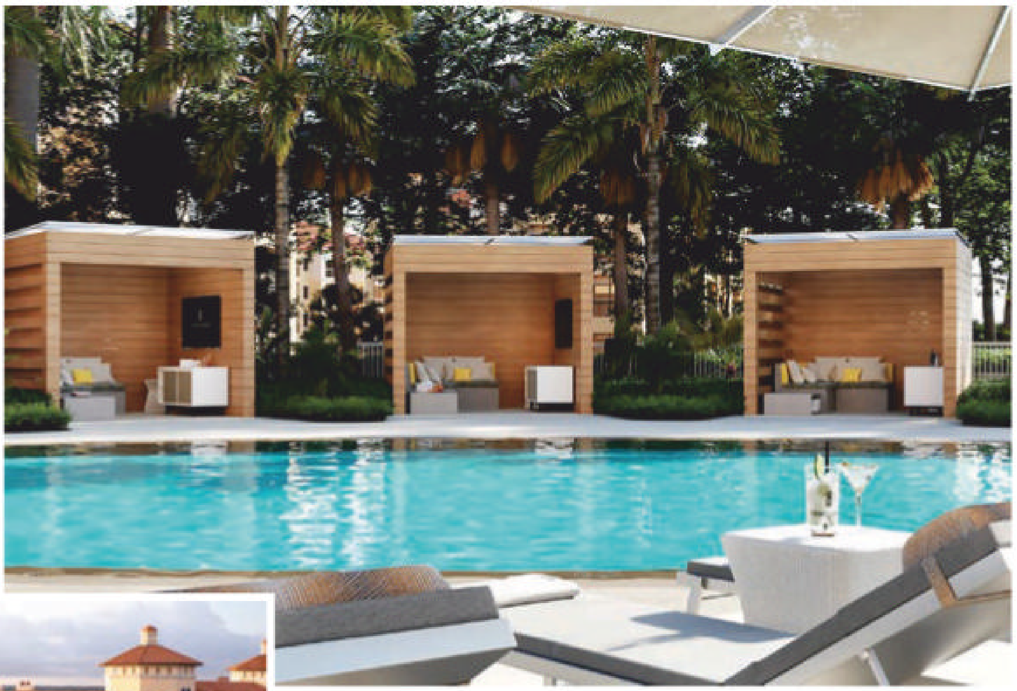
QUICK TRIPS

Making a SPLASH

GOLF IS STILL KING AT THE RITZ-CARLTON NAPLES, TIBURÓN, BUT THE PROPERTY HAS EVOLVED INTO A TRUE FAMILY DESTINATION

BY CATHY CHESTNUT



COURTESY OF THE RITZ-CARLTON NAPLES, TIBURÓN

Clockwise from top right: Private adults-only cabanas; Bella Vista Lounge overlooking course greens; the 600-foot lazy river called Drift; Ría outdoor restaurant; an aerial view of The Reservoir, a 14,000-square-foot aquatic play area.

Change sets the course for the future—something that the venerable Ritz-Carlton clearly understands.

The Ritz-Carlton Golf Resort, Naples first reinvented itself in 2021, when it debuted a 14,000-square-foot aquatic play area called The Reservoir. It features a 600-foot lazy river, kiddie splash zone, and three waterslides. Also poolside: Private cabanas at the adults-only pool and the Ría outdoor restaurant focused on diverse Latin American flavors from Mexico, Peru, Argentina, and wherever else executive chef Aldo Novoa Rodriguez takes his inspiration for seasonal menus. Whether you order the *tacos de camarón estilo Baja* stuffed with beer-battered shrimp or *bife de chorizo* 12-ounce New York steak, be sure to finish with the house-made flan with horchata ice cream and fresh, hot churros with *abuelita* chocolate sauce.

These new amenities are an inescapable draw for intergenerational families since there are likely to be non-golfers in the group. On a cloudless summer day, smiles were aplenty as grandparents emerged from the lazy river and siblings splashed down a tandem slide. Children stood excitedly at the free sunscreen stations in anticipation of afternoon fun.

But back to golfers. The resort is home to the Tiburón Golf Club's pair of 18-hole signature Greg Norman courses that host the PGA Tour QBE Shootout and LPGA CME Group Tour Championship each year.

Another change came in December, when the resort announced its name change to The Ritz-Carlton Naples, Tiburón to encompass a broader experience, according to the resort. In addition to tennis drills and fitness classes, these experiences include a virtual reality entertainment lounge, live music at the Bella Vista Lounge overlooking course greens on weekends, and complimentary, 45-minute "lifestyle" photo shoots. Morning people will appreciate the Early Bird Tour golf cart excursion along the certified Audubon Cooperative Sanctuary courses that kicks off at 7 a.m., before golfers tee up. An alternative is to drowse lazily before heading to the breakfast buffet at Lemonía—which evokes an Italianate bistro at this Mediterranean-designed property—and then burning the calories on the resort's bicycles.

There'll soon be more in store for visitors to the 20-year-old resort. As part of its evolution, the guest rooms and suites are being updated (to be unveiled in 2024). The facade's new paint job is expected to be completed this month and another restaurant by chef Rodriguez will open by year's end.

At press time, the free shuttle to The Ritz-Carlton's beach resort, which was undergoing a major renovation when it was badly damaged during Hurricane Ian in September 2022, was not operating. When it does reopen—scheduled for March—those staying at The Ritz-Carlton Naples, Tiburón can revel and relax in cabanas along the Gulf of Mexico, yet another family attraction. *(ritzcarlton.com/resortsofnaples)* «

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HIGH ROAD

Seat of POWER

ASTON MARTIN'S NEW DBX707 CLAIMS THE TITLE OF WORLD'S MOST POWERFUL SUV

BY HOWARD WALKER

The number 707 has quite the provenance. It's best associated with Boeing's legendary jetliner, once flown around the globe by the likes of Pan Am, TWA, and John Travolta. It's also the area code for some of the world's greatest wineries, nestled in Napa, Vallejo, and Sonoma. Then there's its spiritual significance as a so-called "angel number."

But for lovers of high-performance luxury automobiles, 707 is going to have an even more mouthwatering significance: It's the name of Aston Martin's new flagship DBX SUV, the DBX707.

Here, the 707 signifies the spectacular power output of the twin-turbo V8 nuclear reactor lurking under that curvy hood. Over in Europe, it's 707 PS, short for Pferdestärke, which is the metric measure of horsepower. Here in the United States, the output is actually 697 hp, though it's as close to a nice, round 700 horseys as not to matter.

That makes this fire-snorting Aston the world's most powerful luxury sport-utility vehicle. It's more powerful than Lamborghini's 657-hp Urus Performante, more potent than Porsche's 670-hp Cayenne Turbo S E-Hybrid, and considerably beefier than Bentley's 626-hp Bentayga Speed.

In the Aston, the source of all this power is an upgraded version of the DBX's Mercedes-AMG-sourced 4.0-liter twin-turbo V8. Equipped with deeper-breathing turbos, redesigned induction and exhaust systems, and a witch's brew of engineering wizardry, it raises the stock DBX's 542-hp output to that 707, sorry, 697-hp level. To add to the fun quota, the DBX's 9-speed automatic transmission has been ditched in favor of a rapid-shifting, AMG-sourced version with Race Launch Control for truly breathtaking, off-the-line acceleration.

To showcase all this force, the 707 gets some cool visual muscle to enhance that already drop-dead-gorgeous bodywork. The trademark Aston grille is now 27 percent bigger for ingesting even more engine-cooling H2O, and it's surrounded by acres of carbon-fiber intakes and splitters. At the rear, twin exhausts have been replaced by a quartet of menacing pipes, with a longer roof spoiler for better aero. Throw in a set of optional 23-inch black rims—22s are standard—paint numbers on the doors, and this new Aston

FOLLOW HOWARD WALKER'S THE WHEEL WORLD BLOG ON *PALMBEACHILLUSTRATED.COM*

POWER FILE

PRICE: FROM $239,086 **ENGINE:** 4.0-LITER TWIN-TURBO V8 **POWER:** 697 HP **TORQUE:** 663 LB-FT **0-60:** 3.1 SECONDS **TOP SPEED:** 193 MPH **LENGTH/WIDTH:** 198/78 INCHES **WEIGHT:** 4,940 POUNDS **WHY WE LOVE IT:** BECAUSE POWER, PERFORMANCE, AND LUXURY COME TOGETHER IN A TRULY BEAUTIFUL PACKAGE.

wouldn't look out of place on the front row at Sebring Raceway.

Climb aboard, buckle up, and punch the start button high in the center of the dash to hear that big V8 roar. And yes, this new 707 is insanely fast. Fast as in zero-to-60-mph sprints in a mere 3.1 seconds. Or zero to 100 in just 7.9 seconds. Top speed? A nontrivial 193 mph.

But the true beauty of this he-man Aston is its duality. Select the GT drive mode and the 707 calms and quietens for those times when you don't want to drive like Mario. Of course, Sport and Sport+ are a click away to bring back the excitement.

What is most staggering is the 707's sheer nimbleness and agility through curves. With air suspension and an electronic anti-roll system, body lean is almost eradicated. Throw it into a tight curve and it just sweeps around.

Inside, the cabin offers the kind of handcrafted luxury and style you'd expect from Aston Martin. There are acres of perforated, double-stitched Bridge of Weir leather, genuine carbon fiber, and lots of choices for funky-colored seat panels.

Alas, Aston has to stick with lots of hand-me-down Mercedes technology, so the 10.3-inch display looks and feels like something out of the Dark Ages. Plus, the teeny buttons on the wheel and center console were surely designed for the fingers of a 3-year-old.

As you might expect, all this power and performance doesn't come cheap. The 707's base sticker is $239,086, or around $50,000 more than a standard DBX. Check the boxes to add a few options, and the price can easily reach the $300,000 mark. But as for owning a load-carrying, family-hauling sport ute that really thinks it's a supercar, that's just priceless. «

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HIGH SEAS

PEARL JAM

WE TAKE A WILD RIDE ON THE BRAND-NEW PEARL 72 LUXURY YACHT

BY HOWARD WALKER

It's not what you'd call a great day for boating. A feisty 25-knot blow is frothing up gnarly, 6-foot, white-capped swells in the Atlantic waters off Fort Lauderdale Beach. As we poke our nose out of Lauderdale's cruise ship channel into the ocean, it feels like we're in an episode of that *Haulover Inlet* show on YouTube, about to get slammed by confused rollers lunging every which way toward us.

Nothing to be concerned about here. We push forward on the throttles, feel the thrust of 3,200 horsepower, and in seconds we're slicing and dicing the waves at an impressive 32 knots, water cascading off each side of that towering bow.

This is the sleek and sexy Pearl 72, an ultra-luxe, design-focused mini superyacht brimming with innovation. It is the latest debut from British boutique builder Pearl Yachts, which has been around since 1998 and today offers a lineup of flybridge motor yachts that includes a 62, an 80, and a 95. It pulled the wraps off this all-new 72-footer at last year's Fort Lauderdale International Boat Show, and we were given the chance to put it to the test.

See the 72 at the dock outside Lauderdale's Boatyard eatery and she exudes high style. She's from the drawing board of longtime Pearl naval architect Bill Nixon, who seems to have focused on filling the superstructure with swaths of dark-tinted glass—from floor-to-ceiling saloon windows, to oversize windshield panes, to mile-long windows along the hull.

And the hull is full of cool inventions, like the massive transom garage (unheard of in a 72-footer) that is big enough to swallow a Williams 345 jet tender and a Jet Ski. There are also electric drop-down side sections just ahead of the swim platform where you can tie up those water toys.

Best seat in the house? That would be on the foredeck with its sofa, table, and vast sun pad big enough for an army of sun worshippers. Second best seat? Up on the flybridge behind the wheel.

So much thought went into the flybridge layout, with its full outdoor kitchen, U-shaped sofa alongside the helm, and even more sun pads at the back. Another cool feature is the industry-first, multi-positional,

powered sunshade in the flybridge with louvers reminiscent of extra-large Venetian blinds.

POWER FILE

PRICE: $3.4 MILLION BASE/$4.6 MILLION AS TESTED **LENGTH:** 72 FEET, 2 INCHES **BEAM:** 18 FEET, 10 INCHES **DRAFT:** 5 FEET, 7 INCHES **WEIGHT:** 55 TONS **POWER:** 2 X 1,600-HP MTU V10 (OPTIONAL) **TOP SPEED:** 32 KNOTS **WHY WE LOVE IT:** BECAUSE IT'S THE COOLEST, MOST INNOVATIVE 72-FOOTER OUT THERE.

But it's inside the Pearl 72 where the style and innovation really shine. The whole interior is the creation of British designer to the stars Kelly Hoppen, who has channeled the vibe of a hip Manhattan loft. In the saloon, that means a central, full-beam galley with the dining area way forward under that huge glass windshield, plus a sofa and chairs close to the back deck and sliding rear doors to facilitate indoor/outdoor living. There's another surprise on the lower deck: twin master cabins. They're perfect for when two couples are cruising, so nobody ends up feeling like a second-class citizen.

Easing into the narrow canal leading out into the Intracoastal Waterway is a breeze thanks to the bow and stern thrusters. Standard power for the 72 is a pair of 1,400-hp MAN V12s, though most buyers are opting for the optional and highly desirable twin MTU V10s packing 1,600 hp apiece. Flat out they'll punch the Pearl to that 32-knot top speed, or cruise serenely at 25 for a range of around 250 nautical miles.

The mastery of that hull design comes into its own when you spin the wheel hard over for a series of tight figure eights. Even in those big swells, the 72 feels rock solid, unperturbed, and super responsive to the helm.

This is a remarkable cruiser, with great style, form, and performance, all backed up by an unprecedented five-year warranty. You might call it a real pearl of joy. «

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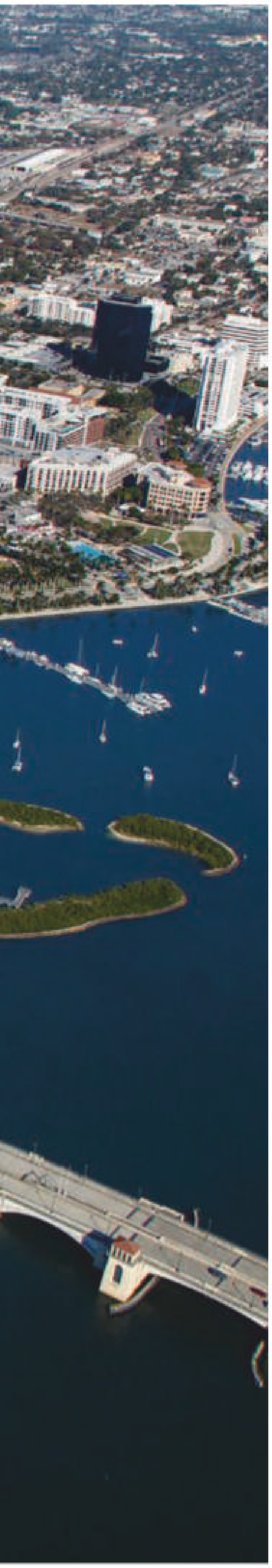
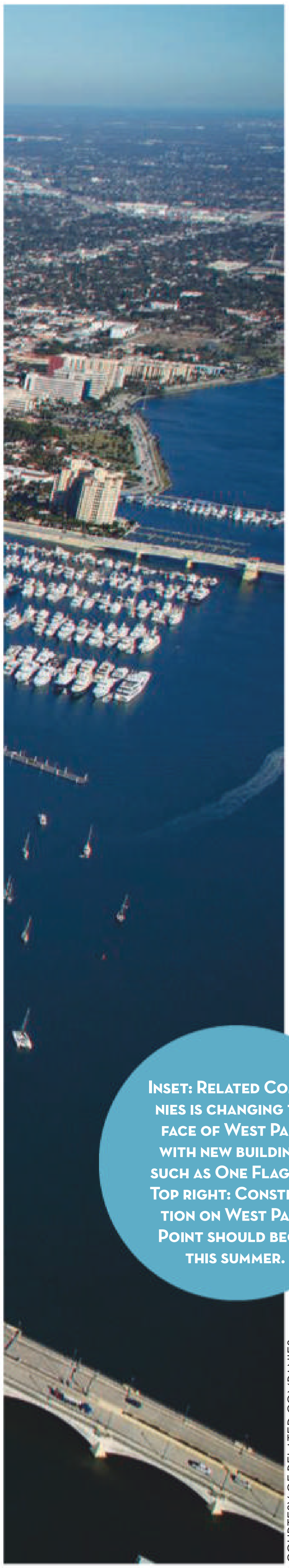
TOMORROW

LAND

With residential and office towers rising, community-centric districts in the works, and a surplus of exciting new energy, West Palm Beach is poised to become the country's next great city

BY SKYE SHERMAN





COURTESY OF RELATED COMPANIES

Inset: Related Companies is changing the face of West Palm with new buildings such as One Flagler. Top right: Construction on West Palm Point should begin this summer.

COURTESY OF WPB CRA

West Palm Beach is booming. Billions of development dollars are pouring in, homes are snatched up in record time (and for shocking prices), and population demographics are shifting. Average age? 41. Unemployment rate? 2.8 percent. Palm Beach County has the highest average salary in Florida at $68,331 and is leading the state's growth in terms of income and population. And, even though it may seem like it, not every newcomer is from New York; just 41 percent of moves to PBC were from the Empire State, according to a 2020 Unacast study.

Perhaps the most visible changes are happening to the downtown skyline. Luxury residential towers have risen along the waterfront, and there are more to come. When the 24-story Bristol debuted in 2019, it stood alone—and scandalized locals with condo sales breezing past $40 million. But numerous similar towers are making their way into the neighborhood, from La Clara just south of downtown up to Alba Palm Beach in the city's north end. Inland (with one notable waterfront exception), office towers are popping up faster than palms.

Leading the charge is the New York–native Related Companies, which has $1 billion in the development pipeline in West Palm Beach alone and a dedicated local office known as Related Southeast. Following the success of The Square and the Hilton West Palm Beach, the company opened the 360 Rosemary office tower in 2021; next on the docket is the 25-story 515 Fern and two Hibiscus Street office high-rises. Other Related projects include 575 Rosemary, a 21-floor luxury residential and retail tower on the former Macy's site, and One Flagler, which will debut 277,000 square feet of waterfront Class-A office space in 2024 and be the site of a new public art installation by Fred Eversley. Related also purchased the neighboring Esperante and Phillips Point office buildings in pursuit of its goal to establish a waterfront business district.

Nearby, developer Charles Cohen, who has frequented the area since 1970, has big plans for the tent site on Okeechobee Boulevard. Upon completion, his 24-story, Pelli Clarke-designed West Palm Point will present a landmark gateway into downtown with more than 440,000 square feet of office and retail space and a 10-story garage. Situated between the office building and the parking structure will be Paseo, which will feature retail, outdoor

MEET YOUR NEW NEIGHBORS

THE FINANCIAL INDUSTRY LEADS THE WAY IN WEST PALM BUSINESS GROWTH

> “It was a very, very long and arduous process 10 years ago to convince people that Palm Beach County was the right location. We started with three or four very small wins. Today, over 100 financial service firms have expanded or relocated their operations to Palm Beach County.”
>
> —KELLY SMALLRIDGE

Clockwise from top right: One of Related Companies’ proposed towers to occupy the current AMC theater site; 515 Fern; One Flagler boardroom; *Portals* public art installation by Fred Eversley at One Flagler.

West Palm Beach’s collection of new office towers is impressive, but who, exactly, will fill these millions of state-of-the-art square feet? A whole lot of bankers.

Financial services is the top sector signing leases in what is becoming a veritable Wall Street South, with tenants from Goldman Sachs to Siris Capital, Point 72, and beyond. It turns out that’s on purpose: A decade ago, the Business Development Board (BDB) of Palm Beach County, which exists to facilitate economic development through corporate relocations and expansions, launched an initiative then called Behind the Gates, for which it researched 47 miles of county coastline and identified executives who were buying second homes along the water to determine if these high-net-worth individuals had any business in Palm Beach County.

“We accumulated nearly 200 names of CEOs who had bought a second home and when we identified [them], we realized the vast majority were running a financial service firm in either Manhattan, Boston, or Greenwich,” says Kelly Smallridge, president and CEO of the BDB. “It was a very, very long and arduous process 10 years ago to convince people that Palm Beach County was the right location. We started with three or four very small wins. Today, over 100 financial service firms have expanded or relocated their operations to Palm Beach County.”

Landing these multibillion-dollar, internationally recognized names is due to a combination of factors working in our favor, Smallridge says, including technology, development, and the state’s handling of the COVID-19 pandemic. “The stars were aligned,” she adds. “We had a pro-business government wanting to expedite permits to help them get in their office space, we had a developer in Related building world-class office space that was turnkey, and we had a governor who made it very clear that Florida was open for business.”

COURTESY OF RELATED COMPANIES

While Wall Street South gets all the buzz, the BDB is after other industries, too: aviation/aerospace/engineering, technology, corporate headquarters, distribution/logistics, manufacturing, agribusiness, and life sciences, including biotech and medical devices, a success evidenced by the University of Florida takeover of the world-renowned Scripps Research center in Jupiter. UF is also establishing a graduate school campus in downtown West Palm Beach, with degrees in data analytics, cybersecurity, financial technology, and artificial intelligence—producing a well-trained workforce ready to be plugged into local companies. With 45 billionaires and 71,000 millionaire households in Palm Beach County, our area is particularly attractive to all sectors, Smallridge notes.

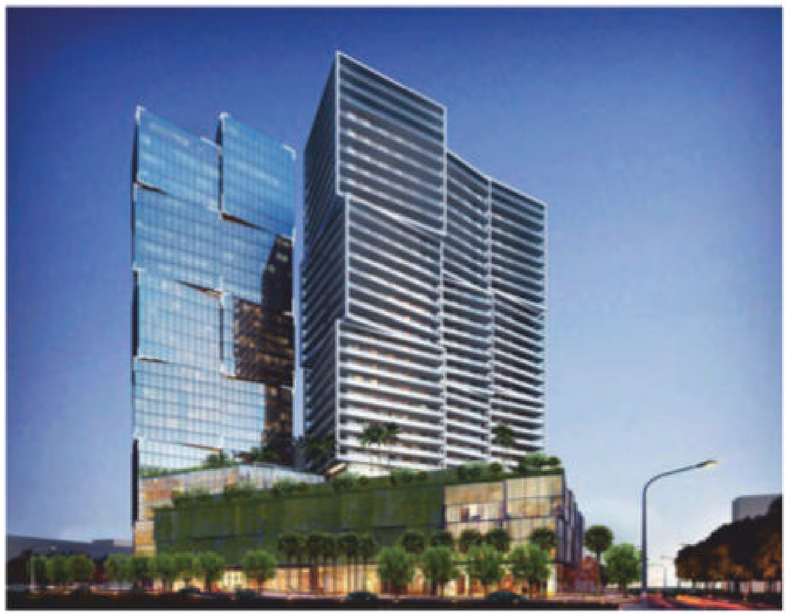
COURTESY OF ROCKWELL GROUP

seating, and cross-block circulation. Cohen plans to break ground this summer.

"It will be a spectacular addition to the West Palm Beach business community, given its central location," Cohen says. "I think it's transformative architecture that will be timeless [and] will be a poster child for what's possible."

Another focus for Cohen is redeveloping the former Carefree Theater site just south of downtown. He's planning two restaurants, rental apartments, showrooms, and a Landmark Theater, an independent theater circuit of which he is owner and chairman. He predicts breaking ground in mid-2024.

Nearby, fast-casual franchiser Martin Sprock, who has been familiar with the area for 25 years, is "riding the West Palm wave." He is renovating historic homes, mostly in Prospect Park and El Cid, to rent out and has at least two West Palm restaurants in the works: Kid Cashew on Antique Row and the Flying Biscuit breakfast joint near Clematis.


ARQUITECTONICA

"We think West Palm is ripe for investment," says Sprock, who is now a Florida resident operating some aspects of his film company, Sprockefeller Pictures, and Atlanta-based restaurant franchise group, Big Game Brands, locally. "You've got to think where West Palm was just 10 or 15 years ago and where it is today. I think it's just going to be spectacular even in another decade. ... The crime is about as bad as I've seen it in a decade in all these major big cities, and I think these people are going, 'You know what? I don't have 100 more years to live and I'm gonna move somewhere where, right now, I'm gonna feel real good about it.'"

Another developer in the mix is Jeff Greene, whose decades of well-timed investments have paid off. Today, Greene can stand atop his 30-story One West Palm and point out lot after lot, in every direction, that he owns.

"I live in the community, I work in the community, I have three young children who are growing up in the community, I have very deep roots in the community," says Greene, who has been visiting the area since he was 14 and now resides on Palm Beach. "I saw this town go from a nice little town to abandoned. I came in and started investing hundreds and hundreds of millions of dollars here because I could see it was such a unique, beautiful place and I could really make an impact on this small town."

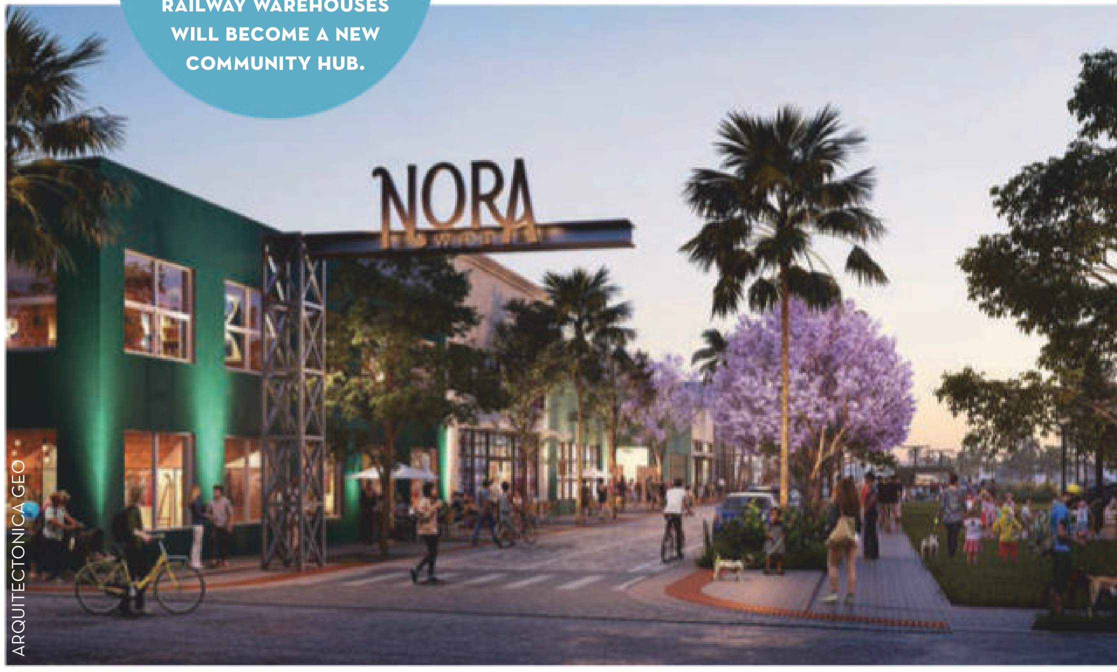
Though he's behind many local projects, such as The Greene School and 198 residential units—including workforce housing—on Congress Avenue, his current focus is One West Palm, which is set to be completed late this year. The two-tower site will have a 200-room hotel, 200,000 square feet of Class-A office space, 188 luxury residential units, three pools, a 10,000-square-foot gym and spa, and the only indoor tennis courts in Palm Beach County.

"I grew up Jewish and one of the values I grew up with was *tikkun olam*," Greene shares. "In Hebrew, it means 'repair the world.' You feel like you want to get in a position to make a difference in the world—that's the highest calling. To me, the greatest kick I have is making a difference in people's lives. It's great to build towers and hopefully make a lot of money on it, but honestly, my biggest thrill is [things like] The Greene School."

He's in the right place to make a difference. Greene also owns 17 acres of land in the Currie Corridor, where he has designed and intends to build a series of tall towers. The area is also set to see a $32 million redevelopment of Currie Park led by the city. "I think the whole north end is going to be the future of West Palm Beach," Greene says.

Near One West Palm, a Wynwood-esque district called Nora (North Railroad Avenue) is coming to fill the warehouses along the train tracks with shops, restaurants, apartments, and office space. At a budget of $520 million, it's the largest planned redevelopment since CityPlace (now known as The Square). It will be nestled between Palm Beach Lakes Boulevard and Quadrille Boulevard, just east of the Historic Northwest, where

Above: One West Palm will include residential units, office space, and more. Below: In Nora, railway warehouses will become a new community hub.



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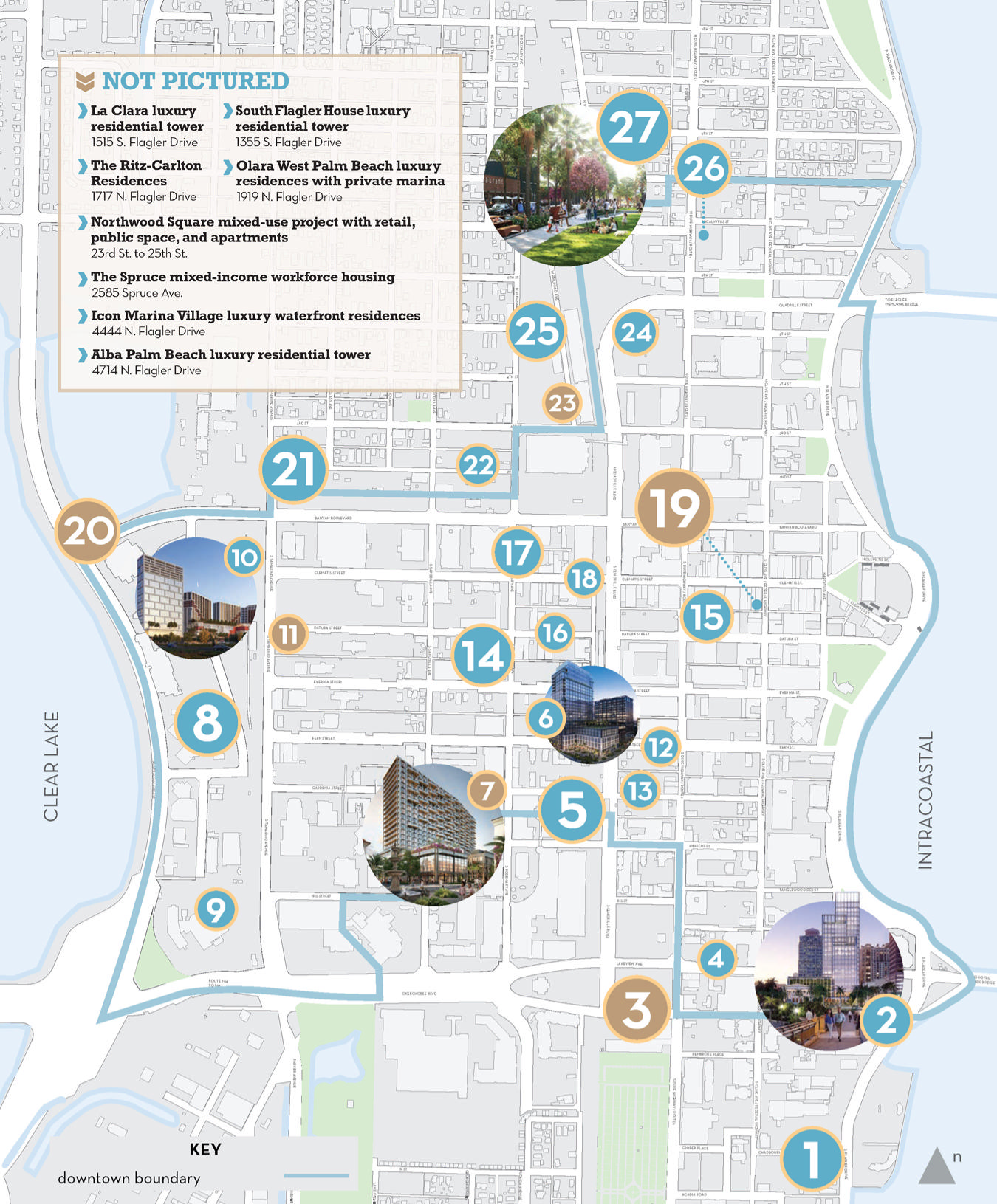
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GARDENIA STREET
IRIS STREET
OKEECHOBEE BLVD
LAKEVIEW AVE
HIBISCUS ST
TANGLEWOOD COVE
PEMBROKE PLACE
QUADRILLE STREET
TO FLAGLER MEMORIAL BRIDGE
n
KEY
downtown boundary

NOT PICTURED

- **La Clara luxury residential tower**
  1515 S. Flagler Drive
- **The Ritz-Carlton Residences**
  1717 N. Flagler Drive
- **South Flagler House luxury residential tower**
  1355 S. Flagler Drive
- **Olara West Palm Beach luxury residences with private marina**
  1919 N. Flagler Drive
- **Northwood Square mixed-use project with retail, public space, and apartments**
  23rd St. to 25th St.
- **The Spruce mixed-income workforce housing**
  2585 Spruce Ave.
- **Icon Marina Village luxury waterfront residences**
  4444 N. Flagler Drive
- **Alba Palm Beach luxury residential tower**
  4714 N. Flagler Drive

PENDING & UPCOMING PROJECTS (SOUTH TO NORTH)

① **Forté on Flagler luxury residential tower**
1217 S. Flagler Drive

② **One Flagler office tower**
Flagler Drive and Okeechobee Blvd.

③ **West Palm Point office and retail tower**
Okeechobee Blvd. between S. Quadrille Blvd. and S. Dixie Hwy. (tent site)

④ **320 Lakeview hotel and residential tower**
320 Lakeview Ave.

⑤ **East Tower and West Tower mixed-use project with office, retail, and luxury fitness**
Hibiscus St. at the current AMC theater site

⑥ **515 Fern office tower**
515 Fern St.

⑦ **575 Rosemary luxury residential tower and commercial space**
575 Rosemary Ave.

⑧ **Clear Lake district**
Between Okeechobee Blvd., S. Australian Ave.,
1st St./Banyan Blvd., and S. Tamarind Ave.

▼ *Highlights include:*

⑨ **1001 Tower office and conference tower around the Marriott hotel**
1001 Okeechobee Blvd.

⑩ **Transit Village mixed-use development**
203 S. Tamarind Ave. and 150 Clearwater Drive

⑪ **University of Florida campus**
Tamarind Ave. between Dreyfoos School of the Arts and Datura St.

⑫ **Residences of Palm Beach West apartment tower with ground-floor grocery store**
401 S. Dixie Hwy. (entire city block bounded by Fern St.,
Gardenia St., S. Quadrille Blvd., and S. Dixie Hwy.)

⑬ **Marriott AC Hotel**
414 Gardenia St.

⑭ **Viana Hotel & Spa**
609 Evernia St.

⑮ **120 S. Dixie Highway and Datura residential tower and retail**
120 S. Dixie Hwy. and 325 to 333 Datura St.

⑯ **Datura Hotel and Residences**
506 to 524 Datura St.

⑰ **Clematis Place apartment building**
S.E. corner of Rosemary Ave. and Clematis St.

⑱ **512 Clematis micro-apartment complex**
500 to 512 Clematis St.

⑲ **Banyan & Olive office buildings**
300 Banyan Blvd. and 111 Olive Ave.

⑳ **The Banyan at West Palm mixed-use project**
1701 Banyan Blvd.

㉑ **Flagler Station affordable housing**
991 Banyan Blvd.

㉒ **The Grand mixed-income workforce housing**
609 2nd St.

㉓ **Hotel Indigo West Palm Beach**
N.W. corner of W. Railroad Ave. and 3rd St.

㉔ **One West Palm mixed-use project with offices, a hotel, and residences**
550 N. Quadrille Blvd.

㉕ **Soleste Palm Station luxury apartment community**
550 N. Rosemary Ave.

㉖ **Tortoise One luxury apartment complex with skybridge**
740 and 840 N. Dixie Hwy.

㉗ **Nora mixed-use district with hospitality, retail, residences, public space, and more**
Between N. Railroad Ave., Palm Beach Lakes Blvd.,
N. Dixie Hwy., and 7th St.

CURRIE CORRIDOR

COURTESY OF HERZOG & DE MEURON

COURTESY OF WPB CRA

ABOVE: JEFF GREENE'S PLANNED TOWERS FOR CURRIE CORRIDOR; LEFT AND BELOW: CURRIE PARK REVITALIZATION.

› **Revitalized Currie Park**
2400 N. Flagler Drive
New amenities such as plazas and greenways, colonnades, waterfront dining, marina, public pools, and a recreation/youth center

› **Currie Mixed-Use District (CMUD)**
East of Dixie Hwy. at Currie Park, Broadway Corridor, Pleasant City, Northwood Village, Industrial District, and neighborhoods
Pedestrian-oriented mixed-use district

Transit Village

COURTESY OF WPB CRA

the West Palm Beach Community Redevelopment Agency (CRA) has spearheaded a revitalization of the Sunset Lounge.

The city may seem to be developing at breakneck speed, and there is no doubt that West Palm Beach, especially downtown, is coming into its own as an urban center. But that's because it's exactly what the city set out to do in the early 1990s with the establishment of the Downtown Master Plan, the aim of which was "to develop a 24-hour, live-work-play environment." In 1994, at a time when small American cities were declining, shopping was relegated to the suburbs, and our population was diminishing, city officials made revitalizing what was then a dead downtown their No. 1 goal.

"The mayor at the time, Nancy Graham, made a lot of great decisions to hire the right people and bring in the right urban planners and consultants to set us up for the growth—what I'll call success—that we're seeing today," says Raphael Clemente, executive director of the West Palm Beach Downtown Development Authority (DDA). "There've been undulations and there've been turns and twists, but overall, the trajectory of West Palm's center has been up and, in my opinion, in the right direction. Growth is what is supposed to happen in an urban center."

Rodney Mayo, owner of Subculture Group and an OG downtowner, has been "a firm believer" in the master plan, but he says the city hasn't always stuck to it, citing towers directly on the waterfront and long-vacant storefronts. "We kind of had a boom post-COVID ... and I think everybody's translating that boom to mean that things are going great, but we have as many vacant storefronts as we've had two, three, four, five years ago," points out Mayo, who is running for mayor. "To me, an important goal is to have continuity so you can walk five or six blocks of stores and not hit a dead block."

> **"There'll be some towers built, there's no question … [but] this city does not want to be Miami."**
>
> —KEN HIMMEL

"West Palm Beach got everything it said it always wanted," says Aaron Wormus, who keeps tabs on downtown life as "A Guy on Clematis." But, he adds, it has come at a cost. "The city continues to be a great place to live, but the cost of living is now unaffordable for the working class. Buying a home in West Palm Beach is only an option to the highest of wage earners. I don't see my kids coming back from school and starting a life here, which saddens me."

Wormus touches on just one of the concerns of locals who are excited about West Palm's success story but leery of its baggage. The idea that astronomical prices and big-city traffic may redefine "home" is sobering to some residents, though diehards are committed to being welcoming even as the fabric of their neighborhoods shifts around them.

"There has been a great deal of turnover within the Flamingo Park, Grandview Heights, and Sunshine Park historic districts," shares Linda Cullen, president of the Flamingo Park Neighborhood Association, who has lived in Flamingo Park since 1985 and previously chaired the city's Historic Preservation Board for many years. "There are so many new faces. Most of them don't know the background of our existing neighborhoods and associations, so we are making our best efforts to welcome them ... while we also regret the loss of many of our old-time residents who couldn't resist the high offers they were getting and left us."

Clemente feels that despite its literal upward trajectory, West Palm has maintained the big-city, small-town feel that attracted so many in the first place. "It's growing tremendously, but it still feels like a town," he says. "I hear people say all the time that they like the energy and vibe and intensity ... but that it still has maintained this charming character."

That's in part thanks to its geography: West Palm proper is a narrow strip of land east of I-95 with a densifying urban center, as well as protected historic neighborhoods north and south of downtown, hemmed in by the hard boundaries of lakes and the Intracoastal Waterway.

"The amount we're adding is a lot for our city, but it's still not that much in total," Greene insists. He predicts a brief development slowdown, believing we've gotten a little ahead of ourselves, but he feels that at the end of the day, "Florida is all just going to grow."

So, while West Palm Beach is in a boom cycle and the evolution may seem rapid, the plans were laid 30 years ago, strategically and with intention. It's not Miami sprawl, nor are we "Browardizing."

"I know it appears to a lot of people like development's a bit out of control, just because there's so much demand," says Ken Himmel, president and CEO of Related Urban, which is part of Related Companies. "But I can tell you the way that especially this mayor, Keith James, has set up all of his planning staff, all the regulatory processes that you have to go through, it's very rigorous, and there's a lot of community involvement as well." From Himmel's perspective, there are zones that simply deserve to densify: "Nothing creates a better thriving economic climate for a city than great jobs," he says. "There'll be some towers built, there's no question … [but] this city does not want to be Miami."

THE SPRUCE PLANNED AMENITY DECK

GROWING PAINS

DEVELOPMENT CAN BE A DOUBLE-EDGED SWORD, AND TWO OF THE CITY'S MOST PRESSING ISSUES ARE TRAFFIC AND AFFORDABLE HOUSING

Traffic will be one of West Palm's biggest challenges, given that the region's transportation system hasn't evolved past its suburban model. That's why containing growth to the urban center is key; with most downtown car trips less than 3 miles, it's easy to switch to other modes, such as biking or the Circuit Shuttle service, which saw a 1,000 percent increase in use between September 2021 and August 2022.

Downtown's success is dependent, in part, on regional decisions, and one collaborative solution in the works is revitalizing the well-positioned Clear Lake district, the crown jewel of which will be Transit Village. When complete, the $1.3 billion intermodal transit hub will have four towers comprising residential units, office and retail space, a hotel, and a new Fern Street cut-through into downtown.

Inextricably tied to traffic and density is housing affordability, which is reaching crisis level. If you have 40,000 jobs in the city center, where do the people filling those jobs live and how do they get there? With mostly luxury units hitting the market, the workforce cannot live anywhere near downtown, engendering further sprawl—and more cars driving in and out daily.

There's a word for what happens when neighborhoods are overrun by an influx of wealthier newcomers: gentrification. The process of improving housing, setting the stage for new business, and enhancing quality of life "for all" runs the risk of displacing current inhabitants, especially renters and low-income households. Mitigating this process is a hard-to-strike balance between doing what must be done to attract opportunity while protecting existing residents from being priced out of their own hometown.

THE GRAND

COURTESY OF AFFILIATED DEVELOPMENT

Luckily, affordable housing alternatives are top of mind for developers and city officials. The City of West Palm Beach, which has a goal of 600 workforce or affordable housing units in three years, recently passed a program that requires developers to provide such restricted-rate units in exchange for additional density.

"We don't want just high-end condominiums," says Ana Maria Aponte, deputy director of the West Palm Beach CRA. "We want people of other income levels to have the chance to enjoy the downtown and live close to our employment center."

Last summer, Related Companies acquired the waterfront St. Andrews and St. James Residences and will renovate and preserve those 325 units of affordable senior housing; Related is also allotting 15 percent of the units in 575 Rosemary to workforce housing. With loan aid from the city's Housing and Community Development Department and funds from the county's Home Investment Partnership Program, the Housing Trust Group opened Flagler Station, an eight-story affordable housing project reserved for residents who earn at or below 30, 60, 70, and 80 percent of the area median income or AMI (the midpoint of a region's income distribution, established annually by the U.S. Department of Housing and Urban Development). The city is also working with Affiliated Development on The Grand and The Spruce, two mixed-income workforce housing projects. While low-income housing is set at 60 percent or below AMI, workforce housing is typically between 80 percent and 140 percent of AMI.

"You have to have a city that has something for everybody," says Nick Rojo, president and co-founder of Affiliated Development. "You can't just have super expensive housing downtown because where are the people who support all those businesses going to live? There's got to be a place for them. A community is vibrant when you have people from all backgrounds, all income levels, living there together."

One neighborhood remains insulated from the hoopla, and that's the fully built-out South End. Aside from what will become of Palm Coast Plaza and its adjacent empty lot (they're petitioning for a Trader Joe's), the top development concern for many residents in this region—which includes the trending SoSo (south of Southern Boulevard) neighborhood—is whether the charmingly outdated home across the street will be replaced with a modern McMansion. But South End Neighborhood Association president Richard Pinsky believes even that's not such a bad thing. "The fact that they're building their forever home—[or at least] what they think is going to be their forever home, until someone offers them twice—is good, because that means they want to put down roots," he says.

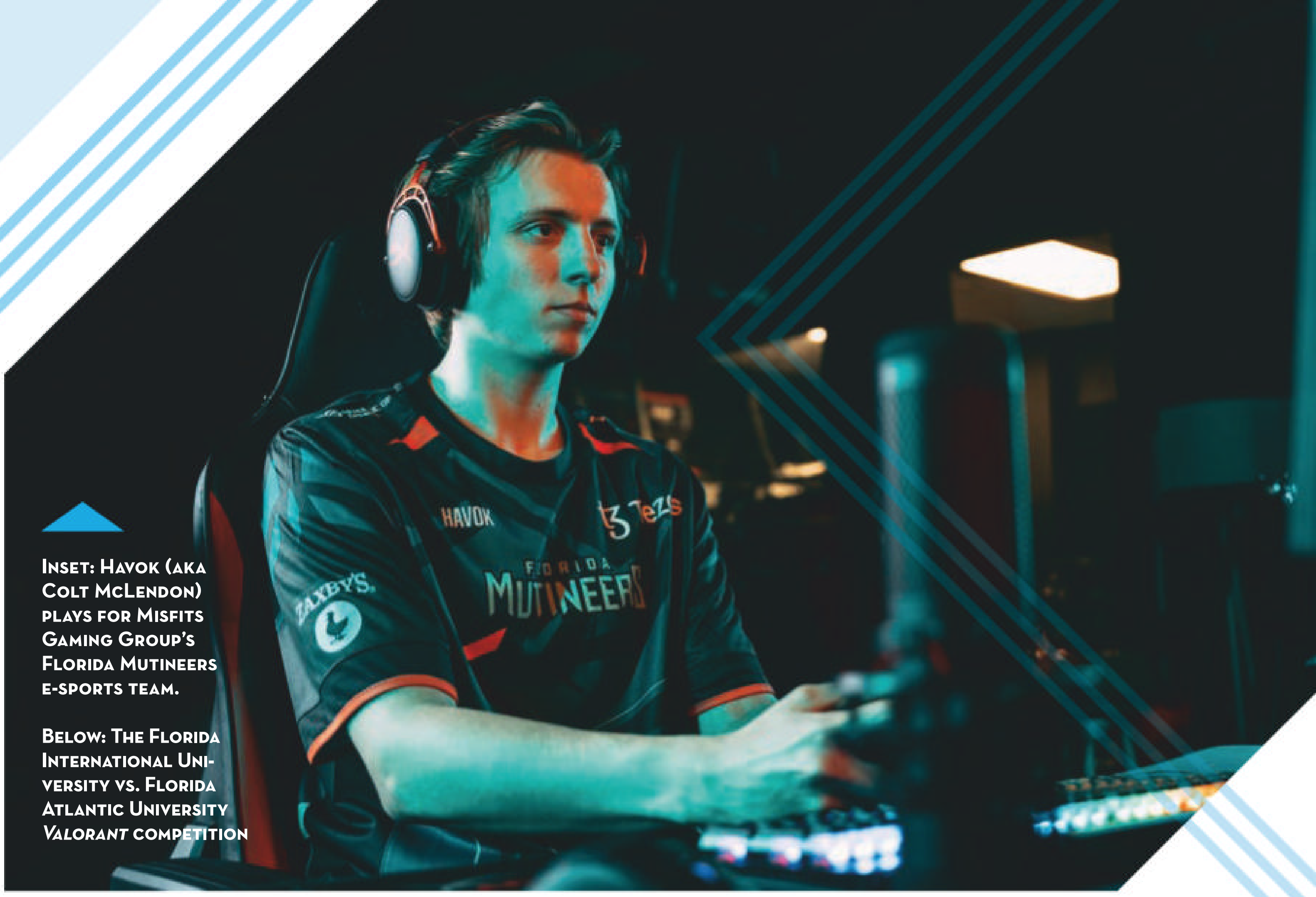
One prominent project that will soon debut in the South End is a reimagined golf course on the site of the former West Palm Beach Golf Course. The new West Palm Golf Park will feature a public, 18-hole, Gil Hanse–designed course and facilities and programs aimed at servicing the local community, opening the golfing experience to those with various skill sets and financial means. The changes span "absolutely everything," says Brian Conley, the park's general manager. "The property has been transformed as if we had a blank canvas."

While a recreational outlet like the West Palm Golf Park hearkens to the Palm Beaches' original appeal as a vacation destination, the evolving downtown signals a new era for locals and visitors alike. Perhaps the best version of West Palm Beach can be found in a marriage of the two, where the city at once embraces its small-town feel as it sprints toward its big-city future. «

READY PLAYER ONE

THE REVOLUTION WILL BE LIVE-STREAMED: THE E-SPORTS INDUSTRY IS GROWING AT A RAPID PACE—AND GAMERS AND INDUSTRY PROFESSIONALS IN PALM BEACH COUNTY ARE KEEPING PACE

BY JESS SWANSON



Inset: Havok (aka Colt McLendon) plays for Misfits Gaming Group's Florida Mutineers e-sports team.

Below: The Florida International University vs. Florida Atlantic University *Valorant* competition

Ultimate
QUEST
PAN

More than a dozen students circle the massive flat-screen TV inside the Pit, a carpeted grotto at Florida International University's (FIU) Graham Center in Miami. They've come to see the only public universities in South Florida duke it out in real time but in a virtual world. For two hours, no one can look away from the game, huffing and puffing in frustration when technical difficulties briefly cut out the sound and freeze the pixels.

"Where is he?! Where is he?!" one student shouts at the television.

"Noooo!" another cries before burying his curly head in his hands.

Since 2002, the Florida Atlantic University (FAU) Owls have defeated the FIU Panthers 16 times at the annual Shula Bowl football game, and they went on to do so for the sixth consecutive year later that evening at the Riccardo Silva Stadium less than a mile away. That game was delayed by lightning and, at 52-7, a total wipeout. But no one at the Pit seemed to care about what's long been considered America's most popular sport. Rather, they remained fixated on this e-sports showdown between the universities' *Valorant* teams, which was scheduled to coincide with the big football game.

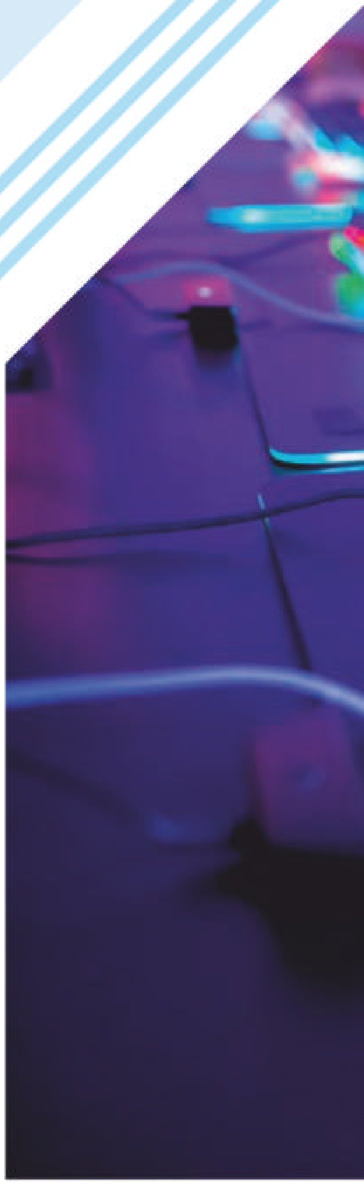
Valorant is a free-to-play, team-based, first-person-shooter video game that's quickly become one of the most riveting e-sports for spectators. For the FIU-FAU *Valorant* game, an additional 179 people tuned in to watch remotely on the live-streaming platform Twitch. While FIU plans to open an e-sports arena, with a competition stage and seating for a live audience, the two teams in this battle played in the Graham Center's e-sports lounge, separated by a cubicle wall to discourage peeking at the opposition's screens.

"It's not the same when you're playing from home," says senior FAU *Valorant* player Domenic Puglisi. "Even when you're down, when you're here, you've just got to keep going."

"It's much more of a mental game," adds sophomore FAU *Valorant* player Garon Holland.

By 3:30 p.m., FIU became the first team to win two rounds and therefore the match. Though FIU's players are reportedly ranked higher than FAU's, David Rodriguez, president of Panther E-Sports, was surprised by how close the game came during the second match. "We came here thinking it was going to be a blowout, but FAU really put on a show for us," says Rodriguez. "We invite the rivalry."

There are 20 e-sports teams at FIU and 11 at Boca Raton's FAU, where a new e-sports arena with 40 MSI gaming PCs was recently



Above and inset: FAU currently has 11 e-sports teams on campus, and its student union now includes an e-sports arena.

unveiled. Each league is centered around a video game such as *League of Legends*, *Fortnite*, *Overwatch*, *Apex Legends*, *Rocket League*, or *Valorant*. In the same way that "sports" is so broad a term that it can refer to just about any competitive physical activity from basketball to swimming, "e-sports" similarly encompasses the entire competitive video game universe.

"Gaming culture has evolved a lot in recent years, and we definitely see it being a place with a lot of energy and a lot of students coming together," says Brian Fisher, associate vice president of student affairs at FAU. "As this trend continues to grow and emerge, more students are considering it as a possible career, whether that's actually being a gamer and competing or developing games or other jobs related to the industry. The university is certainly supportive of that."

As live, in-person games return for the first time in more than two years, the uninitiated might be surprised by the fervor and following behind e-sports. In the past decade, it has grown into a billion-dollar industry, with millions of dollars in tournament prizes, lucrative player contracts, and a widening fan base. A Newzoo market analytics report found that 489.5 million people watched e-sports content in 2021, a figure expected to rise to more than 640 million over the next three years.

South Florida is emerging as an unexpected destination for competitive video gaming. In early 2020, Misfits Gaming Group announced plans to relocate its headquarters from California to Boca Raton, bringing along many of the professional players on its franchise teams. In Spring 2020, the School District of Palm Beach County launched pilot e-sports programs at three high schools to not just engage students but prepare them for careers in the growing e-sports industry. Even Palm Beach County's parks and recreation department and the YMCA of South Palm Beach County have started e-sports programs.

PANTHER
ESPORTS
PLAYER 2

The FIU vs. FAU *Valorant* game at FIU's Graham Center in Miami resulted in an at-home victory for FIU, which was the first team to win two rounds and therefore the match.

"E-sports is everywhere right now, but at the same time, it's nowhere," says 20-year-old professional *Fortnite* player Jake "BullyWYD" Vilela of Boynton Beach. "This is going to evolve into something huge: commercials, mainstream TV, and on the same level as sports games with hundreds of thousands of people watching at a time."

GOING PRO

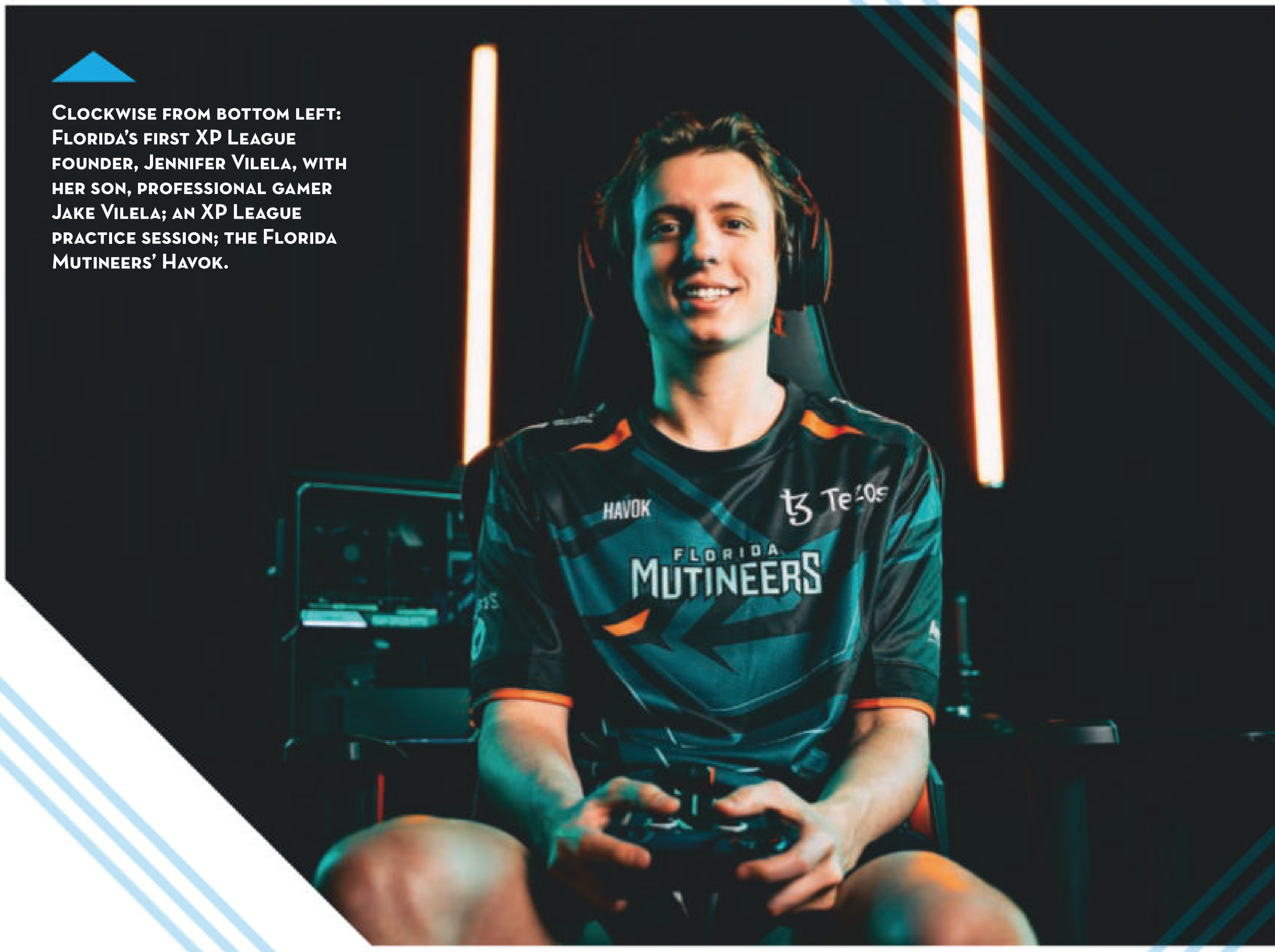
Before Jake Vilela was signed by two professional e-sports teams and earning tens of thousands a year with hundreds of thousands of followers on Twitch, he was a really good soccer player. He scored a spot on his high school varsity team when he was just a freshman, but a broken collarbone sidelined the promising 14-year-old starter. Devastated, he turned to video games.

"I had been playing *Fortnite* and watching everybody else play, but I wasn't too into it because I was playing soccer," Vilela says. "But then I had so much time, and I started watching more, started playing more. I was playing *Fortnite* and streaming *Fortnite* all day after school."

In July 2019, the inaugural *Fortnite* World Cup took place at Arthur Ashe Stadium in New York, offering a total $30 million prize pool. Vilela didn't participate, but the money piqued his interest. Soon after, he competed in his first tournament with cash prizes and won $1,500. The 16-year-old kept playing in more tournaments, winning more prize money, and, as he garnered more followers on Twitch, started profiting from streaming too.

"I made around $30,000 to $40,000 when I was 16," Vilela recalls. "At the time, I was like, 'Damn, that's good money.'"

In May 2020, professional e-sports organization Vanish signed 17-year-old Vilela to its *Fortnite* team with three other teenagers. Since their high school classes had gone remote, the squad moved to Virginia and rented a townhouse with especially fast internet to practice and compete beside one another at virtual tournaments. As social distancing and lockdowns forced others in-



Clockwise from bottom left: Florida's first XP League founder, Jennifer Vilela, with her son, professional gamer Jake Vilela; an XP League practice session; the Florida Mutineers' Havok.

doors, Vilela's audience and acclaim grew even more.

"If a 13-year-old says they want to be a professional video gamer when they grow up, I say, 'No, you can be a professional video gamer right now,'" he explains. "If you're at the top level of *Valorant*—these guys are getting paid $50,000 a month just off their contract, and that's not including streaming."

Vilela graduated high school and continued playing. Every evening he'd log onto his computer and play *Fortnite* for hours, often until 8 a.m. Then he'd go to sleep, wake up in the late afternoon, order lunch, and do it all over again the next day.

"Being a professional video game player definitely was a lot of stress," Vilela admits. "I don't just sit down and play video games. It's hard work and a lot goes into it. But if you don't work, you're never going to become anything. It's a huge misconception that you can just play video games for a month or two and be good—that's not how it works."

In 2021, Vilela was signed to another professional *Fortnite* team, this time with the e-sports organization Fusion. About a year later, he moved back to South Florida. When his contract ended in September 2022, his mother, Realtor Jennifer Vilela, announced plans to open Florida's first XP League, an emerging, coach-led e-sports franchise that fosters talent and sportsmanship among children between the ages of 8 and 17, at the Village Park recreation center in Wellington. She likens it to the "Little League of e-sports."

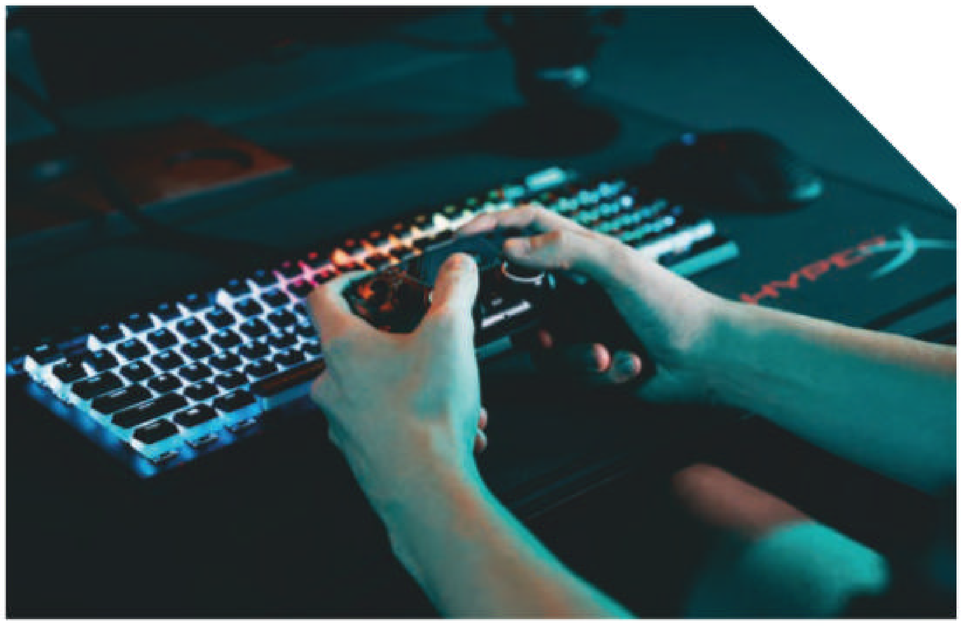
They opened in mid-November and began their first eight-week season later that month. All participants, regardless of their abilities, are guaranteed to make a team, compete at live-streamed games with shoutcasters (e-sports commentators), and receive a custom jersey with their gamertag. There are already plans to open other outposts in Weston, Plantation, and Boca Raton in the next 18 months.

"This is a great opportunity for our young-adult kid, who is 20 and doesn't want to go to college because he already has a career and social media platforms that literally pay the bills," says Jennifer Vilela. "Jake was a professional, so he's going to be able to really help these young players in high school and show them a plan and a path through XP League."

Now that Jake Vilela is a so-called "retired *Fortnite* player," he'll be XP League's assistant commissioner in Wellington and guide the coaches, mentor the players, and remain active in the day-to-day activities. He especially enjoys helping the younger kids and watching their faces light up when they master a new skill, but he's not ready to commit to being a team coach just yet. He has his sights set on *Valorant* now, which he's been playing for hours every day on Twitch.

LOOKING FOR GROUP

The Misfits Gaming Group's office is hidden—much like a video game's coveted loot chest—inside a nondescript building off Yamato Road in Boca Raton. There's space leased to a wholesale grocer and two telecommunications providers, but on the second floor is 18,000 square feet dedicated to training and developing some of the most promising video game players in the world. The team colors of red and black appear throughout, along with their mascot, a mischievous rabbit. The equipment is top-of-the-line and the internet is very fast. In addition to the 21 signed players, there are also 10 coaches, four managers, an on-site chef, apartments for in-season players, and a competitive wellness team facilitating medita-



BENJAMIN RUSNAK

Clockwise from top right: Misfits Gaming Group's Florida Mutineers e-sports team; Ben Spoont, CEO of Misfits Gaming Group. Now headquartered in Boca Raton, Misfits Gaming Group trains and develops some of the most promising video game players in the world.

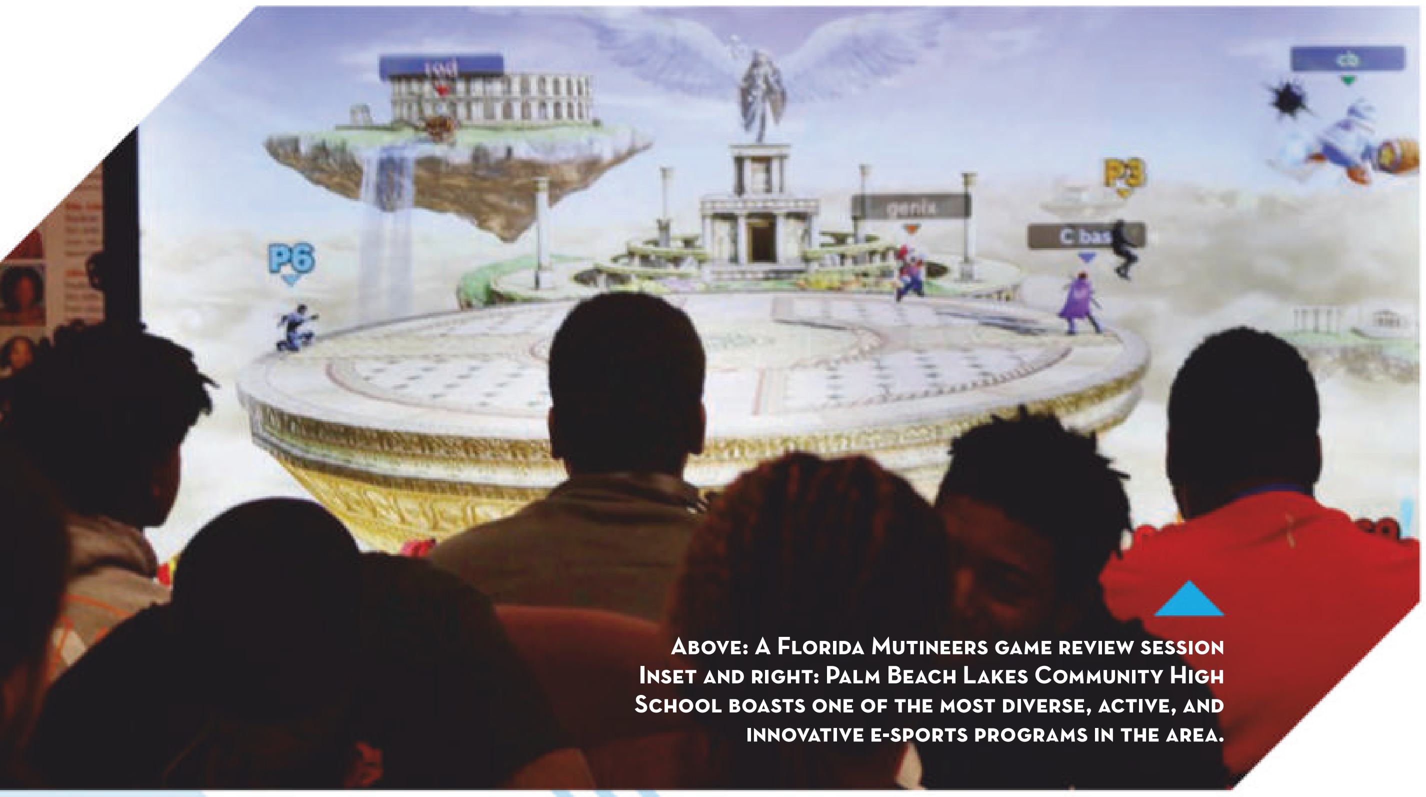
tions before games and monitoring players' mental and emotional health.

"I grew up loving video games," explains Ben Spoont, CEO of Misfits Gaming Group. "I wish I had time to play video games right now, but growing up I used to play *Halo*, *GoldenEye 007*, *Mario Kart*, and *Zelda*. I dabble a little bit—now it's more about playing *Roblox* with my kid."

Considering Los Angeles and Dallas are the country's main hubs for e-sports, Misfits' move to Palm Beach County seemed unlikely. But Spoont grew up in Boca Raton and understood the promise of South Florida. According to the *South Florida Business Journal*, the company received a $210,000 tax refund from state agencies and qualified for another $21,000 from Palm Beach County's Job Growth Incentive Grant. It's expected that Misfits Gaming Group will create 30 new jobs at an average annual salary of $95,000. The company has been steadily filling those positions and has already had to lease more office space to meet demand.

"We're growing and taking another 8,000 square feet downstairs, and we are going to be continuing to invest in South Florida," Spoont says. "My generation grew up watching sports on TV, and we still do. But the truth is, I have an 8-year-old and he's not going to watch sports on TV."

It might seem odd that Misfits Gaming Group is partially owned by professional basketball teams, including the Miami Heat and Orlando Magic, but according to John Kracum, Misfits' chief gaming officer, e-sports in the 2020s is where the



Above: A Florida Mutineers game review session
Inset and right: Palm Beach Lakes Community High School boasts one of the most diverse, active, and innovative e-sports programs in the area.

NBA was in the 1980s: new, misunderstood, and decades away from becoming a mainstream success.

"If you could go back in time and buy an NBA team in 1980, of course, you're going to do it, but the value just wasn't there in 1980 because it was risky," Kracum explains. "Likewise, there is this belief that e-sports leagues are some years away from reaching that NBA level. But the first several of these leagues that can survive 40 years are going to be big—and what's uniquely cool about e-sports is that there's no reason why they should fail because they're attached to these developers who are making a lot of money on the base game."

Misfits' franchise teams compete in *Overwatch* and *Call of Duty*. Though there's no gender requirement on any of the capstone leagues, there's no denying that the teams are dominated by men. To combat the gender discrepancy, league operators and game developers have created women's leagues to nurture talent. In addition to its two franchise teams, Misfits has women's teams competing in *Valorant* and *Rocket League*.

"The lack of diversity sucks, and I don't think it's where e-sports will be in 20 years," Kracum says. "Both of our women's teams are phenomenal and [they have] some of the best players in their respective leagues. As a company, it's a priority for us to promote diversity and give women and nonbinary people more of a spotlight and more opportunities to eventually be on stage and competing in the biggest leagues in the world."

PRACTICE MODE

Thirty miles north of Misfits Gaming Group's office, Palm Beach Lakes Community High School boasts one of the most diverse and robust e-sports programs around: More than 120 students participate in the after-school e-sports club, 96 participate in competitions, and 350 are enrolled in the digital media/e-sports curriculum, which applies digital media lessons directly to e-sports with students being assigned to design characters, thumbnails, and video animations.

"I never have trouble with kids turning in the assignments," says Julius Edwards, who is Black and the e-sports coordinator and head e-sports coach at Palm Beach Lakes Community High School. "We personalize the actual class to the student. We have kids from different nationalities and heritages, and we see they are putting their culture into it, so most of the work is never the same."

Thanks to a $92,000 grant from the Pew Foundation in 2020, the School District of Palm Beach County was able to build pilot e-sports programs at three schools, including Palm Beach Lakes Community High, which used the funds to purchase computers, consoles, and equipment. Due to the success of that program, the Pew Foundation awarded another $498,000 to build a four-course e-sports curriculum students can take from freshman to senior year. Though it's only the first year of the program, Edwards says his students have so far received $65,000 in scholarships to pursue college degrees in the digital-media entertainment industry.

"You've got a lot of students who thought high school was forced. Now most of them absolutely love it," Edwards says. "We get kids who don't normally engage with STEM

Top left and above: Jupiter Community High School's e-sports team Right column: Palm Beach Lakes Community High School's e-sports club; the school's e-sports team at Full Sail University's *Super Smash Bros.* Championship.

[science, technology, engineering, and math] to understand there is a future for them whether it's through software, design, video games, music production—there are so many tangible opportunities that come along with e-sports."

Though the e-sports club launched during the pandemic, more than 30 students would log on to Google Classroom to play video games with their fellow classmates. When students returned to in-person learning, they began practicing after school four days a week and competing against other e-sports teams at Jupiter Community High School, Royal Palm Beach Community High School, and West Boca Raton Community High School. Last June, the Palm Beach Lakes Community High *Rocket League* team placed fourth at the national high school championship against schools as far away as Texas, California, and New Jersey.

Though 18-year-old Steven Thomas never had a favorite subject in school, he has always loved playing video games. He was one of the founding members of Palm Beach Lakes Community High School's e-sports club, and he has become a tech whiz charged with fixing computers and organizing the league's setup. Now the graduating senior says his favorite subject is definitely e-sports.

"I didn't really like school," Thomas says. "But when they said e-sports can be educational, I started to sort of like school. I realized it doesn't have to be like regular schoolwork and that there's more to it."

Seventeen-year-old Bonzell Ewen wasn't particularly fond of video games, but she had played with her brothers before. When a few of her friends signed up for the club, she decided to join too. Today, she's the club's vice president, social media manager, and one of its most active members.

"At first there weren't that many girls in the club, but this year there are a lot of girls who play games and are part of every aspect of the club," Ewen says. "A lot of people think only guys like to play games, but girls do too."

Though Ewen found *League of Legends* "kind of hard," she didn't give up on e-sports. She credits the curriculum with helping her channel her love of art into digital design by improving her proficiency in Adobe Photoshop and Illustrator. In October, she was accepted to Full Sail University's art and design program.

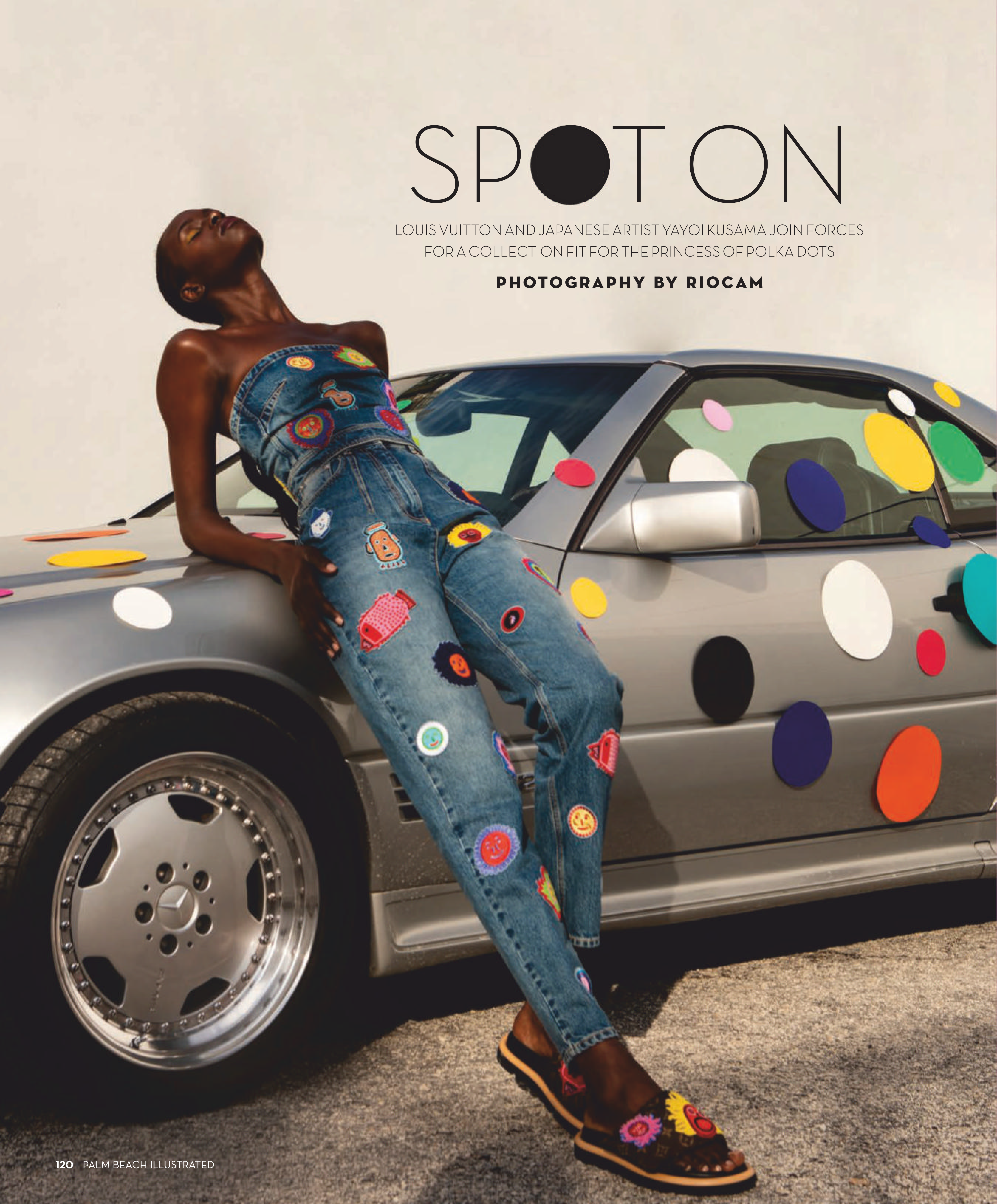
"I wasn't into digital media per se but just art in general," she says. "Being in the club introduced me more to digital media, character building, and things like that. Of course, it's fun to play games, but there's a community and a lot of education tied to e-sports."

Nehemias Rivera-Gomez says his Puerto Rican family didn't approve of his video game habit at first, not fully understanding how it could one day translate to a lucrative job. "At open house, my teacher gave a presentation of how many actual [jobs] this could give us, whether it's as entrepreneurs, game developers, software developers—and then my parents fully got it," says Rivera-Gomez, a 14-year-old freshman. "Coding has always interested me. I would like to become a game developer one day." «

SPOT ON

LOUIS VUITTON AND JAPANESE ARTIST YAYOI KUSAMA JOIN FORCES FOR A COLLECTION FIT FOR THE PRINCESS OF POLKA DOTS

PHOTOGRAPHY BY RIOCAM



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Drink The FUTURE

AS MIXOLOGISTS, BARS, DISTILLERIES, AND THE LIKE LOOK AHEAD, A MORE INVENTIVE AND SUSTAINABLE COCKTAIL TEMPLATE IS EMERGING. HERE ARE FIVE TRENDS THAT WILL SHAPE THE WAY WE DRINK.

BY JULES ARON

PHOTOGRAPHY BY SHANNA MORGAINE

Aperire, Aprire, Aperitivo

The *aperitivo* is having a moment stateside. Rising from humble medicinal beginnings, the Italian bitter is now both a drink and a cultural phenomenon. Roughly translated as "opener" or "to open," *aperitivo* refers to an often bitter, herbal, low-alcoholic, pre-dinner drink. Here's a fresh take on the cocktail du jour.

☆

SBAGLIATO ROSA

1 oz. Cappelletti Americano Rosso

1 oz. Cocchi Americano Rosa

1/2 tsp. rose water

Sparkling rosé, to top

» Combine all ingredients in a mixing glass over ice and stir until chilled. Strain into a rocks glass over ice. Top with sparkling rosé and garnish with a grapefruit peel and gold flakes.

» For a cocktail in an ice cube: Prepare the ice mold by filling it with water and freezing for 3 hours. Pop the cube out of the mold and carefully drill a hole through the surface. Remove the water from inside with a syringe. Using the syringe again, fill the ice ball with the cocktail. Serve it in a coupe glass, garnished with gold flakes and bubbly. Crack the ice and sip.

The Sensory Experience

A good cocktail has the ability to connect you to a feeling, elicit an emotion, and evoke a memory. Mixologists are thinking beyond taste and pushing boundaries to create 360-degree sensory experiences. The future holds more elaborate foams, infusions, craft ice, rims, and garnishes. Look for caviar-infused cocktails and cocktail-infused caviar. Here, the mouthfeel and delicate pop of the juicy spheres capture the familiar taste of a classic Kyr Royale.

KYR CAVIAR

20 oz. vegetable oil
3/4 cup crème de cassis
2 grams agar-agar powder
1/4 cup sugar

» Fill a tall glass with vegetable oil and place in the freezer for 30 minutes.

» Stir crème de cassis and agar-agar powder in a saucepan on high heat. As the mixture begins to boil, quickly add the sugar and stir to dissolve. Bring back to a boil and remove from heat. Let the mixture cool for 2 minutes and remove the glass of vegetable oil from the freezer.

» Using a dropper, transfer the mixture into the glass by squeezing little drops into the cold oil. Continue the spherification process before the mixture solidifies in the pan. Scoop the spheres out using a small slotted spoon or pour the oil through a sieve to collect them, then drop them in cold water for a few seconds to wash the oil off. Serve in a small bowl with a small spoon, or in a flute paired with Champagne.

Mindful Consumption

Many mixologists and drinkers are saying goodbye to sugar-laden mocktails and instead welcoming the sophisticated and ever-evolving nonalcoholic beverage category. Zero-proof cocktails are here to stay and are part of a greater mindful movement that embraces better ingredients, sustainable alternatives, and transparency as a whole.

ABLOOM

3/4 oz. freshly squeezed lemon juice

3/4 oz. pomegranate blueberry lavender syrup (recipe below)

1 oz. grapefruit juice

2 oz. chilled jasmine tea

Add all ingredients into a shaker with ice and shake until well chilled. Strain into a highball glass with fresh ice, rimmed with an array of botanicals.

POMEGRANATE BLUEBERRY LAVENDER SYRUP

1/2 cup blueberries

1/2 cup pomegranate juice

1 cup agave

1 cup water

1/2 cup culinary-grade lavender (organic, if available)

Combine all ingredients in a small saucepan over medium heat. Stir until the agave has fully dissolved. Remove from the heat and let steep for 15 minutes. Pour through a fine-mesh strainer, pressing the blueberries to get all their juices. Transfer to a clean jar, cover, and keep refrigerated for up to 2 weeks.

The Martini Madness

Sooner or later, all standards are new again. Such is the case for the sultry, spirit-forward martini. The timeless template is suddenly awash with classic, low-proof, and modern iterations running the full gamut of flavors, from floral and aromatic to bold and savory. There's certainly a martini for every mood. Here's a fragrant and tempered play on the martini with pear eau-de-vie, bianco vermouth, and gin.

☆

THE ORCHARD 50

1 1/2 oz. Spring 44 Dry Gin

3/4 oz. bianco vermouth

3/4 oz. St. George Spirits Eau-de-Vie Pear Brandy

2 dashes cardamom bitters

» Add all ingredients to a mixing glass. Add ice and stir to chill. Strain into a coupe glass and garnish with an expressed lemon peel.

The Nostalgic Brew

The future also looks a lot like the past. Prepare to see more nostalgia and '90s escapism in your glasses, as the desire to re-create cleaner iterations of classic cocktails continues. Think: reformulated Cosmopolitans, apple martinis, Long Island iced teas, and all-blue drinks reimagined with quality ingredients. This cycling through fresher takes on old drinks is also spurring a tiki revival and a new rum revolution.

AZUL

1 1/2 oz. Pa'lante Botanical Rum
1/4 oz. Pierre Ferrand Dry Curaçao
1/4 oz. crème de violette
1/4 oz. blue simple (recipe below)
3/4 oz. fresh lemon juice
2 dashes grapefruit bitters

» Add all ingredients into a shaker with ice and shake until well chilled. Strain into a coupe glass. Garnish with fresh meringue with swirls of blue simple and gold dust.

BLUE SIMPLE

1 cup coconut sugar
1 cup water
1 tsp. blue spirulina powder

» Add the coconut sugar and water into a small saucepan over medium heat. Stir until the sugar has dissolved. Remove from heat and add the spirulina powder. Mix until well combined. Keep in a tightly sealed container, refrigerated, for up to a month. «

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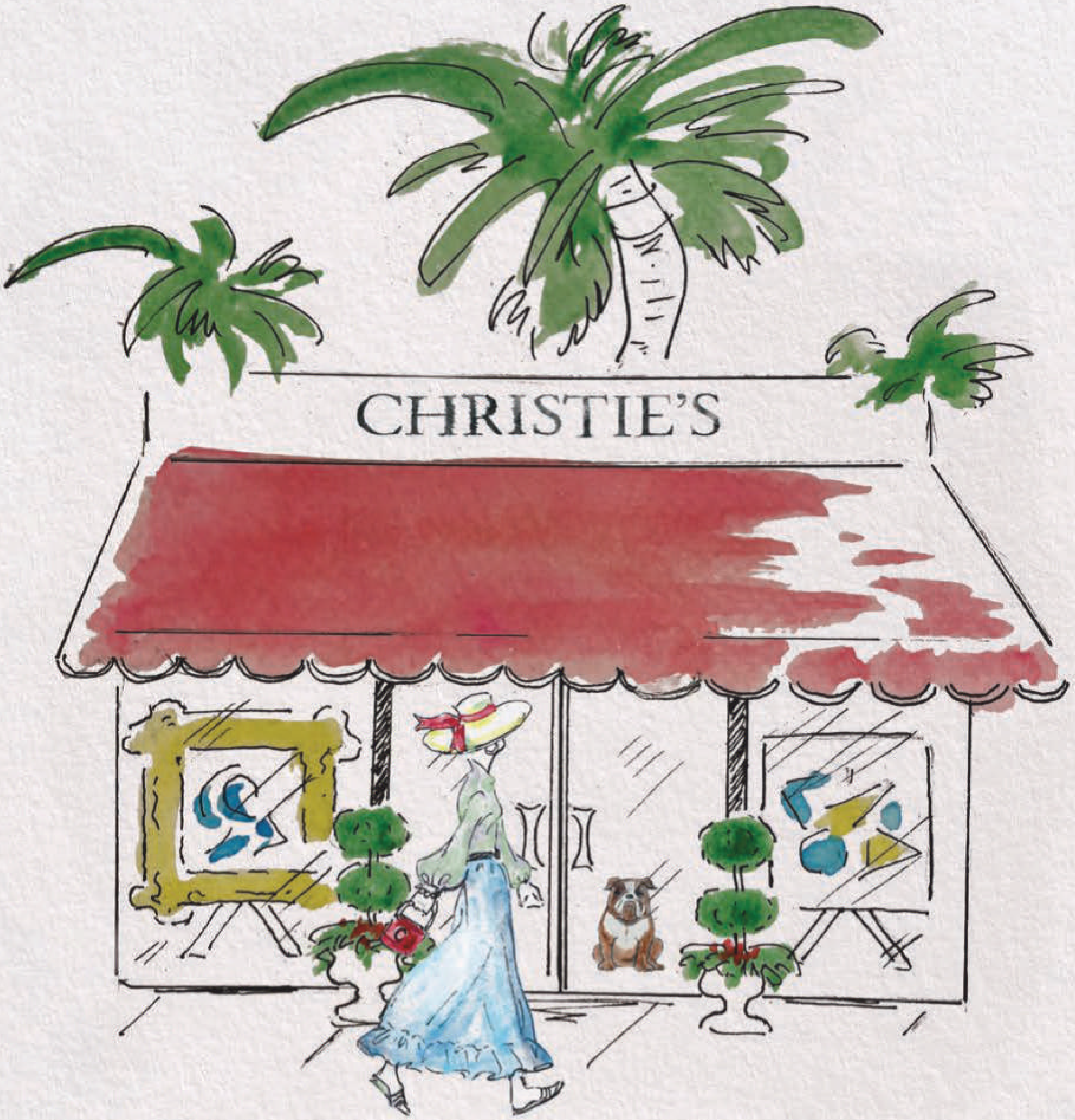

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CHRISTIE'S

DEAR READERS,

As guardians of a treasured icon, we could not be prouder to celebrate The Colony Hotel's seventy-fifth anniversary with you. The responsibility of shepherding this storied institution into a new quarter-century is our privilege, and we are grateful to take this moment to reflect upon the hotel's illustrious past and dynamic future.

At the core of The Colony is family, in every sense of the word. Not only has the hotel been a part of our family for more than 50 years, but we are also a family of guests, colleagues, and collaborators who collectively make The Colony a rare gem. Our commitment to this family is what drives us each day to make The Colony a better place to visit, dine, play, and work. As we look back at the past 75 years, the decades are measured in celebrations, personalities, and visions of The Colony's unique Palm Beach style.

Much more than a hotel, The Colony is a state of mind—a place to connect meaningfully and authentically with one of the world's most legendary destinations, steps from both Worth Avenue and the Atlantic Ocean. We greet each guest by saying "Welcome home," a phrase we stand by in our efforts to anticipate what luxury means to each person (and pet) who crosses our threshold. As stewards of a property that plays such an integral role in the memories of multiple generations, we strive to honor the past while also evolving The Colony Hotel to be an industry leader in service, design, and experiences that surprise and delight. Traditions can be found here, but also made here.

Because The Colony holds a singular place in the hearts of longtime Palm Beachers, the hotel is dedicated to maintaining a reputation of culinary excellence and sophisticated entertainment in a vibrant social setting that is both welcoming and refreshingly unpretentious. The Colony Palm Beach faithfully preserves its legacy of gracious hospitality while ensuring continued relevance to a new generation of modern, well-traveled, and discerning guests.

Our family has built decades of cherished memories at The Colony Hotel, and we hope you will too. We are committed to our community, both geographically and figuratively, and we look forward to sharing our next quarter-century with you.

With love from our Pink Paradise,

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Measure of Moments

The Colony Hotel is marking its diamond jubilee, and the celebration comes not only for its longevity but for the special moments it holds for its guests

BY KELLEY MARCELLUS

NO DESIGNS ON PRETENSE

Mimi McMakin's family is one of the oldest on the island. She's the fourth of six generations to call Palm Beach home, and with her talented team of designers at Kemble Interiors, she spearheaded the recent refresh of the hotel's public spaces and guest rooms.

"When you come to The Colony, you're greeted as though you're being welcomed home," McMakin describes. "That was our vision—to make an environment that was friendly, pretty, comfortable, and embracing all that Palm Beach has to offer.

"I spent many New Year's Eves at The Colony because there was always something going on and the bar would be filled with all age groups at one time. Here in Palm Beach, we are very family-minded. We make our children's friends our friends, and we all grow up together. There is a willingness to accept someone to your dinner party who is not in your same age group, as long as they're fun and happy. No one feels awkward or intimidated at The Colony."

(Continued on Page 142)

AN AUSPICIOUS START

René Silvin, a retired hospital industry executive, author of books including *Noblesse Oblige: The Duchess of Windsor as I Knew Her* and *Villa Mizner: The House that Changed Palm Beach*, and the former chairman of the Palm Beach Preservation Landmarks Commission, feels a kinship with The Colony that reaches back to its very beginning.

"My story with The Colony began before I was born," says Silvin. "My mother believes that I was conceived at The Colony. She was staying there right around the time of the opening party. The affair was a romantic evening, she said, and everyone had a wonderful time. The dates add up, and, nine months later, I arrived.

"I can't count the number of charming dinners I've had sitting out on the terrace. I've been all over the world and there are many amazing places, but none is better than sitting on the terrace."

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POOLSIDE CHAISES: CALCUTTA COLLECTION

FAMILY MATTERS

When Sarah and Andrew Wetenhall purchased The Colony in 2016, it was a homecoming. Andrew's father, Bob Wetenhall, had an ownership stake in the hotel beginning in 1970 and maintained an apartment there for many years—even after he no longer owned the place. It was a special spot for the family, all of whom spent holidays and memorable moments there for decades.

Andrew says his connection to The Colony predates his earliest memory, which took place at the hotel. "I remember very vividly playing hide and seek with my dad and hiding under the front desk," he recalls. "Looking back, I realize my dad might not have been playing, but the front-desk clerk helped me find spots where he wouldn't find me."

Presidents' Day weekend in Palm Beach was always a can't-miss occasion for the Wetenhalls, who celebrated the patriarch's Valentine's Day birthday then. Sarah first came with Andrew as a college student—and she continued to come even when work held him back.

"He had to cancel a trip one time, and I arrived to find a life-size cardboard cutout of him that was with us the whole weekend," Sarah says.

Andrew counters: "Some said that was the best weekend they ever had with me."

The couple recalls missing only one Christmas at The Colony—the year their oldest son was born, and they were nervous new parents. "My father-in-law told us to figure it out," Sarah says with a laugh. "We were down for Presidents' Day."

Bob also counseled them when they were presented with the chance to purchase the property, telling them that his years at the helm of The Colony were the happiest of his life.

"That stuck with us," Sarah says. "The hotel is inexorably linked to Andrew's father, and we feel we are the stewards of this property for him and for the community."

And for their children—Andrew, 13; Amelia, 11; and Maggie, 7—who are itching for a weekend in Palm Beach.

STARTS ON THURSDAYS

Rick Rose is an expert on Palm Beach history, leading walking tours for the Worth Avenue Association and penning the book *Palm Beach: The Essential Guide to America's Legendary Resort Town*. The hotel, which is stop No. 11 on his tour, is also where he starts the weekend.

"I celebrated my mother's retirement with a cocktail party in the Windsor Suite 20 years ago," Rose recalls. "There's nothing like the view from the terrace—the ocean in one direction and Intracoastal on the other. I like that The Colony has always been progressive. There's no stuffiness. It's playful, not stuck up, and the update has only made it brighter.

"I've had many good times at Swifty's, which started back when it was called the Polo Lounge. I call Thursdays 'Gentlemen's Night.' People who come in for the weekend from Boston, New York, or Washington, D.C. usually arrive on a Thursday. No one is ready for a house party or other festivity, so a drink at Swifty's is a nice, relaxed entry to the weekend in Palm Beach. We gather around 6 and disperse by 8:30. It's just a nice time for gay gentlemen and their lady friends to enjoy drinks before dinner out."

19 29
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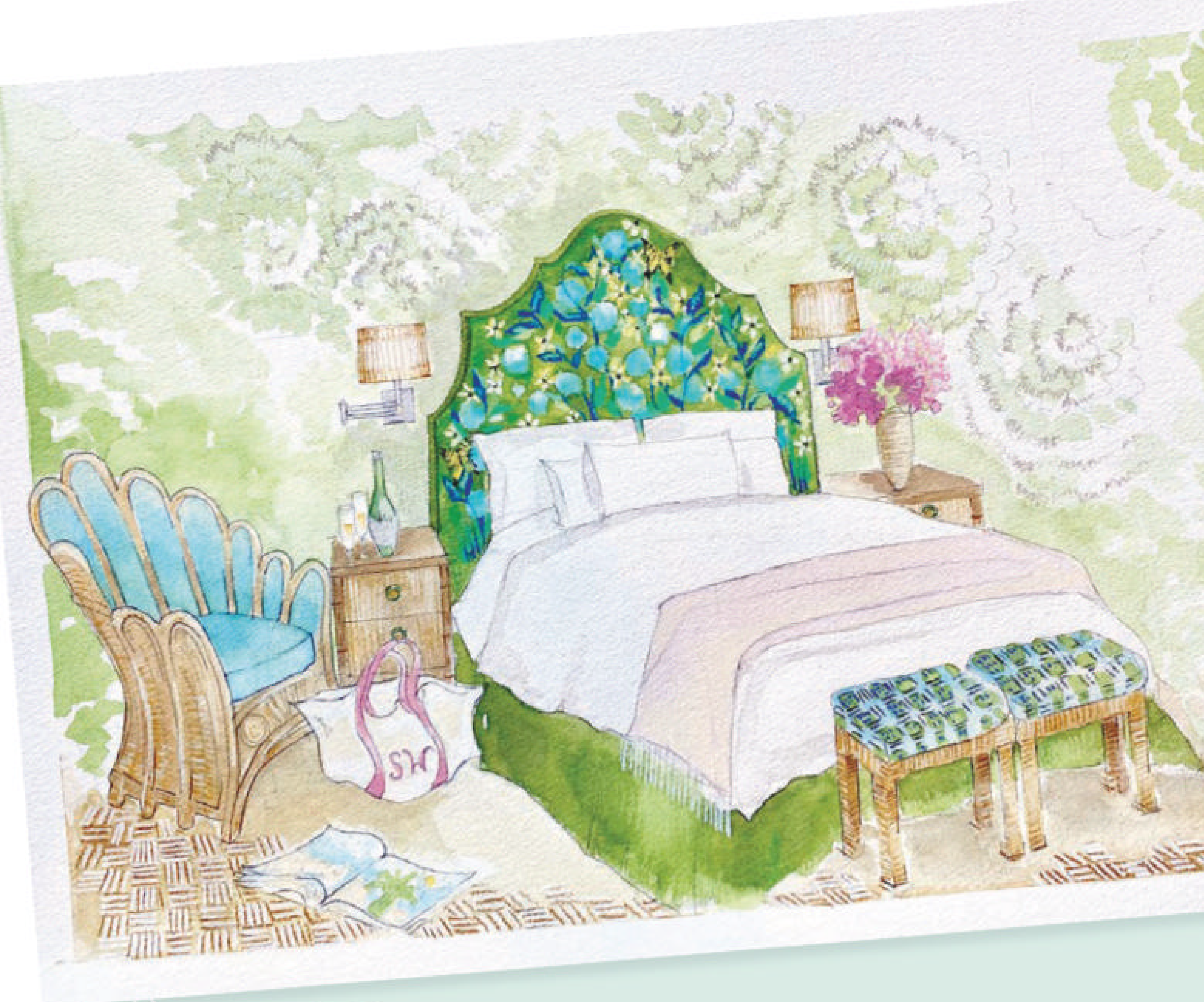
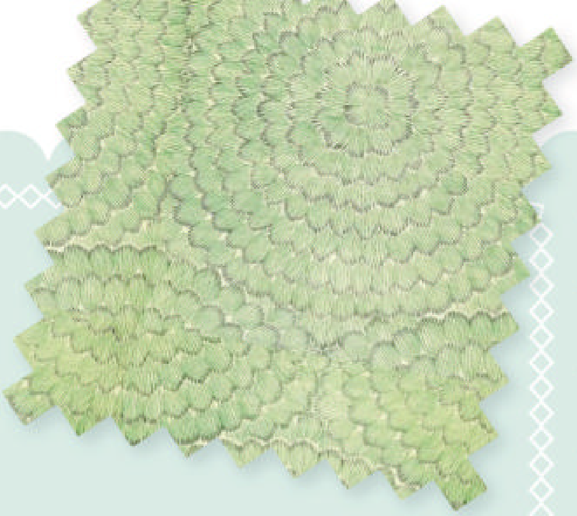
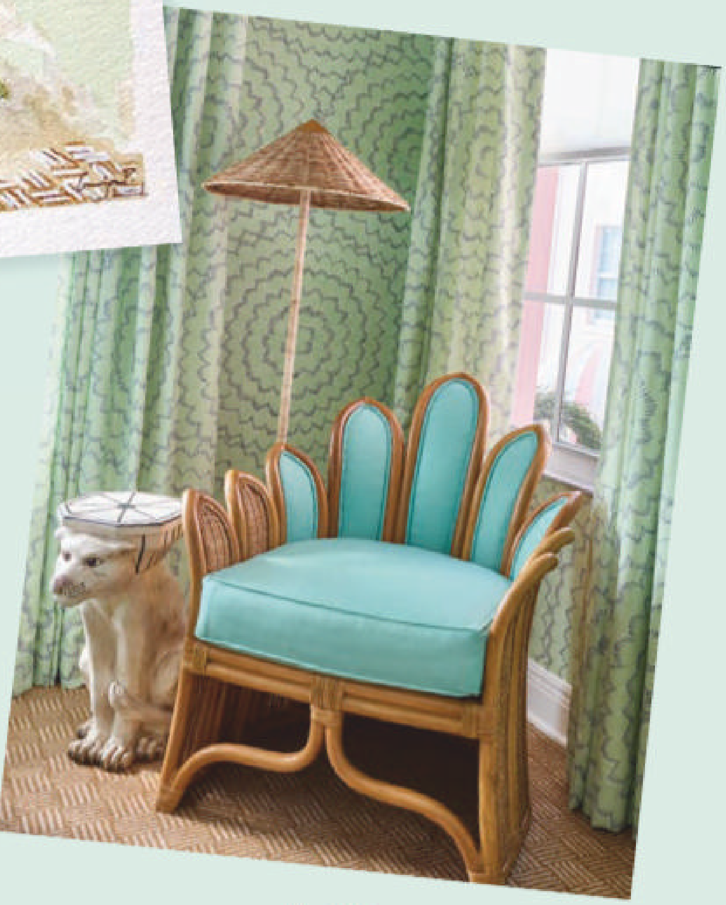




Furnishings were designed by Society Social in collaboration with Sarah Wetenhall.

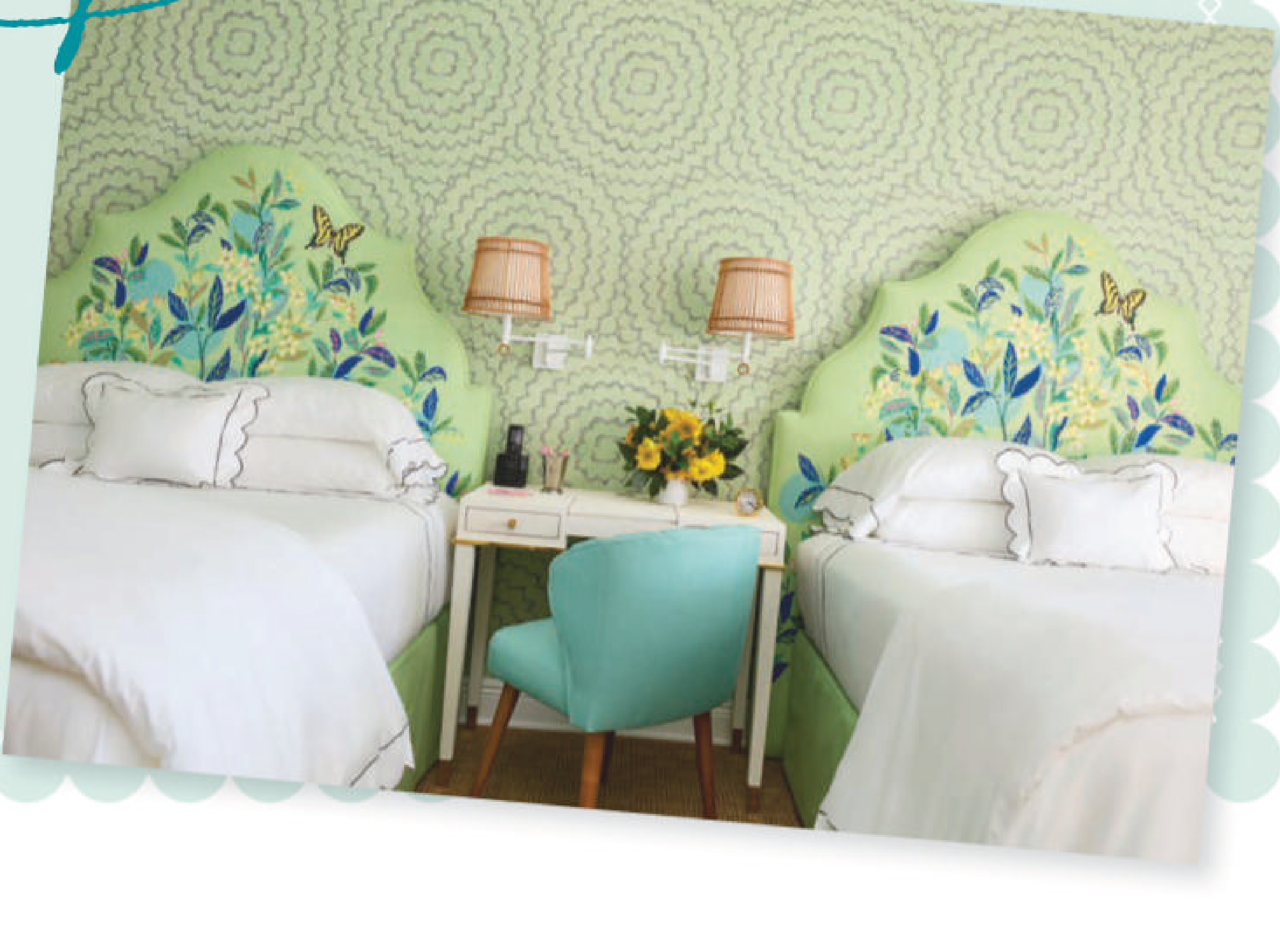


Suite Dreams

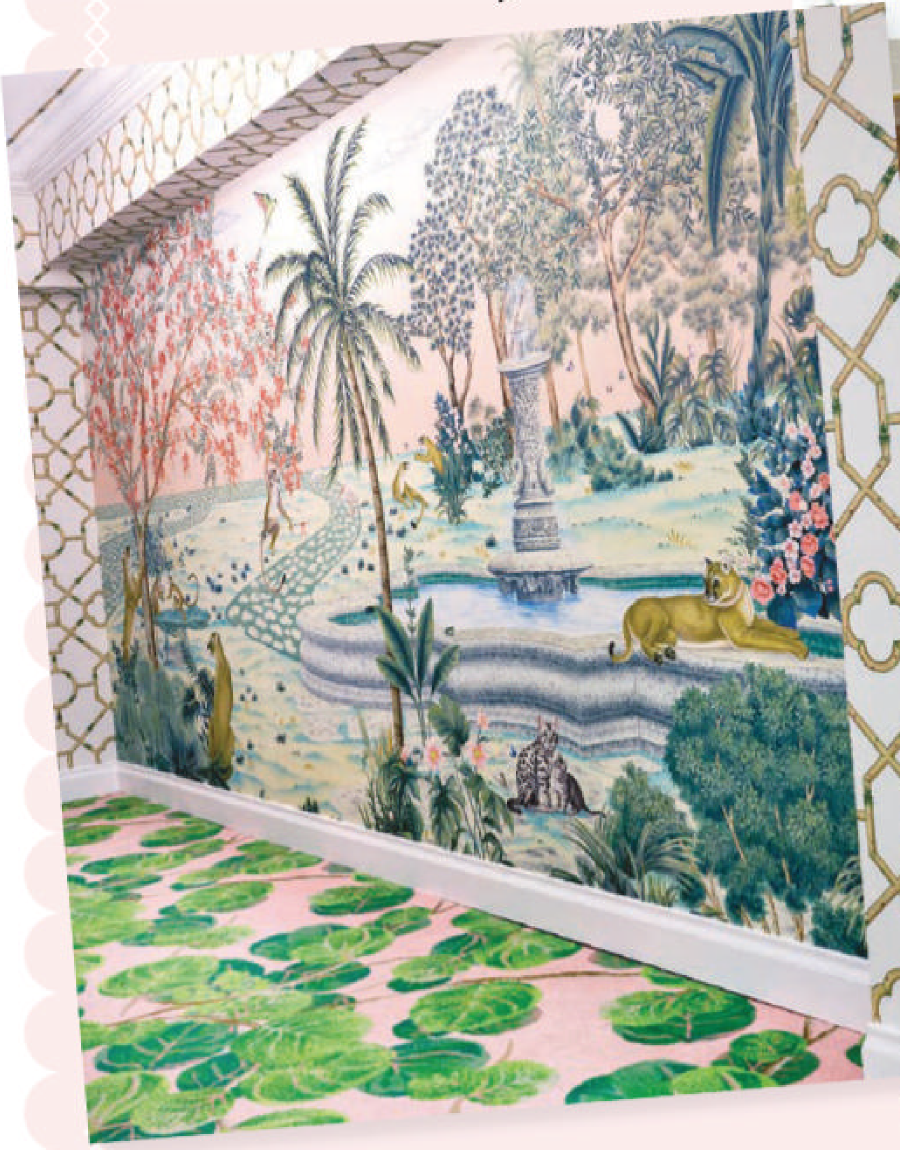
The Pink Paradise unveils a guest room redesign that encapsulates The Colony's exuberance and celebrates Palm Beach style

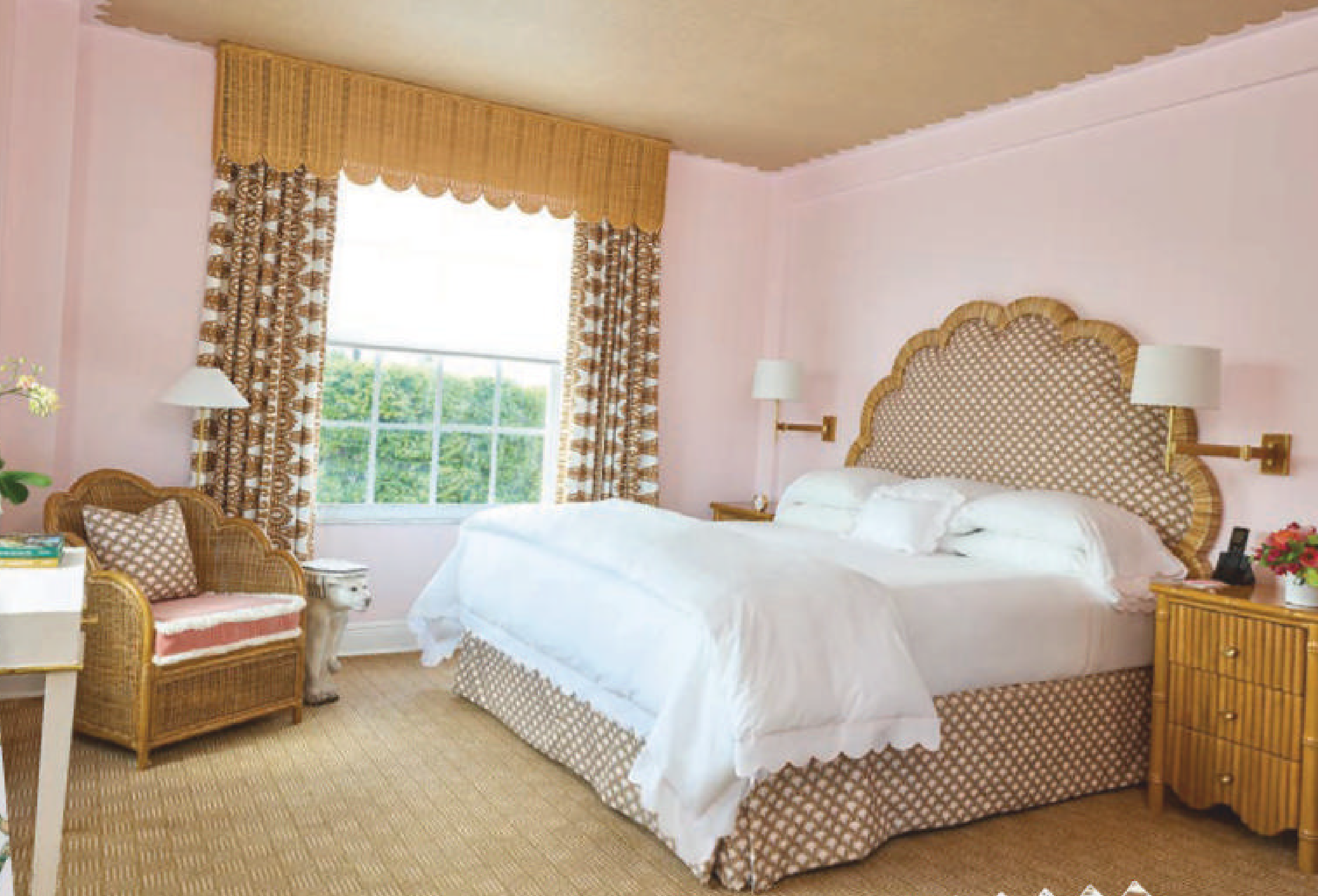
BY DAPHNE NIKOLOPOULOS
ILLUSTRATIONS BY GEORGIA LAMBREAU
PHOTOGRAPHY BY BRANTLEY PHOTO

Florida's native flora and fauna take center stage on the fabric designs. Island blues and greens add to the tropical vibe.



The custom de Gournay murals at elevator landings depict a tropical fantasy world.





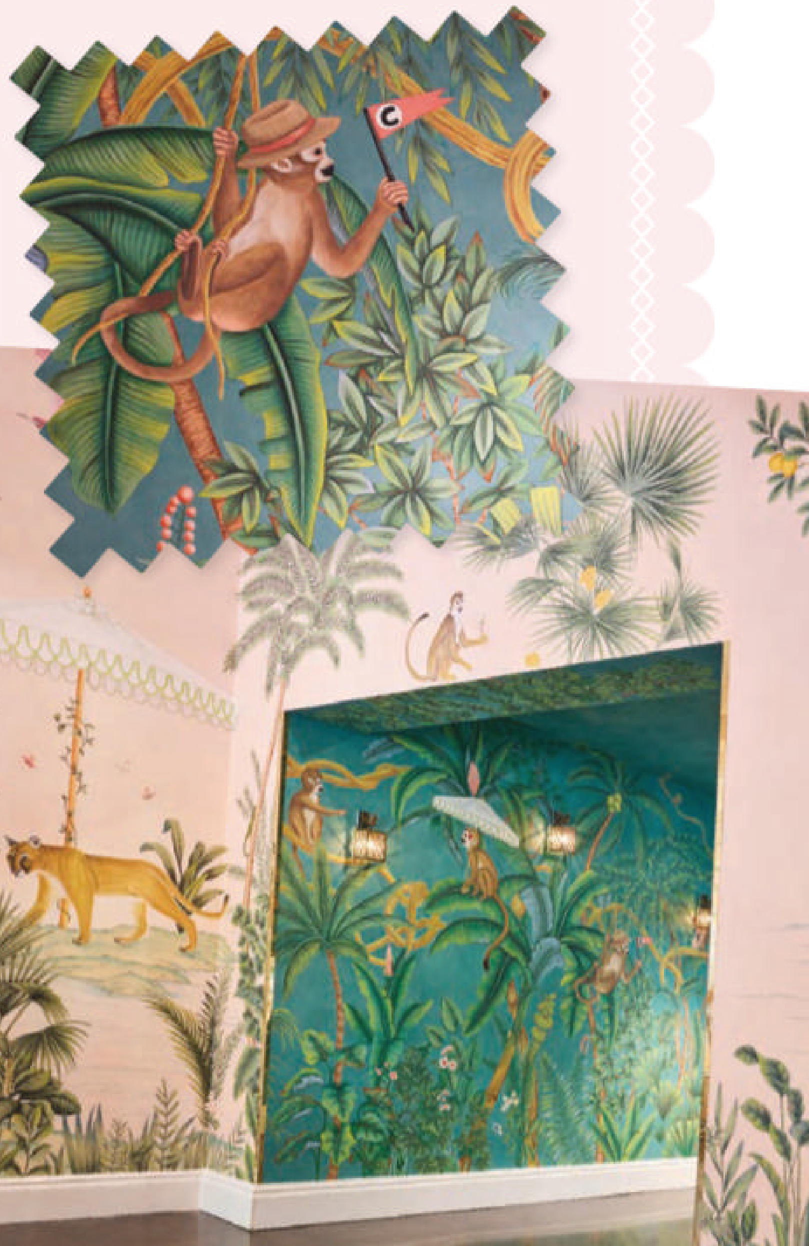
Seagrape motif: What could be more Palm Beach?

Kemble Interiors Pink Deco scheme is a gorgeous blend of pink and honey hues, accented with raffia, wicker, and bamboo.

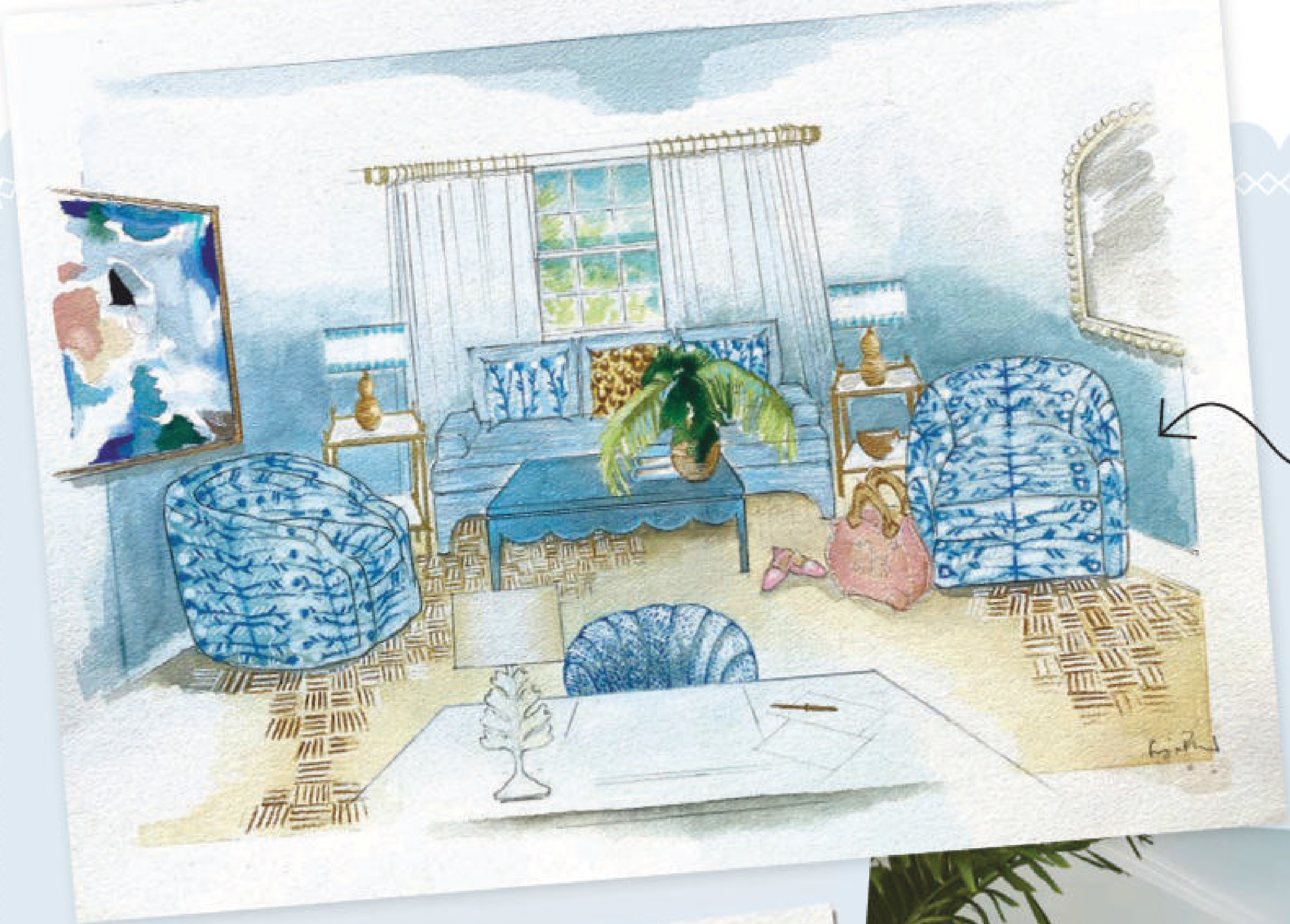
When The Colony unveiled its grand redesign of The Living Room last year, it was impossible to imagine that the hotel could be any more stylish. And yet here we are, barely a year later, with mouths agape at the reimagination of the guest rooms and suites. Once again, the Pink Paradise has set the standard for Palm Beach chic.

The result of a collaboration between owner Sarah Wetenhall, Kemble Interiors, and a carefully considered team of design partners, the guest room redesign is a joyful expression of the Palm Beach lifestyle. It sets a scene of tropical glamour and imparts a mood of hair-in-the-breeze insouciance. It's understated yet utterly luxurious, inviting guests with a playful wink to tuck their cares into a bamboo drawer and soak in the sun.

The experience begins at the elevator landing on each floor, where island style comes to life through rich color and pattern. Custom-designed de Gournay murals are microcosms of South Florida's natural world, teeming with native plants and critters. Carpets are woven depictions of Palm Beach's beloved seagrape trees, and walls are covered in bamboo lattice, an essential nod to old-world Palm Beach.



Whimsical hand-painted murals by de Gournay—a riot of monkeys swinging on vines in the midst of a verdant paradise—grace a corridor leading to Swifty's.

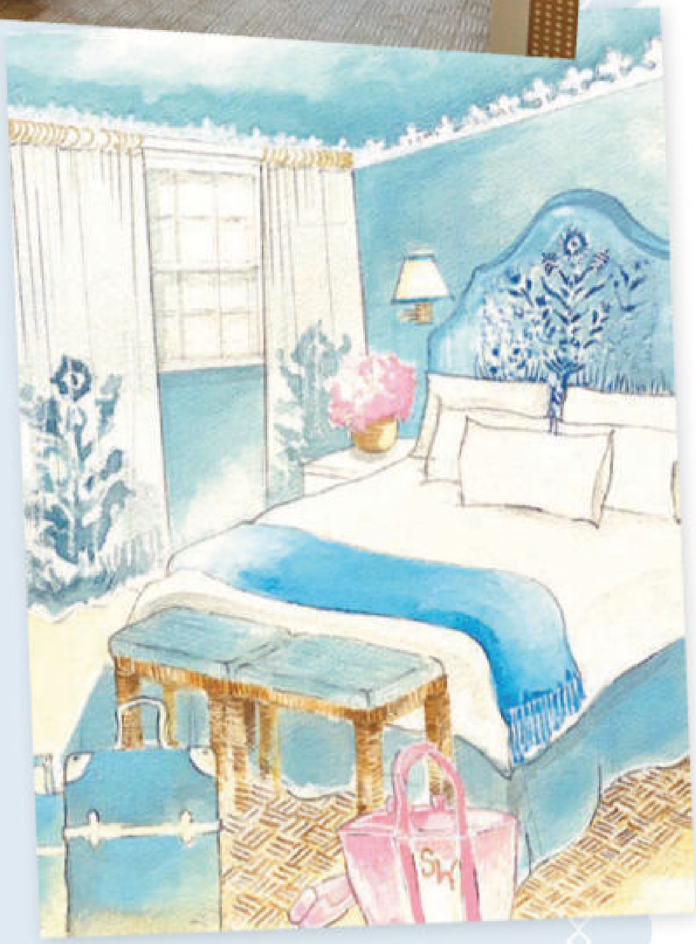


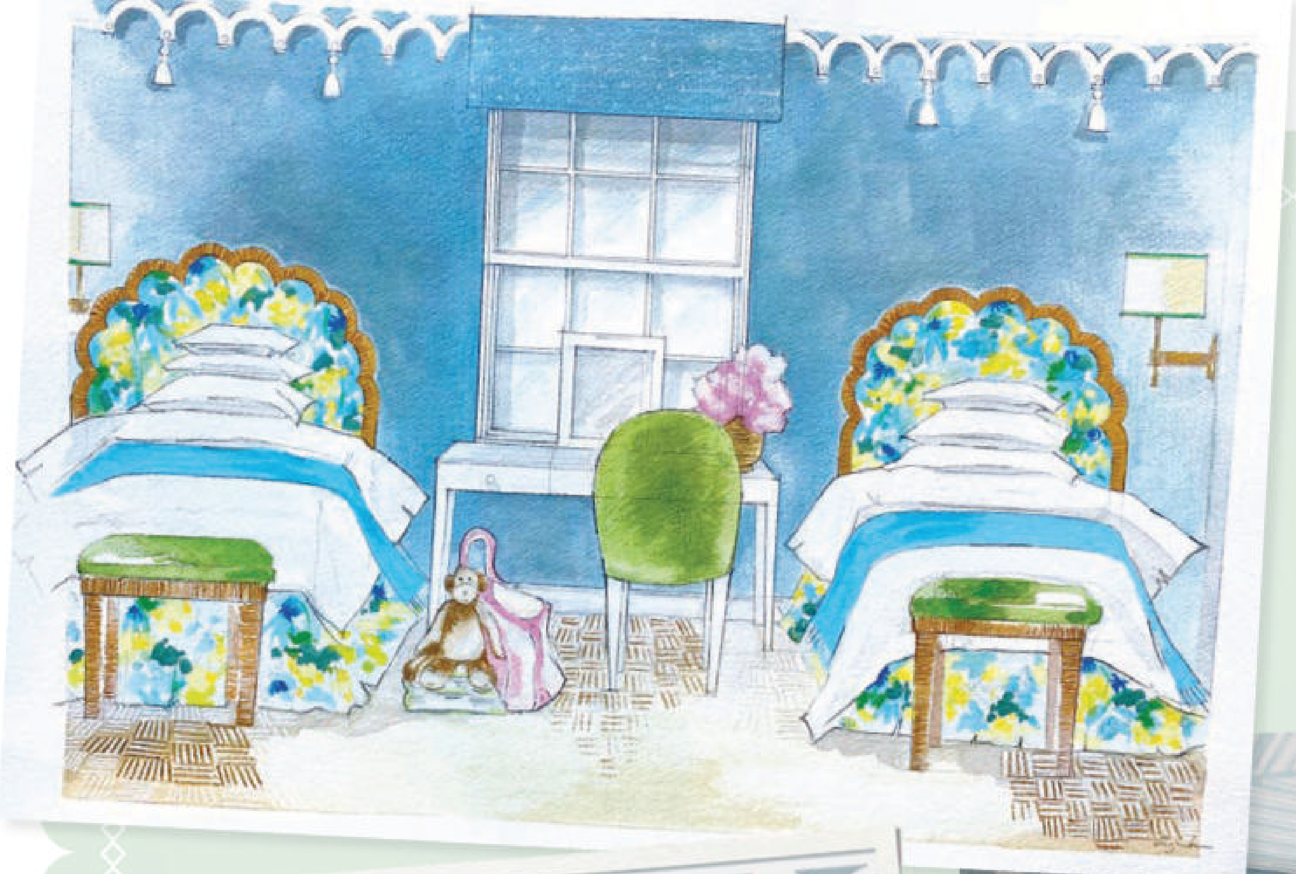
Welcome to the Blue Suites, a symphony of blues with brass and white accents.

Shagreen desks, scalloped lacquered coffee tables, white wicker petal chairs… This is furniture with a point of view!

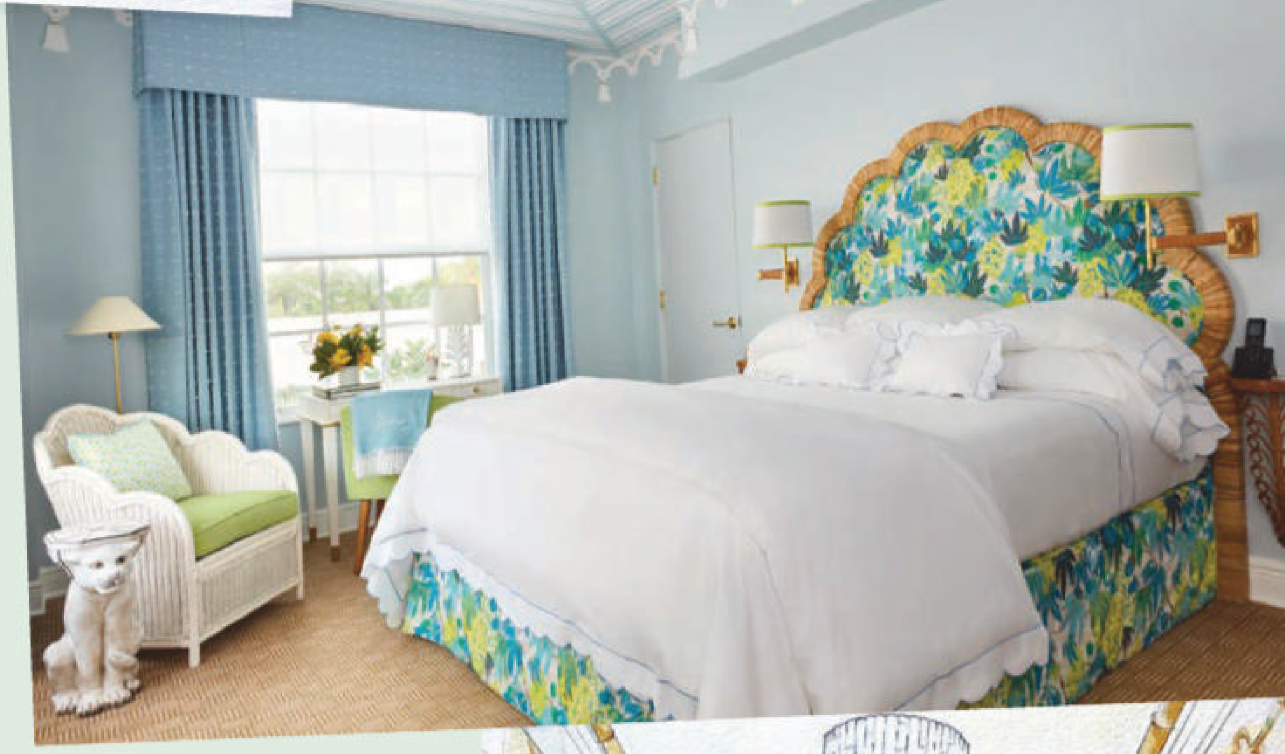
Applied cut-out trim in crisp white adorns the perimeter of the ceilings.

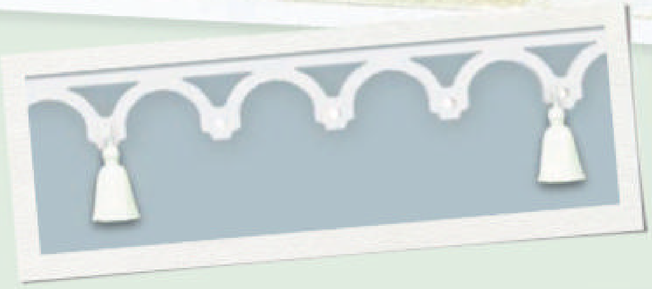
A pretty blue thistle print in several variations is central to the suite decor.





A sunny palette of blues and yellows inspires pure joy in these guest rooms.



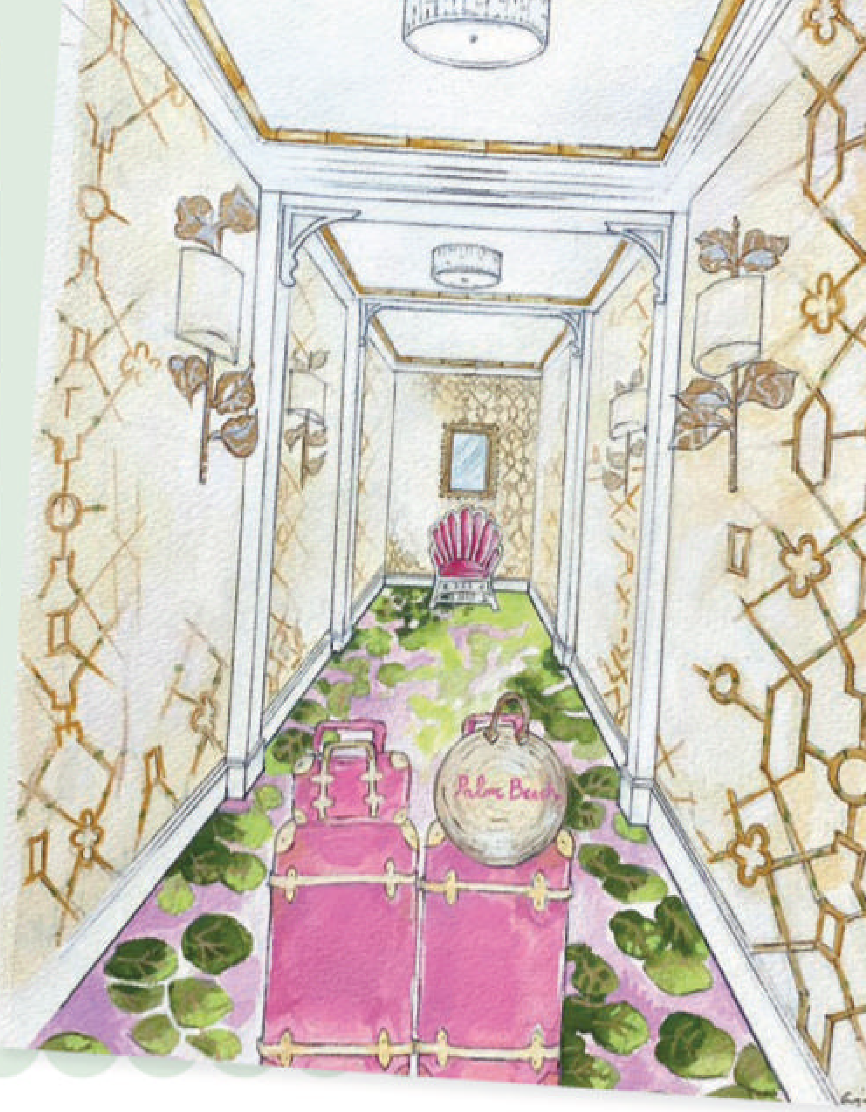


Farrow and Ball Parma Gray paint with white, scalloped PVC trim and fringe is an instant classic.

Classic but always with a youthful spirit and a sense of fun, the guest room furnishings by Society Social are poised to become Palm Beach icons. The capsule's 11 artisan-crafted pieces, designed by Sarah Wetenhall and Society Social founder Roxy Owens, are fresh takes on traditional Palm Beach style. Wicker "petal" chairs, lacquered tables with playful scalloped edges, and desks that double as vanity tables whisper of the Palm Beach of the past while expressing a thoroughly current moment. Fun fact: The collection even includes a rattan dresser that started as a back-of-the-napkin drawing by the Wetenhalls' young son.

Under Sarah's watchful eye, no detail was left to chance. Everything, down to the Farrow and Ball collection of heritage paint colors, was thoughtfully curated. Custom Schumacher fabrics in pink, green, and blue hues and a variety of patterns speak to a modern vision of the tropics. Photography by local talents Nathan Coe, Nick Mele, and Chris Leidy captures today's Palm Beach. Linens and toweling by Matouk, Dyson hair tools, and Ladurée macarons at turndown add the final exclamation point to a beautiful story.

The Colony's latest redesign sets the tone for what Palm Beach living should be: joyful, vibrant, and authentic, with the Pink Paradise at the center of its glittering universe.

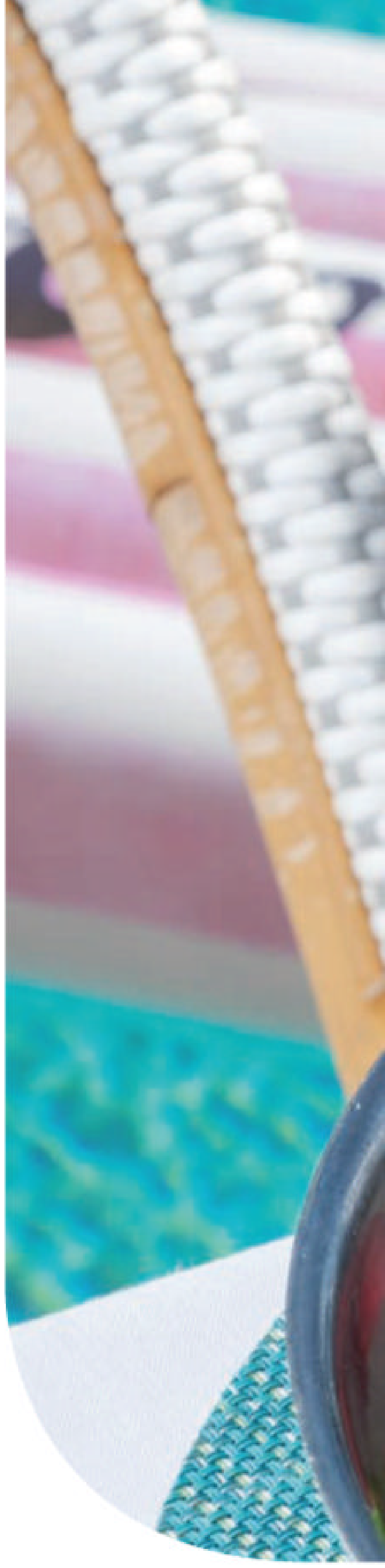


Only The Colony could make a corridor look this chic! The seagrape carpet, lattice wallpaper, and petal chairs define Palm Beach style.

Foodie Paradise

The iconic Swifty's elevates the social meal to an art form

PHOTOGRAPHY BY JERRY RABINOWITZ



Inset: French Kiss oysters and Ossetra caviar, accompanied by sour cream and pickled red onion

Below: Double Colorado lamb chops with English mint jus, served with Swifty's fries, herb grilled tomato, garlic confit purée, and grilled asparagus

When Palm Beachers lunch, or meet up for drinks, or enjoy an alfresco dinner under the hanging garden, chances are you'll find them at Swifty's. The quintessential Palm Beach spot, known here as "the club without dues," was New York's society boîte for almost two decades. Many of the same elements that defined the original Swifty's are making its Palm Beach outpost a dining and social destination. Much of this is owed to the charm of founder Robert Caravaggi and the talent of executive chef Tom Whitaker, who has revived the beloved Swifty's classics—with a Palm Beach twist. From the clubby indoor/outdoor ambience to the iconic dining delights, Swifty's has earned its reputation as Palm Beach's restaurant.

Opposite page: Chilled artichoke with Swifty's house vinaigrette, served with chicken liver and brandy pâté with Port jelly, mustard, cornichons, and grilled nine-grain bread

◆

Opposite page, clockwise from top left: Roasted cauliflower with saffron and almond korma, served with cilantro chutney, rice, and spiced pistachio crumble; grilled branzino fillet with fennel salad, tomato carpaccio, pine nuts, petite herb salad, and Spanish salsa verde; Swifty's cheese and charcuterie board for two consists of Green Hill, Humboldt Fog, Petit Basque, and Stilton cheeses, and a selection of meats including prosciutto di Parma, truffle salami, chorizo, and spicy sopressatta, all accompanied by pomegranate fig jam, olives, and crackers.

Right: Cocktail culture reaches its apex at Swifty's. Two of the local favorite tipples (from left): Monkey Business, with Monkey in Paradise vodka, lime juice, mango and ginger purée, sparkling water, and fresh mint; Pink Paradise, with Tito's vodka, hibiscus, pink peppercorn, grapefruit, and Cocchi Americano.

◆

THE
Colony
HOTEL

Lady of the Manor

You rang? There's never a dull moment for The Colony's Sarah Wetenhall.

PHOTOGRAPHY BY NICK MELE

Left: It's not easy being pink. But when your address is the Pink Paradise, the uniform is never in question.

Opposite page, top left: All frills, no fluff. Marshmallow is the breakfast, lunch, and dinner of champions.

fluff
Palm Beach Daily News

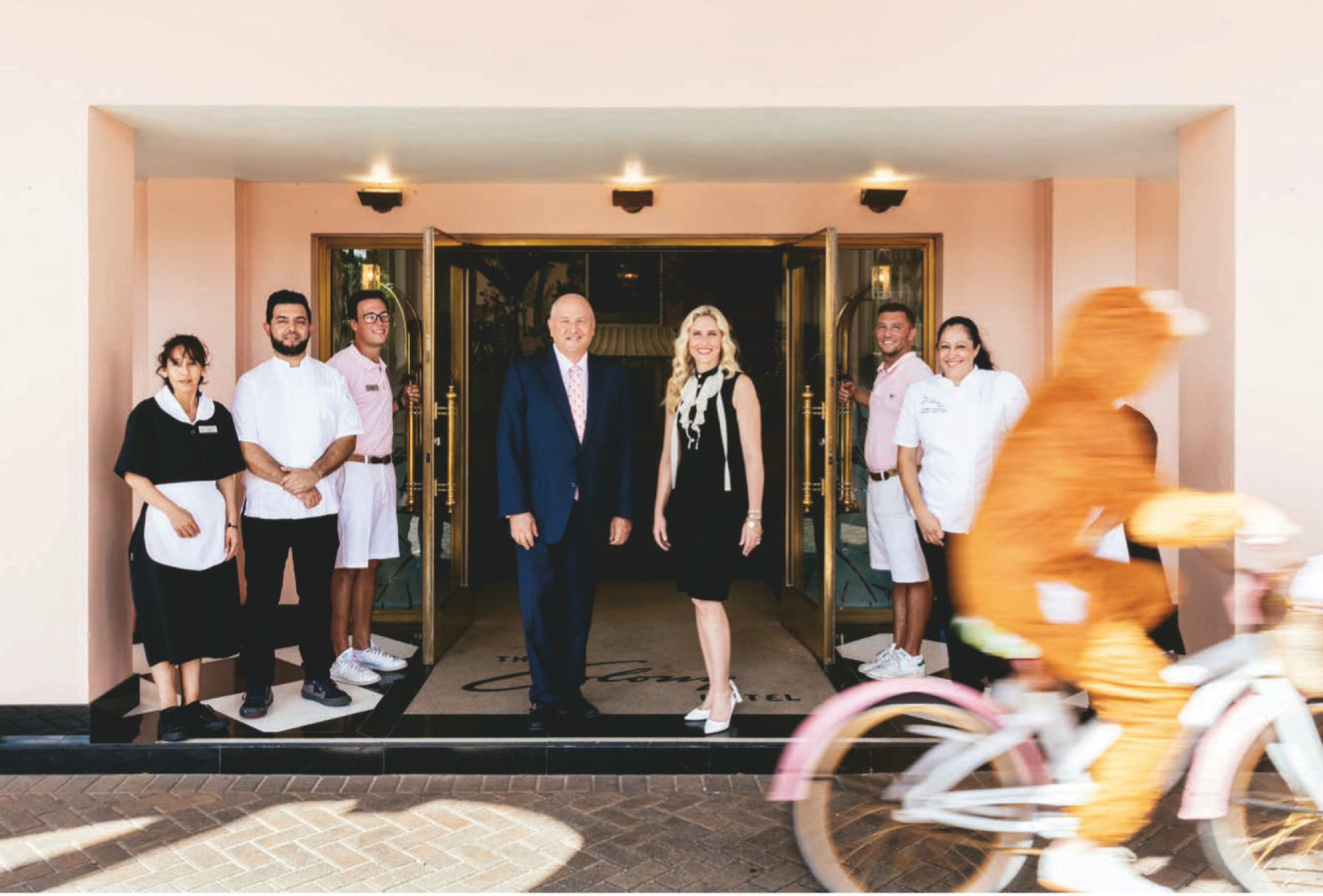
Above: Setting the perfect scene is no monkey business. When on Palm Beach just ask: W.W.J.B.D. What would Johnnie Brown do?

Left: Oops! He slid in again! Sarah is always eager to help her staff … but there are better ways to make a splash.

Right: Knives out! Fighting over the wishbone is so passé. Besides, at The Colony, who needs to wish when there's magic in spades?

Below: Beep, beep! All aboard The Colony's swanky ride to the beach, piloted by the Lady in Pink herself. Don't forget the surfboards and picnic!

THE
Colony
HOTEL



Above: General manager Bruce Seigel is Sarah's right-hand man. Now if he could only catch that cheeky monkey...

Far left: We swear there's a method to Sarah's madness!

Left: Business luncheon or happy hour? The two are one and the same at The Colony. And for Sarah, the best deskside is poolside.

155
PINK PARADISE
café
PINK PARADISE
café

Colony
HOTEL
HISTORIC LANDMARK

Head Over Heels

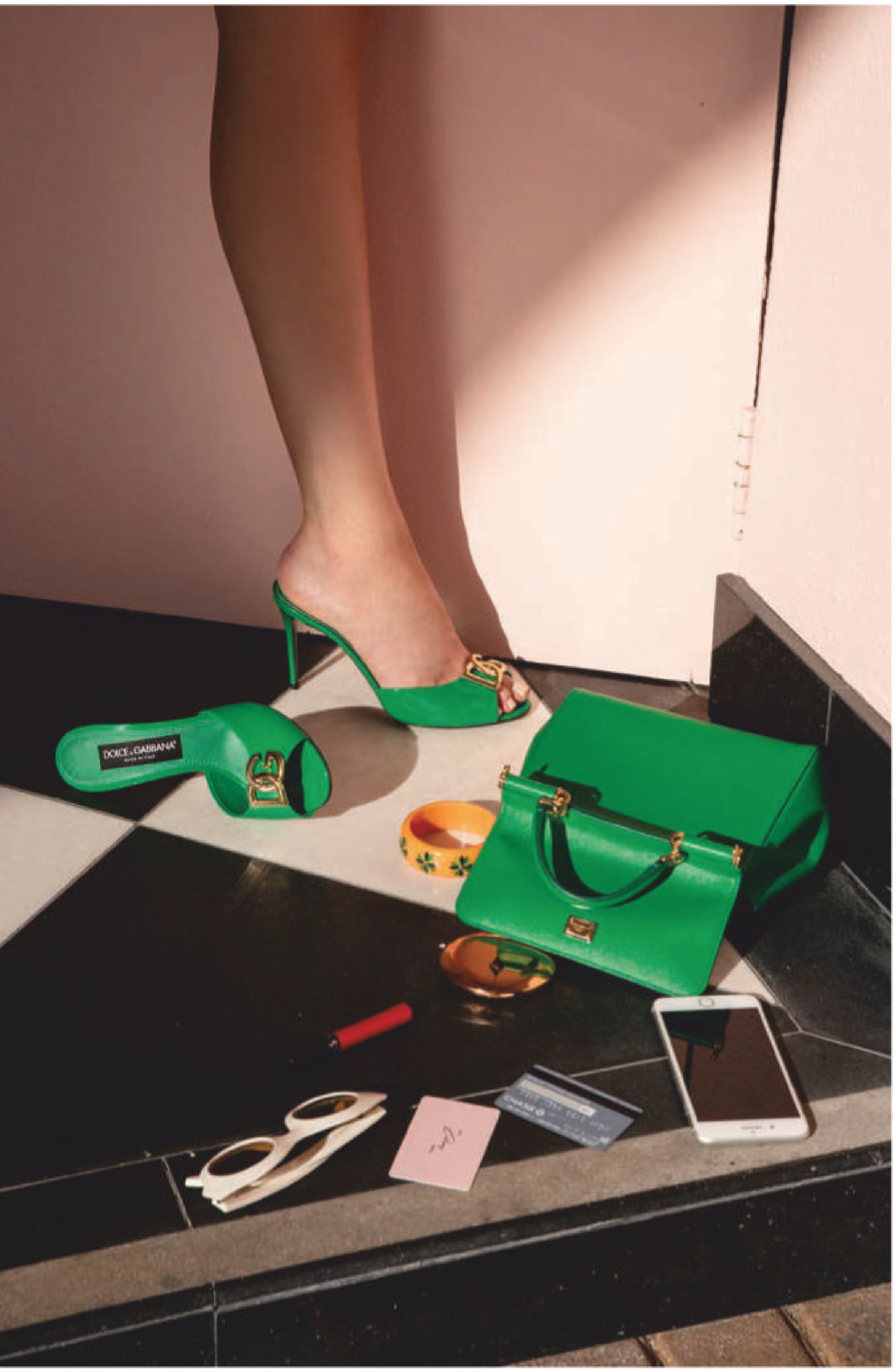
Embrace the suite life in designer resort wear

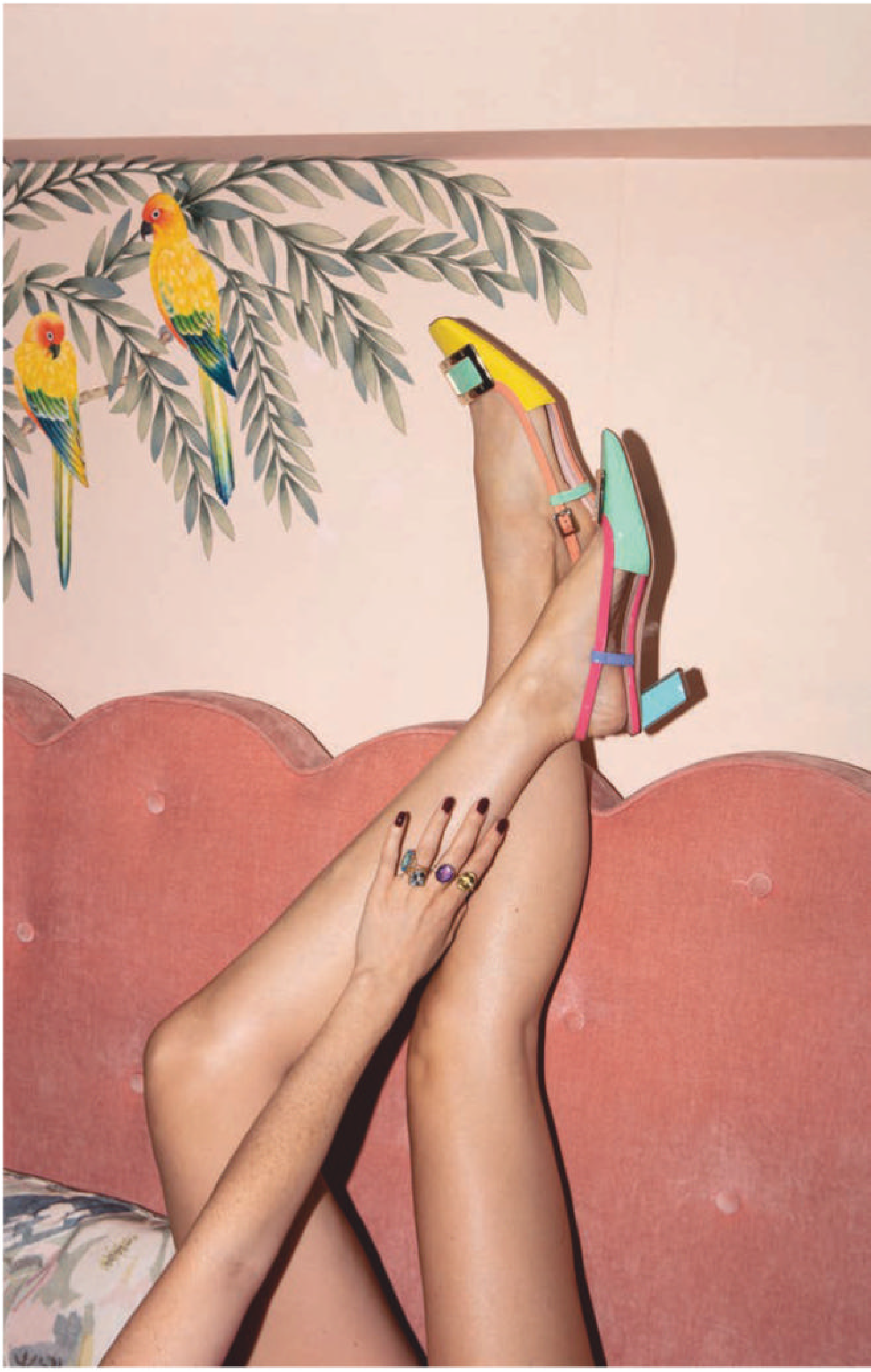
PHOTOGRAPHY BY RIOCAM

Stretch tulle cocktail dress, pink DG logo sandals, Dolce & Gabbana, The Colony Edit, Palm Beach, *dolcegabbana.com*.

Fashion editor: Katherine Lande

Model: Maxine Schiff, Elite Model Management, Miami
Hair/Makeup: Colleen Stone, Creative Management, Miami
Fashion Assistant: Rosie Cook





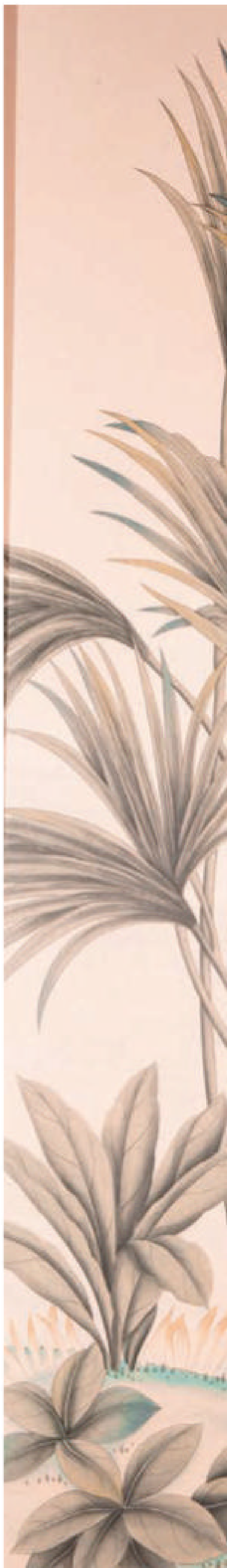
ABOVE LEFT:
Small Dauphine leather Sicily bag, green DG lolo mules, Dolce & Gabbana, The Colony Edit, Palm Beach, *dolcegabbana.com*; Bakelite bangle, Mark Davis, Greenleaf & Crosby, Palm Beach, *greenleafcrosby.com*; sunglasses, Lapima, *us.lapima.com*.

ABOVE RIGHT:
Belle Vivier patent slingback pumps, Roger Vivier, *rogervivier.com*; Sweetie gemstone rings, Irene Lummertz Jewelry, Palm Beach, *irenelummertz.com*.

OPPOSITE PAGE:
Jersey swimsuit, metal and resin bracelets, metal and resin cuffs, heart earrings, braided metal and leather handbag, Chanel, Palm Beach, *chanel.com*.

Embellished bow halter bralette, miniskirt with removable train, Carolina Herrera, Saks Fifth Avenue, Palm Beach, *carolina herrera.com*; black patent heels, Gucci, Palm Beach, *gucci.com*.

OPPOSITE PAGE:
Yellow silk viscose velvet dress, Gucci, Palm Beach, *gucci.com*; Love micro clutch, satin slingback pumps, Roger Vivier, *rogervivier.com*; Alicia rock crystal heart stud earrings, Irene Lummertz Jewelry, *irenelummertz.com*.



FIRE
FIRE ALARM
PULL DOWN

ABOVE LEFT:
Fantasy Tweed jacket, Chanel, Palm Beach, *chanel.com*; Starburst tourmaline hoop earrings, Sweetie gemstone rings, Irene Lummertz Jewelry, Palm Beach, *irenelummertz.com*.

ABOVE RIGHT:
Lace cocktail dress, Dolce & Gabbana, The Colony Edit, Palm Beach, *dolcegabbana.com*; patent pumps, Viv' Choc Summertime mini bag, Roger Vivier, *rogervivier.com*.

OPPOSITE PAGE:
Aaryn pencil skirt, Brandon Maxwell, *brandonmaxwellonline.com*; Belle Vivier patent slingback pumps, Roger Vivier, *rogervivier.om*; Bakelite bangles inlaid with semiprecious stones, Mark Davis, Greenleaf & Crosby, Palm Beach, *greenleafcrosby.com*.

Home Away from Home

Local personalities and noted tastemakers have reimagined The Colony's villas—with stunning results

BY HEATHER GRAULICH

This page, clockwise from top left: Villa Jasmine; Villa Aralia. Opposite page, clockwise from top left: Villa Bougainvillea; Villa Poinciana; Villa Jasmine; Villa Aralia.

How do you capture the essence of today's Palm Beach while honoring its history and traditions? That's a delicate dance, but one that Sarah Wetenhall, president and CEO of The Colony, has embraced during six years of renovations at the iconic pink hotel.

When she decided to reinvent the apartment-style villas located in the hotel's historic Casa Mañana owners' residence, she envisioned spaces that felt just as welcoming as the main building's fanciful aesthetic yet decidedly distinct. And why not? The island itself is a kaleidoscope of tastes and styles swirled together for more than a century.

"It was a desire to offer a palette in which different Palm Beach personalities could express their interpretation of what Palm Beach style and design looks like," says Wetenhall. "When people ask me what makes Palm Beach style different from the Hamptons or Nantucket, it's that sense of whimsy."

The villas' celebrity design collabs began in 2019 and include Aerin Lauder's Villa Jasmine by Aerin. Lauder, the granddaughter of cosmetics trailblazer Estée Lauder and a beauty and design icon herself with a namesake lifestyle brand, set out to create a soothing space filled with airy pastels, crisp whites, tropical flowers, and coastal elements, as well as luxurious touches such as Aerin bath amenities and curated coffee-table books.

"You can really enjoy the flowers, the palms, the beauty of the environment," says Lauder. "I wanted the villa to feel effortless, tropical, inviting. You have a straw console, palms in a pretty vase. And we worked with Colefax and Fowler on the curtains for whimsy and fun that's still modern and fresh."

Other touches in the 2,200-square-foot villa are from the Aerin line, such as faux shagreen serving pieces, raffia candle sleeves, and white plaster chandeliers. *(Continued on Page 166)*

esplanade
PALM BEACH

worth avenue
starts here

AKRIS • ALTONA • AMINA RUBINACCI • ANNE FONTAINE • BADGLEY MISCHKA • BRADFORD PORTRAITS
CHRISTOFLE • EDWARD BEINER EYEWEAR • EMILIO PUCCI • GUCCI • HUBLOT • LOUIS VUITTON
NEST SEEKERS INTERNATIONAL • PANERAI • PHARM X HEALTH ONE • PROVIDENT JEWELRY
SAKS FIFTH AVENUE • STARBUCKS • TAMARA COMOLLI FINE JEWELRY • UNSUBSCRIBED
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These blend seamlessly with the circa-1929 structure's cypress beams, terra-cotta floors, and arched windows. It's a space that feels classic, but winks at the fresh and lively aesthetic of The Colony itself.

In 2022, Los Angeles–based designer Mark D. Sikes reimagined Villa Aralia. An abundance of cheerful blue and white stripes pair with Sikes' own furniture pieces by Chaddock, which feature a distressed white oak finish.

"As a brand we're known for being all about blue and white, so my natural inclination was to go that route," says Sikes. "I was really inspired by an awning outside the hotel's café that I thought was so cool. I wanted to use that existing motif and make a whole villa out of it—to take their original story and make it bigger."

Sikes collaborated with Brunschwig and Fils on the cornflower-blue-and-white-striped fabric that appears throughout the villa, accentuated by woodwork in Farrow and Ball's Cook's Blue, a vibrant hue inspired by a cook's closet at Calke Abbey in Derbyshire, England.

There are seven villas in the hotel's collection, and another gem is Villa Poinciana, designed by Celerie Kemble. Her firm, Kemble Interiors, has refreshed many spaces at The Colony in recent years, including its playful pink lobby decked in custom de Gournay wallpaper that is dotted with bejeweled jaguars and bow-tied flamingos.

Sisters Beth Aschenbach and Danielle Norcross, the team behind the popular lifestyle blog *Palm Beach Lately*, partnered with Serena & Lily for the Sisters Suite, a delightful 1,200-square-foot hideaway with retro beachy chic decor.

Wetenhall herself remodeled Villa Bougainvillea, often referred to as the "Owners' Villa," with its private terrace and courtyard boasting a 1922 fountain. Its soothing neutrals, with touches of greens and browns, complement the natural setting and the historic elements throughout the property, including its aged floor tiles and carved cement fireplace.

"We want to embrace the past while catering to today's traveler," says Wetenhall. "We want to lead The Colony forward in a gentle and gracious fashion, incorporating the best of the modern world while staying true to what the hotel was meant to be."

We are thrilled to celebrate The Colony's 75th Anniversary with the founders and the entire team

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THE HAMPTON SOCIAL

DISHES AT THE HAMPTON SOCIAL, CLOCKWISE FROM TOP LEFT: BAJA FISH TACOS; FRENCH TOAST; SCALLOP RISOTTO.

OPENINGS

LIFE'S A BEACH

If Palm Beach is becoming a mini-Manhattan, then Delray Beach just might be our Hamptons. At least, it feels that way with the addition of **The Hampton Social** on Atlantic Avenue. Nestled on the ground floor of the new Atlantic Crossing development, The Hampton Social exudes coastal-chic vibes, with expansive patio dining, a 360-degree bar, and nautical-inspired design elements such as wicker light pendants and exposed wood beams. The menu complements the beachy aesthetic. Think: Maine lobster rolls, massive seafood towers, and brunch items like crab cake Benedict. As with any good Hamptons vacay, no visit to The Hampton Social is complete without a drink—and there are plenty to choose from, including a large selection of rosés from France, Italy, and California. The Hampton Social is the brainchild of Chicago-based Parker Hospitality, which already operates eight locations in Illinois, Nashville, Naples, and Orlando and will soon expand to Miami, Denver, and Atlanta. *(thehamptonsocial.com) —Mary Murray*

RECIPES

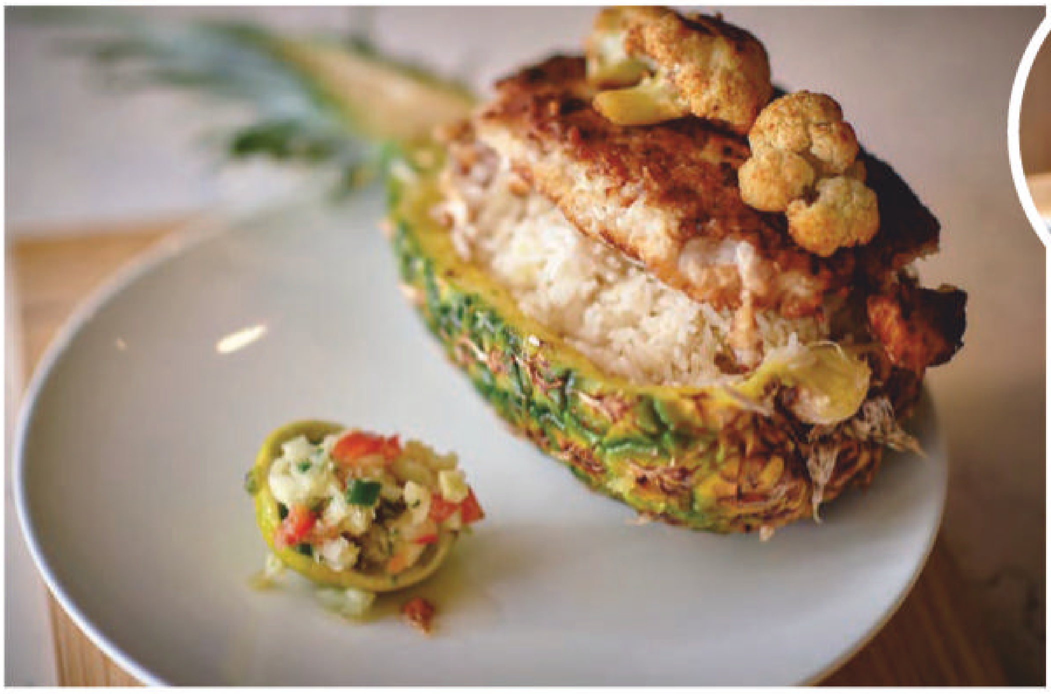
CHEF in the Making

Wellington resident Everett Allard has a tasty future ahead of him. In November, Allard placed third in the **2022 Lunchroom Wars**, the Florida Department of Agriculture and Consumer Services' statewide cooking competition. Out of 300 entries, three student chefs were invited to compete at the Epicurean Hotel in Tampa. The winners all received Florida 529 Savings Plan College Scholarships, with 12-year-old Allard netting $2,000 for his education. Here, he shares the recipe for his dish featuring Floridian ingredients. *(lunchroomwars.com)* —*M.M.*

MACADAMIA-CRUSTED SNAPPER PINEAPPLE BOAT

Ingredients ***(serves 2)***

1 pineapple
½ guava, diced
1 lime, juiced with halves reserved
1 tbsp. cilantro, chopped
1 tbsp. culantro, chopped
1 bunch green onions, diced
½ jalapeño, diced
½ red bell pepper, diced
1 cup canned pineapple
1 cup Coco Lopez
1 cup pineapple juice
1 cup basmati rice
1 head cauliflower
2 tbsp. melted butter
1 red snapper
1 cup macadamia nuts, crushed
1 cup flour
1 cup milk
Canola oil
Sea salt
Black pepper
Paprika



WELLINGTON RESIDENT AND POLO PARK MIDDLE SCHOOL STUDENT EVERETT ALLARD WON THIRD PLACE IN THE 2022 LUNCHROOM WARS, A STUDENT COOKING COMPETITION RUN BY THE FLORIDA DEPARTMENT OF AGRICULTURE AND CONSUMER SERVICES.

Cut the pineapple from top to bottom and core each half, making two boats. Remove the pineapple core and crush the insides. Mix the crushed pineapple insides with the guava, lime juice, cilantro, culantro, green onions, jalapeño, and bell pepper and season with salt and pepper to taste. Scoop salsa into reserved lime halves.

To make the rice, add the canned pineapple, Coco Lopez, and pineapple juice to a pot and bring to a boil. Add rice, cover, and simmer for 22 minutes.

Cut the cauliflower into florets and toss with melted butter. Season with paprika, salt, and pepper to taste. Bake at 350 degrees Fahrenheit for 25 minutes.

Fillet and skin the snapper. Combine crushed macadamia nuts with the flour. Dredge snapper fillets in milk, then the flour and nut mixture. Pan fry in half an inch of canola oil for 3 minutes per side. Season with salt and pepper to taste.

Scoop rice into the pineapple boats and top with snapper fillet. Garnish with roasted cauliflower and lime boat of pineapple salsa.

CRAVINGS

SLICE OF LIFE

Celebrate National Pizza Day February 9 with a visit to **Tavern Pi** in Jupiter. The brainchild of David Schroeder—the owner of Jupiter's Brick & Barrel Gastropub—Tavern Pi embraces the idea of Chicago thin-crust pizza, with classic Italian appetizers, pastas, and entrees as well as creative craft cocktails rounding out the menu. Chef Thomas Op't Holt notes that while the Windy City may have a reputation for deep dish, Chicago thin-crust pizza, known as tavern pie, can be found at bars across the metropolis. "Most people think that Chicagoland only eats deep-dish pizza, but that is not the case," says Op't Holt. "Most Chicago pizzerias serve this thin, crispy, cracker-like crust and then cut it into squares. We love being a destination that offers this in Palm Beach County, and what better way to enjoy than on National Pizza Day?" *(tavernpi.com)* —*M.M.*

RELEVANT MARKETING

2 TO TRY

Romantic Meal AT HOME

As the founder and president of public relations firm Altima Palm Beach, Maribel Alvarez knows a thing or two about luxury goods. With more than a decade of experience repping elite caviar brands, she decided to throw her hat into the ring and launched **Altima Caviar** this past fall. Alvarez and Graham Gaspard, the former president of Black River Caviar, are sourcing from the world's most exclusive and sustainable farms, resulting in such high-end offerings as premium grades of Russian Oscietra farmed in Israel's Galilee region. And, to ensure consistency, every tin of Altima Caviar includes the eggs from a single fish. It is available for purchase at Mary Mahoney on Worth Avenue and Cod & Capers in North Palm Beach, as well as at Bice Ristorante on Palm Beach. Regardless of whether you serve Altima Caviar on blinis, potato chips, or spoon-feed it to your lover, it's bound to be a sultry start to your night. *(altimacaviar.com)*

Tartuflanghe
CREMA CON PARMIGIANO REGGIANO
TARTUFO
2

You've taken care of the appetizer, now what about the entree? Truffles are a celebrated aphrodisiac, a quality that is often attributed to their suggestive aroma, which poet and author Diane Ackerman once described as "the muskiness of a rumpled bed after an afternoon of love in the tropics." While that may be a bit TMI, the allure of truffles is just right for a romantic night in—and **Amici Market** on Palm Beach has a variety of truffle-infused products that you can use to whip up a stunning main course. Start with Tealdi Gourmet's Antico Pastificio tagliolini, an egg pasta that stands up beautifully to truffle creams. Toss the pasta in Tartuflanghe's Parmigiano Reggiano truffle cream before finishing it with Tartuflanghe's Perlage black truffle pearls. Made from black winter truffle juice, these pearls may look like caviar, but they provide a pop of truffle flavor. *(amicimarket.com)* —M.M.

A selective guide to Palm Beach-area restaurants

THE LISTINGS

The Palm Beach County dining scene has something for everyone, from funky burger bars and gastropubs to the glam style of iconic Palm Beach lounges. Here, find a listing of area standouts, organized by cuisine type, with descriptions, contact information, and price details for each. What the icons mean:

$	Most entrees under $25
$$	Most entrees $25-$40
$$$	Most entrees $40 or more

While not all-inclusive due to space limitations, our dining listings may vary every month and are constantly updated to showcase the culinary diversity of the area. Find more information on local dining options on *palmbeachillustrated.com*.

NOTICE TO RESTAURATEURS: The establishments listed and their descriptions are printed at the discretion of the editors of *Palm Beach Illustrated*. They are not a form of advertisement, nor do they serve as a restaurant review. For more information, email editorial@palmbeachmedia.com

AMERICAN

AQUAGRILLE Savor coastal cuisine in beachy environs. 14121 U.S. Hwy. 1, Juno Beach (aquagrillejuno.com) **$$**

AVOCADO GRILL Chef Julien Gremaud offers flavorful Florida-Caribbean bites. 125 Datura St., West Palm Beach (avocadogrillwpb.com) **$$**

BEACON This waterfront grille is inspired by the Mediterranean but boasts a contemporary American feel. 1107 Lighthouse Road, Jupiter (thebeaconjupiter.com) **$$$**

BREEZE OCEAN KITCHEN Enjoy craft beer, specialty cocktails, and Floridian cuisine at this seaside gem at the Eau Palm Beach Resort & Spa. 100 S. Ocean Blvd., Manalapan (eaupalmbeach.com) **$$**

CITY CELLAR WINE BAR & GRILL Offering pizza, steaks, pasta, and seafood. 700 S. Rosemary Ave., West Palm Beach (citycellarwpb.com) **$$**

COOLINARY Chef-owner Tim Lipman has merged his popular café and watering hole to create one delicious hangout. 4580 Donald Ross Road Suite 100, Palm Beach Gardens (thecoolpig.com) **$$**

THE COOPER Practicing farm-to-table cooking in PGA Commons. 4610 PGA Blvd. Suite 100, Palm Beach Gardens (thecooperrestaurant.com) **$$**

CROSBY KITCHEN & BAR This stylish American bistro offers a Manhattan-meets-Palm Beach vibe. 1406 S. Cypress Drive, Jupiter (crosbykitchenandbar.com) **$$**

EMBER GRILL For an elevated take on favorites, visit this classy restaurant inside The Ray hotel. 233 N.E. 2nd Ave., Delray Beach (embergrilldelray.com) **$$$**

ENTRE NOUS BISTRO Home-style cooking commingles with gourmet fare. 123 U.S. Hwy. 1, North Palm Beach (entrenousbistro.com) **$$$**

FRIES TO CAVIAR GARDEN BISTRO & BAR Chef Jimmy Mills shows off his knack for unusual plates. 6299 N. Federal Hwy., Boca Raton (friestocaviar.com) **$$**

GARY RACK'S FARMHOUSE KITCHEN At this healthy hangout, farm-fresh ingredients reign supreme. 204 E. Atlantic Ave., Delray Beach; 399 S.E. Mizner Blvd., Boca Raton (farmhousekitchenboca.com) **$$**

GREASE BURGER BAR The high-end burgers elevate pub cuisine to a divine experience. 213 Clematis St., West Palm Beach (greasewpb.com) **$**

THE GROVE Northern California's food and wine culture takes center stage at this upscale eatery. 187 N.E. 2nd Ave., Delray Beach (thegrovedelray.com) **$$$**

HIVE BAKERY & CAFÉ Satisfy your sweet tooth as well as breakfast and lunch cravings. 1603 S. Dixie Hwy., West Palm Beach (hivebakeryandcafe.com) **$**

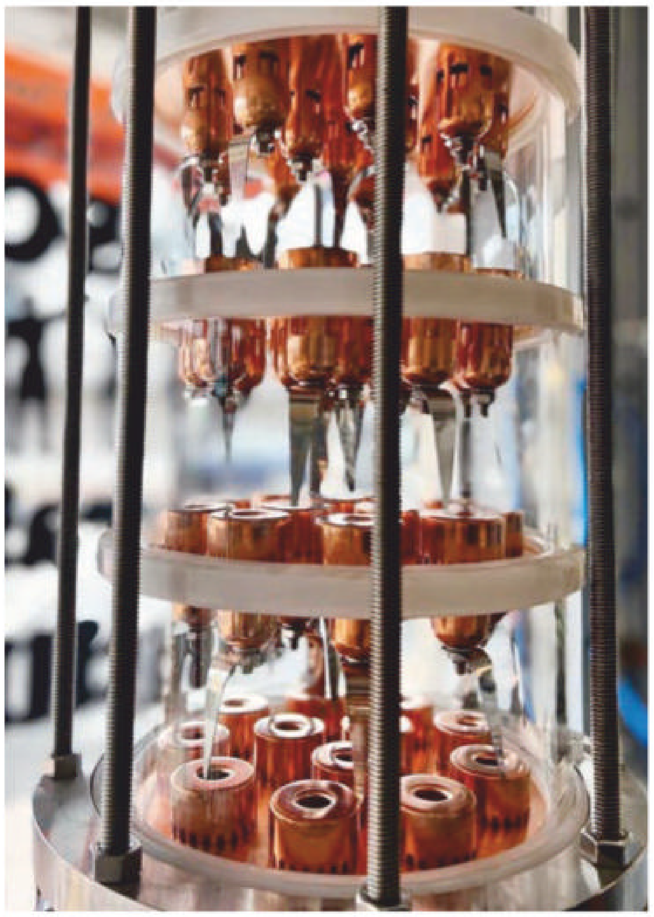
THE HONOR BAR Connected to the Palm Beach Grill, this intimate space features a small menu of the same high quality served at its neighbor. 340 Royal Poinciana Way, Palm Beach (honorbar.com) **$$**

HOWLEY'S This circa-1950 diner now serves tried-and-true classics. 4700 S. Dixie Hwy., West Palm Beach (sub-culture.org/howleys) **$**

KITCHEN Matthew Byrne opened his family-run eateries to serve sophisticated but not intimidating fare. 319 Belvedere Road #2, West Palm Beach; 5250 Donald Ross Road #100, Palm Beach Gardens (kitchenpb.com) **$$$**

LIBATIONS

PUMP YOU UP



MUSCLE
VODKA
GLUTEN FREE

For Grace Gillespie, fitness is a way of life. A veteran of fitness competitions since 2009, Gillespie previously owned a gym and juice bar in Ohio. She notes that her clients would often come to her with one question: "I'm going to drink—don't tell me not to—what's the best option?"

This prompt inspired her to develop **Muscle Vodka**, which she launched in 2017 using a distillery out of Tampa. In July 2022, having relocated to the Stuart area, Gillespie founded **Muscle Craft Distillery**, Martin County's first and only distillery and one of just a handful of women-owned distilleries in the country. "I wanted to be able to make all of my own products, handcraft everything, and expand my brand," she says of the move.

Gillespie's flagship vodka is non-GMO, low-cal, and free of gluten, sugar, and carbs. She can craft custom flavored vodkas in small batches and offers seasonal flavors too (look out for a "red hot" cinnamon one for Valentine's Day). In addition to vodka, she also has a rum and will soon debut tequila and whiskey.

Gillespie's passion for health and wellness are still integral to her brand. Her distillery is fitness-themed, with a wall wrapped in pictures from bodybuilding shows and competitions. It is open to the public for tastings and sales, and also boasts a smoothie and juice bar, with all of her smoothies clocking in at under 300 calories. "I have no sugar in the building except for the natural sugar in the fruit," she adds. *(musclevodka.net, musclecraftdistillery.com) —M.M.*

LE BAR Á VIN This wine and cocktail bar offers a range of drinks and light dishes. 380 S. County Road, Palm Beach (lebarpalmbeach.com) **$$$**

MAX'S GRILLE A cross between a steak house and a sports bar, Max's Grille has garnered a wide legion of fans. 404 Plaza Real, Boca Raton (maxsgrille.com) **$$**

MAXWELL'S PLUM The circa-1966 restaurant is revived, complete with upscale cuisine and cocktails. 12300 S. Shore Blvd., Wellington (maxwellsplum.com) **$$$**

THE OFFICE This gastropub offers remarkably good comfort food and an impressive selection of craft beer. 201 E. Atlantic Ave., Delray Beach (theofficedelray.com) **$$**

PROPER GRIT Using locally sourced ingredients, this gastropub in The Ben pays homage to Old Florida. 251 N. Narcissus Ave., West Palm Beach (propergrit.com) **$$$**

REBEL HOUSE A fun atmosphere and menu make Rebel House a favorite on the Boca dining scene. 297 E. Palmetto Park Road, Boca Raton (rebelhouseboca.com) **$$**

THE REGIONAL Chef Lindsay Autry pairs her Southern roots with Mediterranean flavors. 651 Okeechobee Blvd., West Palm Beach (eatregional.com) **$$**

RESTAURANT 44 Enjoy creative cuisine and classics in a sleek setting. Palm Beach Towers, 44 Cocoanut Row, Palm Beach (restaurant44palmbeach.com) **$$$**

SOURBON KITCHEN & BAR If you are in search of contemporary American dining with a botanical atmosphere, look no farther than Sourbon. 215 Clematis St., West Palm Beach (sourbon.com) **$$**

SWIFTY'S AT THE COLONY Cosmopolitan dining meets island ease. 155 Hammon Ave., Palm Beach (thecolonypalmbeach.com) **$$$**

TABLE 26 This all-American restaurant presents updated classics in a chic atmosphere. 1700 S. Dixie Hwy., West Palm Beach (table26palmbeach.com) **$$$**

TA-BOO Ta-boo has been serving American comfort food since 1941, and no one does it better. 221 Worth Ave., Palm Beach (taboorestaurant.com) **$$**

TROPICAL SMOKEHOUSE Chef Rick Mace brings his culinary prowess to Florida barbecue. 3815 S. Dixie Hwy., West Palm Beach (eattropical.com) **$**

TROY'S BARBEQUE Locals return again and again for the superior barbecue. 3950 Georgia Ave., West Palm Beach; 1920 S. Federal Hwy., Boynton Beach (bbqtroys.com) **$**

THE WOODS Tiger Woods' take on an upscale sports bar. 129 Soundings Ave., Jupiter (thewoods.tigerwoods.com) **$$$**

ASIAN AND INDIAN

AKIRA BACK Savor Korean-Japanese fusion from Michelin-star chef Akira Back inside The Ray hotel. 233 N.E. 2nd. Ave., Delray Beach (akirabackdelray.com) **$$**

ALLEY CAT Chef Eric Baker slings up small Asian bites and an array of specialty sushi rolls. 409 S.E. Mizner Blvd., Boca Raton (alleycatboca.com) **$$**

BLACKBIRD This modern Asian concept boasts sexy interiors that match its inventive menu. 1511 N. Old Dixie Hwy., Jupiter (blackbirdmodernasian.com) **$$**

ECHO The Asian restaurant of The Breakers offers dishes from China, Japan, Thailand, and Vietnam. 230A Sunrise Ave., Palm Beach (echopalmbeach.com) **$$$**

IMOTO Chef Clay Conley presents small Asian bites and a sushi menu that tempts all senses. 350 S. County Road, Palm Beach (imotopalmbeach.com) **$$**

INDUS INDIAN AND HERBAL CUISINE Choose from an extensive menu of traditional dishes. 1649 Forum Place, West Palm Beach (indusdine.com) **$$**

JOY NOODLES Order the fresh ramen at this vegetarian-friendly hidden gem. 2200 S. Dixie Hwy., West Palm Beach (joynoodles.net) **$$**

KAPOW! NOODLE BAR This Asian fusion restaurant provides late-night comfort food with a French-Vietnamese flair. 519 Clematis St., West Palm Beach; 402 Plaza Real, Boca Raton (kapownoodlebar.com) **$$**

MALAKOR THAI CAFÉ This Northwood staple offers a colorful setting in which to enjoy Thai classics. 425 25th St., West Palm Beach (malakor.com) **$$**

SUSHI JO American sushi chef Joseph Clark delivers a cosmopolitan dining experience. 319 Belvedere Road #112, West Palm Beach; 14261 U.S. Hwy. 1, Juno Beach; 640 E. Ocean Ave. #4, Boynton Beach (sushijo.com) **$$**

SUSHI RAY JAPANESE RESTAURANT Enjoy the entertaining hibachi grill or order from the collection of sake at the onyx-lit sushi bar. 5250 Town Center Circle #111, Boca Raton (sushiray.com) **$$**

YAMA Kiyonori "Yama-san" Yamamoto prepares cooked Japanese dishes, Korean barbecue, and Thai curries. 200 N.E. 2nd Ave. #110, Delray Beach (yamadelray.com) **$$**

ECLECTIC

BARCELLO With a pasta section ranging from pad Thai to rigatoni, there is no doubt that Barcello's menu is one of the most unique in Palm Beach County. 11603 U.S. Hwy. 1, North Palm Beach (barcellonpb.com) **$$**

RHYTHM CAFÉ Offering inspired comfort food and an impressive beer and wine inventory. 3800A S. Dixie Hwy., West Palm Beach (rhythmcafe.com) **$$**

SPRUZZO Enjoy glittering views of the Intracoastal at this rooftop eatery with a globally inspired menu. 251 N. Narcissus Ave., West Palm Beach (spruzzowestpalm.com) **$$**

FRENCH AND FRENCH AMERICAN

ALMOND This Bridgehampton mainstay has brought its classic French comfort food to Palm Beach. 207 Royal Poinciana Way, Palm Beach (almondrestaurant.com) **$$**

CAFÉ BOULUD This four-star restaurant boasts the same French flair as its famed Manhattan cousin, with a dash of South Florida flavor. 301 Australian Ave., Palm Beach, in the Brazilian Court Hotel (cafeboulud.com) **$$$**

CAFÉ L'EUROPE Boasting influences from all over Latin America and Europe. 331 S. County Road, Palm Beach (cafeleurope.com) **$$$**

LA NOUVELLE MAISON Savor the light and delicate cooking of chef Gregory Howell. 455 E. Palmetto Park Road, Boca Raton (lnmbocaraton.com) **$$$**

LE BILBOQUET Visit this chic resto for classic French dishes in upscale environs. 245 Worth Ave., Palm Beach (lebilboquetpb.com) **$$$**

PARIS IN TOWN, LE CAFÉ This casual outpost offers pastries, crepes, and more. 11460 U.S. Hwy. 1 at PGA Blvd., North Palm Beach (parisintown.com) **$**

THE PARISIAN This charming French brasserie presents culinary staples like coq au vin. 201 N. U.S. Hwy. 1, Jupiter (theparisianrestaurant.com) **$$**

PÉTANQUE This casual spot is a tribute to the owners' childhood summers in the South of France. 517 Northwood Road, West Palm Beach (petanquepb.com) **$$**

PISTACHE FRENCH BISTRO Presenting French bistro bites with a Mediterranean twist. 101 N. Clematis St., West Palm Beach (pistachewpb.com) **$$**

ITALIAN

123 DATURA This fun hangout serves sharable versions of Italian favorites. 123 Datura St., West Palm Beach (123datura.com) **$**

ARTURO'S RISTORANTE Arturo's presents authentic flavors of Italy in every dish and wine glass. 6750 N. Federal Hwy., Boca Raton (arturosrestaurant.com) **$$$**

BICE Homemade pastas, excellent service, and tiramisu will make you feel like Italy isn't so far away. 313 Worth Ave., Palm Beach (bice-palmbeach.com) **$$$**

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BUONASERA RISTORANTE Perfectly executed Northern Italian dishes in an intimate setting. 2145 S. U.S. Hwy. 1, Jupiter (buonaserajupiter1993.com) **$$$**

CAFÉ SAPORI This café's menu offers classics from every region of Italy. 205 Southern Blvd., West Palm Beach (cafesaporicorp.com) **$$**

CAFFE LUNA ROSA Luna Rosa turns out consistent versions of classic Northern Italian favorites. 34 S. Ocean Blvd., Delray Beach (caffelunarosa.com) **$$**

CASA D'ANGELO Chef Rickie Piper places an emphasis on market-fresh ingredients. 171 E. Palmetto Park Road, Boca Raton (casa-d-angelo.com) **$$$**

CUCINA PALM BEACH After indulging in Italian dishes, clear your table for the nightclub. 257 Royal Poinciana Way, Palm Beach (cucinapalmbeach.com) **$$**

ELISABETTA'S This sleek eatery slings up handmade Italian delicacies. 201 N. Flagler Drive, West Palm Beach; 32 E. Atlantic Ave., Delray Beach (elisabettas.com) **$$**

EVO Chef Erik Pettersen is on a mission to re-create the cooking of his Sicilian relatives. 150 N. U.S. Hwy. 1, Tequesta (evoitalian.com) **$$**

GRATO Chef Clay Conley lends his prowess to Italian food and more at this casual trattoria. 1901 S. Dixie Hwy., West Palm Beach (gratowpb.com) **$$**

HULLABALOO Hullabaloo is an Italian gastropub with creative cuisine and unique cocktails. 517 Clematis St., West Palm Beach (sub-culture.org/hullabaloo) **$$**

JOSEPHINE'S ITALIAN RESTAURANT Josephine's creates Italian cuisine in a casual atmosphere. 5751 N. Federal Hwy., Boca Raton (josephinesofboca.com) **$$$**

LIMONCELLO This trattoria serves up classic dishes in a family-friendly atmosphere. 2000 PGA Blvd., Palm Beach Gardens (limoncellopbg.com) **$$$**

LOUIE BOSSI'S This beloved addition to the Boca dining scene specializes in sharable Italian favorites. 100 E. Palmetto Park Road, Boca Raton (louiebossi.com) **$$**

LYNORA'S A true family affair, Lynora's excels at modernizing classic Italian dishes. 207 Clematis St., West Palm Beach; 1548 N. U.S. Hwy. 1, Jupiter (lynoras.com) **$$**

PREZZO This popular Italian joint serves old favorites and modern dishes. 4520 PGA Blvd., Palm Beach Gardens; 5560 N. Military Trail, Boca Raton (eatprezzo.com) **$$**

RENATO'S Renato's produces first-rate Italian and continental fare. 87 Via Mizner, Palm Beach (renatospalmbeach.com) **$$$**

TREVINI RISTORANTE Trevini serves Northern and Southern Italian dishes with taste and refinement. 223 Sunset Ave., Palm Beach (treviniristorante.com) **$$$**

VIC AND ANGELO'S Offering both light and savory Italian delights as well as an impressive wine selection. 290 E. Atlantic Ave., Delray Beach (vicangelos.com) **$$**

LATIN AMERICAN AND MEXICAN

ANDALUCIA TAPAS BAR & RESTAURANT Savor Spanish cuisine on-site or shop the marketplace to take a little bit of Spain with you. 187 Tequesta Dr., Jupiter (andaluciatapasbar.com) **$$**

BANKO CANTINA Mexican flavors thrive at this eatery and tequila bar. 114 S. Olive Ave., West Palm Beach (bankocantina.com) **$**

DOWN SOUTH

Japan via Miami

The **Morikami Museum and Japanese Gardens** in Delray Beach is known for its vast programming honoring and sharing Japanese culture. Now the organization has teamed up with the **Nobu Hotel Miami Beach** to host Japanese-imbued art and food events. In addition to calligraphy and origami classes the second Friday and third Saturday, respectively, of each month, the Nobu Hotel is also offering a Japanese tea ceremony the first Thursday and Shibui Japanese whisky tastings the second Thursday, both beginning at 6 p.m. For the Japanese whisky tasting, guests will sample a flight of wheat and malt whiskies from Niigata and single-grain whiskies from Okinawa. Reservations can be made by calling the Nobu Hotel's concierge at 305-704-7600. *(miamibeach.nobuhotels.com)* —*M.M.*

SHIBUI
10
SHIBUI
10
SHIBUI

CALAVERAS CANTINA Providing festive environs for savoring Mexican staples like street corn, enchiladas, and churros. 125 Dockside Circle, Jupiter; 409 Plaza Real, Boca Raton (calaverascantina.com) **$$**

CASA CAÑA A nostalgic atmosphere and an eclectic Latin menu separate Casa Caña from the pack. 377 Tequesta Drive, Jupiter (casacana.com) **$$**

DON RAMON Open for nearly 30 years, Don Ramon is one of the pioneers to introduce Cuban cuisine to the area. 7101 S. Dixie Hwy., West Palm Beach (donramonrestaurant.com) **$**

DR. LIMÓN Chef Carlos Brescia uses Peruvian and local ingredients to deliver a taste of Latin America. 533 Clematis St., West Palm Beach (doctorlimon.com) **$**

EL CAMINO El Camino serves Mexican soul food, like brisket quesadillas and carne asada tacos. 700 S. Rosemary Ave. Suite #232, West Palm Beach; 15 N.E. 2nd Ave., Delray Beach (elcaminowestpalmbeach.com; elcaminodelray.com) **$**

PAPICHULO TACOS Three friends came together to fuse Mexican, Cuban, Peruvian, and Argentinian influences. 1005 N. State Road 7, Royal Palm Beach; 1556 U.S. Hwy. 1, Jupiter (papichulotacos.com) **$**

PIO PIO Colombian and Peruvian roots merge to create original Latin American eats. 510 E. Ocean Ave., Boynton Beach (piopioocean.com) **$**

ROCCO'S TACOS AND TEQUILA BAR Every day is Cinco de Mayo at Rocco's. 224 Clematis St., West Palm Beach; 5090 PGA Blvd., Palm Beach Gardens; 110 E. Atlantic Ave., Delray Beach; 5250 Town Center Circle, Boca Raton (roccostacos.com) **$**

MEDITERRANEAN

AMAR MEDITERRANEAN BISTRO Stop by for an authentic taste of Lebanon. 522 E. Atlantic Ave., Delray Beach (amardelray.com) **$$**

FLORIE'S In the Four Seasons Resort Palm Beach, acclaimed chef Mauro Colagreco offers his interpretation of fine-dining Mediterranean fare. 2800 S. Ocean Blvd., Palm Beach (fourseasons.com/palmbeach) **$$$**

LEILA RESTAURANT In addition to its many Mediterranean dishes, Leila also offers entertainment in the form of belly dancing and hookah on the patio. 120 S. Dixie Hwy., West Palm Beach (leilawpb.com) **$$**

SEAFOOD

THE ATLANTIC GRILLE Located in the Seagate Hotel, this restaurant emphasizes bold and innovative American seafood. 1000 E. Atlantic Ave., Delray Beach (theatlanticgrille.com) **$$$**

BENNY'S ON THE BEACH Chef Jeremy Hanlon has created a casual beachside dining experience featuring a stunning view of the Atlantic Ocean. 10 S. Ocean Blvd., Lake Worth Beach (bennysonthebeach.com) **$$**

CAPTAIN CHARLIE'S REEF GRILL This unassuming restaurant packs a punch with a large selection of Cajun-inspired entrées. 12846 U.S. Hwy. 1, Juno Beach (captaincharliesreefgrillfl.com) **$**

CITY OYSTER AND SUSHI BAR With a full sushi bar, fresh oysters, and a bakery, City Oyster offers a plethora of options for all tastes. 213 E. Atlantic Ave., Delray Beach (cityoysterdelray.com) **$$**

COD AND CAPERS SEAFOOD MARKET AND CAFÉ A market and restaurant, Cod and Capers sells fresh fish to bring home or will take care of dinner for you. 1201 U.S. 1, North Palm Beach (codandcapers.com) **$$**

COPPERFISH KITCHEN Sustainably sourced seafood is the speciality at Copperfish, although carnivores will also find something to love. 5250 Town Center Circle #143, Boca Raton (copperfishkitchen.com) **$$$**

DIVE BAR RESTAURANT Dine on the water or sit at the open-air bar surrounding a large saltwater aquarium. 318 S. U.S. Hwy. 1, Jupiter (divebarrestaurant.com) **$$**

MUSSEL BEACH This coastal-inspired restaurant offers 12 unique preparations of mussels. 501 E. Atlantic Ave., Delray Beach (musselbeachdelray.com) **$$**

PB CATCH This contemporary seafood restaurant is the brainchild of Pistache's Reid Boren and Thierry Beaud. In the kitchen, chef Aaron Black prepares everything from his famous seacuterie to vegan dishes. 251 Sunrise Ave., Palm Beach (pbcatch.com) **$$$**

THE SEAFOOD BAR AT THE BREAKERS Stunning views of the Atlantic Ocean combine with a menu full of global seafood dishes with innovative twists. 1 S. County Road, Palm Beach (thebreakers.com) **$$$**

SEAWAY Fresh ocean ingredients and Latin flavors commingle at this oceanfront eatery at the Four Seasons Resort Palm Beach. 2800 S. Ocean Blvd., Palm Beach (fourseasons.com/palmbeach) **$$**

THE STATION HOUSE While the clam chowder, Ipswich steamers, and fish dishes are noteworthy, the specialty is perfectly prepared Maine lobster. 233 W. Lantana Road, Lantana (thestationhouse.com) **$$**

WATERWAY CAFE Grab a seat at the floating bar to watch the sun set on the Intracoastal. 2300 PGA Blvd., Palm Beach Gardens (waterwaycafe.com) **$$**

STEAK HOUSE

ABE & LOUIE'S In addition to serving outstanding beef, Abe & Louie's features classic New England seafood dishes. 2200 W. Glades Road, Boca Raton (abeandlouies.com) **$$$**

THE BUTCHER'S CLUB At this high-end steak house inside the PGA National Resort, *Top Chef* winner Jeremy Ford creates dishes that truly taste as amazing as they look. 400 Avenue of the Champions, Palm Beach Gardens (pgaresort.com) **$$$**

CHOPS LOBSTER BAR The extensive menu is complemented by an equally interesting wine list. 101 Plaza Real S., Boca Raton (buckheadrestaurants.com) **$$$**

CUT 432 This modern steak house has a hip, high-energy environment. Executive chef and owner Anthony Pizzo pairs his food with excellent wines. 432 E. Atlantic Ave., Delray Beach (cut432.com) **$$$**

FLAGLER STEAKHOUSE Operated by The Breakers, this elegant steak house offers hand-selected cuts of beef in country club environs. 2 S. County Road, Palm Beach (flaglersteakhousepalmbeach.com) **$$$**

HOUSTON'S Focusing on American classics, this Hillstone steak house prepares its flawless dishes from scratch. 1900 N.W. Executive Center Circle, Boca Raton (houstons.com) **$$$**

LEWIS STEAKHOUSE The family behind Okeechobee Steakhouse brings its classic fare and exquisite hospitality to North County. 6390 Indiantown Road W. Suite #59, Jupiter (lewissteakhouse.com) **$$$**

NEW YORK PRIME This steak house has it all: first-rate raw materials, flawlessly executed dishes, and tables spaced far enough apart for private conversations. 2350 N.W. Executive Center Drive, Boca Raton (newyorkprime.com) **$$$**

PALM BEACH GRILL The Palm Beach outpost of Houston's offers beloved items we have come to expect: ribs, steaks, and seafood. 340 Royal Poinciana Way, Palm Beach (palmbeachgrill.com) **$$$**

SALT 7 Steak is the top draw at this late-night favorite, but make sure to savor the truffle mac and cheese as well as sashimi, specialty sushi rolls, and raw bar bites. 32 S.E. 2nd Ave., Delray Beach (salt7.com) **$$$**

STONEWOOD GRILL AND TAVERN At once casual and classy, Stonewood presents a savory menu in an intimate setting. Start with the bruschetta and end with the chocolate bread pudding. 10120 Forest Hill Blvd., Wellington (stonewoodgrill.com) **$$**

III FORKS The elegant bar and lounge create a trendy atmosphere for this modern evolution of the classic steak house. 4645 PGA Blvd., Palm Beach Gardens (3forks.com) **$$$**

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SIP WITH *PBI*

LOVE is in the Air

ADD A LITTLE PASSION TO YOUR GLASS WITH THIS TROPICAL APERITIVO

BY JULES ARON

This sultry spritz with hints of bright berries and tropical passion fruit is a modern twist on the bittersweet *aperitivo*, a cultural phenomenon that started back in eighteenth-century Piedmont. It rose in popularity in part thanks to King Victor Emmanuel II, who chose the local spiced wine known today as vermouth as his sip of choice. *Aperitivi* prime the appetite, but this spritz may just put you in the mood for more.

BITTERSWEET PASSION

Ingredients

5 fresh raspberries
1 ½ oz. Berto Bitter Aperitivo
½ oz. Chinola Passion Fruit Liqueur
¼ tsp. rose water, to spritz
3 oz. Bava Moscato D'Asti Sparkling Blend, to top

In a shaker, add the raspberries and muddle gently. Add ice, the *aperitivo*, and the passion fruit liqueur and shake well. Lightly mist a chilled coupe glass with rose water and double strain your mixture into the glass. Top with sparkling wine. Serving your drink on a bed of rose petals is optional but highly recommended.

JOIN US ON INSTAGRAM FOR *SIP WITH PBI* EVERY FRIDAY AT 4 P.M. *(@PBILLUSTRATED)*

IT'S ALL ON THE FARM

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UNA
VODKA
MIAMI CLUB
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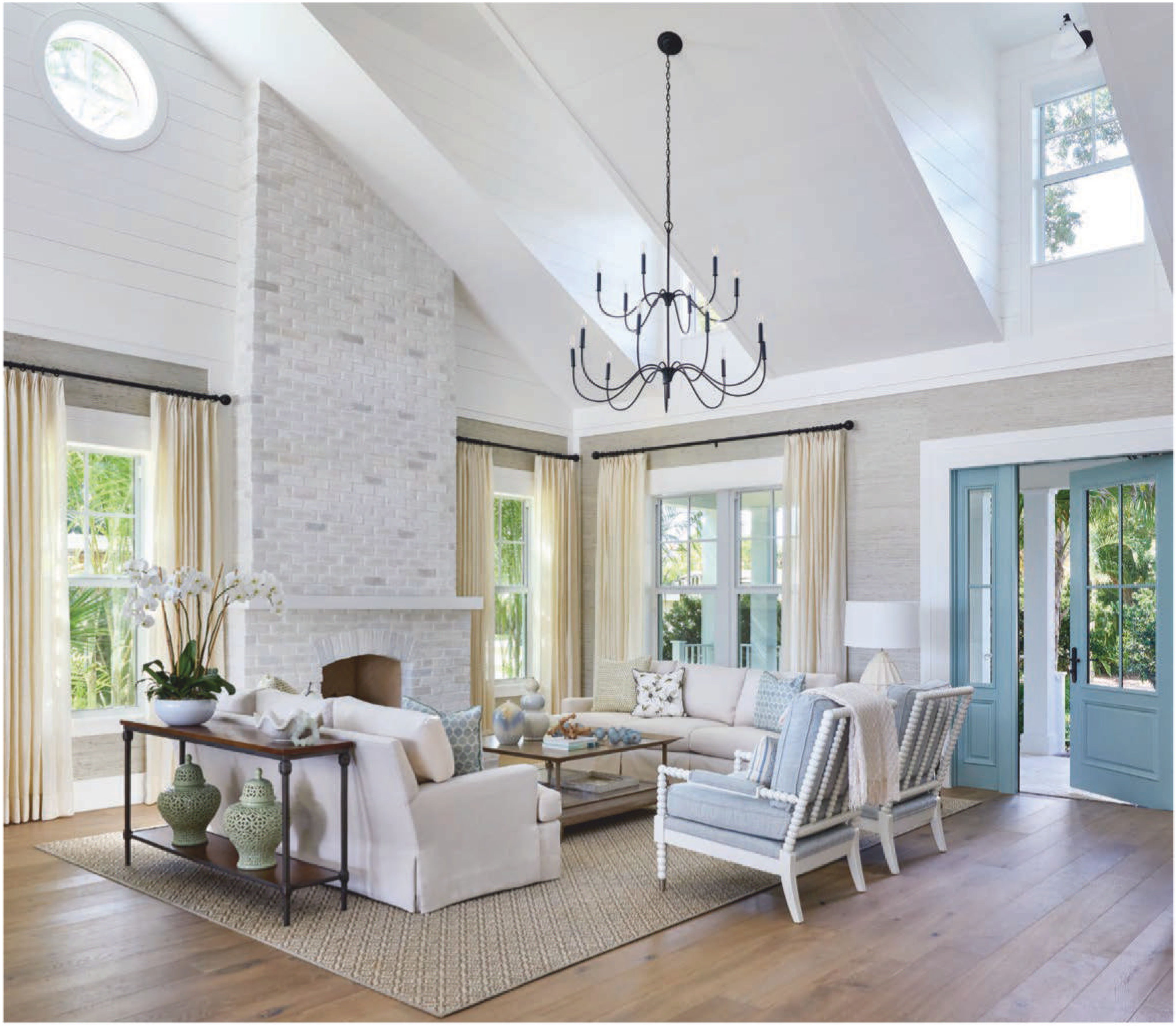


CARMEL BRANTLEY

DESIGN

COTTAGE CRAVING

Designer Jackie Armour's empty-nester clients had always wanted a cottage-style home and were fascinated by the Old Florida aesthetic. When they purchased a site along the Intracoastal in Jupiter, they saw it as their chance to design something with clean lines and a bright yet quaint feel.

"When you think of cottage decor, white often comes to mind," says Armour, head of **JMA Interior Design**. "The interiors of this living room have a white and neutral palette with natural elements, custom millwork, and light wood plank flooring throughout. We created depth and texture with the fabrics and wallcoverings as well as the utilization of metals."

While the room has an abundance of natural light during daylight hours, Armour incorporated an airy chandelier to play into the cottage vibe and add warmth in the evenings. And as a means of anchoring the space with a pop of color, she talked the homeowners into painting the door robin's-egg blue—the perfect inviting element to welcome visitors. *(jmainteriordesign.com)*
—Liza Grant Smith

INSPIRED LIVING

Making Scents of It All

TIPS FOR CURATING OLFACTORY EXPERIENCES THROUGHOUT YOUR HOME

BY LIZA GRANT SMITH

According to a study conducted by Mood Media, 75 percent of all emotions generated every day are due to smell. It's perhaps one of the reasons why more and more luxury hotels are developing signature fragrances and why the concept of home scenting has flourished in recent years. Here's a cheat sheet on how to cultivate a desired mood in your home's primary spaces.

THREE TECHNIQUES

1. Burning scented candles, such as those by Boynton Beach–based Wax Buddha *(waxbuddha.com)* is an easy way to scent a room with the bonus of instant ambience. Mixologist Courtney Siegel and food product creator Robin Alpert founded the company during the pandemic, combining their expertise and creativity to create artisan candles in signature scents such as Good Vibes Only, a blend of sage, palo santo, and rosemary.

2. Scent diffusing has gone high tech, with companies like Aroma360 *(aroma360.com)* offering both standalone and HVAC-connected systems that can scent spaces measuring up to 6,000 square feet. The company has designed more than 90 signature scents for hotels and high-end brands, and it sells oils reminiscent of many of those mixtures. Sample their intoxicating bouquets at Aroma360 showrooms in Palm Beach, Boca Raton, and Wynwood.

3. Fresh flowers serve as a source of fragrance and as a decor accent. With shops in New York and Palm Beach, Renny & Reed *(rennyandreed.com)* is known for crafting arrangements for the home and special events that have a visual "wow" factor as well as aromas that evoke emotions.

THREE SPACES

wax buddha
The Recipe
RED CURRANT
CINNAMON
VANILLA
The Recipe
wax buddha

1. THE KITCHEN

The key in the kitchen is to not compete with the food. Instead, opt for scents that play to culinary flavors such as herbs, sweet fruit, fresh citrus, and baking spices.

Candle Pick: The Recipe by Wax Buddha has hints of berry, cinnamon, and vanilla.
Diffuser Pick: Inspired by the W Hotel, Aroma360's 24K Magic entices with bergamot, lemon, and lemongrass, before developing into a bouquet of magnolia, jasmine, and lily on a base of koa wood and white musk.
Flower Pick: "Combine herbs such as rosemary, thyme, and lavender, accented with scented geranium foliage, vegetables, and fruits," says Reed McIlvaine of Renny & Reed. "Then combine the herbs with nonfragrant flowers such as tulips to prevent them from overpowering the food."

2. THE LIVING ROOM

The desired mood in a living room often changes depending on the day and occasion.

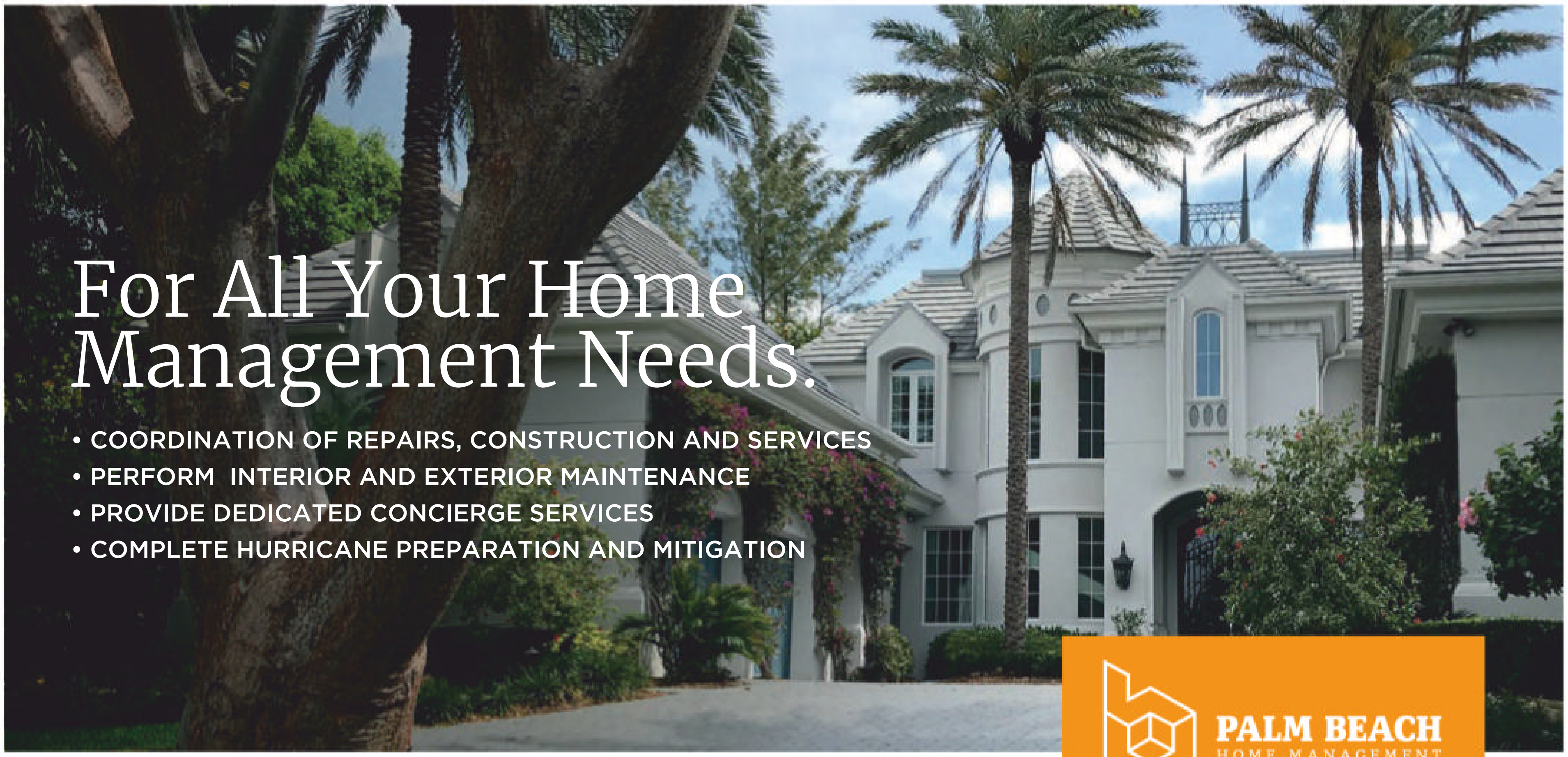
Create a vibe that is inviting, cozy, and a bit alluring with warm wood scents, like cedar or sandalwood mixed with vanilla. Or go for a more fresh and lively approach (i.e., garden flowers) that encourages socialization and boosts energy.

Candle Pick: Wax Buddha's Enchanted Forest is a nod to the hills and beaches of Malibu, with marine sea salt and eucalyptus drifting into cinnamon, redwood, and sugary clove.
Diffuser Pick: Designed for Margaritaville, Mother Ocean from Aroma360 has hints of bergamot, ivy, and ocean plus notes of peony, magnolia, and sweet honeysuckle, and a finish of oud, warm amber, and sandalwood.
Flower Pick: "Avoid flowers that have an earthy smell, such as tree peonies and fritillaria," says McIlvaine. "We recommend a pleasant, mildly fragrant array of fresh scents, such as lilac, garden roses, peonies, and sweet pea."

3. THE BEDROOM

In addition to being tranquil and balancing, the bedroom is also the most critical room to personalize. Determine scents that soothe you—whether they be herbal and spa-like, deep and sultry, or delicate and sweet.

Candle Pick: It Was All a Dream by Wax Buddha was made for the bedroom, with a profile of lavender, eucalyptus, and driftwood.
Diffuser Pick: An homage to Nest's cedar leaf and lavender scent, Aroma360's Blue Moon combines deep blue cedar and lavender for a relaxing aroma that becomes even more soothing with notes of lilac, sandalwood, and eucalyptus.
Flower Pick: "Look for sweet, soft fragrances such as lily of the valley, lilac, and sweet pea to create a romantic, fragrant effect," advises McIlvaine. However, "we recommend avoiding Casa Blanca lilies, which have a tendency to overwhelm the room with their strong scent."



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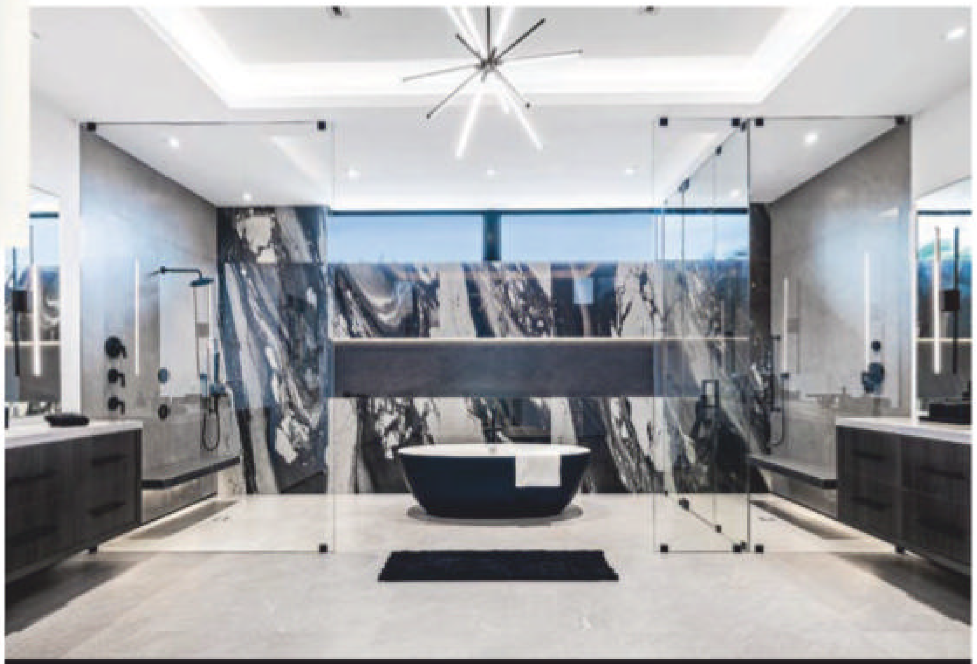
ELEMENTS

Better in BLACK & WHITE

THIS DRAMATIC DUO PROVES THAT SOME DECOR CLASSICS NEVER GO OUT OF STYLE

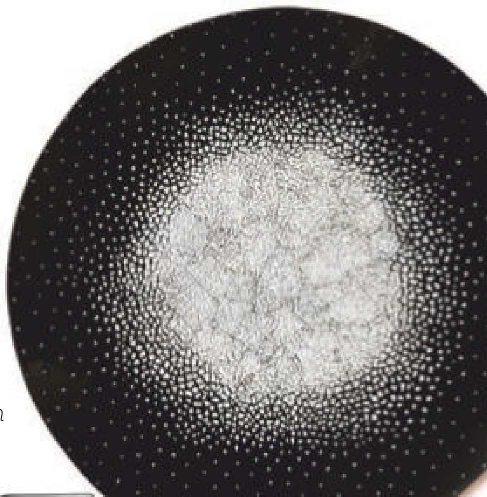
BY LIZA GRANT SMITH

STUNNING IN STRIPES
A black-and-white-striped glaze and gold-stripe detailing make the Lula Park table lamp ($326) from **Elk Home** the ideal glam accent. *Capitol Lighting, Palm Beach Gardens, Boca Raton (capitollighting.com)*



RON ROSENZWEIG

SPA DAY
Sarah St. Amour of **St. Amour Interior Design** utilized black-and-white components to create this showstopping bathroom. “The client wanted a dramatic master bathroom,” says St. Amour. “We used Level porcelain slabs by Emilgroup to clad the walls and featured a fabulous black-and-white tub from Victoria and Albert [as] the exquisite centerpiece.” *Palm Beach Gardens (stamourinteriordesign.com)*



UNIVERSAL APPEAL
Cracked eggshell and black lacquer come together to form a cosmos worthy of your dinner table in these handcrafted placemats ($150 for set of two) by **Von Gern Home**. *Maison Curated, Boynton Beach (maisoncurated.com)*

QUEEN’S GAMBIT
L’Objet’s chess set ($1,995) boasts a captivating game face made from lacquered Macassar ebony, marble, brass, and shell inlay. *Stephen Mooney Interiors, Palm Beach (stephenmooneyinteriors.com)*

GOING IN CIRCLES
Connect the dots with this **Uttermost** pillow ($147), featuring a circular pattern on cotton slubbed fabric. *Floral Emporium, West Palm Beach (floralemporiumonline.com)*

MIX IT UP
This gorgeous salad bowl ($495) is part of the Herbariae tableware collection by **Christian Lacroix Maison** and **Vista Alegre**, which was inspired by herbarium collections and antique botanical prints. *The Regency Collection, Boca Raton (regencycollectiongifts.com)*

WORKING THE ANGLES
An elevated approach to geometry, **Universal Furniture**’s Nina Magon Marcel console table ($1,749) pairs a smooth stone top with a bronze-finished base. *Baer’s Furniture locations (baers.com)*

PETITE SEAT
Good things come in small packages, as evidenced by this **Anthropologie** chair ($498) in woven cotton rug upholstery. *Anthropologie, West Palm Beach, Palm Beach Gardens (anthropologie.com)*

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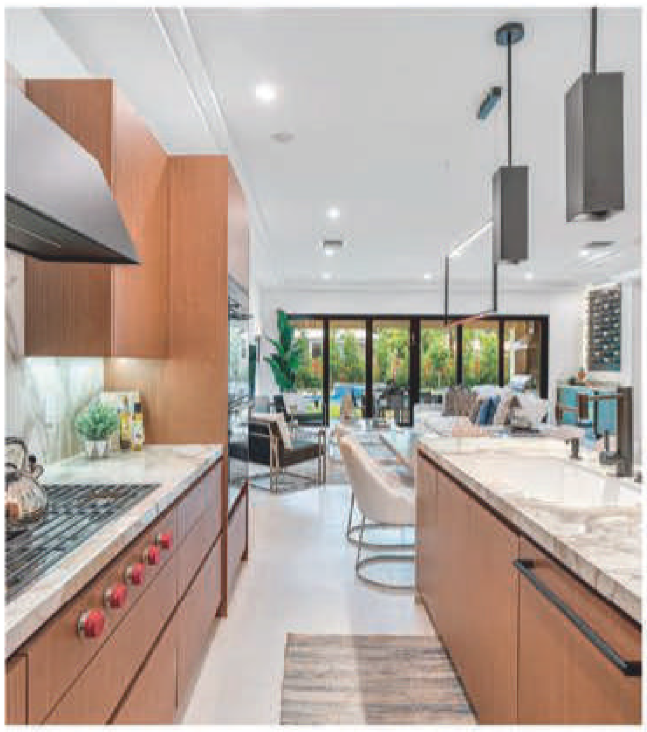

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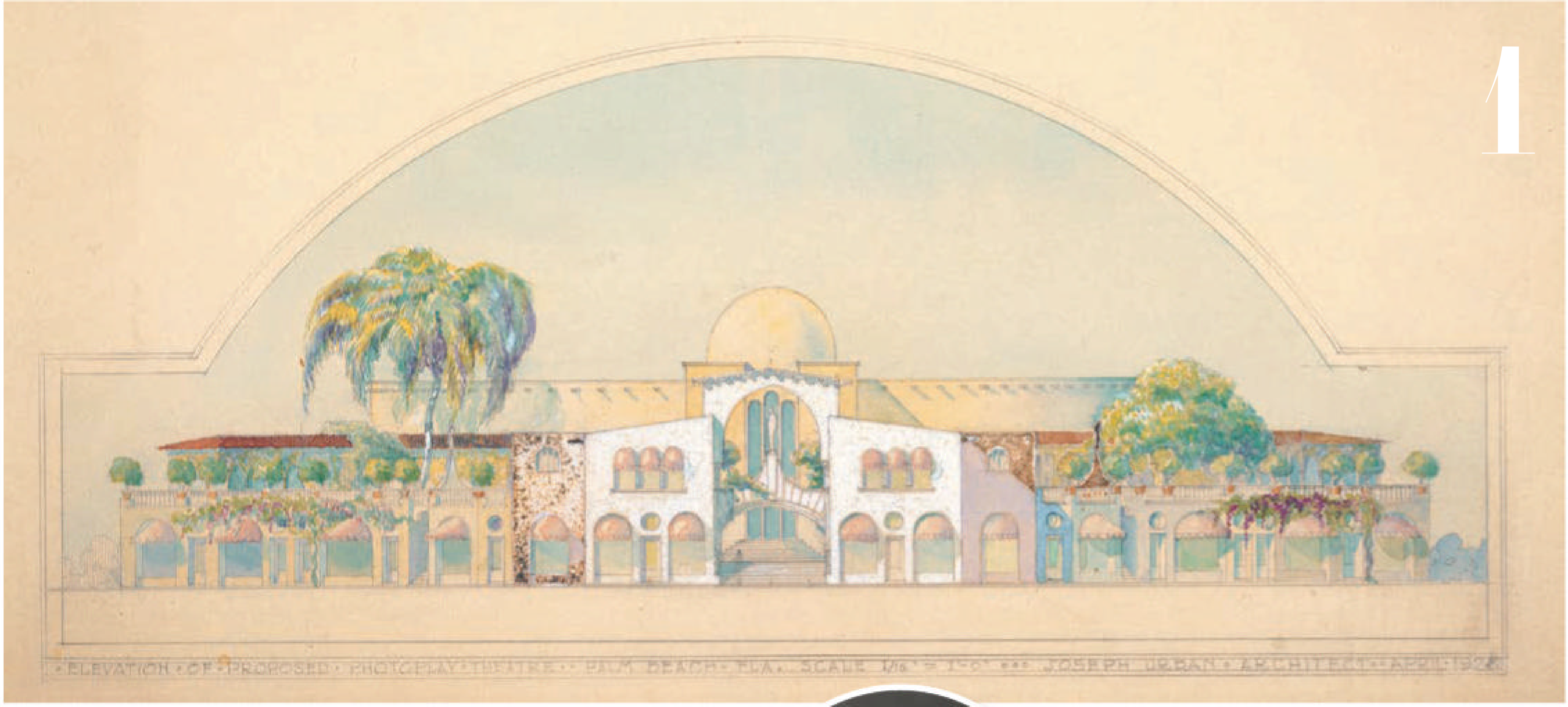
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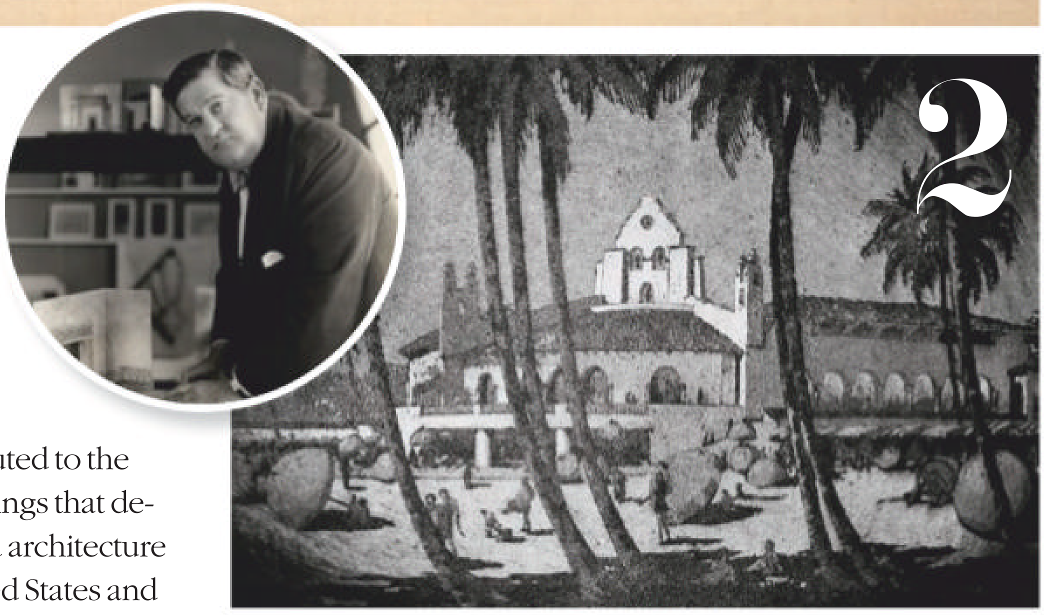
HERITAGE

Urban Legacy

AUSTRIAN ARCHITECT JOSEPH URBAN LEFT AN INDELIBLE MARK ON THE ISLAND

BY MARIE PENNY

Joseph Urban's architectural expression is rooted in his art. He contributed to the boom-time architecture in Palm Beach by designing extravagant buildings that defied classification. Urban was born in 1872 in Vienna, where he studied architecture at the Academy of Fine Arts Vienna. In 1911 he immigrated to the United States and designed theatrical sets for the Ziegfeld Follies and the Metropolitan Opera. His stint as art director at Randolph Hearst's Cosmopolitan Productions enabled him to return to architecture and open his own practice. All three of Urban's iconic Palm Beach projects debuted in 1927, just a few years before he passed away in 1933.



LIBRARY OF CONGRESS

1. PARAMOUNT THEATER/ SUNRISE BUILDING

Urban brought a piece of Vienna to Palm Beach when he designed the Paramount Theater, which boasts a dome reminiscent of the Vienna Secession building. Financed by Anthony Drexel Biddle Jr. and E.F. Hutton, it's been categorized as Moorish Deco. Urban described the theater as "simple, spacious, Southern."

2. BATH AND TENNIS CLUB

A group of prominent Palm Beach men, including Biddle Jr. and Hutton, commissioned Urban to design a new beach club. He was a master at setting a scene, and this atmospheric aquatint of the club relies on tone to convey its message. Located close to Mar-a-Lago, both the club and the residence could be considered Urban-esque Mediterranean Revival.

3. MAR-A-LAGO

Urban took over for Marion Sims Wyeth on the redesign of Mar-a-Lago for the Huttons. He called it "a palace with all the qualities of home." The theme was birds, which decorate the estate in their many forms. Urban invited Viennese sculptor Franz Barwig to create many of the featured works.

Marie Penny is the director of archives for the Preservation Foundation of Palm Beach.

Learn more about the work of Joseph Urban in "Palm Beach Moderne," an exhibition on view at the Preservation Foundation of Palm Beach through May 5.

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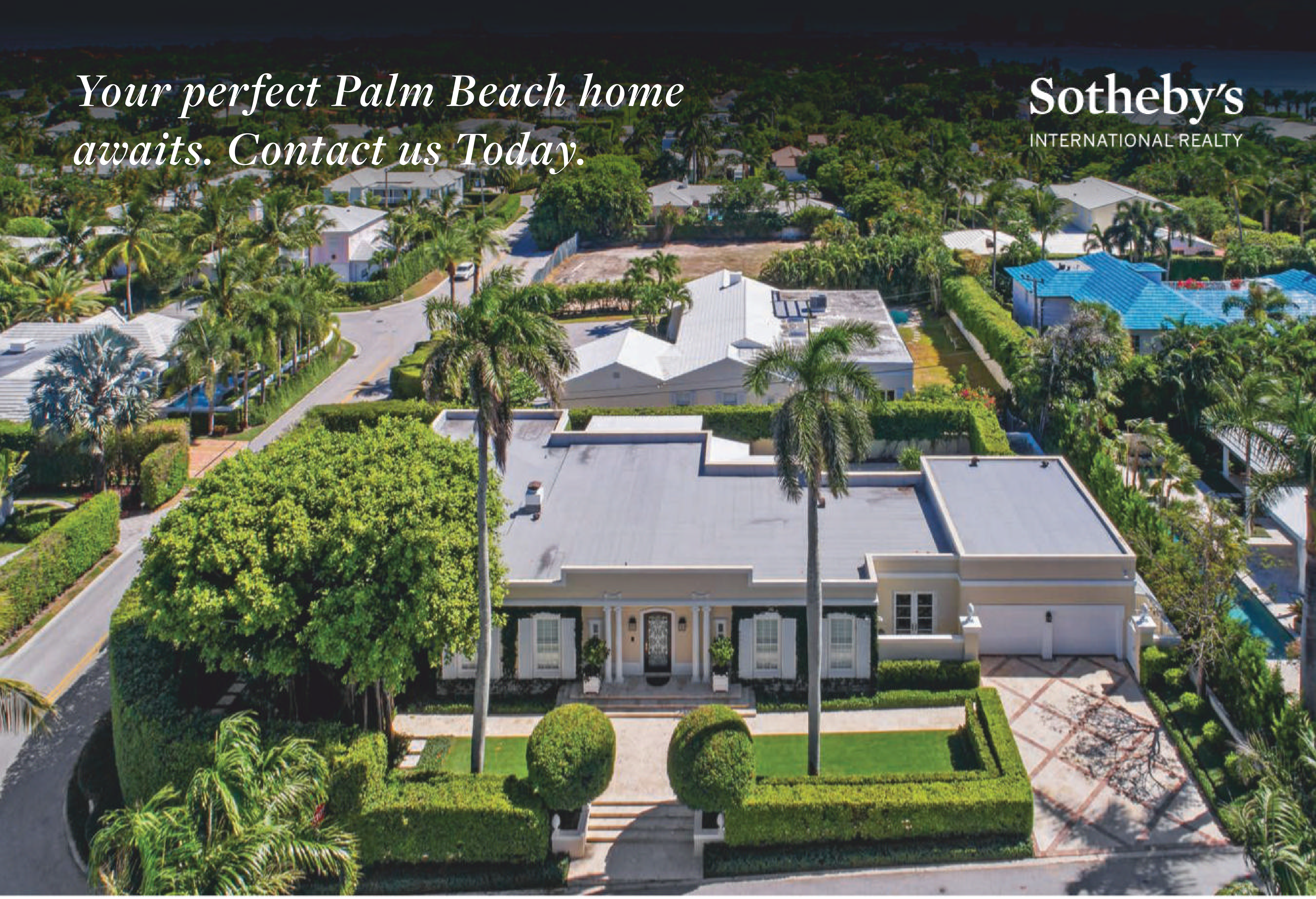
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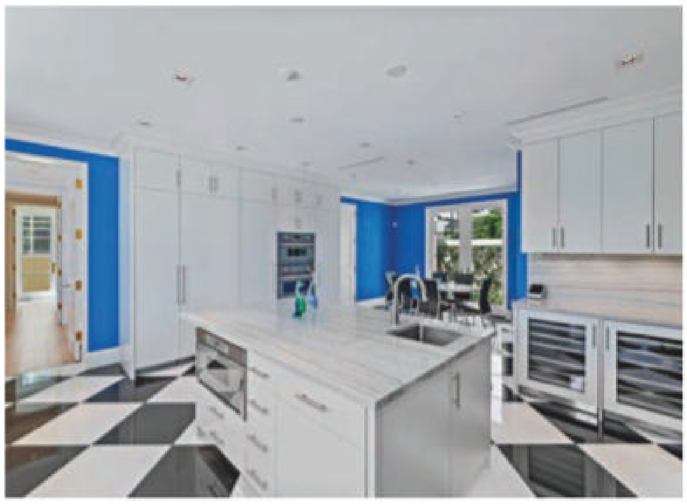

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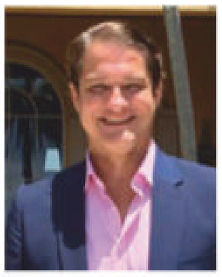

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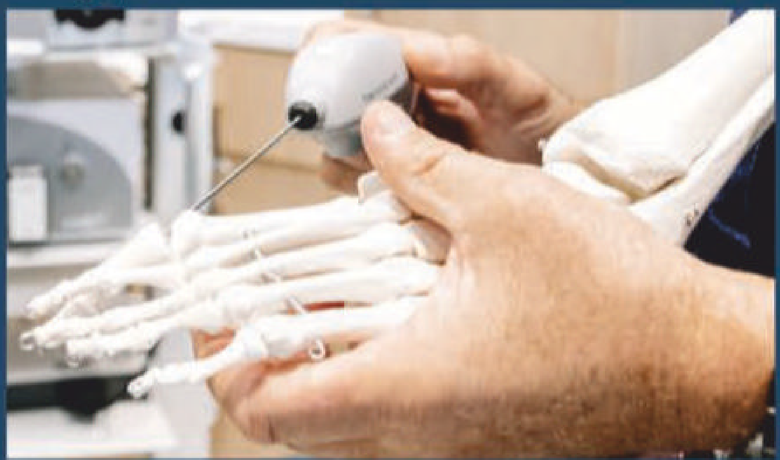

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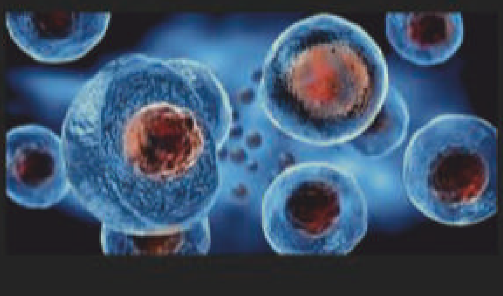

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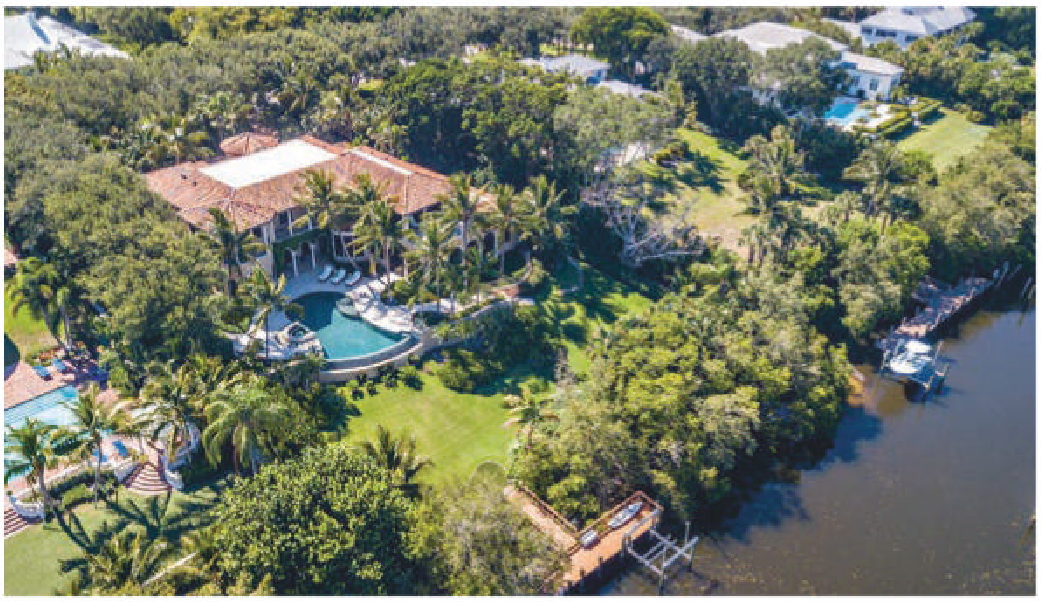

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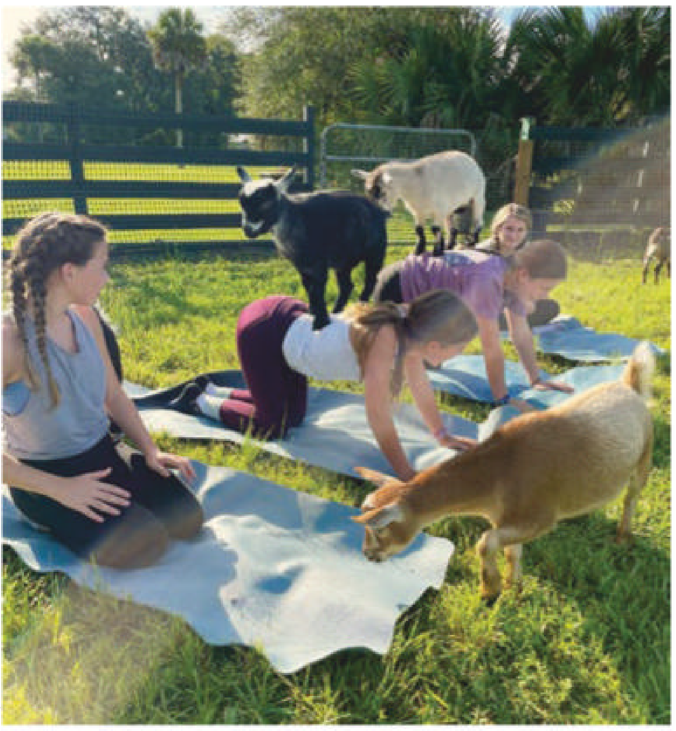
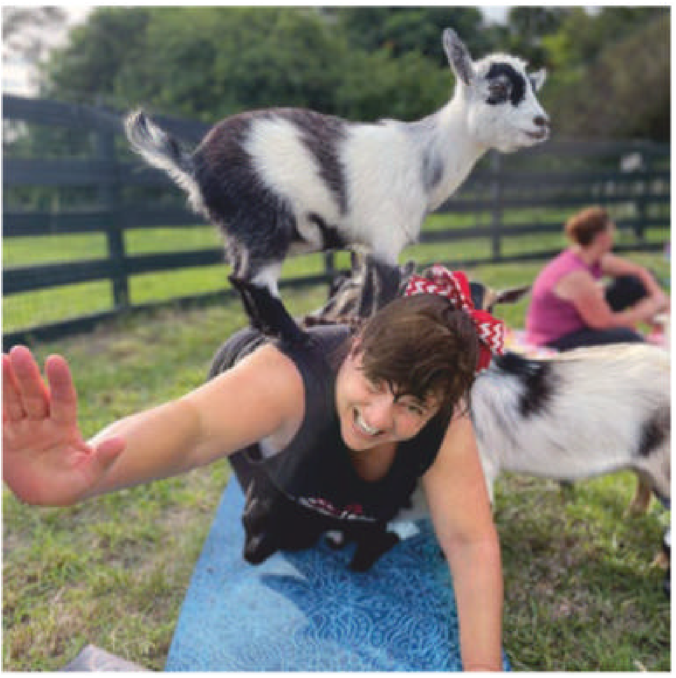


24 KARAT RANCH



24 KARAT RANCH

WELLNESS

GET YOUR **GOAT**

When it comes to therapy animals, goats may actually be the "greatest of all time."

"Goats have an ancient relationship with humans," explains Manish Sood. "They were one of the first animals to be domesticated and, hence, goats are considered precise in reading, understanding, and reflecting human emotion."

Sood and his wife—both engineers with expertise in neuroscience, behavioral health, and wellness technologies—own and operate the 10-acre **24 Karat Ranch** in Loxahatchee Groves. Together, they offer a variety of goat-centric programs, including yoga with miniature variety baby goats. Sood explains that the benefits of goat yoga are threefold: the friendly interaction with the little goats has been found to promote the release of serotonin, prolactin, and oxytocin, hormones that play a part in improving behavioral and physical health; the yoga supports good balance and relieves stress; and the farm setting is also healing, as research has shown that even a small amount of time spent outdoors can positively impact physical, mental, and spiritual health.

At 24 Karat Ranch, everyone can try goat yoga, including children with autism spectrum disorder or other behavioral health challenges, as well as seniors in assisted-living facilities. No prior yoga experience is necessary, and individuals can participate while sitting on the grass, in a folding chair, or on a yoga mat. *(24karatranch.com) —Liza Grant Smith*

BAA-BAA-**BATH**

Want to further expand your goat-based approach to wellness? The Loxahatchee area offers up another goat solution in the form of **Hansen Soapery**. Mary Hansen creates handmade goat milk soaps that feature eye-catching designs and delightful scents. In addition to being gentle on skin, goat milk is rich in certain anti-inflammatory probiotics and vitamin A, which boasts anti-aging properties. *(hansensoapery.com) —L.G.S.*

CAPEHART

WARM-UP

On a ROLL

Alyson Limehouse, a Pilates studio owner for more than 20 years, recognized that many of her clients' postures were suffering from their modern routines, including a more sedentary lifestyle and overuse of technology. In addition to aesthetics, these alignment issues can impact overall health. After selling her Palm Beach studio, Limehouse founded **Rollology**, which uses a medium-density roller to address the core and stretch and strengthen the abdominals for alignment and optimal posture. In February, those interested in trying the Rollology method can take part in Saturday morning classes at LaBarre on Palm Beach, as well as a Sunrise Sunset Workshop on February 12 that teaches wake-up and wind-down routines. *PBI* recently caught up with Limehouse to discuss the practice. *(rollologyfitness.com) —L.G.S.*

CAPEHART

***PBI*: Why is Rollology effective?**

Limehouse: Rollology focuses on the whole body, not individual aspects of the body. Most importantly, we help the client find their neutral spine. Then the licensed Rollologist will help them move properly in alignment, with the Rollology roller, for an overall stronger and more flexible body. Our clients have better posture/alignment, balance, flexibility, core, and strength thanks to Rollology.

Who are the ideal users of Rollology?

Everyone and anyone is the ideal user of Rollology. We are in a pandemic of bad posture, and it harms our bodies and lifestyles. Improper posture causes neck and back pain, which can affect your weight, your well-being, your mood, and your overall appearance.

What has been the response?

After each session, our clients feel amazing because we use gravity to help ease the body back into proper alignment with intentional movements.

Dental Healing Arts

Dr. Ilona Fotek is a Biological Cosmetic and Restorative Dentist. She defines herself as an artist of the smile and a physician of the mouth. She utilizes the safest available methods to restore teeth and reinstate dental and overall health. Her feminine touch, artistic finesse, and special attention to details makes her sought after and highly recognized by the community. Dr. Paul Fotek is a board-certified periodontist and implant specialist who also shares a passion for biologic approach in surgical treatment. Their combined expertise in smile design and its reconstruction as well as complex dentistry is an art of its own. As a team, they understand the issues and concerns their patients experienced and focus on a biologic approach to help patients achieve the smile rejuvenation, employing natural processes that minimize toxic load on the body. Dental Healing Arts takes a holistic approach to dental health, treating issues that occur in the mouth and body by tackling the underlying root cause, be it poor nutrition, jaw under-development and TMJ, Sleep Apnea or environmental toxins.

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CR8TIVE APPROACH

COURTESY OF CR8 HEALTH

Frustrated by the way the medical system focuses on "sick care" rather than health care and disease prevention, Dr. Nadav Fields, a double board-certified doctor of internal medicine and obesity medicine, opened Boca Raton's **CR8 Health**, a wellness and aesthetics center dedicated to improving quality of life for patients.

"Working in hospitals for the past 10 years, I've witnessed a system that is built on putting Band-Aids on symptoms and illness," says Fields. "Because of this, patients are trapped in a revolving door and return shortly after that Band-Aid is torn off. My path led me to opening CR8 Health, where I can engage, educate, and empower my patients to take control of their health destiny and hopefully break this cycle."

CR8 Health combines both Western and Eastern medicine providers and implements the foundations of internal, functional, and integrative medicine. Services range from hormone replacement and IV therapy, to acupuncture and laser hair removal, but Fields is most excited about their weight-management programs. "A combined 70 percent of the U.S. population is obese and overweight," he notes. "Helping overweight patients lose weight not only reduces the risk of disease but also helps individuals regain self-confidence and feel comfortable in their skin." *(cr8health.com)*—*L.G.S.*

WE TRIED IT

The Light Stuff

If you love beauty masks, try this on for size. Harnessing the power of light to heal cells used to be available only to pro athletes for muscle recovery and trauma patients for wound care. Eventually, dermatologists adopted the therapy. Now **Omnilux** brings healing home with its Contour line of masks. It might look a little creepy, but the tech works. Omnilux's light-emitting diodes introduce red and near-infrared light to the top and mid-level layers of your skin, reaching the powerful mitochondria, which convert the light to cellular energy. The result? Increased collagen and elastin production, plus improved blood flow and oxygenation—giving you plumper, smoother, clearer, and more radiant skin. We wore the mask for 10 minutes a day, three to five times a week. At four weeks, we noticed lightening of some dark spots and fine lines; after six weeks, there was a palpable plumpness in areas that used to feel hollow and chronically dry. It's an investment ($395 for the face mask, $395 for the neck/chest mask, and $345 for the hand mask), but results like these without having to visit the med spa? Count us in. *(omniluxled.com)*—*Kristen Desmond LeFevre*

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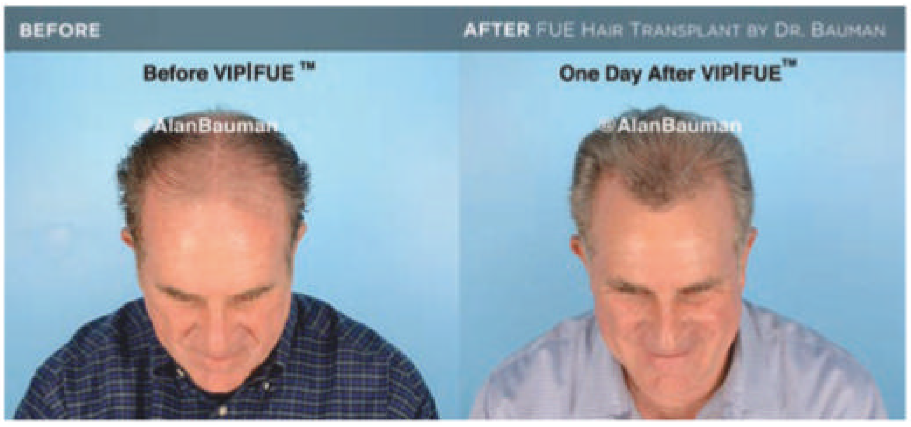

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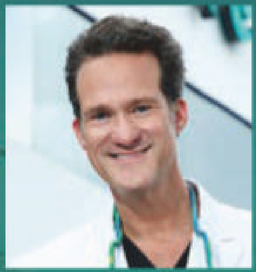

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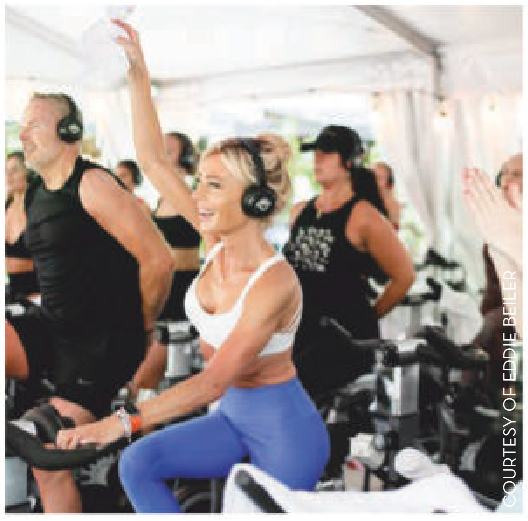

COURTESY OF EDDIE BEILER

Visit the SoulCycle pop-up now through mid-April at The Square in West Palm Beach.

COURTESY OF THE SQUARE/VAN RICHARDSON

Pedal to the Metal

The country's leading cycling craze has flown south for the winter. Now through mid-April, visit the **SoulCycle** pop-up inside The Square in West Palm Beach. The outdoor classes are led by supportive, energetic instructors who are ready to raise your heart rate and your spirits. In one 45-minute workout—where curated soundtracks guide the flow—participants can burn between 500 and 700 calories. Themed rides abound, ranging from Hip-Hop Throwbacks to a special Girl Power ride for Galentine's Day, presented in partnership with The Square. *(soul-cycle.com) —Mary Murray*

MAKE SOME **NOISE**

The Sound + Sleep SE (right) provides sound frequencies found in white, pink, and brown noise and may be the key to getting a better night's sleep.

While white noise receives the bulk of the buzz, it's just one of multiple sonic hues that can help with your sleep: Pink and brown noise are also worthy bedtime partners.

Containing all the sound frequencies in the audible range in equal measure, white noise sounds a lot like television static and acts as a "sonic wall" to block external noise. Pink noise also has all the sound frequencies, but the higher frequencies are less intense. This creates a more even, flat sound that mimics nature—think: waves on a beach or a steady rain. Pink noise is not only more soothing to the human ear, but studies have shown that it can help reduce brain waves, support stable sleep, and improve memory. Brown noise (or red noise) has a heavy emphasis on low-frequency sounds and is a bit denser than pink, sounding more like the roar of a river, thunder, or strong winds. In addition to helping people fall asleep faster, brown noise may promote relaxation and improve focus.

Wondering which noise is the best for you and your nighttime habits? Just like your most comfortable sleep position, it's all a matter of personal preference. Try the **Sound + Sleep SE** ($150), which covers the spectrum of white, pink, and brown noise with its 64 sound profiles. *(soundofsleep.com) —L.G.S.*

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A Step in the RIGHT DIRECTION

Dr. Elizabeth Klodas

Of the seven modifiable risk factors for heart disease, the last five are caused in part or in whole by food, explains Dr. Elizabeth Klodas. The cardiologist was perplexed with the medical industry's proclivity for only prescribing people pills rather than changing the food they eat to approach heart health, so she formulated **Step One Foods** to shake up the protocol.

The ingredients in every Step One product were chosen specifically for their health-promoting properties, such as walnuts, flaxseed, chia seeds, and blueberries. The snack bars and breakfast options are also free of fillers, artificial flavors, preservatives, funky powders, or other additives that would be counterproductive in any way. And, as Klodas describes, each serving is formulated to provide at least 5 grams of whole-food fiber, 1 gram of omega-3 fatty acids, 1 gram of plant sterols (natural plant components that help block cholesterol absorption), and plenty of antioxidants.

While Klodas never advises people to stop or reduce their medication doses without a doctor's approval, she does assert that conditions caused in part or in whole by food will never be cured if a change in diet is not part of a treatment plan. Step One Foods are an easy and proven way to begin that nutritional rerouting. "In the trial that evaluated our foods, Mayo Clinic and University of Manitoba researchers demonstrated that you can see highly significant reductions in LDL (bad) cholesterol in as little as 30 days," she states. *(steponefoods.com)* —*L.G.S.*

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ABOUT ME

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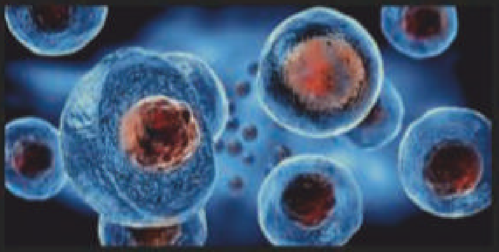

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GOOD NATURE

TEA FOR TWO

FROM THE GARDEN TO YOUR CUP, HERBAL TEAS HAVE VAST BENEFITS FOR WELL-BEING

BY TAMMY FENDER

The act of growing, brewing, and drinking herbal tea is a process that soothes the body and mind. While I tend to drink tea throughout the day, the cup I cherish most is the last—the one I sip as the day winds down and I move slowly through my nighttime skin routine before finally settling in with a book. That being said, there are few things I love more than wandering through the garden with my daughter, Savi, and picking herbs for our tea. In the morning, we go for mint or tulsi, with Savi taking hers with milk and honey from our beehive. Come evening, tulsi is still a go-to, but chamomile enters the picture too.

The ritual of preparing tea creates a portal, carving out a space for quiet conversation. Inviting a friend to the garden for afternoon tea and serving it in a beautiful way delights the senses and slows down time. It's an experience full of ceremonial intention: I can stop and take in the lushness of the garden, the scent of the brewing leaves, the way my Japanese teacup fits in the palm of my hand, the stories my friend has to share. It's nothing like meeting in a busy coffee shop. You clear away the noise and forge a heart's connection—with the friend, your own thoughts, your surroundings, and the plants themselves.

In South Florida, aromatic herbs like tulsi (or holy basil) and mint grow readily. Known as the "queen of herbs," tulsi is the tea I recommend most often to clients. In ancient Indian Ayurvedic traditions, it has long been regarded as a sacred herb, one that brings energetic lightness, clarity, and warmth. It can also help balance the body and promote an overall sense of well-being, regardless of whether you drink it as a tea or even add a few leaves to a hot bath. Furthermore, scientific research has linked tulsi with positive effects on memory, cognition, and stress relief. In my own practice, I've found tulsi tea to be a gentle alternative for those for whom more powerful interventions might be disruptive.

Another favorite is mint, especially spearmint, which is lovely to serve to dinner guests after a meal to support digestion and refresh the mind. Revered in so many ancient Mediterranean cultures for its ability to relieve tension, spearmint is gaining interest among scientific communities for its relaxation benefits. It seems that science is catching up with what herbalists have known all along. «

AROMATIC HERBS SUCH AS TULSI (ABOVE) AND MINT (INSET) CONTRIBUTE TO THE SOOTHING EFFECTS OF TEAS.

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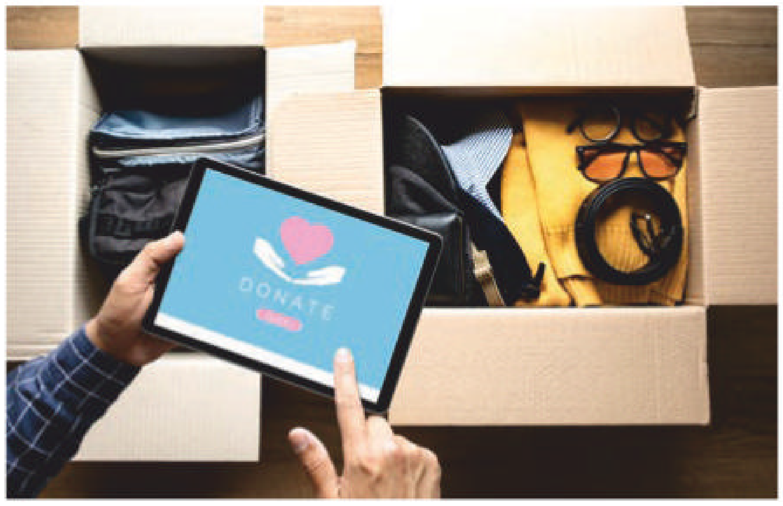

WEALTH

COMMON Ground

TRACKING THE NEWEST TRENDS IN CHARITABLE GIVING

BY JUDY MARTEL

For the most part, Floridians kept their charitable dollars close to home in 2021, with 65 percent of their donations remaining in the state, according to a study by Florida Nonprofit Alliance, the Jessie Ball duPont Fund, and the Indiana University Lilly Family School of Philanthropy. A front-row seat to the hardships resulting from the COVID-19 pandemic might have had something to do with that, says Leah McDermott, program manager at Florida Nonprofit Alliance.

"I do think the compassion by donors and the drive toward informal and in-kind giving has to do with being home during the pandemic and seeing what went on in the community," McDermott says. Nationally, there was a spike in overall charitable giving in 2020, when the country was deep into the pandemic, she notes. Although donations dropped again in 2021 to below 2020 levels, they were still higher than in 2019.

Going forward, there is early evidence that donors may be returning to pre-pandemic giving patterns, moving away from a hyper-local focus, says Jonathan Bergdoll, applied statistician for IUPUI Lilly Family School of Philanthropy. But for now, giving locally is still a common thread in Florida. "In many ways, the pandemic helped highlight or exacerbate the need that was already there, so donors could react to this by continuing to give more locally than previously."

Moved by poverty and income inequality, more than eight in ten Floridians report that they were driven to give by compassion toward people in need, according to the study. The top issues after poverty were health, climate change and environment, animal rights, and disaster relief.

In a possible peek into the future of giving, the report also notes that donors under the age of 40 were less likely to make giving decisions based on tax deductions and

more likely to give informally, by donating food, volunteering at shelters, or putting cash directly into the hands of those in need. The high-net-worth and those over 65 are more likely to give formally, to established institutions.

"Historically, people become more formal with their giving as they age; however, there are things working against that trend now," says Bergdoll. "Under the current tax code, only about one in nine households is eligible to deduct their charitable contributions, so most people will never have a tax incentive to give their money to a formal charitable organization as compared to, say, a friend in need or a political party."

The study brings to light the fact that formal giving is not the only way to help people, says McDermott. "We want to get a better idea of what informal giving looks like. It's always been around, but over the past 10 years, technology that allows platforms like GoFundMe have made it even easier to give."

There's also a certain mistrust of large organizations, and McDermott says she's counseling nonprofits to communicate better. "It brings to light that we have more work to do to overcome misconceptions about how money is spent. We find that by talking clearly about expenses and being more open results in a positive response from the public. They understand that the electric bill has to be paid to keep the organization running because they deal with that kind of thing in their own lives." «

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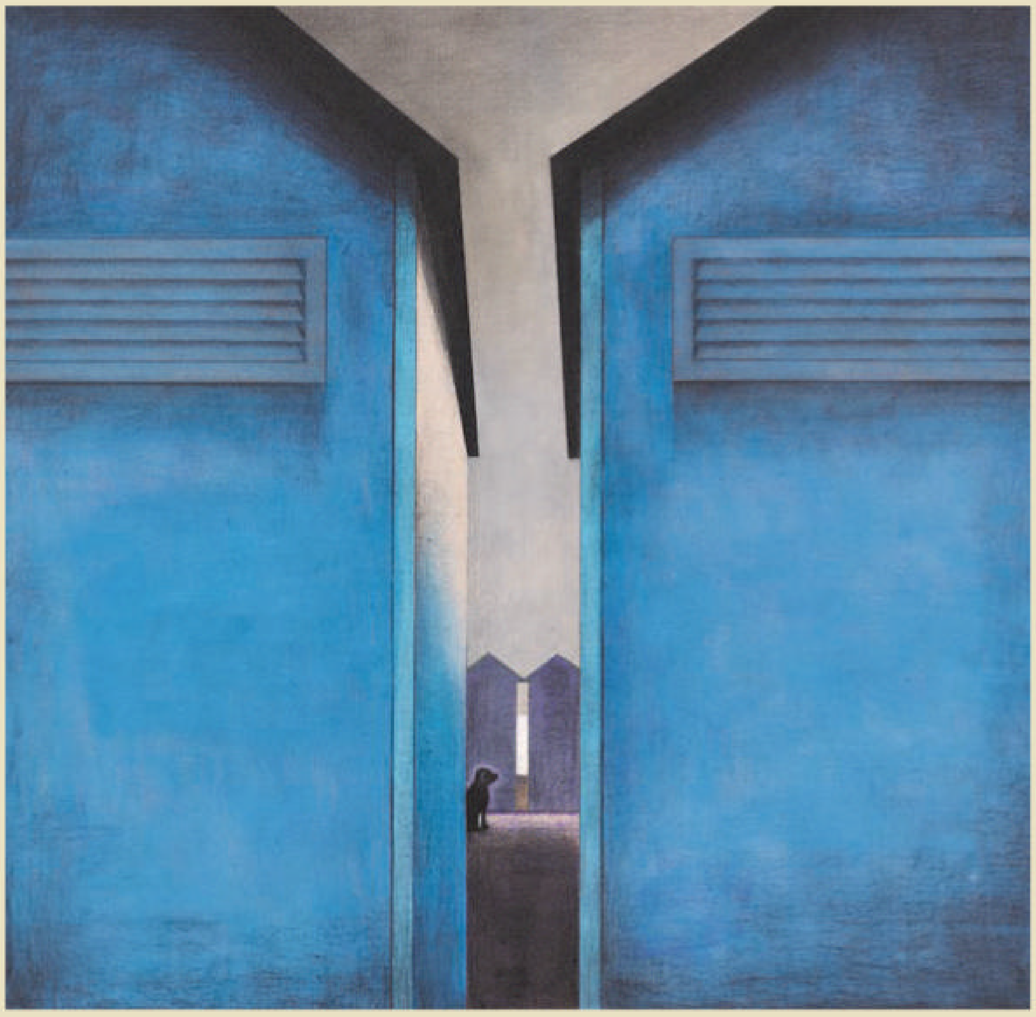


Eduard Angeli

Cities on Water

Eduard Angeli's first exhibition in the United States features 18 large works depicting motifs from Venice, Istanbul, and St. Petersburg. Angeli is a landscape painter in his favored medium of charcoal. His motifs derive from but do not copy nature, instead conveying ideas or realities beyond appearances. His somber scenes, deprived of human beings, express a delicious, sentimental melancholy.

Eduard Angeli: Cities on Water *is curated by Philip Rylands, President and CEO of The Society of the Four Arts, and organized by the Four Arts.*

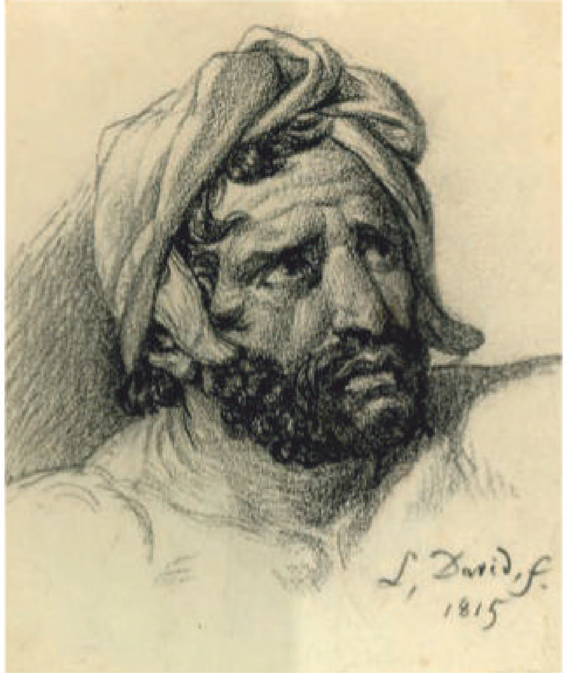
Eduard Angeli, *Expectation,* 2021, pastel on canvas, 59 x 59 in. Private collection Vienna, Austria

Contemplating Character

Portrait Drawings & Oil Sketches from Jacques-Louis David to Lucian Freud

Explore the evolution of portraiture in 81 works on paper by some of the most famous artists in Europe and America, ranging in date from the 18th century to present day. *Contemplating Character* reveals the challenge of accurately portraying an individual's physical appearance and capturing the sitter's personality and soul.

Contemplating Character *is organized by Landau Traveling Exhibitions, Los Angeles, CA in association with Denenberg Fine Arts, West Hollywood, CA.*



Jacques-Louis David (French, 1748-1825), *A Turbaned Man in Distress,* 1815, black chalk on ivory laid paper. Photo courtesy Landau Traveling Exhibitions

Hours: 10-5 p.m. Mondays, Wednesdays through Saturdays; 1-5 p.m. Sundays
Tickets: $10 for both exhibitions, available in advance or at door. Visit **fourarts.org** to reserve tickets

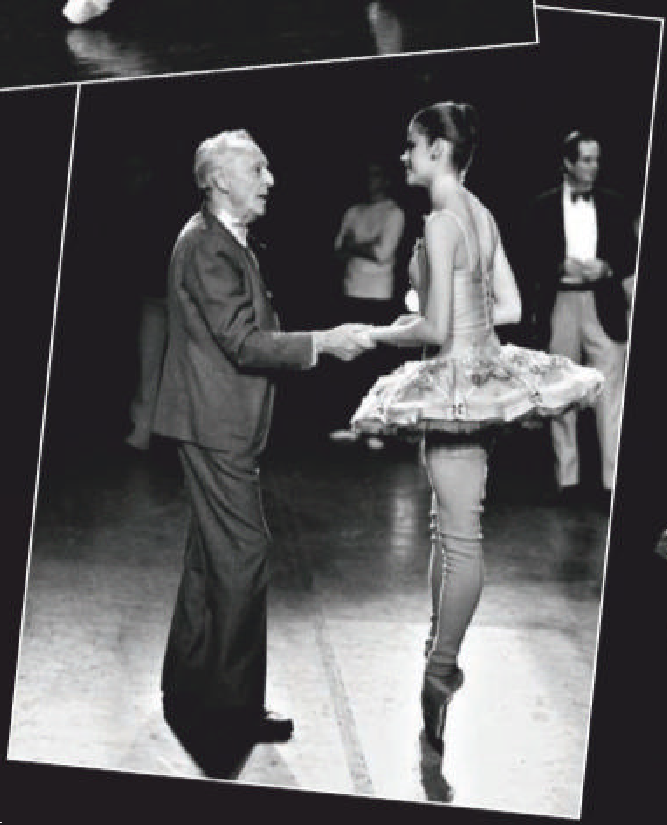
The Society of the Four Arts
102 Four Arts Plaza, Palm Beach, FL | **fourarts.org** | (561) 655-7226 | customerservice@fourarts.org

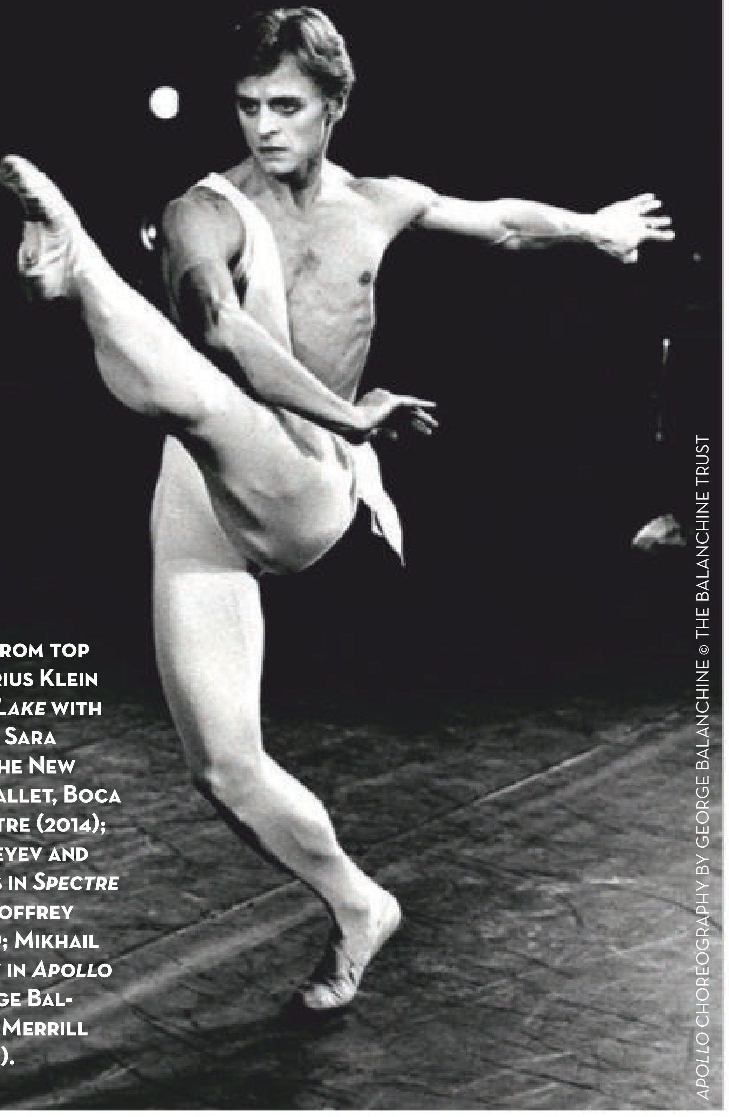
Cultural Council FOR PALM BEACH COUNTY

DISCOVER THE PALM BEACHES FLORIDA

CULTURE

YOUR GUIDE TO THE HOTTEST HAPPENINGS THIS MONTH





TOP BILLING

POINTE & **SHOOT**

Peer behind the curtain and into the lives of renowned dance artists and institutions in "Carasmatic: Through the Lens of a Dancer," currently on view on the second floor of the Cohen Pavilion at the **Kravis Center** in West Palm Beach. Acclaimed photographer and dancer Steven Caras' photographic archive chronicles more than 40 years' worth of seldom-seen moments, thanks to his mentor George Balanchine's encouragement to capture all aspects of the New York City Ballet's inner workings and activities. The result is one of the world's most comprehensive dance photography catalogues, ranging from stills of magnificent performances to intimate moments with dance legends—including a shot of Balanchine's final curtain call with the New York City Ballet. Familiar faces captured by Caras and his trusty Olympus film camera include Mikhail Baryshnikov, Jerome Robbins, Mia Michaels, Demetrius Klein, Rudolf Nureyev, Valentina Kozlova, and Damian Woetzel. The exhibition is free and open to the public to tour on Mondays, from 3 to 6 p.m., as well as by appointment. *(kravis.org) —Abigail Duffy*

Clockwise from top left: Demetrius Klein (1998); *Swan Lake* with guest artist Sara Mearns of the New York City Ballet, Boca Ballet Theatre (2014); Rudolf Nureyev and Starr Danias in *Spectre de la Rose*, Joffrey Ballet (1978); Mikhail Baryshnikov in *Apollo* (1979); George Balanchine and Merrill Ashley (1980).

ALL PHOTOS © STEVEN CARAS

APOLLO CHOREOGRAPHY BY GEORGE BALANCHINE © THE BALANCHINE TRUST

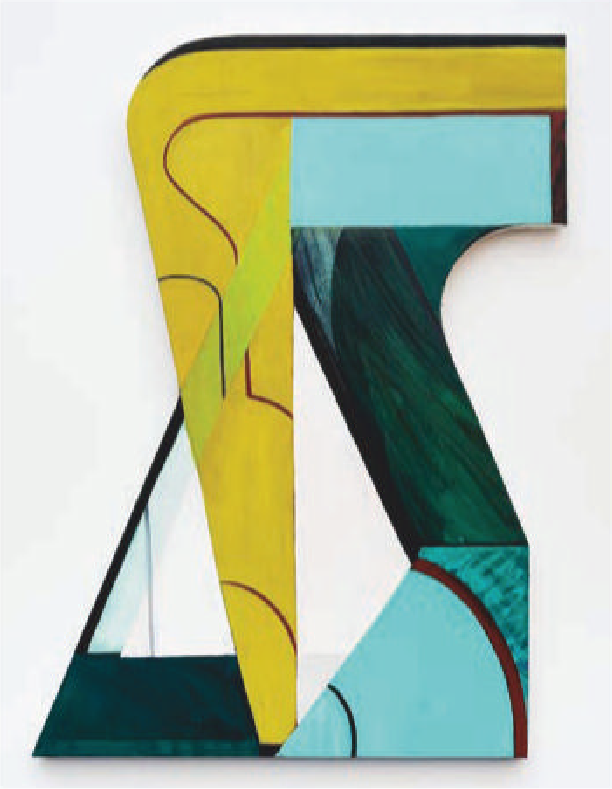
FEBRUARY 2023

ARTS & EVENTS

LARRY SCHULTZ

Clockwise from top left: Palm Beach Opera presents *Così Fan Tutte* February 24-26; catch The Motowners at Arts Garage February 4; check out the 1934 Packard Twelve Model 1106 at Vero Beach Museum of Art; artist Sky Cubacub's works are on view at ArtWorks at The Square; *Party Girl* by Rebekah Goldstein is on display at Rosenbaum Contemporary.

PHOTO © PETER HARHOLDT; COURTESY THE BOB BAHRE COLLECTION



GRACE DUVAL

GOINGS ON

1 "Eminent Moderns: Some Tenacious Patrons of Modernism in America" lecture with Nicholas Fox Weber, Dixon Education Building, The Society of the Four Arts, Palm Beach, $20. (fourarts.org)

2 Early Native American History on the Loxahatchee Tour, Jupiter Inlet Lighthouse & Museum, also Feb. 9, 16, and 23, $6-$12. (jupiterlighthouse.org)

3 Curator Conversation: "Welcoming Good Fortune in 2023, The Year of the Rabbit," Norton Museum of Art, West Palm Beach, free with museum admission. (norton.org)

"The Face of Ancient Egypt" lecture with Kent Weeks, Dixon Education Building, The Society of the Four Arts, Palm Beach, $20. (fourarts.org)

Youth of the Year Dinner, presented by the Boys & Girls Clubs of Palm Beach County, Hilton West Palm Beach, contact for ticket prices. (bgcpbc.org)

4 Boca Raton Museum Art Festival, Mizner Park, Boca Raton, also Feb. 5, free. (bocamuseum.org)

Public Safety Day, The Gardens North County District Park, Palm Beach Gardens, free. (pbgfl.com)

South Florida Garlic Fest, Village Park Athletics Complex, Wellington, also Feb. 5, $15-$35. (garlicfestfl.com)

5 "The Influence of the École des Beaux-Arts in America" lecture with Laurie Ossman, Flagler Museum, Palm Beach, $15-$40. (flaglermuseum.us)

Swank Table: Full Moon Chinese New Year, benefiting Save the Chimps, Swank Specialty Produce, Loxahatchee, $175. (swankspecialtyproduce.com)

6 "An Alfred Hitchcock Retrospective" lecture with Richard Knox, Levis JCC Sandler Center, Boca Raton, $18. (levisjcc.org)

MR. SWINDLE'S
TRAVELING
PECULIARIUM

THOM GILBERT

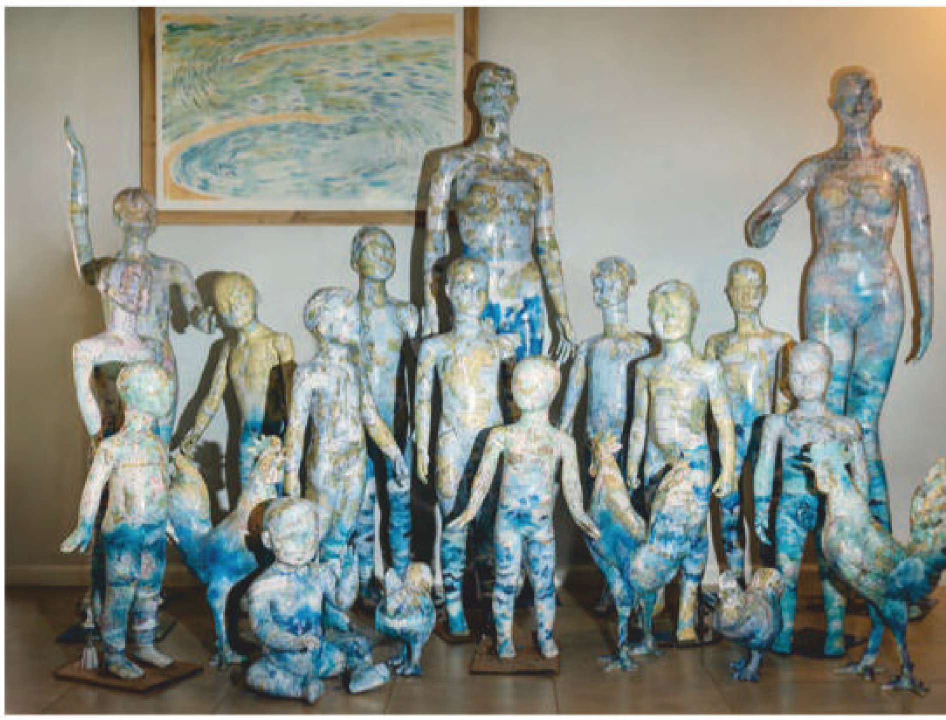
CLOWNING AROUND

Mr. Swindle's Traveling Peculiarium and Drink-Ory Garden will make its way down to **Mizner Park** in Boca Raton February 16-26. Under the Boutique Big Top, audiences will enjoy a Vaudevillian-style spectacle, led by an eccentric cast of characters including ringleader B.S. Swindler and his accomplice, Dr. Elixer. The tongue-in-cheek, "Barnumesque" performance recalls the traveling shows of yesteryear, promising laughs, gasps, and unparalleled artistry courtesy of the featured comedians, musicians, contortionists, and acrobats. The Drink-Ory Garden fuels the fun, dishing out tipples and snacks ahead of the performance. Tickets are $50-$90. *(mrswindles.com)* —*A.D.*

2 PICKS

DUTCH BROTHERS AND CONCERT PIANISTS LUCAS AND ARTHUR JUSSEN WILL PERFORM AT **THE SOCIETY OF THE FOUR ARTS** ON PALM BEACH FEBRUARY 12. THE JUSSENS ARE LAUDED FOR THEIR INTUITIVE AND COMPLEMENTARY PLAYING STYLES, LENDING A DYNAMIC APPROACH TO MOZART, SCHUBERT, RAVEL, DEBUSSY, AND RACHMANINOFF. TICKETS ARE $40. *(FOURARTS.ORG)*

THE **SPADY CULTURAL HERITAGE MUSEUM** IN DELRAY BEACH WILL HONOR BLACK HISTORY MONTH WITH THE RETURN OF ITS BLACK YOUTH AWARENESS ART FESTIVAL FEBRUARY 17, FROM 4 TO 10 P.M. THE MUSEUM WILL PARTNER WITH CAPE UNIVERSAL TO HOST YOUNG ARTISTS AND ENTREPRENEURS PRESENTING THEIR WORKS OF MUSIC, POETRY AND SPOKEN WORD, DANCE, ART, AND WARES FROM THEIR SMALL BUSINESSES. *(SPADY MUSEUM.ORG) —A.D.*



VIEW WORKS FROM "OCEAN PHENOMENA: SEA LEVEL STORIES" BY JANE LAWTON BALDRIDGE (ABOVE) AND *SPECTRUM* BY PAVEL NOVAK (INSET) AT THE PALM BEACH ART, ANTIQUE & DESIGN SHOWROOM.

7 Lighthouse Moonrise Tour, Jupiter Inlet Lighthouse & Museum, $25. (jupiterlighthouse.org)

***The Lobotomist's Wife: A Novel* book discussion with Samantha Greene Woodruff,** Levis JCC Sandler Center, Boca Raton, $25. (levisjcc.org)

8 "Florida Sculptors and Their Work: 1880-2020" lecture with Deborah C. Pollack, Dixon Education Building, The Society of the Four Arts, Palm Beach, free. (fourarts.org)

History Talks: "Multicolored Memories of a Black Southern Girl" with Kitty Oliver, Johnson Palm Beach County History Museum, West Palm Beach, $20. (pbchistory.org)

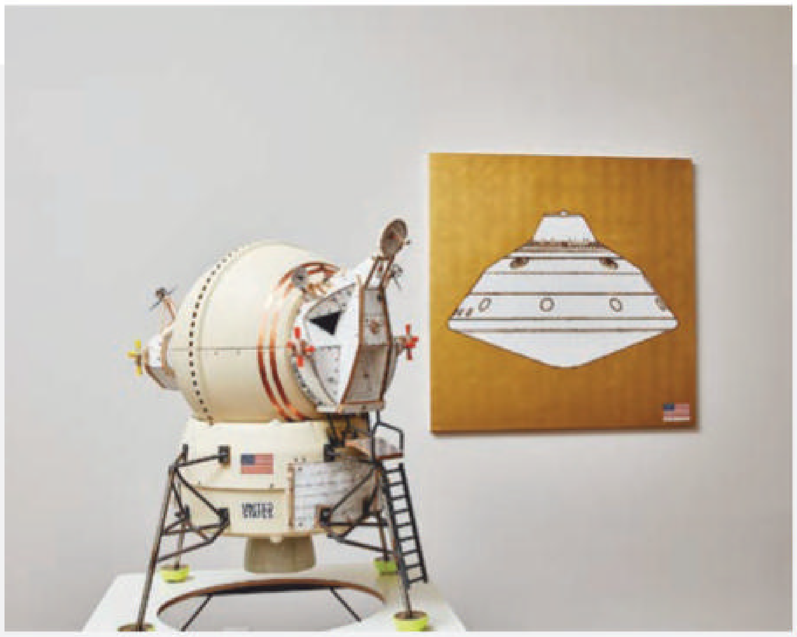
"Howard Carter and Tutankhamun's Tomb" lecture with Peter Lacovara, Dixon Education Building, The Society of the Four Arts, Palm Beach, $20. (fourarts.org)

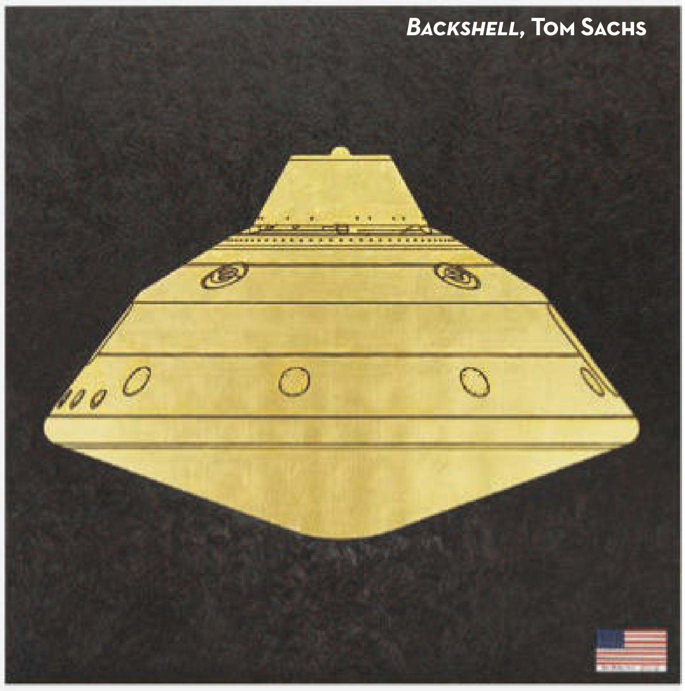
9 "Curating Cézanne" lecture with Gloria Groom, Norton Museum of Art, West Palm Beach, also Feb. 10, $45-$55. (norton.org)

On the Avenue with historian Rick Rose, Esplanade, Palm Beach, $20-$40. (pbchistory.org)

THESE EVENT DETAILS ARE CURRENT AS OF PRESS TIME, BUT PLEASE CONTACT THE VENUE OR PRESENTER FOR THE MOST UP-TO-DATE INFORMATION.

Out of this WORLD





Backshell, Tom Sachs

GENEVIEVE HANSON

They say that if you shoot for the moon, even if you miss, you'll land among the stars. Of course, having a spaceship certainly helps. Artist Tom Sachs meditates on the spaceship's possibilities in his latest showcase, "Tom Sachs: Spaceships," on view at **Acquavella Galleries** February 10 to March 5. Fresh off its tenure at the Palm Beach gallery's New York City sister, Sachs' exhibition challenges the narrow definition of a spaceship and explores its new metaphysical and spiritual frontiers as an abstract mode of conveyance from one state to the next (i.e., from life to the afterlife and old to new). To complement the exhibition, the Norton Museum of Art in West Palm Beach will display two of Sachs' paintings and one outdoor sculpture, as well as host Sachs for a talk February 17. *(acquavellagalleries.com) —A.D.*

➔ TAKE A CLOSER LOOK AT THE SYMBOLISM BEHIND THE STARS OF SACHS' "SPACESHIPS" AT *PALMBEACHILLUSTRATED.COM/SPACESHIPS*

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10 Delray Beach Open, Delray Beach Stadium & Tennis Center, to Feb. 19, tickets start at $42. (yellowtennisball.com)

Galentine's Sip 'n Paint Pizza Party, The Mall at Wellington Green, free. (shopwellingtongreen.com)

11 ArtsFest, Gazebo Park, Stuart, also Feb. 12, $5. (artsfeststuart.org)

A Conversation with Laura Bush and Barbara Pierce Bush, Carole and Barry Kaye Performing Arts Auditorium, Florida Atlantic University, Boca Raton, $35-$125. (fauevents.com)

Family Fun Day: Love Card, Morikami Museum and Japanese Gardens, Delray Beach, free with museum admission. (morikami.org)

Fourteenth Annual Motor Car Exhibition: "Car Collectors' Favorites," McKee Botanical Garden, Vero Beach, $10-$15. (mckeegarden.org)

Good Vibes: Annual Gala at Arts Garage, Arts Garage, Delray Beach, $250-$300. (artsgarage.org)

Pavel Novak glass art demonstration and lecture, Palm Beach Art, Antique & Design Showroom, Lake Worth Beach, free. (palmbeachdesignshowroom.com)

Winter 2023 Plant-A-Palooza, Mounts Botanical Garden, West Palm Beach, also Feb. 12, $7-$15. (mounts.org)

12 "The Architecture of Horace Trumbauer" lecture with David Brownlee, Flagler Museum, Palm Beach, $15-$40. (flaglermuseum.us)

13 World Championship Equestrian Triathlon, EyeCandy Land, Wellington, contact for ticket prices. (bgcpbc.org)

14 "A Closer Look: Peter Paul Rubens" lecture, Norton Museum of Art, West Palm Beach, free with museum admission. (norton.org)

15 Founders Luncheon, presented by Community Foundation for Palm Beach and Martin Counties, Cohen Pavilion, Kravis Center, West Palm Beach, contact for ticket prices. (yourcommunityfoundation.org)

16 The Palm Beach Show, Palm Beach County Convention Center, West Palm Beach, to Feb. 21, $30-$100. (palmbeachshow.com)

"Passageways to Liberation: The Black Experience Through Music, Dance, and Visual Arts" lecture with Brian Knowles and Bianca Nightengale-Lee, Khoury Family Dance Rehearsal Hall, Kravis Center, West Palm Beach, $25. (kravis.org)

17 Black Youth Awareness Art Festival, Spady Cultural Heritage Museum, Delray Beach, free. (spadymuseum.com)

Palm Beach Fine Craft Show, Palm Beach County Convention Center, West Palm Beach, to Feb. 19, $30. (palmbeachfinecraft.com)

Spellman Signature Auctions & Wheel Festival presents Auction on the Ocean, Elliott Museum, Stuart, to Feb. 19, $50-$250. (hsmc-fl.com)

"Tom Sachs on His Work" lecture, Norton Museum of Art, West Palm Beach, free with paid museum admission. (norton.org)

18 ArtiGras, The Gardens North County District Park, Palm Beach Gardens, also Feb. 19, $15-$25. (artigras.org)

Jupiter Seafood Festival, Seabreeze Amphitheater, Carlin Park, Jupiter, also Feb. 19, $10-$55. (discover.pbcgov.org)

19 "Stanford White" lecture with Samuel G. White, Flagler Museum, Palm Beach, $15-$40. (flaglermuseum.us)

21 Mardi Gras, benefiting Movies Making a Difference, The Sailfish Club, Palm Beach, contact for ticket prices. (moviesmakingadifference.org)

Women of Distinction 2023 Luncheon, presented by Palm Beach Atlantic University, The Breakers, Palm Beach, contact for ticket prices. (pba.edu)

22 Town Hall Teatime: "What Did Boca Raton Pioneers Do for Fun?" with Patricia Fiorillo, The Schmidt Boca Raton History Museum, $10. (bocahistory.org)

23 Authors Speak: Dr. Jasmine Cobb, Arts Garage, Delray Beach, free. (artsgarage.org)

WHITFIELD LOVELL

PASSAGES

OPENS FEBRUARY 15, 2023
BOCA RATON MUSEUM OF ART

Whitfield Lovell, *The Red XIII*, 2021, Conté crayon on paper with attached found object. Museum purchase. © Whitfield Lovell. Courtesy DC Moore Gallery, New York and American Federation of Arts.

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Summit Piano Trio, Feb. 21
Cuarteto Latinoamericano, Feb. 28 • Neave Trio, March 7

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Architects of the Gilded Age

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CULTURE

The Honda Classic, PGA National Resort & Spa, Palm Beach Gardens, to Feb. 26, contact for ticket prices. (thehondaclassic.com)

24 The Winter Ball, presented by the Boys & Girls Clubs of Palm Beach County, The Breakers, Palm Beach, contact for ticket prices. (bgcpbc.org)

25 Jensen Beach Garden Expo, Indian Riverside Park, Jensen Beach, free. (jensenbeachgardenclub.com)

26 "Julia Morgan" lecture with Karen McNeill, Flagler Museum, Palm Beach, $15-$40. (flaglermuseum.us)

Pups4Patriots Dinner Dance, Club Colette, Palm Beach, $500. (americanhumane.org)

27 "Best Picture Oscar Talk" lecture with Dan Hudak, Levis JCC Sandler Center, Boca Raton, $18. (levisjcc.org)

Culture, Arts, and Society Today Party, Polo Club of Boca Raton, $250. (fauevents.com)

28 "A Life in Music and Song" lecture with Placido Domingo, Gubelmann Auditorium, The Society of the Four Arts, Palm Beach, $50. (fourarts.org)

PERFORMANCES

1 Marilyn McCoo and Billy Davis Jr. present "Up, Up, and Away!" A Musical Fable, Dreyfoos Hall, Kravis Center, West Palm Beach, $29-$125. (kravis.org)

Remembering Woodstock: Songs from a Seminal Event in an Upstate Pasture, Delray Beach Playhouse, $30. (delraybeachplayhouse.com)

The Science of Leaving Omaha, Palm Beach Dramaworks, West Palm Beach, to Feb. 19, contact for ticket prices. (palmbeachdramaworks.org)

Sing and Swing: Our American Songbook, Gubelmann Auditorium, The Society of the Four Arts, Palm Beach, $40. (fourarts.org)

2 Get Happy: Michael Feinstein celebrates the Judy Garland Centennial, Dreyfoos Hall, Kravis Center, West Palm Beach, $35-$155. (kravis.org)

Homeboy Sandman and E-Turn, Respectable Street, West Palm Beach, $15. (sub-culture.org)

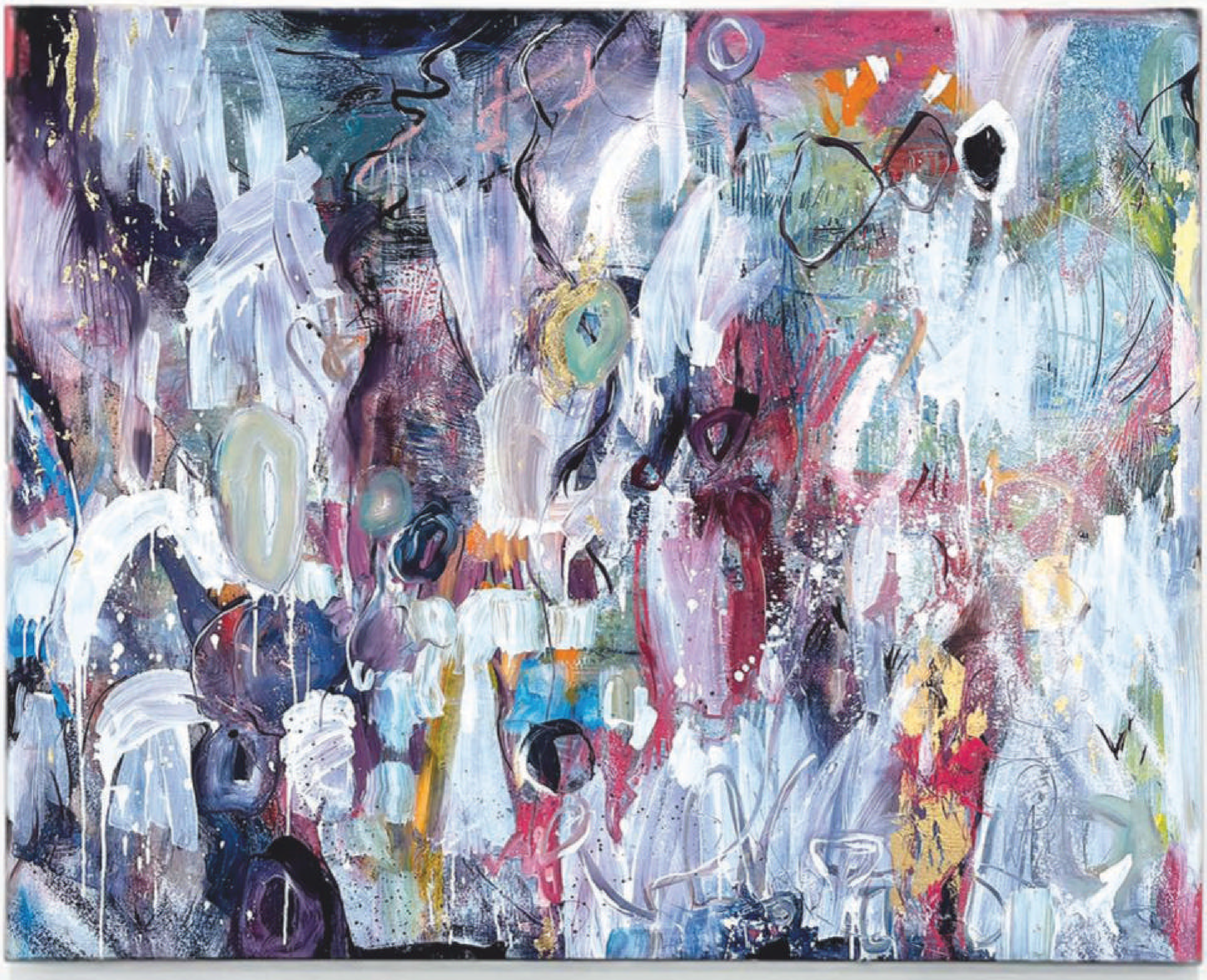
Last Night in Inwood, Theatre Lab, Florida Atlantic University, Boca Raton, to Feb. 12, $35-$45. (fau.edu/theatrelab)

Sweet Baby James: James Taylor Tribute, Maltz Jupiter Theatre, tickets start at $55. (jupitertheatre.org)

3 Earth, Wind, and Fire Tribute Band, Maltz Jupiter Theatre, tickets start at $55. (jupitertheatre.org)

An Evening with Tom Rush accompanied by Matt Nakoa, Lyric Theatre, Stuart, $45; also Feb. 4, Rinker Playhouse, Kravis Center, West Palm Beach, $49-$59. (lyrictheatre.com; kravis.org)

Momix Alice, Duncan Theatre, Lake Worth Beach, also Feb. 4, $49. (duncantheatre.org)



melissa delprete, *for her*, 48 x 60, oil on canvas, 2022

mtn space

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Something's Afoot, Delray Beach Playhouse, to Feb. 12, $42. (delraybeachplayhouse.com)

Tanyalee David presents "The Art of Laughter," Arts Garage, Delray Beach, $30. (artsgarage.org)

Tracy Morgan, Palm Beach Improv, West Palm Beach, to Feb. 5, $40-$50. (palmbeachimprov.com)

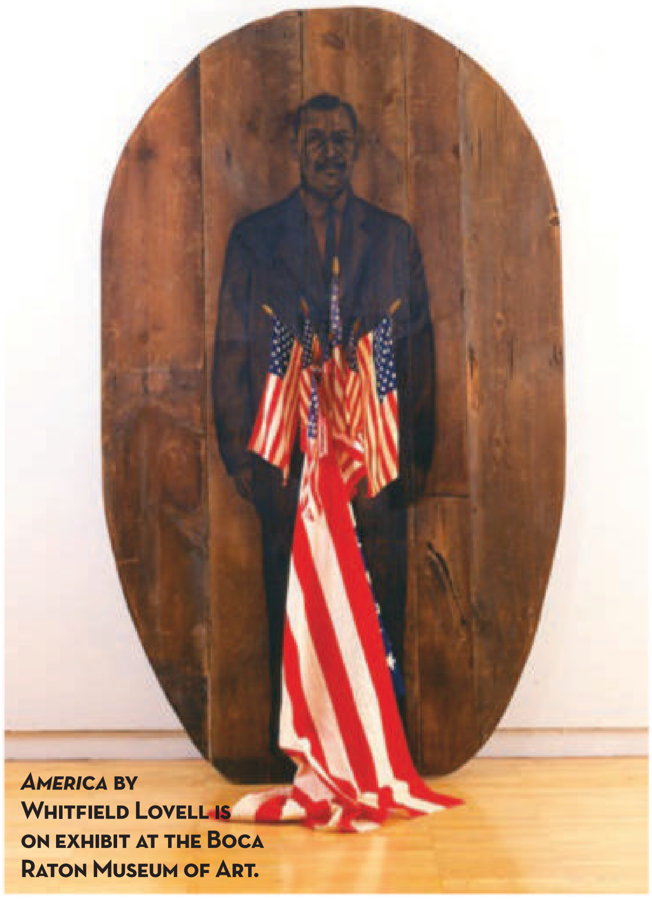
4 Bonnie McFarlane featuring Ken Krantz, The Studio, Mizner Park, Boca Raton, $25-$45. (thestudioatmiznerpark.com)

Boyz II Men, Dreyfoos Hall, Kravis Center, West Palm Beach, $39-$139. (kravis.org)

Classic Albums Live: Fleetwood Mac, Wold Arts Performing Arts Center, Lynn University, Boca Raton, $50-$70. (lynn.edu)

Rumours: Relive Fleetwood Mac Memories, Maltz Jupiter Theatre, tickets start at $55. (jupitertheatre.org)

5 An Intimate Evening with David Foster and Katharine McPhee, Sunrise Theatre, Fort Pierce, tickets start at $55.50. (sunrisetheatre.com)



America by Whitfield Lovell is on exhibit at the Boca Raton Museum of Art.

The Motowners: Ultimate Motown Tribute Show Experience, Arts Garage, Delray Beach, $45-$50. (artsgarage.org)

Munich Symphony Orchestra, Dreyfoos Hall, Kravis Center, West Palm Beach, $35-$95. (kravis.org)

Pinky Patel, Palm Beach Improv, West Palm Beach, $30-$55. (palmbeachimprov.com)

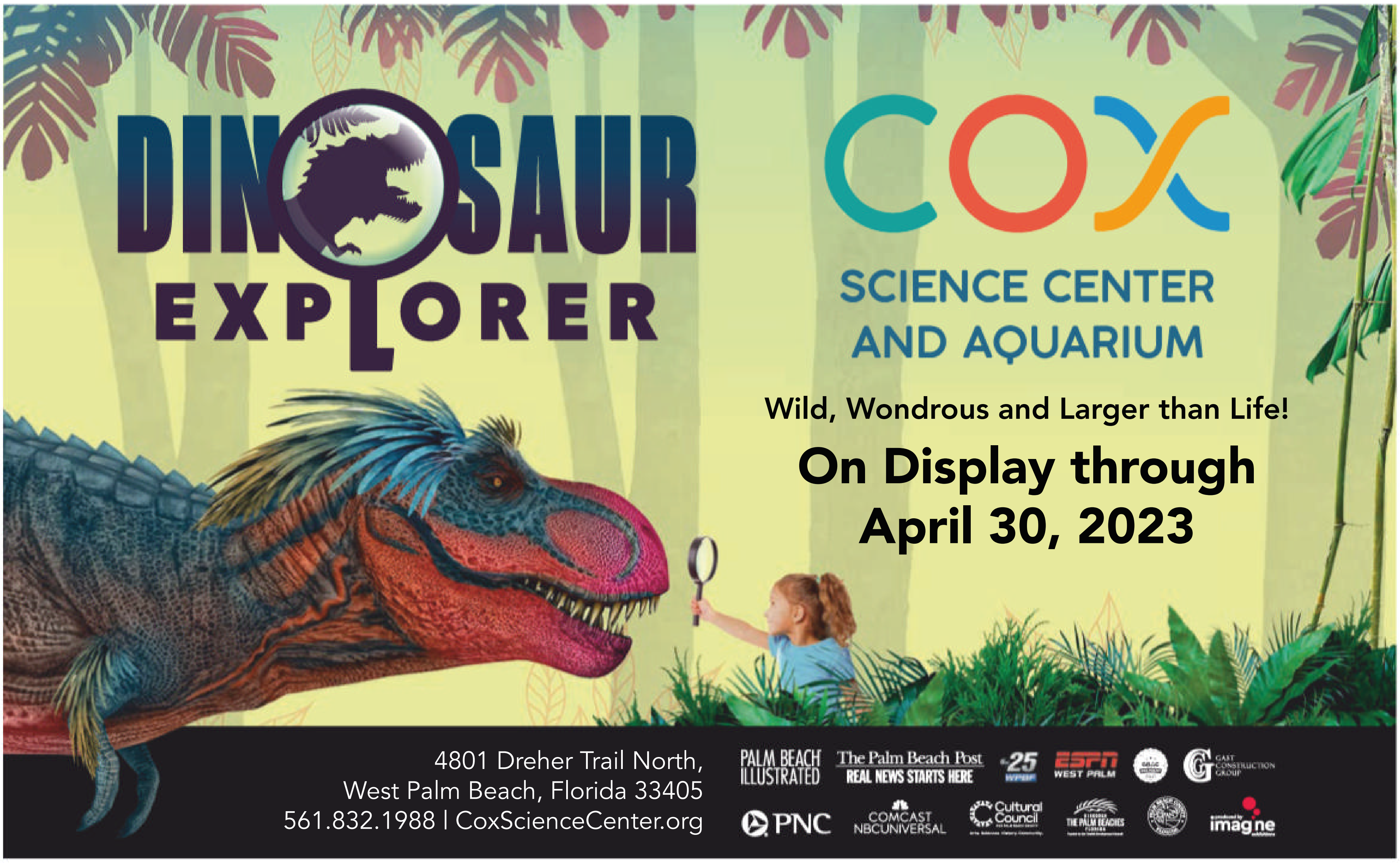
Portrait of a Queen: Aretha Franklin, Maltz Jupiter Theatre, tickets start at $55. (jupitertheatre.org)

The Symphonic Band of the Palm Beaches presents "Spotlight on the Band," Eissey Campus Theatre, Palm Beach Gardens; also Feb. 11, Duncan Theatre, Lake Worth Beach, $21. (symphonicband.org)

West Boca Theatre Company presents *Over the River and Through the Woods,* Levis JCC Sandler Center, Boca Raton, to Feb. 19, tickets start at $30. (levisjcc.org)

6 Broadway Celebrates the Big Apple, Delray Beach Playhouse, to Feb. 14, $42. (delraybeachplayhouse.com)

7 Sounds of Soul: Tribute to Motown and Beyond, Eissey Campus Theatre, PalmBeach Gardens, $37; also Feb. 14, Lyric Theatre, Stuart, $47. (palmbeachstate.edu/theatre; lyrictheatre.com)



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JANUARY 27 – APRIL 8, 2023

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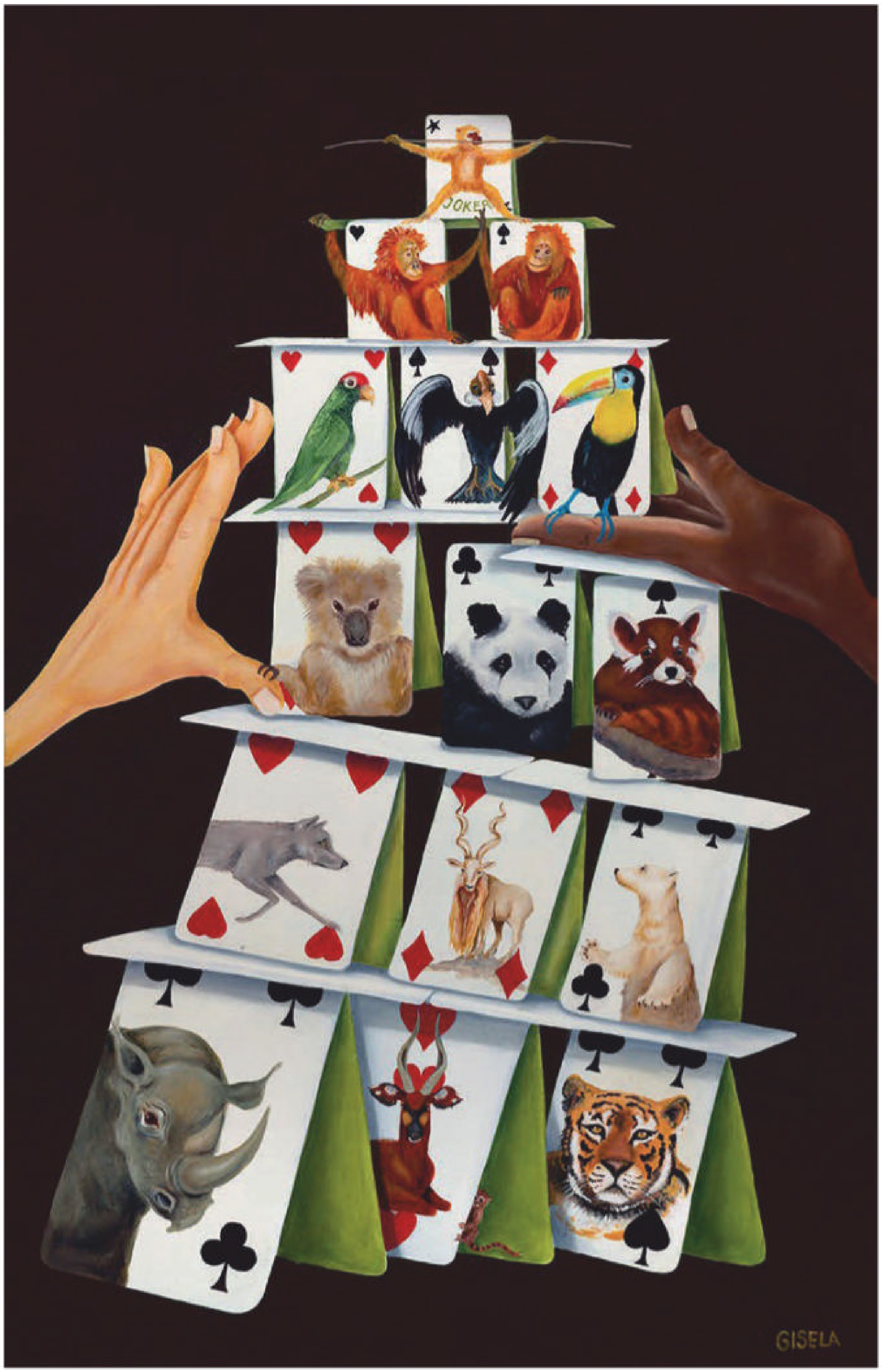

Gisela Pferdekamper, *It's All About Balance*, 2022, Oil on canvas, 48 x 30 inches

Florida artists are uniquely positioned to observe the effects of climate disruption, as the state is on the front lines of sea level rise, climbing temperatures, catastrophic storms, devastation of coral reefs, and disappearing seagrasses.

This exhibition, with more than 40 works by 15 Palm Beach County-based professional artists, will explore the effects of climate disruption and engage audiences in considering topics such as endangered species, shrinking habitats, pollution, and coastal resiliency. Opportunities to learn about these important topics through family-friendly educational programming produced by Cox Science Center and Aquarium will be included in the exhibition.

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In partnership with:

Cox Science Center and Aquarium

The Reef Institute

ART TALK

Saturday, February 4, 2023, 2 p.m.
RSVP: palmbeachculture.com/exhibitions

Panel Discussion with Environmental Arts Writer Mary Jo Aagerstoun

Robert M. Montgomery, Jr. Building
601 Lake Avenue, Lake Worth Beach, FL 33460

Tuesday – Saturday, 12 – 5 p.m. Free and open to the public

Presented by: Cultural Council for Palm Beach County

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Harry Benson Picturing History
February 15 - June 2023
DIEGO RIVERA *Portrait of Enriqueta G. Dávila*
RUFINO TAMAYO *Retrato de Olga*
Figurative Masters of the Americas
January 4 - February 12, 2023
Montoya & Ortiz, *Pear Harvest* 59 x 35 x 42
Abundance of Riches
Luis Montoya & Leslie Ortiz
1972-2022
Through June 2023
JAZZ&GOSPEL IN THE GARDENS
Ann Norton Sculpture Gardens
Troy Troy Anderson and The Wonderful World Band
Second Sunday of the Month
Through March
1:00 pm - 3:00 pm
Cha Jong Rye, *Expose Exposed 151010*
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CULTURE

Works on display at ArtsFest

***Tootsie*,** Dreyfoos Hall, Kravis Center, West Palm Beach, to Feb. 12, $31-$87. (kravis.org)

Viano String Quartet, Flagler Museum, Palm Beach, $75. (flaglermuseum.us)

8 "Let's Rock Broadway" starring The Diamonds, Lyric Theatre, Stuart, $47. (lyrictheatre.com)

9 Michael Blaustein, Palm Beach Improv, West Palm Beach, $25-$35. (palmbeachimprov.com)

Troubadour Sessions: Ben Prestage, Elliott Museum, Stuart, $20. (hsmc-fl.com)

10 Esther Povitsky, Palm Beach Improv, West Palm Beach, also Feb. 11, $25. (palmbeachimprov.com)

11 Ballet Palm Beach presents *Queen Esther*, Rinker Playhouse, Kravis Center, West Palm Beach, also Feb. 12, $45. (kravis.org)

Jason and Friends Concert, Lighthouse ArtCenter, Tequesta, $100. (lighthousearts.org)

Metropolitan Opera: Live in HD presents *Turandot*, Gubelmann Auditorium, The Society of the Four Arts, Palm Beach, $15-$30. (fourarts.org)

Stones and Beatles: The Greatest Show There Never Was, The Studio, Mizner Park, Boca Raton, $45-$55. (thestudioatmiznerpark.com)

12 *Good People*, Maltz Jupiter Theatre, to Feb. 26, $68-$95. (jupitertheatre.org)

Jazz and Gospel in the Gardens: Ritah Wilburn, Ann Norton Sculpture Gardens, West Palm Beach, $12-$30. (ansg.org)

Masterworks Chorus of the Palm Beaches presents "The Best of Broadway," First United Methodist Church, Jupiter, $10-$30. (masterworkspb.org)

Pianists Lucas and Arthur Jussen, Gubelmann Auditorium, The Society of the Four Arts, Palm Beach, $40. (fourarts.org)

Rock and Roll Playhouse: The Sounds of Stevie Wonder, The Studio, Mizner Park, Boca Raton, $17.50-$20. (thestudioatmiznerpark.com)

2023 KRAVIS CENTER *Gala* WEDNESDAY MARCH 1ST

GALA CHAIRS

Kathryn C. Vecellio • Bill Bone • Monika E. Preston

GRAND GALA AMBASSADORS

Sondra and David S. Mack

HONORARY GALA CHAIRS

Alexander W. Dreyfoos • William A. Meyer
Jane M. Mitchell • Michael J. Bracci
Jeffrey A. Stoops

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5:30 pm Reception • 7:00 pm Performance
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LEADING ROLE

- **Bill Bone & Cynthia Friedman**
- **Henni Kessler in memory of John Kessler**
- **Amin J. Khoury**
- **Lessing's Hospitality Group**
- **Monika and John Preston**
- **John and Jana Scarpa**
- **Diane and John Sculley**
- **Susan and Dom Telesco**
- **Kathryn and Leo Vecellio**

SPOTLIGHT

- **Christine and Max G. Ansbacher**
- **Penny and Harold Blumenstein**
- **Sandy and Richard Bornstein**
- **Peter and Susan Brockway**
- **Julie and Peter Cummings**
- **Stephen Brown and Jamie Stern**
- **Sherry and Ken Endelson**
- **Caroline Harless**
- **Michelle and Joseph Jacobs**
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Women of Note Chorus presents "Music from the Heart," Lake Worth Playhouse, $15-$25. (lakeworthplayhouse.org)

13 The Philadelphia Orchestra, Dreyfoos Hall, Kravis Center, West Palm Beach, also Feb. 14, $39-$125. (kravis.org)

14 Andrea Bocelli, presented by the Kravis Center, FLA Live Arena, Sunrise, $86-$356. (kravis.org)

Atlantic Classical Orchestra presents "Masterworks II," Community Church of Vero Beach; also Feb. 15, First Presbyterian Church, West Palm Beach; also Feb. 17, Lyric Theatre, Stuart, $30-$65. (atlanticclassicalorchestra.com)

Violinist Simone Porter, Flagler Museum, Palm Beach, $75. (flaglermuseum.us)

15 *All Things Equal: The Life and Trials of Ruth Bader Ginsburg*, Delray Beach Playhouse, to Feb. 19, $45. (delraybeachplayhouse.com)

Bridges: Ravel to The Beatles, Norton Museum of Art, West Palm Beach, $75. (cmspb.org)

Gospel Gala: Tasha Cobbs Leonard, Dreyfoos Hall, Kravis Center, West Palm Beach, $15-$55. (kravis.org)

16 Cellist Oliver Herbert and pianist Xiaohui Yang, Rinker Playhouse, Kravis Center, West Palm Beach, $35. (kravis.org)

Concerts in the Park: Fred Goodnight, Vero Beach Museum of Art, $10-$12. (vbmuseum.org)

***Mr. Swindle's Traveling Peculiarium and Drink-Ory Garden*,** Mizner Park, Boca Raton, to Feb. 26, $50-$90. (mrswindles.com)

17 *42nd Street*, Wold Performing Arts Center, Lynn University, Boca Raton, to Feb. 25, $35-$40. (lynn.edu)

Ailey II, Duncan Theatre, Lake Worth Beach, also Feb. 18, $49. (duncantheatre.org)

***Dixie's Tupperware Party*,** Rinker Playhouse, Kravis Center, West Palm Beach, to Feb. 19, $40-$55. (kravis.org)

Donnell Rawlings, Palm Beach Improv, West Palm Beach, to Feb. 19, $25-$35. (palmbeachimprov.com)

Miami City Ballet presents "Modern Masters," Dreyfoos Hall, Kravis Center, West Palm Beach, to Feb. 19, $30-$189. (kravis.org)

***Polaroid Stories*,** Marleen Forkas Studio 1 Theatre, Florida Atlantic University, Boca Raton, to Feb. 26, $18-$25. (fau.edu)

18 *The Adventures of Tortoise and Hare: The Next Gen*, Persson Hall, Kravis Center, West Palm Beach, $12. (kravis.org)

Christine Andreas presents "Love is Good," The Wick Theatre & Costume Museum, Boca Raton, $75-$85. (thewick.org)

Purple Piano: A Celebration of Prince, The Studio, Mizner Park, Boca Raton, $40-$50. (thestudioatmiznerpark.com)

Stanley Jordan Plays Jimi, Arts Garage, Delray Beach, $50-$55. (artsgarage.org)

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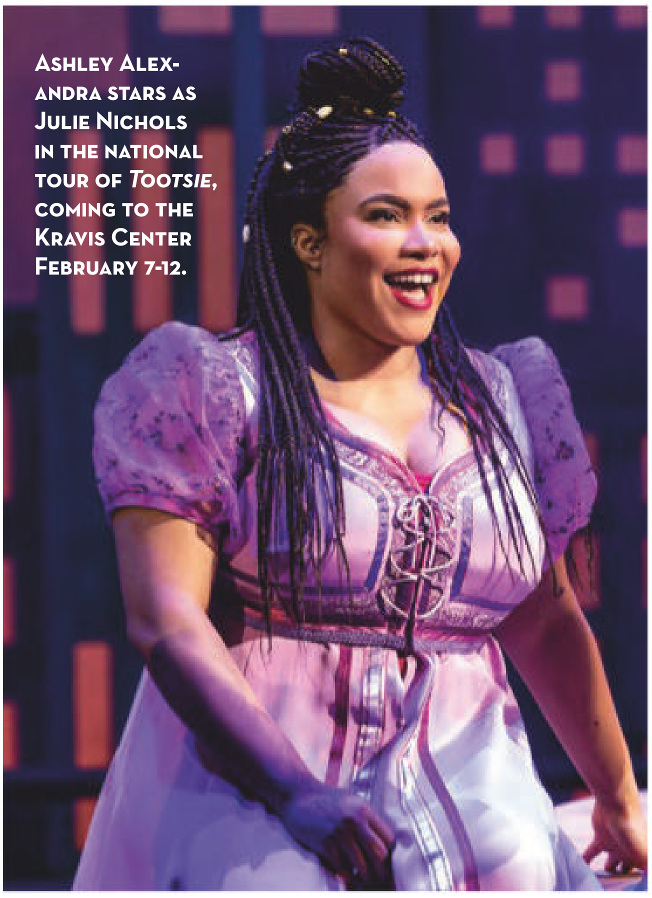

Ashley Alexandra stars as Julie Nichols in the national tour of *Tootsie*, coming to the Kravis Center February 7-12.

EVAN ZIMMERMAN FOR MURPHYMADE

19 The Joyann Parker Band, Arts Garage, Delray Beach, $35-$40. (artsgarage.org)

Pianist Avery Gagliano, Amarnick-Goldstein Concert Hall, Lynn University, Boca Raton, $25. (lynn.edu)

Supersuckers, Respectable Street, West Palm Beach, $15-$20. (sub-culture.org)

20 ***Funny Women of a Certain Age,*** Delray Beach Playhouse, to Feb. 22, $49. (delraybeachplayhouse.com)

21 John O'Hurley: A Man with Standards, Rinker Playhouse, Kravis Center, West Palm Beach, also Feb. 22, $50-$95. (kravis.org)

Ken Ludwig's *A Comedy of Tenors,* Riverside Theatre, Vero Beach, to March 12, contact for ticket prices. (riversidetheatre.com)

Stayin' Alive: One Night of the Bee Gees, Duncan Theatre, Lake Worth Beach, $39; also Feb. 28, Maltz Jupiter Theatre, tickets start at $55. (duncantheatre.org; jupitertheatre.org)

Summit Piano Trio, Flagler Museum, Palm Beach, $75. (flaglermuseum.us)

22 Miró Quartet with David Shifrin, Gubelmann Auditorium, The Society of the Four Arts, Palm Beach, $40. (fourarts.org)

Telegraph Quartet, Duncan Theatre, Lake Worth Beach, $35. (duncantheatre.org)

23 Hannah Berner, Palm Beach Improv, West Palm Beach, $25. (palmbeachimprov.com)

The NY Rockabilly Rockets, Duncan Theatre, Lake Worth Beach, $39. (duncantheatre.org)

24 Palm Beach Opera presents *Così Fan Tutte,* Dreyfoos Hall, Kravis Center, West Palm Beach, to Feb. 26, $55-$180. (pbopera.org)

25 John Primer, Arts Garage, Delray Beach, $45-$50. (artsgarage.org)

Martha Redbone presents "Bone Hill: The Concert," Rinker Playhouse, Kravis Center, West Palm Beach, also Feb. 26, $35-$55. (kravis.org)

26 National Theatre Live presents *Jack Absolute Flies Again,* Gubelmann Auditorium, The Society of the Four Arts, Palm Beach, $15-$30. (fourarts.org)

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1938 Phantom Corsair, National Automotive Museum, Reno, Nevada, Image © Peter Harholdt

VBMA
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27 Academy of St Martin in the Fields, Dreyfoos Hall, Kravis Center, West Palm Beach, $35-$95. (kravis.org)

Rock Rhapsody: Hits of Queen, Eissey Campus Theatre, Palm Beach Gardens, $39. (palmbeachstate.edu/theatre)

28 Cuarteto Latinoamericano, Flagler Museum, Palm Beach, $75. (flaglermuseum.us)

GALLERIES

Acquavella Galleries, Palm Beach. "Tom Sachs: Spaceships," Feb. 10 to March 5. (acquavellagalleries.com)

Ann Norton Sculpture Gardens, West Palm Beach. "Figurative Masters of the Americas," to Feb. 12; "Harry Benson Picturing History," Feb. 15 to June 30; "Abundance of Riches by Luis Montoya and Leslie Ortiz, 1972-2022," to June 30. (ansg.org)

Armory Art Center, West Palm Beach. "Artists in Residence," Feb. 9 to March 3. (armoryart.org)

ArtWorks, The Square, West Palm Beach. The Arc of Palm Beach County's "Their Own Truths: The Art of Sky Cubacub, Riva Lehrer, Jeffrey Mansfield, and David Richards," to May 31. (arcpbc.org/events)

Boca Raton Museum of Art. "Oswaldo Vigas" and "Whitfield Lovell: Passages," both Feb. 15 to May 21. (bocamuseum.org)

Cohen Pavilion, Kravis Center, West Palm Beach. "Carasmatic: Through the Lens of the Dancer," contact for exhibition dates. (kravis.org)

Cox Science Center and Aquarium, West Palm Beach. "Dinosaur Explorer," to April 30. (coxsciencecenter.org)

Cultural Council for Palm Beach County, Lake Worth Beach. "Serge Strosberg: Veni, Vidi, Vici," to Feb. 18; "Molly Aubry," to March 11; "Visualizing Climate Disruption," to April 8. (palmbeachculture.com)

Tour The Palm Beach Show's many exhibitors February 16-21.

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561-832-1988 | coxsciencecenter.org

Elliott Museum, Stuart. "Norman Rockwell and his Mentor, J.C. Leyendecker," to March 3. (hsmc-fl.com)

Esther B. O'Keeffe Gallery, The Society of the Four Arts, Palm Beach. "Contemporary Character Portrait Drawings and Oil Sketches from Jacques-Louis David to Lucien Freud" and "Eduard Angeli Cities on Water," both Feb. 4 to April 2. (fourarts.org)

Findlay Galleries, Palm Beach. "Charles Neal: Pursuit of Color," Feb. 2 to April 30; "Robert Natkin," to March 3. (findlaygalleries.com)

Flagler Museum, Palm Beach. "The American West During the Gilded Age," to April 23. (flaglermuseum.us)

Historical Society of Palm Beach County, West Palm Beach. "From Houses to Hospitals: Improving Health Care in the 1920s," through July. (pbchistory.org)

Holden Luntz Gallery, Palm Beach. "Beyond the Horizon: The Changing Global Ecology," to Feb. 18; "Of Flesh and Stone: A Photographic Heritage of Sculpture and Architecture of Italy," Feb. 25 to March 24. (holdenluntz.com)

Levis JCC Sandler Center, Boca Raton. "Triumph of the Spirit: Jewish Athletes Before, During, and After the Holocaust," to Feb. 28. (levisjcc.org)

Lighthouse ArtCenter, Tequesta. "Like Mind," to March 1. (lighthousearts.org)

McKee Botanical Garden, Vero Beach. "Jason Gamrath's Garden of Glass Exhibition," to April 30. (mckeegarden.org)

Morikami Museum and Japanese Gardens, Delray Beach. "Washi Transformed: New Expressions in Japanese Paper," to April 2. (morikami.org)

Mtn Space, Lake Worth Beach. "Solo Exhibition: Lily Morris" and "Solo Exhibition: Nina Davidowitz," both Feb. 8 to March 10. (mtnspace.com)

Norton Museum of Art, West Palm Beach. "Symbolic Messages in Chinese Animal Paintings," Feb. 11 to June 4; "A Personal View on High Fashion and Street Style: Photographs from the Nicola Erni Collection, 1930s to Now," to Feb. 12; "Form Forward: Brett Weston and Photographers of Things Unseen," to March 5; "Henry Ossawa Tanner: Intimate Pictures," to March 19. (norton.org)

Palm Beach Art, Antique & Design Showroom, Lake Worth Beach. "Glass Artist Pavel Novak," Feb. 11. (palmbeachdesignshowroom.com)

Palm Beach Photographic Centre, West Palm Beach. "Only a Little Planet: Keith Carter," to March 18. (workshop.org)

Rosenbaum Contemporary, Boca Raton. "Rebekah Goldstein: Paintings and Sculpture," to April 22. (rosenbaumcontemporary.com)

University Galleries, Florida Atlantic University, Boca Raton. "SouthXeast: Contemporary Southeastern Art," to March 11. (fau.edu)

Vero Beach Museum of Art. "Rolling Sculpture: Streamlined Art Deco Automobiles and Motorcycles," to April 30. (vbmuseum.org)

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This season Amanda Schumacher is leading the charge as chairman for the 62nd Annual International Red Cross Ball, which will be held on March 18 at The Breakers Palm Beach. With the much-anticipated return of this elegant event, excitement is building for guests to experience the pomp and circumstance of the ball, which features a traditional military honor guard and foreign ambassador processional.

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Amanda Schumacher, chairman of the 62nd Annual International Red Cross Ball

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ALYSSA SCULLY, RICARDO HERNANDEZ, CHRISTY MALTMAN

ZLATA KOTMINA

QUAN DIEP, NICOLE MERCADO DE LEON

SPEAKING OF FASHION

WHO: *Palm Beach Illustrated* and Town Center at Boca Raton **WHAT:** Speaking of Fashion **WHERE:** The Blue Dog Cookhouse and Bar, Boca Raton

DEE WADE, MELISSA SCHWARTZ, CHRISTY MALTMAN

BARBARA SHERR, SHARON HERTKOVITZ

MARLENE FELDMAN, RHONDA RUSSELL, ILENE GOLEMBIOVSKY, TAMMERA ATKINS, ESTHER PERMAN

LAUREN DUFFY, ANGIE SHERROW, TERRY DUFFY, CHRIS VALLE

VALERIE MOORE

BRETT HUFZIGER

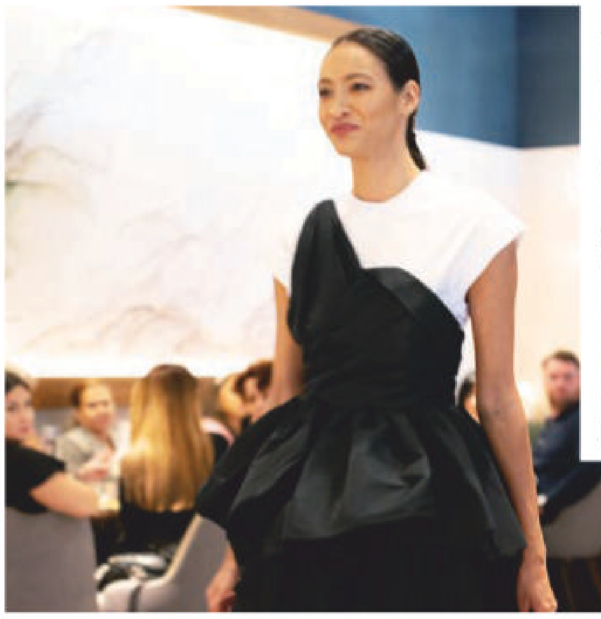
SARAH BENHAMO, SOPHIE ENGLAND

CAMERON SILVER, RYAN HOLLIHAN

MELISSA SCHWARTZ, JEANNIE ROBERTS

JAN HURWITZ, MERRIE ZOLIN, BARBARA SHERR

TRINA HOLMSTED, NICOLE MERCADO DE LEON, QUAN DIEP, KATHY ZUKOWSKI, CARRIE DONOHUE



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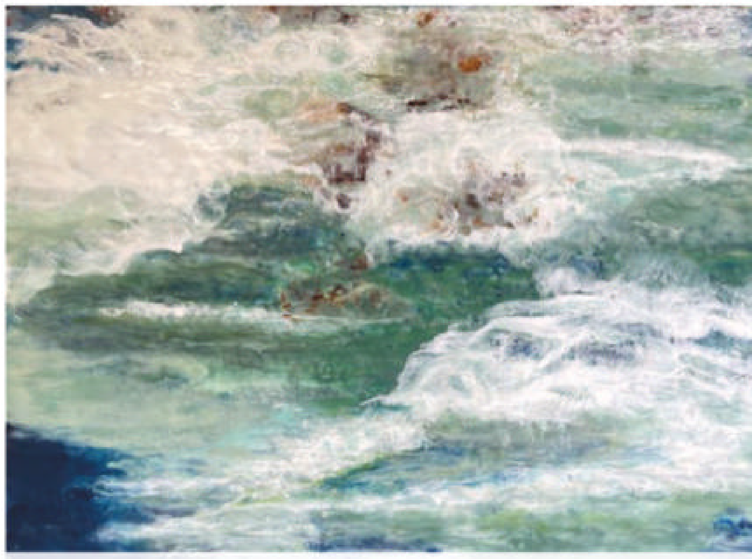

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GRASSROOTS GRANTEES

WHO: Quantum Foundation **WHAT:** Quantum in the Community **WHERE:** Quantum Foundation, West Palm Beach

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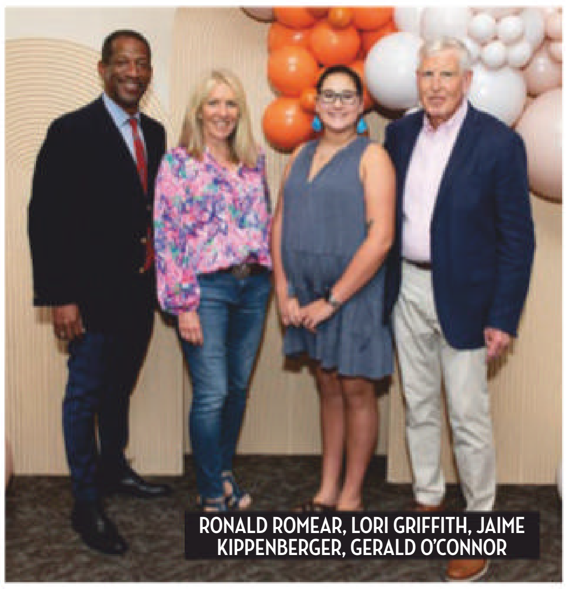

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WHO: American Humane **WHAT:** American Humane Hero Dog Awards Gala **WHERE:** Eau Palm Beach Resort & Spa, Manalapan

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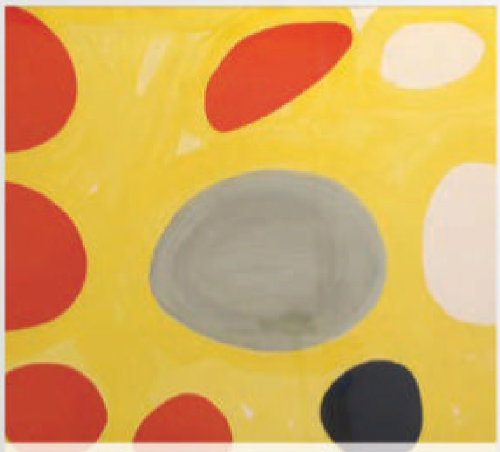
Alexander Calder (AMERICAN, 1898-1976) Lithograph

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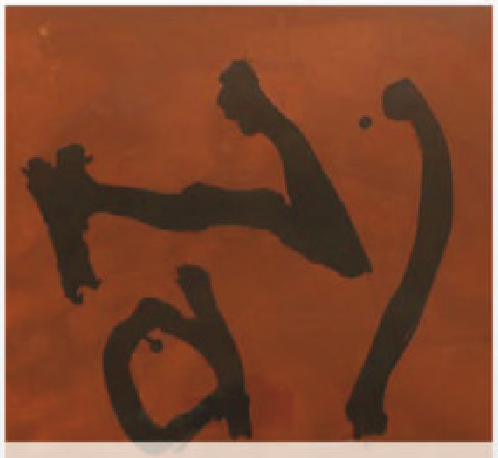
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OUT & ABOUT

1. WHO: Mandalay Farms **WHAT:** Sip and Stroll **WHERE:** Mandalay Farms, Jupiter

2. WHO: Graff and Oscar de la Renta **WHAT:** Graff's Bridal Collection Launch and "Flower Flash" by Lewis Miller Design **WHERE:** Graff, Palm Beach

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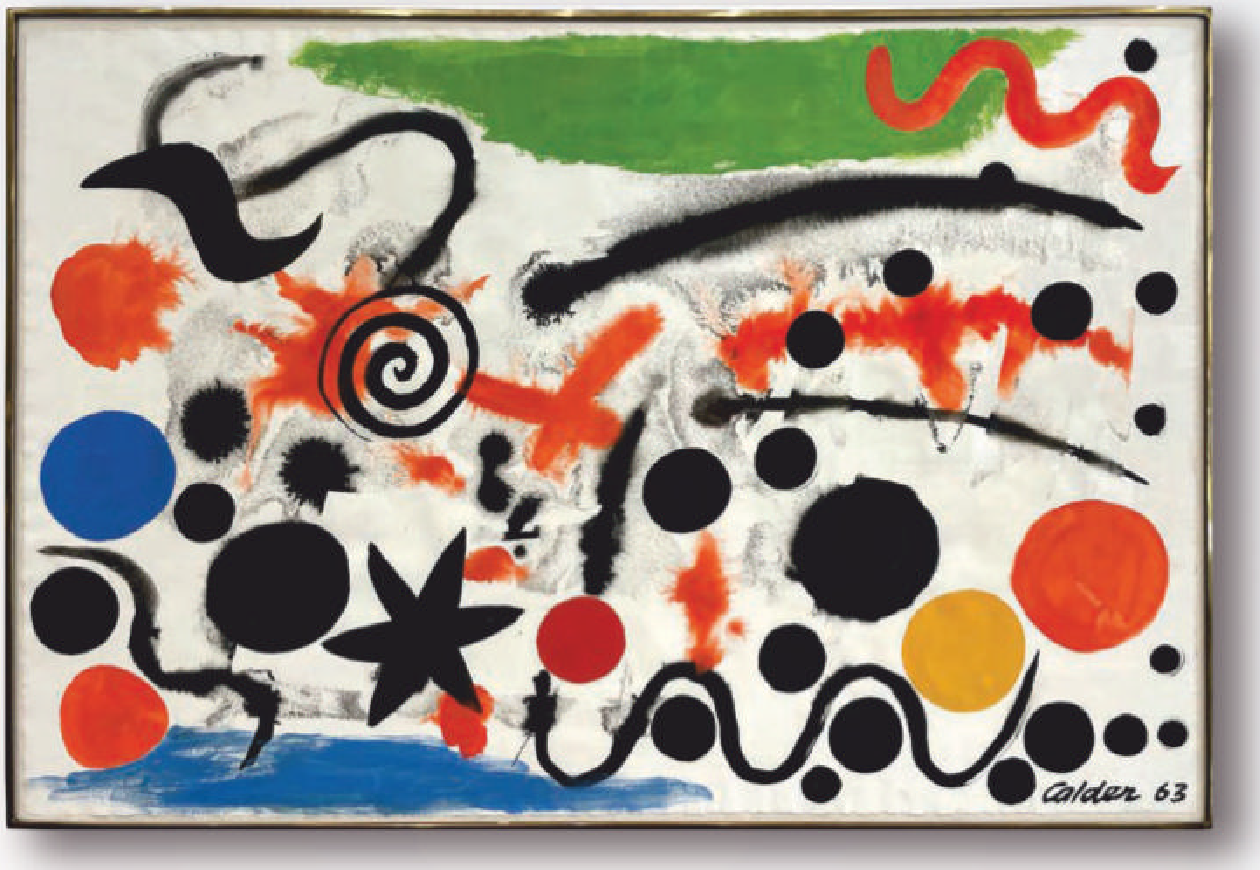

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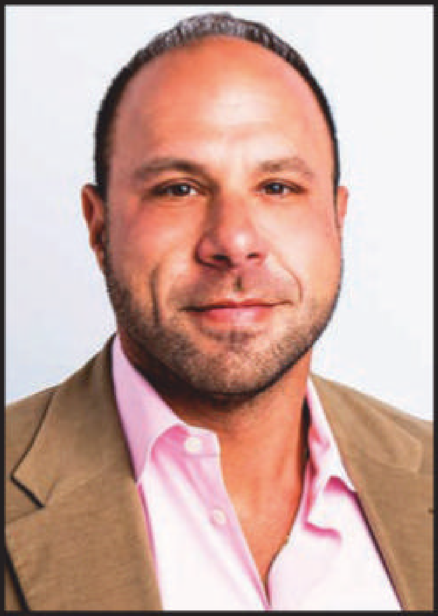

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Provident Fine Art**

Shawn is a 4th generation art dealer that brings decades of experience to our Worth Avenue gallery. He takes pride in helping clients whether they are building their collection or divesting of pieces they no longer desire.

The gallery always has exquisite works for those with diverse and discerning tastes. Pieces include 19th & 20th century French and American Impressionism, Post Impressionism, Modernism and Contemporary works, always vetted for quality and condition.

Shawn embodies Provident Fine Arts' passion for exemplary customer service and placing beautiful art into our customers lives.

Call or visit the gallery and allow Shawn to help you with all your fine art needs.

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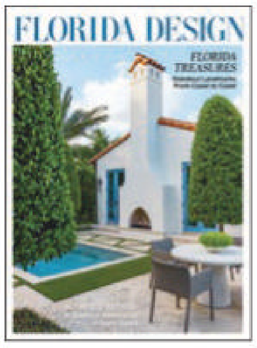
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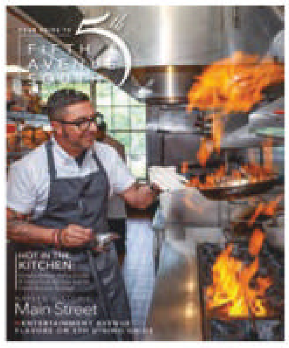
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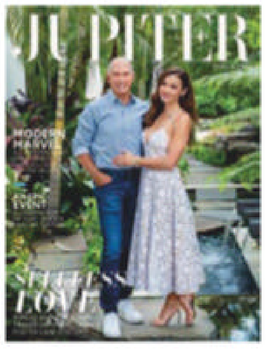

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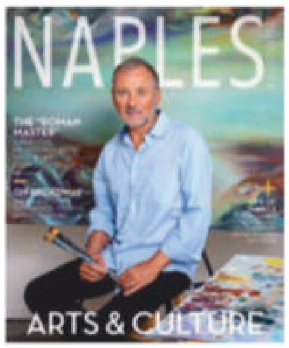
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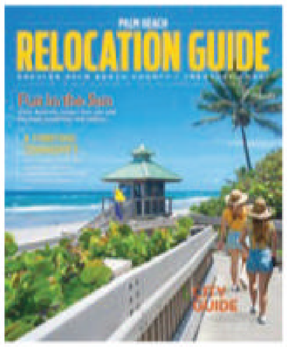
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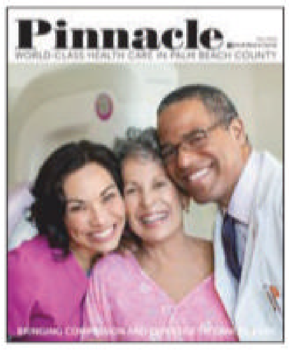

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REAL TALK WITH...

Badgley Mischka

Mark Badgley and James Mischka discuss their design partnership, influences, and latest looks

BY KATHERINE LANDE

How did you get your big break into fashion?
Badgley: We both got great jobs right out of school; I was at Donna Karan, James was at WilliWear and Yves Saint Laurent in menswear. We decided to start our own company because we were already working so hard, we thought we should do it for ourselves.

Mischka: We always wanted to make clothes for our friends to wear—Mark's twin sister is a major muse for us—and people responded. We had features in *Vogue* and *Harper's Bazaar*, Barneys and Bergdorf Goodman bought the first collection, and we won a few awards. Then Hollywood's red carpet noticed us, and things really took off.

What is the best part about designing as a duo?
Mischka: It's been great because we can literally be in two places at once. We have a sort of mental connection that lets us know what each other would think about a color, a design detail, or almost anything else. And we can always blame the other one if things go wrong.

What's the inspiration behind the Spring 2023 collection?
Badgley: We finally got ourselves to Morocco this past Spring, and it was a total feast for the senses—the colors, the aromas, the sounds, the light! We were also able to work with amazing artisans in Casablanca to create some of our embroideries and embellishments, which made the pieces even more special.

You're known for creating high glamour looks. What's your best piece of style advice for the social season?
Badgley: We think everyone should take a chance and make a statement this season—wear a new color, choose a dress with an extravagant detail, be a little bolder. Have fun and light it up!

How do you think fashion and art intersect?
Mischka: We think of fashion as an applied art. Fashion and art really can't exist without each other, and it is often so hard to tell where one ends and the other begins.

Who or what has been the greatest influence on your work?
Badgley: We have always been inspired by the glamour of Old Hollywood, by the magic that the studios created and that every woman aspired to be a part of. The challenge, and the joy, is to bring that influence to our modern customer.

What about Palm Beach inspires you most?
Mischka: It is obviously our customer here. We live our lives with her, and we understand her, and she inspires everything we do.

Badgley Mischka's Spring 2023 collection draws inspiration from the designers' recent visit to Morocco.

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